



MUSQUEAM NEWSLETTER

Friday January 12, 2018

**Tel: 604-263-3261, Toll Free: 1-866-282-3261, Fax:
604-263-4212...Safety Patrol: 604-968-8058**

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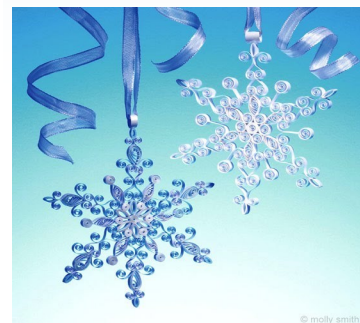
Thank you from the Dan Family



The Dan family would like to express our appreciation for all of the love and support from family and friends both near and far during our time of need. Thank you to Musqueam Administration Staff, and Chief & Council and MIB community for postponing events and for all that pulled together during the holiday season to support our family. Your efforts have not gone unnoticed. Without the help and guidance of all people, the beautiful celebrations held for (mother/wife) Elizabeth Dan December 20, 2017 and (daughter/sister) Eunice Dan December 31, 2017 these would not have been possible. We would like to say a special thank you to Chief Sparrow for all the preparations for the funeral arrangements for our family members, and also to his wife Ronda for allowing him to be with us during this time. Thank you from the bottom of our hearts

Vernon Dan and Family.

Inside this issue:



Smoke Shop Hours

Monday-Friday

9:00 am—5:45 pm

Please Note the shop
will be closed during
lunch hour.

12:00 Noon – 1:00pm

Must bring your valid/
current Status Card and
be 19 years or older



EVERYONE WELCOME!

MUSQUEAM 101 – Wednesday January 17, 2018

stem? (what?) Musqueam 101 January 17, 2018



Salish Sea Basketry

Join us for an evening with Suquamish elder and master basket weaver Ed Carriere. Ed learnt to weave baskets from his great grandmother Julia Jacobs. He has been studying ancient Salish Sea basketry recovered from wet sites and re-awakening the styles of basketry from over 225 generations. He will talk about his journey as a basket maker. Ed will be bringing examples of his work with him.

Presenters:

Ed Carriere, Suquamish elder
Dale Croes, archaeologist

ni? ʔəncə? (where?)

Musqueam Administration Offices and the Museum of Anthropology

təmtəm? (when?)

Wednesday, January 17 Dinner will be served at 6:00 p.m. The presentation will start at 7:00 p.m.

PLEASE JOIN US!



SELF-GOVERNANCE COMMUNITY ENGAGEMENT KICK-OFF!

&

FRAMEWORK FOR FEDERAL RECOGNITION AND IMPLEMENTATION OF MUSQUEAM RIGHTS AND TITLE INFO SESSION

**MUSQUEAM COMMUNITY CENTRE
WED. JAN. 17TH, 2018 FROM 4:00 – 8:00 PM**

Please join us at the Community Centre for an open-house style update on upcoming community engagement on Self-Governance and **Constitution building** and information on the **Framework Agreement** signed between Musqueam and the Federal government. Dinner will be provided. Main presentation provided with dinner. Prizes, including an iPhone X, will be given!

**Dinner Served and
Presentation
at 6:00 pm**

**A chance to win an
iPhone X**

Other prizes

**Musqueam
Community Centre**

**January 17th, 2018
4:00 – 8:00 pm**

CONTACT

Self-Governance
Community Coordinator,
Faith Sparrow-Crawford

fsparrow@musqueam.bc.ca

604.263.3261

NOTICE OF MEETING

MUSQUEAM BAND MEMBERS

Pattullo Bridge Replacement Project Meeting



WHAT: Translink will be hosting the meeting in order to provide a Project update

WHEN: Monday, January 29, 2018

WHERE: 51st Hall, 6615 Salish Drive

Meeting starts at 6:00pm

~Dinner will be served at 5:30pm~





MUSQUEAM INDIAN BAND

6735 SALISH DRIVE
VANCOUVER, B.C.
CANADA V6N 4C4
TELEPHONE: 604 263-3261
FAX: 604 263-4212

Janitor Full-time (Leave of Absence Term Position)

Position Summary:

Keep buildings in clean and orderly condition. Perform cleaning duties, such as cleaning floors, washing walls and glass, and removing rubbish. Duties may include performing routine maintenance activities, notifying management of need for repairs, and debris from cleaning areas.

Duties:

Tasks will include, but not be limited to:

- Clean building floors by sweeping, mopping, scrubbing, or vacuuming them
- Service, clean, and supply restrooms. Wash and disinfect all washroom floors, toilets, toilet seats, urinals, washroom stalls, hand dryers and fixtures, clean all mirrors; replenish toilet tissue, paper towel, hand soap, and hand sanitizer as needed
- Clean all touch surfaces, such as door knobs, push doors, elevator buttons, hand rails, light switches, desks, table tops
- Empty all waste baskets and garbage cans; place garbage in outside storage bin – clean and sanitize indoor garbage cans as needed
- Clean entrance, exit, and stairwells including glass, doors and hardware
- Clean windows, glass partitions, and mirrors, using soapy water or other cleaners, sponges, and squeegees
- Dust furniture, walls, machines, and equipment
- Clean kitchen sinks and counters, put dirty dishes in dishwasher
- Mix water and detergents or acids in containers to prepare cleaning solutions, according to specifications
- Strip, seal, finish, and polish floors
- Follow procedures for the use of chemical cleaners and power equipment, in order to prevent damage to floors and fixtures
- Monitor building security and safety by performing such tasks as locking doors and windows after operating hours
- Complete, sign, and submit daily sanitation task lists to Facilities Manager
- Notify Facilities Manager concerning the need for major repairs or additions to building operating systems
- Submit requisitions for supplies and equipment needed for cleaning and maintenance duties to Facilities Manager
- Perform other related duties as required

Job Knowledge and Abilities:

The work requires the following knowledge, skill and/or abilities:

- Knowledge of the Workplace Hazardous Materials Information System
- Knowledge of standard cleaning procedures, chemicals, products and equipment
- Ability to read and understand labels and instructions, particularly on the use and application of cleaning chemicals and products

- Ability to organize work effectively using time management skills
- Ability to communicate effectively both orally and in writing
- Be honest and trustworthy with the ability to maintain confidentiality on the job
- Physical ability to perform the duties of the job
- Ability to operate related equipment

Relationships:

- Work with other members of the Facilities departments
- Staff and members of MIB

Working Conditions:

- Work is performed both indoors and outside
- Working after hours and alone
- Successful Criminal Record Check

Please email a cover letter and resume to Musqueam Indian Band, HR at jobs@musqueam.bc.ca

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Position will remain open until filled.

We thank all applicants; however, only those short-listed will be contacted.





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JOB POSTING

Mentors

(Employment & Training Program)

Employment & Training is undertaking an exciting new project – the Skills Partnership Fund – and is hiring Mentors to support the project activities. These positions will be on-call, working from 5 – 25 hours/week, and may be up to 40 hours per week, depending on program/client activities and demands.

Position Summary:

Mentors are vital to the Musqueam Skills Partnership Fund (SPF) project and will serve as advisors, educators, role models and leaders giving back to participants in the Musqueam community, and contributing knowledge and skills through the sharing their professional and personal experiences (e.g. carpentry, piping, electrical, office administration, tourism/hospitality, archaeology, environmental monitoring) with multi-barrier client group. Our mentors are to build strong and stable mentoring relationships through trusting, respectful, honest and genuine relationships. These relationships are created to support the personal and professional growth and development of achieving individuals and assisting them to achieve their career goals. The primary functions of our mentors are to build a strong mentor relationship through listening, guidance, advice, teaching, and professional support.

Duties:

1. Provide one-on-one mentoring to clients via face-to-face, telephone and email meetings.
2. Meet with the client on a regular basis as per an agreed schedule, to review program progress and plan future activities, including areas for improvement.
3. Assist the client in setting developmental goals and plans to achieve them
4. Discuss work related concerns impeding performance or career growth
5. Share organizational knowledge gained from personal experience
6. Provide objective honest feedback
7. Attend mentor training program to learn mentoring and communication standards.
8. Work with the Mentor Coordinator and the Job Coach to ensure the participants are working on Development Plan activities and goals and what they can expect on the job.

Knowledge and Abilities:

- Knowledge of the English language with verbal and written skills at a level usually associated with Secondary School completion, and a business program certificate, counseling degree or economic development training; or an equivalent combination of skill, knowledge, and experience.
- Foster Care and Big Brother experience

- Knowledge and understanding of Residential School Syndrome
- Able to demonstrate a clear and solid understanding of a specific topic, subject, or area that can assist the personal and professional growth and development of the project participants.
- Able to work independently, with minimal direction and oversight. Strong organizational skills and punctuality to scheduled meetings with project participants. Proficiency required using Microsoft products, the Internet, and email.
- Superior communication, presentation and interpersonal skills with individuals and groups. Demonstrates a high level of ease and professionalism to work with a diverse group of management-level and executive-level business professionals.
- Previous experience with First Nations organizations preferred.
- Cultural competency and knowledge of the MIB's cultural traditions is preferred
- Knowledge of the local labour market, resource agencies, education and training institutions that may be accessible to project participants
- Ability to maintain confidentiality.
- Ability to drive and provide a licensed vehicle for work purposes.

Licenses:

- Valid BC Driver's License
- Successful criminal background check

Reporting Relationship: Reports to the Mentor Coordinator

Please apply by emailing a cover letter and resume to Musqueam Indian Band to jobs@musqueam.bc.ca

Please write "Mentors" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Posting will remain open until filled.

We thank all applicants for applying; however, only those short-listed will be contacted.



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JOB POSTING

National Native Alcohol & Drug Abuse Program Worker (NNADAP)

**Full-time Casual (Leave of Absence) Position
35 hours/week**

Musqueam Indian Band has an opportunity for an experienced National Native Alcohol & Drug Awareness Program (NNADAP) Worker. This is a full-time position to cover an undetermined leave of absence. The NNADAP Worker provides counselling and activities that support individuals and families dealing with alcohol and drug dependency and its related issues. This will include community outreach, presentations and workshops, creating activities and programs, assessments and referrals.

This position is responsible for the development, maintenance and coordination of a Drug and Alcohol activities and awareness program. As a NNADAP Worker, the incumbent assesses and refers individuals for drug and alcohol treatment, makes home and medical facilities visits, and coordinates, prepares and presents workshops to the Band membership.

The NNADAP Worker provides the Musqueam Indian Band with a preventive health program to deal with alcohol and drug issues and dependency. The incumbent meets with clients (and when appropriate their families), assesses their needs, and makes referrals to outside agencies and/or treatment centres. The NNADAP Worker makes home and occasional institutional visits to provide support for the client Band members. The actions and decisions made by the incumbent have a broad, and in some cases life-long effect on their clients, the families, and the community.

The NNADAP Worker works with the clients and their families to educate and assist them in coping with the dependency problem. The NNADAP Worker may encounter high emotional resistance or adverse reactions to their intervention requiring the use of tact and diplomacy and a high level of professionalism to defuse highly charged situations. The incumbent of this position is also required to prepare and present educational, informational workshops on drug and alcohol issues, dependencies and treatment to community groups.

The NNADAP Worker must develop multiple strategies to deal with the continually changing circumstances of the clients. In order to do so, the incumbent must keep up-to-date on the latest developments in methods of treatment, the changing drug scene, and changes to treatment availabilities. The position requires sensitivity and understanding of the social and cultural history of the Band. In particular, the incumbent must deal with the issues in the context of the long-term effects of the segregationist systems of Residential Schools and Reserves.

The successful applicant will have completed a Post-Secondary degree or certificate in Social Work, Counselling, Psychology or Nursing and have a minimum of 2 years related experience, or an equivalent combination of skills, knowledge, and experience. Experience in delivering services in a First Nations environment is preferred. This position is subject to on-going funding.

Duties:

- Develops and maintains a drug and alcohol counselling program
- Maintains a statistical base on program delivery
- Prepares and delivers reports on program status and community trends
- Plans and coordinates **workshops and presentations for the community** on drug and alcohol education, awareness and abuse
- Supports and assists Band members dealing with drug and alcohol and chemical dependency issues
- Assesses clients and makes necessary referrals to treatment centres or outside agencies
- Maintains accurate and **confidential** records relating to individual clients
- Communicates with clients and their family members on treatment plans or programs, and with community groups on treatment programs
- Attend various community functions
- Develops and maintains effective working relationships with Band members, colleagues, and outside agencies
- Provide orientation and guidance to volunteers and coworkers on a routine basis
- The NNADAP Worker is responsible for being aware of band and community members and their well-being at treatment, as well as being self-aware of hazardous situations
- Performs other duties as required

Job Knowledge:

The work requires the following knowledge, skill and/or abilities:

- Skill and knowledge usually attained by successful completion of a Post-Secondary degree or certificate in Social Work, Counselling, Psychology, or Nursing; strong knowledge of the problems of drug and alcohol dependencies and their treatment gained through the appropriate level of education and at least two years' experience in the field; or an equivalent combination of skill, knowledge, and experience
- Working knowledge of traditional healing methods used by First Nations people; awareness of methods of dealing with post-traumatic stress; and community resources available to clients
- Knowledge and experience of similar program delivery in the context of Musqueam or First Nations culture and history
- Knowledge of community resources available to clients and their families
- Ability to use tact and good judgment in dealing with sensitive and complex issues
- The NNADAP Worker must have strong written and verbal communication skills



- In order to deal with the highly emotional issues involved the incumbent is required to have some counselling skills and strong conflict resolution skills
- The sensitive nature of the work requires the NNADAP Worker to have the ability to maintain the confidentiality of client information
- The position requires the ability to research and develop local programs to deal with drug and alcohol education, awareness and dependency; identify local trends; and write reports and recommendations on assessments, program status, and client progress
- The incumbent requires skill in the preparation and presentation of workshops and information seminars in order to garner client and community support
- A good knowledge of the social services systems, the educational system, the courts and penal system is essential for the NNADAP Worker to be successful in the delivery of service to the Band. Likewise, a good knowledge of the social and cultural outcomes of the Residential School and Reserve system is required
- Ability to drive and provide a licensed vehicle for work purposes
- Must be addiction free

Please email a cover letter and resume to Musqueam Indian Band, HR at:

jobs@musqueam.bc.ca

Please write “NNADAP” on the subject line.

*Please apply by **January 19, 2018**. Position will remain open until filled.*

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

We thank all applicants for expressing interest in this position, however, only those short-listed will be contacted.





MUSQUEAM INDIAN BAND

6735 Salish Drive
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Fax: 604 263-4212

JOB POSTING

Secretary to Chief & Council Full Time, Leave of Absence Vacancy

Musqueam Indian Band is seeking a Secretary to Chief & Council. Reporting to the Office Supervisor, **the Secretary to Chief & Council** (the Secretary) is responsible for providing a full secretarial service to the Band Council. The Secretary records and produces the minutes of Council meetings, General Band Meetings, Shareholders meetings, and other meetings as required. The Secretary ensures that the Band Council is provided with all related documentation required in their meetings by assembling a Council Meeting Kit and is responsible for distribution of their motions and decisions. The Secretary is also responsible for the development and maintenance of a tracking system to provide easy access to Council motions and decisions. The Secretary also coordinates any necessary travel arrangements for Band Council and the assembly of briefing materials and travel itinerary for Council Travel.

Duties:

- Prepares and ensures appropriate agenda items, information, and Council kits are ready, complete, and available for respective meetings. For weekly Council meetings this is on the Friday prior to the Monday meeting for approval of notes by Band Manager). Ensures the availability of any necessary equipment for the meeting.
- Coordinates the attendance of the appropriate Council members for special or extraordinary meetings. Establishes that a quorum will be present, or advises of meeting cancellation or postponement.
- Maintains up to date database of recipient of meetings and extraordinary meetings.
- Records, transcribes types, distributes, and tracks minutes, motions, and council or General Band decisions. Take minutes at weekly meetings held on a weekday evening and in extraordinary weekend meetings. Records decisions, capable of giving insight into why decisions were made, and ensuring non present Chief and Council are familiar with decisions in meetings.
- Drafts and writes letters and reports when called upon.
- Ensures minutes are accurate and despatch final working draft of the minutes to the following weekly meeting, and 4 weeks after General Band Meetings and extraordinary retreats.
- Finalizes any amendments to the Council minutes, once passed by Council, by making any changes and then creating and completing a meeting folder both hardcopy and electronic that includes the final minutes and all meeting materials both pre and post meeting.
- Ensures that all materials and preparations are made for Council meetings both regular, special, and weekend; and, all preparations for Council Retreats (materials, travel arrangements, meals, refreshments, etc.)
- Assists Council by making necessary Band related travel arrangements.
- Prepares and distributes isolated motions for the Band Manager and program heads for the management meeting and their follow up action.
- Maintain calendar of important dates for the Band. Arrange agenda; coffee/food for meetings.
- Maintain the Chief's calendar/schedule.
- Help organize special events for Chief and Council.
- Ensure all files are confidential, in a safe place, and in order. Responsible for the hard copy and electronic copy of all Council materials and minutes including Council meetings, Special

Community Meetings, General Band Meetings etc.; and all correspondence related to Council business.

- Maintain confidentiality and comply with data protection in respect of databases of recipients of minutes.
- Distributes the finalized minute's weekly, to those Band Members and other distribution lists as may be developed from time to time, and to the Member section of the Band's web site.
- Liaise with Executive Assistant regarding amendments.
- Develops and maintains effective working relationships with Council, Band Manager, colleagues and the Band membership; works closely with the Executive Assistant to the Band Manager.
- Performs related duties for Band community meetings as required.
- Ensures full supplies for all correspondence and minutes to the Chief and Council and executives at all times.
- Other duties as required.

Job Knowledge and Abilities:

- Skill and knowledge usually attained by successful completion of High School and courses and post-secondary training and certification in Business Administration, legal secretarial, or journalism and /or advanced Secretarial Courses combined with at 3-5 years in a First Nations or similar administration office in a secretarial role to senior administrative manager or elected Council; or an equivalent combination of skill, knowledge, and experience.
- Ability to take minutes, type minimum 60 wpm, audio typing.
- Expertise software applications and equipment related to the position (Microsoft Office, advanced copy machine operation, digital recording equipment, smart boards, etc.)
- Knowledge of Roberts Rules of Order in order to advise management and Council.
- Excellent communication skills, with the ability to communicate effectively with all levels of the organization, from community members to senior business leaders. This includes a pleasant, professional and assertive communication manner.
- Knowledge and experience of similar program delivery in the context of Musqueam or First Nations culture and history.
- Is self-directed with the ability to meet deadlines, as well as to prioritize under tight deadlines.
- Excellent organizational skills and is detailed oriented.
- Ability to understand and describe complex governance and business issues.
- Ability to use tact and good judgement in dealing with sensitive and complex issues.
- Ability to maintain confidentiality.
- Ability to drive and provide a licensed vehicle for work purposes.

Working Conditions:

- Work is performed in an office environment.
- Attendance is mandatory at all Chief & Council weekly evening meetings and off site weekend quarterly retreats
- Valid Driver's License
- Successful Criminal Record Check

Please apply by emailing your cover letter and resume to Musqueam Indian Band, HR at:

jobs@musqueam.bc.ca

Please write « *Secretary to C & C* » on the subject line.

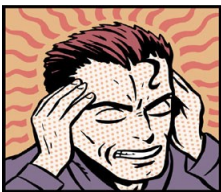
Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Posting will remain open until filled.

** We thank all applicants; however, only those short-listed applicants will be contacted.*

Musqueam Education Notice

Friday January 12, 2018



Answer to last weeks riddle: A shadow

This week: Placed above it makes greater things small. Placed beside it makes small things greater. In matters that count it always comes first. Where others increase it keeps all things the same. What is it?

Graduating High School Students

Are you considering going to a post-secondary institution in September? Have you looked into your options? Have you started your application? If you need any help or want to discuss your options, I'm available to help, stop by the band office or phone April (learning facilitator). Please note, **MIB Post Secondary Funding Applications are due: FEB 1, 2018**; if you need another copy please contact the Education Department.

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.



Reminder for Parents

VSF registration for the 2018/19 school year is open from Nov 1– Jan 31, please make sure you register your child for their Catchment school early, even if you plan on submitting cross boundary or private school applications. This includes children that will be starting Kindergarten in September.

Scholarships and Bursaries

YVR Art Foundation 2018 Youth and Mid-Career Art Scholarships– the YVR Art Foundation is now accepting applications from BC and Yukon First Nations artists. Each Scholarship Award is for \$5,000 and up to seven Youth Art Scholarships and up to three Mid-Career Artist Scholarships will be awarded. For the Youth Art Scholarship applicants must be between the ages of 16 and 26, and have been accepted to study with an artist mentor or at a formal art institution. For the Mid-Career Artist Scholarship applicants must be 27 or older, and have been accepted to study/work with a master artist at a formal art institution or a special project that is of cultural significance to the artist's community. The deadline to apply is January 26, 2018 at 4pm. Applications can be found at: www.yvraf.com/programs

Indspire Building Brighter Future: Bursaries, Scholarships, and Awards– the Indspire Awards are now accepting applications. Scholarship and bursary amounts vary, minimum award is \$1000. The deadline to apply is February 1, 2018. Applications can be found at: <https://app.smarterselect.com/programs/38456-Indspire>

If you need any assistance you can contact April (Learning Facilitator)



Education Department:

Faye Mitchell, Education Coordinator,

April Campbell, Learning Facilitator,

Delphine Campbell, Education Assistant,

Cary Campbell, School Bus Driver,

Charlene Campbell-Wood, School Bus Supervisor

Ph. # 604 - 263 - 3261 Fax # 604 - 263– 4212

Toll free: 1-866-282-3261

**SFU****SIMON FRASER UNIVERSITY**
ENGAGING THE WORLD

Interim Aboriginal University Preparation Program

Pathway to University for Indigenous Students

Are you:

- A high school graduate?
- Considering going to university, but want to test it first?
- Someone who has not done math or has not written something in quite some time?
- Wanting to connect with a cohort group of Aboriginal students in a smaller, safe, and supportive environment?
- Looking to open doors to more learning and working opportunities?

SFU's Interim Aboriginal University Preparation Program

We welcome First Nations, Métis and Inuit students to a university learning environment that affirms and integrates Indigenous knowledge and perspectives.

You will join a cohort of like-minded Aboriginal students and explore university together with Elders, mentors and teachers while taking courses which can transfer into first year university or college.

Where does the IAUPP Path Lead You?

SFU's IAUPP helps you pave the way for a successful transition to undergraduate studies. Our program offers first-year academic credit courses that integrate humanities and social sciences with Indigenous perspectives.

We also offer literacy and quantitative "catch-up" classes (non-academic credit) that will build your confidence.

Upon successful completion of the IAUPP, you will be granted admission to SFU and your completed credits will count towards your undergraduate degree.

Now admitting for:

January 2018 (Apply by December 10, 2017)
September 2018 (Apply by April 28, 2018)

Learn more

Web www.sfu.ca/iaupp
Email iaupp@sfu.ca
Phone 778.782.4089

Photo: Welcome pole at SFU carved by Jody Broomfield, Squamish Nation.

Employment & Training Department



We are still accepting intake for our Early Childhood Care & Education Program (ECCE)! Please come in and see us if you are interested in working with children and want to take this program. This program is partnered with Vancouver Community College (VCC).

If you know anyone who wants to just work on some skills in literature, numeracy or help upgrading some of their education. Let them know to come in and see our Essential Skills instructor Joanne Kern.

We still have a couple seats available for our Bridging to Technology Program! These have been going fast, if you or anyone you know are would like to further their education in technology please tell them to come see us. This program is partnered with Nicola Valley Institute of Technology (NVIT).



Wanona Scott
Employment & Training Manager
604-269-3316
wscott@musqueam.bc.ca

Diane Herman
E&T Assistant
604-269-3461
employassist@musqueam.bc.ca

Lindsay Gibson
Job Coach
604-269-3355
lgibson@musqueam.bc.ca

Terry Sparrow Jr
Job Coach
604-269-3367
jobcoach@musqueam.bc.ca

Aboriginal Community Career Employment Services Society



Health Care Assistant Certificate Program

Start Date: Feb 26, 2018

- 41 week program
- Customized Essential Skills Training
- First Aid, CPR, Food Safe Certification
- Pre-and Post- program personal coaching and support
- Grade 10 English, minimum
- Health Care Assistant Certificate upon completion of program
- Opportunities to ladder into other health care programming

Call Today for more information:

Phone: 604-251-7955

Canada



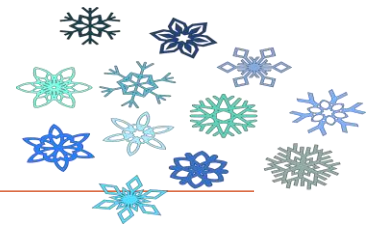
ACCESS
b.r'¼Mt.'dm.,,



To Increase Aboriginal Participation in the Labour Market

www.accessfutures.com

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER



January 12, 2018

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

Brad Morin, NNADAP worker offers one to one counselling, treatment referrals, outpatient resources, information and support in relation to drug and alcohol use.

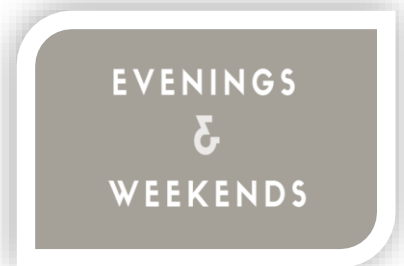


Brad is extending his hours to:

Brad Morin – NNADAP worker

Hours:

Wed- Fri.	6:00-9:30pm	- Evenings
Saturdays - Sunday	10:00am-5:00 pm	- Weekends



APPOINTMENTS: DROP-IN OR CALL TO MAKE AN APPOINTMENT: 604-269-3454

WEEKLY AA MEETING: There is an AA meeting every Tuesday from 8-9 pm at the 51st Hall

Please note: Cyndi Bell our NNADAP worker is away until further notice.

ART THERAPY FOR ADULTS

Janice Carroll

I have been a counselor here for the last 11 years; working with children and youth, using Art and Play Therapy. My hours have been structured from Tuesday - Friday



I will now be available for Counselling Adults, on Monday's from 9am-2pm. The sessions are one hour, once a week, for Musqueam community members.

For more information please call my office (located in the Health Department) at 604-269-3453, or jcarroll@musqueam.bc.ca.

I will still see children for Art & Play Therapy Monday - Thursday

CHRONIC DISEASE MANAGEMENT PROGRAM (CDMP)

Merv Kelly

Do you want to exercise but don't know what's best for you? I am available to assist all ages and levels of fitness for all community members, call me or drop by my office. We also offer assistance with health information about Diabetes, high blood pressure, arthritis, etc., and how to help manage these.

Please provide a **doctor's note** for clearance to workout with Merv for strength training.



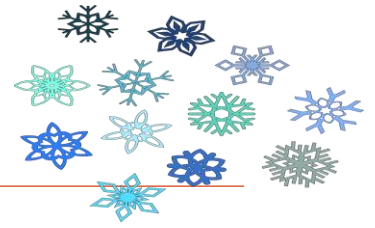
Hours – Monday to Friday: 8:30 am to 2:00 pm / 5:00 pm to 6:30 pm



Merv Kelly | Chronic Disease Management Facilitator | 604-263-3261 – Extension 3455 | Email: merv@musqueam.bc.ca

MUSQUEAM HEALTH NEWSLETTER

January 12, 2018



BC SERVICES CARD



All eligible adults must renew enrolment in MSP (CARECARD) by February 2018 and get a BC Services Card.



- ✓ The BC Services Card has replaced the CareCard and the Gold CardCard.
- ✓ The BC Services Card can also be combined with a driver's licence.
- ✓ One card = easy access
- ✓ personal information more secure and helps prevent fraud such as identity theft

MSP CHANGES

Adults 19 to 74 years of age are required to renew enrolment in MSP.

The BC Services Card has replaced the CareCard **and the Gold CardCard**. In the future, the BC Services Card will provide easy access to many other provincial services.

FEES

There is no fee to get a BC Services Card. However, if you're combining your BC Services Card with your driver's license, fees that apply to the regular driver's license issuance process still apply.

WHERE TO GET A BC SERVICE CARD

Visit an ICBC driver licensing office with two pieces of ID. Bring your CareCard if you have it. ****Musqueam Health can no longer assist with these applications****

ID REQUIREMENTS

Bring one of the following:

PRIMARY ID: Canadian Birth Certificate OR valid Canadian passport

SECONDARY ID: ALSO bring ONE of the following:

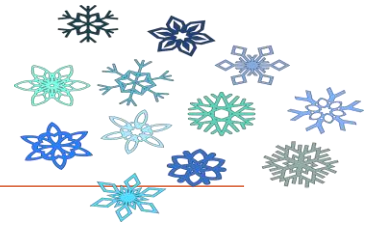
- government issued health care card
- signed credit card or bank card with your name printed on the front
- school ID card (student card)
- Passport (includes new USA Passport cards)
- Driver's licence
- BC Identification card
- BC services card (with photo)

CHECK YOUR IDENTIFICATION Check your driver's license and CareCard to be sure your name matches exactly on both. If not, call Health Insurance BC at 604-683-7151 or 1-800-663-7100.

USING YOUR BC SERVICES CARD TO OBTAIN HEALTH CARE SERVICES

As long as you are a resident of B.C. and are enrolled in MSP, you can use your card to obtain insured medical and health care services. Your card can be used as of the date your MSP coverage begins. For those under 19, and some adults, the date is indicated on the paper attached to the card when it is delivered. If you have questions about when your coverage begins you can contact HIBC. Your card is also used to obtain PharmaCare prescription drug benefits.

MUSQUEAM HEALTH NEWSLETTER



January 12, 2018

COMMUNITY HEALTH PROGRAM

Crystal Point, RN, CHN, and Lyn Thomas, Assistant

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal Mothers who live on reserve:

- ✚ From the onset of pregnancy until 3 months postpartum we offer weekly \$25.00 Save on Foods Gift cards.
- ✚ Nursing pads, one box per week as needed
- ✚ A one-time gift of an Electric Breast pump. One per family
- ✚ Welcome gift for your new baby
- ✚ *If you are pregnant, please sign up by calling Crystal Point, in the Health Dept.*



Pre- and Post-Natal Group: Tuesdays noon-2 PM, Youth Centre Please join us Tuesdays at 12 noon in the Youth Centre for an informal drop-in group (partners welcome!). Lunch is provided. Pre & Postnatal Group: the next Pre-Natal Group will be starting on Jan.16, 2018. Please call Evelyn to pick up your vouchers.

Your New Baby and First Nations Health Benefits Coverage: For information on how to register your baby with First Nations Health please call Ashlee or Candice in the health department.

HOME AND COMMUNITY CARE

Home Care Nurse: Romeo Cosio, RN. and Lyn Thomas, Nurse Assistant

The Home Care Program is available to our community members to assist with hospital discharges, home care aide, and all medical equipment. Home care services & medical equipment require a note from your doctor with your needs specified. **Home Care Phone: 604-263-6539**

The Arjo Tub Program: Is available at the Elder's Centre between 7-9am Monday to Friday. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week. For assistance with Arjo tub appointments or Home Care service scheduling changes or cancellations call Lyn Thomas.

Romeo's Office Hours: Mon. 8:30-5:30 **Tuesdays-Off**,

Wed. Thurs. Friday 8:30-5:30

Ph: 604-269-3463

Evelyn's Schedule:

Monday-Friday 8:30-4:30

PH: 604-269-3354

***Please note, the home care nurse may be on a house call so please leave a message.*

***For Emergencies Call 911 right away! ***

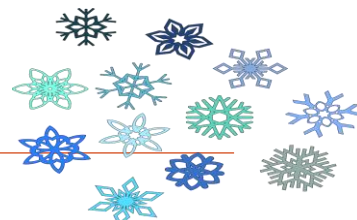
SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

Drinking Water and Your Health

In Canada, we are fortunate to have access to drinking water that is generally of very high quality. That said, no naturally-occurring water is 100% pure. Water picks up minerals and contaminants found in the soil or deposited from the air. It is disinfected to kill harmful bacteria and other microorganisms. And, because water is a very effective solvent, it can leach metals and other substances out of the materials it comes into contact with in the municipal distribution system and in your home.









MUSQUEAM HEALTH NEWSLETTER



January 12, 2018

Youth Centre

Abigail Speck at the Youth Centre, 604-269-3465 Email: youthcentre@musqueam.bc.ca

Monday January 15th	Tuesday January 16th	Wednesday January 17th	Thursday January 18th	Friday January 19th
Colouring Night 	Bridge Through Sport 3:30-5:30  Writing Activity 	D&A  MYP 6:00—8:30 	Bridge through sport 3:30-5:30 Reading Club  GOV Meeting 6:00—9:00 	Movie Night 

The Youth Centre will be open from 2:00 pm—9:00 pm Monday—Friday

Opened during professional days @9:00 am

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years or older



EVA BC
ENDING VIOLENCE ASSOCIATION



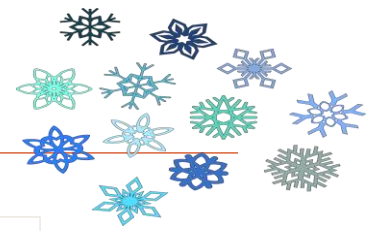
The Musqueam Health Department and EVA BC, wish to invite you to Be More Than a Bystander presentation. This is presented by Grey Cup 2011 football star JR LaRose from the BC Lions in coordination with Ending Violence Association of BC.

Held on: February 15, 2018 from 5-8pm

Location: Musqueam Community Centre

Be More Than a Bystander, a groundbreaking partnership between the BC Lions and EVA BC aimed at increasing awareness and understanding about the impact of men's violence against women.

MUSQUEAM HEALTH NEWSLETTER



January 12, 2018



MUSQUEAM PRIMARY CARE CLINIC

x^wməθk^wəyəm

Clinic hours Monday-Thursday 9:30 am to 3:30 pm and
Fridays 9:30 am to 4:00 pm

MYTH vs FACT	
Cervical cancer can't be treated	Cervical cancer can be effectively treated if detected & diagnosed early
HPV infection is uncommon	HPV infection is common & is transmitted via skin-to-skin contact & body fluids
Older women don't need Pap smears	All women aged 25+ need regular Pap smears until age 70
Smoking is not linked to cervical cancer	Smoking increases the risk of cervical cancer

****Did you know women ages 25-69 should have a cervical screening (PAP test) every 3years ****

PRIMARY CARE FAMILY PHYSICIAN – New Hours: Friday 9:30am – 4:00pm

Welcoming all Musqueam community members including parents / caregivers with infants and children; pregnant women; youth; adults and elders. Come and join our wonderful Musqueam Primary Care clinic and become a regular patient! Our team meets the highest standards necessary to provide you with safe and confidential health care.

PRIMARY CARE NURSE PRACTITIONERS – New Hours: Monday to Thursday 9:30am— 3:30pm

Services provided every day are:

- ✚ check-ups (PAP, STI, Baby growth checks) and assessments;
- ✚ diagnosis and prescriptions
- ✚ testing (X-rays, ultrasound and blood work)
- ✚ birth control options
- ✚ chronic disease management (diabetes, hypertension, C.O.P.D and lung disease)
- ✚ childhood vaccines; specialist referral

MEDICAL OFFICE ASSISTANT – Mon-Thurs. 9:30am – 3:30pm, Friday 9:30-4pm

For an appointment call Mackenzie Gomez, Medical Office Assistant, 604.266.0043

(closed 12:00 – 1:00pm for lunch)

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Naloxone Kits Available

If someone would like a kit to please contact the Health Department in the Musqueam Band Office or the Musqueam Primary Care Clinic in the Elders Centre at: 604-266-0043.
We can review training and have practice kits as well.

NEW SERVICES AVAILABLE:

Mental Wellness Counseling & family group healing, available to Musqueam Band Members at the Lu'Ma Medical Clinic on Wednesdays.
For more information, & appointments call:
Mahara Allbrett at: 604-312-2258.

MYP Fieldtrip to “The Fabric of Our Land” Exhibit



The Musqueam Youth Program joined Musqueam 101 on January 10th to view Salish Weaving at the Fabric of Our Land exhibit at the Museum of Anthropology. We were able to see Salish weaving throughout the past 200 years. We had a great time and highly recommend this exhibit filled with rich history.

Join us next week at MYP, January 17th for a games night! See you there!



Bridge Through Sport

After School Clubs



Clubs

MATH & SCIENCE CLUB

- Tuesday 3:30-5:30pm
- Ages 7-12
- Join us at the Musqueam Community Centre for snacks, prizes, recreation and a physics activity!

READING CLUB

- Monday 3:30-5:30pm
- Ages 7-12
- Join us at the Musqueam Community Centre for snacks, prizes, recreation and a reading session!

MUSQUEAM YOUTH PROGRAM

- Wednesdays 6:00-8:30pm
- Ages: high school
- Join us at the Musqueam Community Centre for dinner, board games and prizes!

CONTACT

Ryanne James
ryanne.james@ubc.ca

See you there!

Want to Learn How to Knit
Class Start Date
Tuesday Jan 23, 2018
At the Elder's Centre
Update all Spaces are filled

Facilitator :

Sharon Stogan

Start Date is

- ♦ **Tuesday Jan 23, 2018**
- ♦ **Finished Date**
- ♦ **Tuesday Feb 27, 2018**
- ♦ **Time 6:30 pm—8:30 pm**

Please register by Jan 19, 2018

**Dinner
Provided**

- **please note all spaces are filled for the class**
- **Names will be put on a wait list till next round of classes**

Musqueam Indian Band

For more information please contact

Theresa Hood

Family Outreach Worker

604-364-6551

- **thood@musqueam.bc.ca**
- **Or Sharon Stogan**
- **604-263-3261**



Aquilini Development

Development Coordinator
Update

1/10/2018

General Updates

Musqueam Nation – Tara Felix

In November our team held an information session with the Elders from our community, we hosted a breakfast and tour of the Willindon Lands and the Liquor Distribution Branch. We have been hosting information sessions at Squamish and Tsleil-Waututh for their Elders, students at the Squamish Trades Centre, and students at Capilano University. The main focus moving forward is to help inform how this project can provide jobs and training and how the needs of the community can be met within these new developments. We have drafted a **Strategic Jobs Plan** which we have been sharing with the Nations and will continue to do so in the coming months. We are beginning to reach out to our First Nations High school students will present to them during their lunch hour to ensure they are aware of the options they have once these developments begin.

Liquor Distribution Branch Property: we are expecting to hear from Vancouver regarding re-zoning of the LDB site.

Willindon Property: we are now meeting regularly with the City of Burnaby regarding planning for the site.

Please reach out and contact me if you have any questions or comments, I would also be more than happy to meet in person anytime.

Development Coordinators:

Tara Felix – 604-362-6047 / tara.felix@aquilini.com (MUSQUEAM)

Heidi Martin – 604-360-4135 / heidi.martin@aquilini.com (TSLEIL-WAUTUTH)

Shamantsut (Amanda Nahanee) - 778-839-5099 / Amanda@aquilini.com (SQUAMISH)

Aboriginal Relations Advisor:

Johnna Sparrow – 778-898-1226 / johnna.sparrow@aquilini.com

Director, Aquilini Development

Mark Mazzone – mark.mazzone@aquilini.com

In 2014 a partnership consisting of the Musqueam Nation, the Squamish Nation, the Tsleil-Waututh Nation and the Aquilini Investment Group was approved for formation. The partnership referred to as Aquilini Indigenous Developments was formed in the effort to acquire and redevelop properties, namely Liquor Distribution Branch and Willindon.

Call to Artists: Design a Logo for *The Canoe*

About RainCity Housing, and The Canoe

RainCity Housing & Support Society provides housing to people who have struggled with homelessness. We are launching an Intranet: a private website that staff members can use to capture, share, and easily find information about how to do their work. We are now seeking an artist to design a logo for our Intranet.

Its name is The Canoe, a name suggested by one of our staff members who is also a member of the Squamish Nation. The following story came with the submission, and will be included permanently on The Canoe itself. It teaches the meaning behind the name:

Historically, the canoe was used by the West Coast Nations to transport goods, hunt and gather, travel between winter and summer villages, and to network. Although the canoe is no longer used as extensively as in the past, the teachings and the philosophies remain.

Working together, we are all heading in the same direction. We must match the stroke of the person ahead of us and set the stroke for the person behind us. Raincity emulates this on a day to day basis with shift change.

There are rough waters but we must continue to paddle though it all. I've seen this personally whenever there is a critical incident. No one panics and jumps ship, but they go into hero mode: mind is focused, actions are well practiced and sure, no fear.

When you are tired lift your paddle from the water, you are still important to the canoe because you provide balance. I've seen workers take on so much overtime to help their sick or injured coworkers.

Bring your canoe to a lagoon, rest, and celebrate. Ceremony is healing.

Each person in your canoe is there to help you get to your destination.

Project Description

We are inviting artists to submit proposals to design a logo for The Canoe. The final design must:

- Reflect the theme of diverse people with shared goals, working together to achieve those goals,
- Reflect RainCity values of diversity, dignity, and self-determination,
- Reflect care and respect for the people we work beside: people who struggle to survive and find a home in this region,
- Harmonize with the existing logo for our organization

Design Requirements & Deliverables

The logo will primarily appear on-screen, rarely if ever in print. It will share space with a whole host of other information; it will need to pack meaning into a small size, and a visually simple design.

Three conceptual designs should be presented, with three rounds of revisions included on the chosen design.

Submission Information

Please include the following information in your submission:

- A short biography,
- Examples of your previous work,
- An estimated of how many hours you feel this project would take you,
- A calculation of the total cost, based on those hours.

Proposals must be submitted electronically, no later than Monday, January 29, 2017, to Jeremy Goodwin at jgoodwin@raincityhousing.org. Questions can be directed to the same address. Expected rollout for new materials is Thursday, March 1, 2017.

Selection Criteria & Process

- RainCity reserves the right to reject any and all proposals, and is not liable for any costs incurred by contractors.
- Proposals received after the submission deadline will not be considered.
- Raincity will review the proposals and either select one, or choose a shortlist to interview.
- The selected artist will be chosen by Thursday, February 1 at the latest.
- Only the artist selected will be notified.
- Additional design work beyond those items outlined in the scope are subject to additional negotiations/compensation.

Indigenous Foodscapes Pilot Project - Community Input Opportunity

The Indigenous Foodscapes grant is a two-year pilot project funded by the Ministry of Health and City of Vancouver, and administered by Farm to School BC (F2SBC) through Public Health Association of BC (PHABC), which aims to bring native plant and traditional food knowledge into the minds, hearts and bellies of children and youth living in the City of Vancouver. A foodscape is a space for growing food, as well as sharing, preparing and learning about food. Samantha Gambling of F2SVA reached out to Musqueam to join the Indigenous Foodscapes Working Group, along with Squamish and Tsleil-Waututh. The next Indigenous Foodscapes Working Group meeting is on January 17, 2018.

If you are interested in sitting on the Working Group please email cgibson@musqueam.bc.ca and include your contact information, background and reasons for interest.



In This Issue

- Conservation Grants: Application deadline and a new funding structure
- Saturday Night at Prohibition
- Places That Matter: Community Celebration
- Heritage Week 2018
- Old School: Researching at the Vancouver Archives
- Evening Lectures: Stanley Park: Digging Deeper and Rethinking Cultural Heritage

[Visit our Website](#)

January 11, 2018

Hi Leona,

Welcome to 2018! It's the beginning of another informative, fascinating and fun year with our city's heritage sites and unique history. We are launching right in with several events coming up in February, including some exciting options for Heritage Week.

The deadline to apply for conservation grants is also nearly upon us, so if you have questions about your own application be sure to reach out!

Conservation Grants: Deadline February 1st, 2018



Applications for the *True Colours*, *Restore It*, *House Call* and *Get on the Register* grants are due February 1st, 2018. New this year, we are able to offer up to **\$7,500** (to a maximum of 50% of the project cost) to the right *True Colours* or *Restore It* projects! This increased funding limit will allow us to more significantly assist great heritage conservation. Please note the building must be on the Vancouver Heritage Register to apply for conservation grants, except for *Get on the Register*.

We are also still accepting applications for the *Heritage Energy Retrofit Grant*. Homes on the Heritage Register and those built before 1940 in Vancouver may be eligible for funding to improve energy efficiency and implement water saving measures.

For more information or to apply for any of our grants, visit the [Get A Grant](#) page of our website. To inquire if your project may be eligible, please [email Program Manager, Harriet Goodwin](#) or call 604 264 9642.

Saturday Night at Prohibition

Burrard Bridge Brazier Lighting

On January 23rd, the four braziers on the Burrard Bridge will be re-lit as part of the larger restoration project. The original braziers were installed to commemorate British Columbians who served in WWI. The ceremony will include unveiling of the new lighting installed in the braziers and a plaque commemorating Canadian veterans.

January 23rd, 4pm

North-east end of Burrard Bridge

Did you know...

...that on April 25th, 1932 the Vancouver General Hospital broke its previous record for babies born on a single day? According to a Vancouver Sun article, the previous record was 8, and 11 had been born that day, including a set of twins. As context, the BC Women's Hospital, where a large percentage of Vancouver births occur now, saw over 7,000 births in 2015.

The first City Hospital, a *Places That Matter* site, was built in 1888 between Beatty, Pender and Cambie Streets. In 1906, The Heather Pavillion was built at VHG's current location and remains the oldest building on the site.

-Vancouver Sun article
information via *History of Metropolitan Vancouver*, Chuck Davis.



A century ago, Vancouver was officially a dry city. Prohibition in British Columbia came into effect in 1917 and lasted four

years but, as elsewhere, it did not bring the end of alcohol sales. Vancouver had its own Greta Garbo moment with humble back door entries disguising swinging jazz bands, sparkling dance floors and the all-important flow of drinks. Join us for a taste of 1920s glamour with era-appropriate cocktails, canapés and fascinating stories of Vancouver's Prohibition era.

Enjoy Prohibition Punch and a mixology demonstration with Bar Manager Robyn Gray and sample a 1920s themed cocktail and canapés. Historian and Author of *'Closing Time: Prohibition, Rum-Runners and Border Wars'*, Daniel Francis, will illuminate some of Vancouver's seedier history of bootleggers and illegal stills. Discover who made millions in the process and why the province gave up on Prohibition within four years and went into the liquor business for themselves.

Dressing in your 1920's finest evening attire is highly encouraged.

**Saturday, February 3rd
6pm - 8pm**

[Register Here, \\$50](#)

Prohibition Bar at the Rosewood Hotel Georgia

Thank you to event partner Rosewood Hotel Georgia

***Places That Matter: Community
Celebration***



This February we are officially launching the *Community History Resource* with an evening of storytelling, history and

community. Local comedian Morgan Brayton will serve as MC introducing several speakers connected to memorable sites honoured through the *Places That Matter* program. There will be opportunities to share your own stories, or just listen in, as well as explore community booths, the plaque project and the new website. Refreshments will also be available.

Wednesday, February 21st
6:30pm - 9pm (Program 7pm - 8pm)
 FREE

Kitsilano Neighbourhood House, 2305 W 7th Ave

Heritage Week 2018



February 19 - 25, 2018 is Heritage Week in BC. The theme is "Heritage Stands the Test of Time", celebrating the lasting value and significance of our historic sites and buildings. We are joining the rest of the province in celebrating this important week with events and inspiration to get you out exploring historic places in our city.

Places That Matter: Community Celebration

Wednesday, February 21st
6:30pm - 9pm

Kitsilano Neighbourhood House,

2305 W 7th Ave

Celebrate the local, cultural and lesser known history of our city with a free evening of storytelling, community and refreshments.

Sunday Morning at Punjabi Market

Sunday, February 25th

9:30am - 12pm

\$25, please [email](#) us if you would like to be notified when registration opens

All India Sweets and Restaurant, 6560 Main St

Enjoy a morning of cultural stories and local history starting at All India Sweets and Restaurant, one of our *Places That Matter* sites. Enjoy authentic chai and treats and hear about the people, businesses and stories that make this part of town so special. Then enjoy a walking tour of the area that highlights the past and looks towards the future of this vibrant area.

Old School: Researching the History of a Building

Old School starts up on March 13 with our popular *Researching the History of a Building: Vancouver Archives* course. This will be the only time we run this course this year, so be sure to sign up if you want to learn the best methods for gathering information about a heritage site. Historian and Author John Atkin will offer his advice for finding the most useful information while City of Vancouver Archivists will guide you through available resources.

Tuesday, March 13th

6:30pm - 8:30pm

[Register Here, \\$20](#)

City of Vancouver Archives, 1150 Chestnut St

Evening Lecture: Stanley Park: Digging Deeper and Rethinking Cultural Heritage



Stanley Park is often thought of as a relatively untouched piece of nature amid Vancouver's built landscape.

The appreciation and understanding of the park is broadening and deepening as thousands of years of First Nations presence are better understood beyond the colonial history. With this context, Reconciliation Planner Rena Soutar (Cha'an Tdut) and Vancouver Park Board Archaeologist Geordie Howe will consider how we define "our cultural heritage" as a city. They will explore the Indigenous peoples' relationships to the land, their approach to stewardship and how the environment was cultivated to support communities. The park and the city have an incredibly long and rich history, with lessons to