MUSQUEAM NEWSLETTER

Friday September 30, 2016

Tel: 604-263-3261, Toll Free: 1-866-282-3261, Fax: 604-263-4212...Safety Patrol: 604-968-8058

MEETING DATE
MEETING DATE
MEETING DATE
MEETING DATE

MUSQUEAM NOTICE

NOTICE OF MEETING
TO MUSQUEAM BAND MEMBERS

AUDIT INFORMATION MEETING 2015/2016 FISCAL YEAR

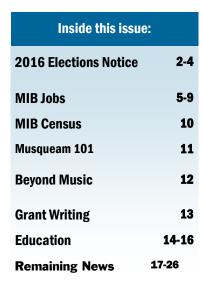
WHEN: WEDNESDAY, OCTOBER 5, 2016

TIME: 5:30 PM - Dinner will be served

Meeting to start: 6:00 PM

WHERE: Musqueam Gymnasium

6777 Salish Drive



St. Michael's Church

Please join us at Church, Every Sunday @ 12:45 AM

St. Michael's Church on Crown Street.



^{*} Please be informed that you can view the MIB Newsletter and any Upcoming Meetings's and/or Workshops etc.

On the Musqueam website ~ www.musqueam.bc.ca ~ under the "Newsletter Section".... Thank you :)

MUSQUEAM INDIAN BAND NOTICE OF NOMINATION MEETING Notice pursuant to the First Nations Elections Act

NOTICE OF NOMINATION MEETING

Notice is hereby given that a meeting of the Eligible Electors of the Musqueam Indian Band, will be held in the MUSQUEAM COMMUNITY CENTRE GYMNASIUM (6777 SALISH DRIVE VANCOUVER, BC V6N 4C4) ON OCTOBER 18TH, 2016 BEGINNING AT 6:00 PM AND LASTING FOR AT LEAST THREE HOURS, for the purpose of nominating candidates for positions one (1) Chief and ten (10) Councillors for the next ensuing term.

IMPORTANT INFORMATION ABOUT THE NOMINATION OF CANDIDATES:

- Any elector may nominate candidates by delivering or sending by mail, email or fax to the Electoral
 Officer a completed, signed and witnessed nomination and voter declaration form to the Electoral
 Officer before the time set for the nomination meeting, OR by making a nomination orally at the
 nomination meeting.
- 2. Under the *First Nations Elections Act*, an elector must not nominate more than one candidate for the position of chief and no more candidates for the position of Councillor as there are Councillor positions available for election.
- 3. The Council of the Musqueam Indian Band has set out a candidate fee in the amount of \$100.00 for the position of Chief and \$100.00 for the position of Councillor.
- 4. Under the First Nations Elections Act, a nominee does not become a candidate until they deliver to the Electoral Officer or Deputy Electoral Officer, by 6 p.m. on October 21st, 2016 a signed Candidate Declaration form, which can be obtained from the Electoral Officer. The candidate fee for the relevant position must be received by this time as well, in the form of cash, certified cheque money order or electronic transfer payable to the Electoral Officer.

IMPORTANT INFORMATION ABOUT THE ELECTION:

- 1. The election will be held at the Musqueam Community Centre Gymnasium (6777 Salish Drive Vancouver, BC V6N 4C4) on November 30th, 2016 from 9:00AM to 8:00PM.
- 2. There is no Advance Poll for this election.
- 3. Any elector may vote by mail-in ballot by submitting a Request for Mail-in Ballot Form, which can be obtained from the Electoral Officer, along with a copy of identification, prior to November 30th. The elector is responsible for ensuring they request their mail-in voting package in a timely manner to ensure it can be received and returned via regular post and received by the Electoral Officer on or before November 30th, 2016.
- 4. Any elector may permit the electoral officer to release their name to the candidates.

Given under my hand at Victoria, British Columbia, this 22nd day of August, 2016.



Lawrence Lewis, Electoral Officer

For more information, please contact Lawrence Lewis, Electoral Officer

Ph: **250 889-1582** TF: **1-855-458-5888** Fax: **250 384-5416** Email: lewis.l@telus.net PO Box 35008 Hillside, Victoria, BC V8T 5G2

WWW.ONEFEATHER.CA/NATIONS/MUSQUEAM

	• • • • • • • • • • • • • • • • • • •						
with you	, please ch	me and address to be given to candidates at the eck the statement below, print and sign your roortion to the Electoral Officer.					
	0	I authorize that my name and address be give to candidates at this election.					
Pri	nt Name	Date of Birth	Signature				
Ad	dress	City/Town/First Nation	Province	Postal code			

MUSQUEAM INDIAN BAND NOTICE OF ELECTION & NOMINATION MEETING Notice pursuant to the First Nations Elections Act

Notice is hereby given that **Musqueam Indian Band** has called an Election in accordance with the *First Nations Election Act*, for the purpose of electing one (1) Chief and ten (10) Councillors on November 30, 2016 for the next ensuing Term of Office.

NOTICE OF ELECTION

NOTICE IS HERBY GIVEN THAT THE ELECTION WILL BE HELD AT THE MUSQUEAM COMMUNITY CENTRE GYMNASIUM (6777 SALISH DRIVE VANCOUVER, BC V6N 4C4) ON NOVEMBER 30TH, 2016 FROM 9:00AM TO 8:00PM.

NOTICE OF VOTING PLACE

NOVEMBER 30, 2016

9:00 AM TO 8:00 PM

Musqueam Community Centre Gymnasium

6777 Salish Drive Vancouver, BC V6N 4C4

Any elector may vote by mail-in ballot by submitting a *Request for Mail-in Ballot Form*, which can be obtained from the electoral officer, along with a copy of identification, prior to November 30th. The elector is responsible for ensuring they request their mail-in voting package in a timely manner to ensure it can be received by you, and returned via regular post and received by the Electoral Officer on or before November 30th, 2016.

All ballots cast at this election will be counted at the Musqueam Community Gymnasium immediately following the close of the poll on November 30th, 2016.

Given under my hand at Victoria, British Columbia, this 24th day of August, 2016.

Lawrence Lewis, Electoral Officer

For more information, please contact Lawrence Lewis, Electoral Officer

Ph: **250 889-1582** TF: **1-855-458-5888** Fax: **250 384-5416** Email: **lewis.l@telus.net** PO Box 35008 Hillside, Victoria, BC V8T 5G2

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MUSQUEAM INDIAN BAND 2016 ELECTION INFORMATION

Musqueam Indian Band is Changing its Election System What Voters Need to Know.

Please read ALL the attached information carefully.

The election of the Chief and Councillors of the Musqueam Indian Band used to be held under the *Indian Act* election system. But the next election will be held under the *First Nations Elections Act*.

What is the First Nations Elections Act?

The First Nations Elections Act is a law that offers new and improved rules for elections. It was developed in consultation with First Nations organizations in different parts of Canada. The law is optional. Musqueam Indian Band Chief and Council see many benefits to elections being held under this new system and have made a choice to move to it.

Highlights - Key Changes for the next Election

- ✓ The term of office for Chief and Councillors elected at this election will be 4 years.
- ✓ All persons wishing to be a candidate for chief must pay a \$100 fee, and all persons wishing to be a candidate for councillor must pay a fee of \$100.
- ✓ To become a candidate, all persons who have been nominated must sign a candidate acceptance form and pay the appropriate fee. If the Electoral Officer does not have the signed form and the fee by 6 p.m. on the third day following the nomination meeting, the nominee is not a candidate and will not appear on the ballot.
- ✓ Mail-in ballots will no longer be automatically sent out to all off-reserve electors. Anyone who wants a mail-in ballot will have to fill in a form asking for one and send it to the Electoral Officer, who must receive it no later than the 6th day before the election. The form must be accompanied by one piece of identification that proves who the person is (like a status card, a driver's licence or a health card).

For more information:

If you would like to read more about the *First Nations Elections Act*, INAC's website has information at www.aandc.gc.ca/elections

THE NEXT ELECTION WILL BE HELD AT THE MUSQUEAM COMMUNITY CENTRE GYMNASIUM (6777 SALISH DRIVE VANCOUVER, BC V6N 4C4) ON NOVEMBER 30TH, 2016 FROM 9:00AM TO 8:00PM.

For more information or assistance, please contact Lawrence Lewis, Electoral Officer

Ph: **250 889-1582** TF: **1-855-458-5888** Fax: **250 384-5416** Email: **lewis.l@telus.net** PO Box 35008 Hillside, Victoria, BC V8T 5G2

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MUSQUEAM INDIAN BAND

6735 Salish Drive Vancouver, B.C. V6N 4C4 Telephone: 604 263-3261

Fax: 604 263-4212

JOB POSTING Corporate Administrative Assistant Regular Full-time

Position Summary:

Reporting to the Office Supervisor the Corporate Administrative Assistant is responsible for the providing administrative support for the Band Administration's four Divisional Standing Committees and other general office administrative duties as needed. This position will work closely with the Secretary to Chief & Council.

Responsibilities:

- For all meetings, prepare pre-meeting documents, attend the meetings, record minutes, and prepare follow-up documents within the 5 day deadline.
- Prepare/transcribe minutes, assist with agendas, notices, and follow-up correspondence as required.
- Assist with communication and updates regarding meetings and briefings as required.
- Available to cover for the Secretary to Chief & Council for back up and vacation relief.
- Maintain attendance of Committee members.
- Distribute honourariums for community members.
- Order supplies for Council and Committee meetings.
- Assist with travel arrangements; arrange per diem payments
- Assist with external meeting set-up; coordinate with venues
- Assist with administrative projects.
- Provide reception and other administrative support as needed and as time permits.

Knowledge and Abilities:

- Three (3) years' experience in a similar role, post-secondary education in office administration and or an equivalent combination of education and experience.
- Knowledge of Roberts Rules of Order.
- Musqueam Indian Band First Nation Member is an asset.
- Familiarity with First Nations Governance is an asset.
- Strong computer skills in Microsoft Office and Adobe
- Good interpersonal skills.
- Excellent verbal and written communication skills.
- Strong administrative and organizational skills.
- Ability to meet deadlines.
- Strong attention to detail.
- Ability to maintain confidentiality.
- This position requires availability to work a minimum of 4 evenings a month, and flexible to work variable hours for Committee support, including some weekend work.

Working Conditions:

- Work is performed in an office environment.
- Successful Criminal Record Check

Please apply by emailing your cover letter and resume to Musqueam Indian Band, HR at: jobs@musqueam.bc.ca

Please write « Corporate Admin Assistant » on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Posting close date is September 23, 2016 and will remain open until filled.

* We thank all applicants; however, only those short-listed applicants will be contacted.



MUSQUEAM INDIAN BAND

6735 SALISH DRIVE VANCOUVER, B.C. CANADA V6N 4C4 TELEPHONE: 604 263-3261

FAX: 604 263-4212

JOB POSTING Home Care Attendant

Casual Position
(on call/as needed basis for vacation/sick/workload relief)

MIB is seeking Casual Home Care Attendants to add to their team. Under the direction of the Home Care Nurse/Supervisor, the Home Care Attendant assists clients with the activities of daily living to promote maximum independence; provides personal care and performs housekeeping and home management activities. Promote maximum independence by providing personal care.

Duties:

- Provides personal care to clients including bathing, toileting, dressing, oral hygiene, and hair care.
- Performs lifts and transfers.
- Assists with medication as ordered; records medication and treatment in communication book.
- Performs simple treatments, including non-sterile dressing changes as shown by the Home Care Nurse.

Qualifications:

- Home Care Attendants certificate.
- Valid First Aid Certificate, covering infants and adults.
- Valid CPR Level 1 Certificate, covering infants and adults.

Skills & Abilities:

- Ability to communicate effectively, orally and in writing.
- Ability to organize work.
- Physical ability to perform the duties of the job.
- Understanding of geriatric issues and behaviour.
- Ability to maintain strict confidentiality.
- Ability to operate related equipment.

Working Conditions:

• Work is mostly performed in the client's home

Please apply by emailing your resume or application form to Musqueam Indian Band, HR at jobs@musqueam.bc.ca

Please write "Home Care Attendant Casual" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

This position will remain open until filled.

We thank all applicants; however, only those short-listed will be contacted.



MUSQUEAM INDIAN BAND

6735 Salish Drive Vancouver, B.C. V6N 4C4 Telephone: 604 263-3261

Fax: 604 263-4212

JOB POSTING

Medical Office Assistant
Part-time / Temporary: 3 days/week (6 hours/day)
September – December

Musqueam's Medical Clinic is looking for a temporary part-time experienced Medical Office Assistant to cover a 3 month leave of absence. This is a new clinic and some initial duties will involve helping to establish best practice medical office procedures, policies and processes, while providing professional front end clinic reception, administration and assistance to community members, clients and staff.

A summary of duties include:

- Establish medical office administrative procedures and policies
- Coordinate procurement of clinic medical supplies and equipment
- Develop process and files for charting
- Participate in implementing patient charting through the new Electronic Medical Record (EMR) system
- Clinic reception, make clinic appointments, scheduling, general office duties, etc.
- Support Health Program Lead to assess opportunities to grow the clinic
- Coordinate visiting health professionals and liaise with allied health professionals
- Data reporting
- Participate in Musqueam Health Department planning sessions, community events and health fairs, etc.

Job Knowledge:

The position requires the following knowledge, skills and abilities:

- Grade 12 graduation, plus up to a one-year Medical Office Assistant certificate
- A minimum of two years recent experience working in a medical clinic or medical office
- An equivalent combination of education and experience may be considered
- Experience using a medical office computerized system (EMR) and aptitude to learning other software programs
- Demonstrated ability to maintain confidentiality regarding patient medical information and records
- Knowledge of and experience with Musqueam or First Nations culture and history is an asset
- Strong English communication skills (spoken and written) and the ability to communicate tactfully with others
- Demonstrated ability to maintain confidentiality regarding patient medical information and records

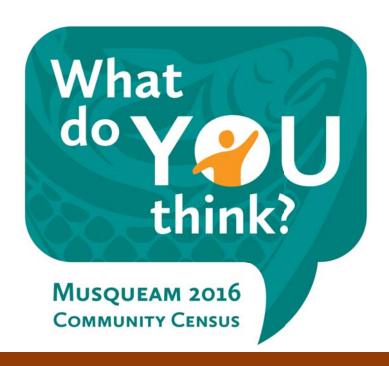
- The ability to professionally meet, deal with the public and provide information in a pleasant, helpful and confidential manner
- Ability to problem-solve and take initiative to resolve problems
- Ability to enter data accurately and pay attention to detail
- Exceptional organizational skills and the ability to effectively prioritize workload
- Ability to remain calm during periods of stressful high volume and to meet deadlines as required
- Ability to work independently and harmoniously as a member of a team
- Strong computer knowledge of Microsoft Office, good keyboarding skills and experience with other various office equipment such as printer, scanner, photocopier, etc.

To apply, please email cover letter and resume to jobs@musqueam.bc.ca and write "Medical Office Assistant Temporary" on the subject line

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

This position will remain open until filled.

* We thank all applicants; however, only those short-listed will be contacted.



Musqueam Community Census Event

Food for Thoughts: Weekend Edition Sunday, October 2nd, 2016 11:00am to 3:00pm Musqueam Community Centre

Please join us to complete the Household and Personal Censuses, ask questions, grab a snack, and be entered to win great prizes!

Can't make it to this event? You can complete the Census:

- ✓ Online at census.musqueam.bc.ca
- ✓ With one of our Census Recorders
- ✓ At other Census-focussed events
- ✓ On paper, by request



Contact us: ccp@musqueam.bc.ca, 604-269-3330 facebook.com/Musqueam2016CommunityCensus



EVERYONE WELCOME!

MUSQUEAM 101 – Wednesday October 5, 2016 stem? (what?) Musqueam 101 October 5, 2016

The Centre for Ainu and indigenous Studies

Join us for presentations from guests from the Centre for Ainu and Indigenous Studies at Hokkaido University in Japan. Professor Kato will talk about his work with Ainu communities on revitalizing and reclaiming their history. The Ainu are the Indigenous people of Northern Japan – they fought for federal recognition, this recognition finally came from the Japanese Government in 2008. Professor Kondo will talk about his work on the revitalization of fishing and hunting with Native Alaskan communities and with the Ainu.

Presenters:

Hirofumi Kato, Professor of Archaeology, Center for Ainu & Indigenous Studies, Hokkaido University, Japan Shiaki Kondo, Assistant Professor, Center for Ainu & Indigenous Studies, Hokkaido University, Japan.

ni? ?əncə? (where?)

Musqueam Administration Offices

təmtem? (when?)

Wednesday, October 5. Dinner will be served at 6:00 p.m. The presentation will start at 7:00 p.m.



Beyond Music

Co-Create Resonate Celebrate

3 Spots Left!!

Beyond Music Violin and Song Composition Program

This partnership between UBC Shine On, Musqueam Recreation and the Vancouver Arts Colloquium Society (VACS) will bring violin and song composition lessons to the Musqueam Community.

We are limited to $\underline{9}$ participants in grades 5-8. Students must be committed to attend every session! The program will run for the duration of the school year.

To register please see Courtenay Gibson, Recreation Coordinator for a form or email cgibson@musqueam.bc.ca Selection of candidates will be done by UBC and VACS based on need and commitment of students.

Please note we will have an opening event for parents and students on October 4th, 2016 6:00 pm – 8:45 pm @ the Cultural Centre.

Lessons will start on October 6th, 2016 @ 5:00 pm

GRANT WRITING WORKSHOP

First Peoples Cultural Council Aboriginal Arts Development Awards Deadline: October 31, 2016

Learn about:

- Learn about this year's Aboriginal Arts Development Awards
- Hear tips on how to apply
- Get feedback on your draft proposal

Please bring your draft application form for one-on-one assistance Dowload or pick up an application package in advance:

- Online: http://www.fpcc.ca/arts/programs/
- Request a hard copy from Musqueam's Grant Writer

MONDAY, OCTOBER 17, 2016 5:00PM - 7:00PM Musqueam Cultural Centre

For more information, please contact: Joanne Kienholz, Grant Writer Phone: 604.269.3371 E-mail: jkienholz@musqueam.bc.ca

Musqueam Education Notice

Friday September 30, 2016



Answer to last weeks riddle: 1, 2, 3

This week: What begins with T, ends with T, and has T in it?

St. George's School - Musqueam Leadership Scholarship Program

What: Come and learn about the Musqueam Leadership Scholarship Program available for St. George's, dinner will be served

Where: St. George's School Senior Campus 4175 West 29th Avenue, Vancouver When: Wednesday October 19, 2016 at 6:30



Scholarships and Bursaries

The Early Childhood Educators of BC has announced that the ECE Student Bursary Program is open for the Fall 2016 semester. Priority will be given to Aboriginal students, students attending ece programs with an Aboriginal focus, and/or students working to achieve infant/toddler designation. Students must be attending an ECE program at an approved educational institution.

DEADLINE: applications are due November 10, 2016 at 5:00pm

You can find the application and guidelines at http://ecebc.ca/programs/student bursary.html

The Indspire Building Brighter Futures: Bursaries, Scholarships, and Awards 2016-2017 are now open. scholarship and bursary amounts vary; typically the amounts range from \$1000-\$25,000.

The Post –Secondary Education scholarship/bursary closes November 1, 2016

You can find the application and guidelines at: http://indspire.ca/for-students/bursaries-scholarships/

If you need any assistance you can contact April (Learning Facilitator)



Education Department:

Faye Mitchell, Education Coordinator,

April Campbell, Learning Facilitator

Delphine Campbell, Education Assistant,

Ph. # 604 - 263 - 3261 Fax # 604 - 263 - 4212

Toll free: 1-866-282-3261



Wednesday October 5th 6:00 to 8:30 Band Office with Maggie, Vanessa & Ryanne

Musqueam Youth Program



On Wednesday night at MYP we were joined by: Kelly, Tusula, Austyn, Matthew, Henry, Victoria, Bud, Phebe, Sandra, and Rae-Lynn. Together we celebrated Phebe and Tusula's birthdays with a delicious Oreo ice cream cake. Tusula, Victoria, and Kelly went home with some cool prizes from our draw. Next week we are looking forward to participating in a workshop with Aboriginal Arts & Stories. Coming up later in October we will be carving pumpkins and, of course, heading to Fright Nights!





Monday October 3rd 5:30 to 6:30 Teen Homework Club with Henry



Monday October 3rd 3:30 to 5:30 Math & Science Club with Henry & UBC Rec

Garden Planning

Snacks, Soccer, Fun,



Thursday October 6th 3:30 to 5:30 Reading Club with Brennan & UBC Rec

Scavenger Hunt & Freeze Tag

Snacks, Sports, Fun & Prizes

Welcome Back!
Bridge Through Sport
2016

Youth age 7-12 join us Mondays and Thursdays in the Library/Bridge Through Sport Space

Musqueam Bike Co-op Bike Repair Clinic



Sunday, October 2nd
11:00 am to 3:00 pm
Outside the Musqueam
Community Centre

- By-donation bicycle repair
- * Free used parts
- * New parts for sale at cost
- * Learn by helping us fix bikes



We also love hearing your ideas and receiving donated bikes, parts, and tools.

Join the Facebook Group "Musqueam Bike Co-op" to learn more.



SMALL VESSEL OPERATOR PROFICIENCY COURSE [SVOP]

Reduced crew sizes and shortened fishing seasons put pressure on B.C. commercial fishermen like never before. In this environment, every crewman plays a role in the safe operation of their fishing vessel. Learn the fundamentals of navigation, collision regulations, buoyage, fatigue management and much, much more – all taught according to the Fish Safe formula: Simple-Clear-Practical.

DATES: OCTOBER 11TH - 14TH, 2016

TIME: 8:30AM - 4:30PM

LOCATION: MUSQUEAM SOCCER CLUB HOUSE

4921 STAULO CRESCENT

LUNCH PROVIDED

TO SIGN UP EMAIL:

FISHERIESASSIST@MUSQUEAM.BC.CA

OR CALL: 604-263-3261





Musqueam Health Dept. Newsletter—Sept.30, 2016

COMMUNITY HEALTH NURSING PROGRAM



CHN Newsletter Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal Mothers.

Community Health Nurse, Natalie Frandsen can register you for the "Healthy pregnancy, Healthy Babies" Program. If you are pregnant you may sign up by calling Natalie Frandsen, CHN at 604-269-3313 or Patricia Mathison, nurse assistant at 604-269-3354.

Please join us **Tuesdays at 12 noon** in the Youth Centre for an informal drop-in group ((partners welcome!). We provide lunch, friendship with other young mothers, and special guests who provide education on pregnancy and baby related topics.

Pre- and Post-natal Group: Tuesdays noon-2 PM, Youth Centre

Upcoming classes:

October 4: Reading with your baby with Librarian, Kelly Clark, from Vancouver Public Library

October 11: Midwifery talk with Registered Midwife, Amanda Dowling

"Too Hot for Tots" Burn Prevention Workshop:

October 27, 10-1 PM The health department will be hosting a burn prevention workshop on October 27th from 10-1 PM in the community centre.

During the workshop, you will be taught about how to prevent toddlers from being injured from burns. The

workshop presenter is a RN and has worked in the BC Children's burn unit for 18 years. If you have or care for young children or you work with children, please join us for this free workshop.

Register with Patricia Mathison

Ph: 604-269-3354; email: nurseassist@musqueam.bc.ca

Annual Flu Clinic and Village of Wellness Health Fair: November 24, 2-6 PM

Save the date! The annual flu clinic and wellness fair will be held on November 24, 2-6 PM at the community centre. You will be able to get your annual flu shot, gather some great health information and have some health screening done as well (e.g., blood sugar, blood pressure). For questions, call Natalie (604-269-3313) or Patricia (604-269-3354).

St. John's Ambulance Save That Child (infant choking & CPR & basic first aid): December 6

Child injuries require timely action, and over 80% of these injuries are caused by accidents in the home. **Save That Child** is the ideal course for giving parents, grand-parents, babysitters and infant and child caregivers the confidence to handle various emergencies, through prevention, recognition, and response. Trained instructors from St. John's Ambulance will teach the course at Musqueam (community centre). For more information or to register, please contact Patricia Mathison (604-269-3354; nurseassist@musqueam.bc.ca).

For more information on how to register for the workshop, contact Natalie Frandsen, CHN (604)269-3313 or Patricia MathisonPh: 604-269-3354;



Musqueam Health Dept. Newsletter—Sept.30, 2016

MIB HOME CARE PROGRAM

In home care is available to our Band Members living on reserve, to assist with hospital discharges, home care aides, and medical equipment.

In-home care and all medical equipment require a note from your doctor with your needs specified.

Romeo's Office Schedule:

Mon, Wed, Thurs, Friday 8:30-5:30 Tuesdays- OFF.

You may also call Patricia Mathison for assistance with your questions about home care service, or medical equipment.

Patricia's Schedule: Monday-Friday 8:30-4:30

Cancellations of service

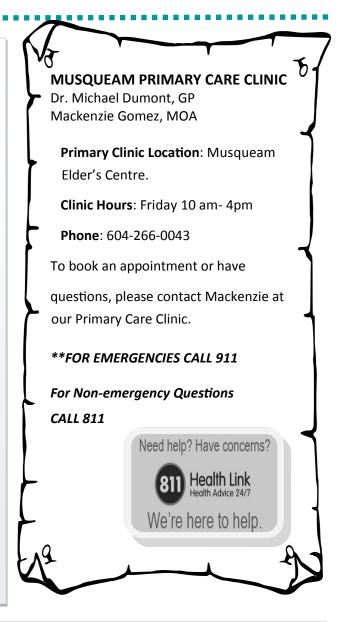
Please notify us as soon as possible for any Cancellations; at least 24 hours in advance is helpful.

The Arjo Tub Program

The Arjo Tub is a therapeutic bath offered through our Home Care Program and is **a**vailable at the Elder's Centre between 7-10am Monday to Friday.

You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.

For an appointment call Patricia Mathison, Nurse Assistant at: 604-269-3354



CHRONIC DISEASE MANAGEMENT PROGRAM

Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these? Or do you want to work out but don't know what's best for you?

You may call me or drop by my office: Hours – Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm

Available to assist all ages and levels of fitness for all community members.

Merv Kelly, Chronic Disease Management Facilitator

Phone: 604-263-3261 Extension 3455

Email: merv@musqueam.bc.ca





SAFE DRINKING WATER MONITOR PROGRAM

Drinking Water Frequently Asked Questions

The drinking water that is supplied to our homes comes from either surface water or ground water. Surface water collects in streams, rivers, lakes, and reservoirs. Ground water is water located below the ground where it collects in pores and spaces within rocks and in underground aquifers. We obtain ground water by drilling wells and pumping it to the surface.

Public water systems provide water from surface and ground water for public use. Water treatment systems are either government or privately-held facilities. Surface water systems withdraw water from the source, treat it, and deliver it to our homes. Ground water systems also withdraw and deliver water, but they do not always treat it. For more information on public water systems, visit

CDC's <u>Public Water Systems page</u>. For more information on how public water systems treat water, visit CDC's Water Treatment page.

Public Water Systems

What type of health issues can be related to water quality?

The presence of certain contaminants in our water can lead to health issues, including gastrointestinal illness, reproductive problems, and neurological disorders. Infants, young children, pregnant women, the elderly, and immunocompromised persons may be especially at risk for becoming ill after drinking contaminated water. For example, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Federal law requires that systems reduce certain contaminants to set levels, in order to protect human health.



GIRLS GROUP

For girls 9-13 years old
Every other Friday
Starts October 7th
5:00pm-7:00pm at Classroom 1

NOBODY'S PERFECT PARENTING

8 Week FREE Workshop

Every Monday Starting October 17th
12:00pm-2:00pm
Community Centre Classroom 1
Lunch and Child minding will be provided

To sign up please call Ashlee at the Health Department



YOUTH CENTRE

Abigail Speck at the Youth Centre at 604-269-3465 Email: youthcentre@musqueam.bc.ca

Monday	Tuesday	Wednesday	Thursday	Friday
October 3rd	October 4th	October 5th	October 6th	October 7th
BTS 3:30—5:30	D&A Night	Scattergories	BTS 3:30—5:30	Movie
Games Night	DRUGS ARE NOT COOL!	3:30—6:00 MYP	Arts & Crafts	Night
6:00-8:30	5:00—8:00	6:00—8:30	6:00—8:30	2:00—9:00
0.00 0.50				

The Youth Centre will be open from 2:00 pm—9:00pm Monday—Friday

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years old or older

Please note that the Youth Centre will be open @9:00 AM when kids have professional days



Gathering Our Voices is a provincial youth conference that is held every year in British Columbia, this year it will be in Kelowna.

The dates for GOV is March 21st—24th during spring break, and the age group is 14—24.

We will be having weekly meetings to do fundraising and workshops starting next week until March.

If you are interested in participating in GOV please contact Abigail Speck as we will be registering as soon as possible.

My office is located in the Youth Centre come by or I can be reached by email or phone.

youthcentre@musqueam.bc.ca (604)-269-3465

MUSQUEAM ELDERS

Elders Luncheon

Thursday Oct.13, 2016 12:00 Noon

Location: Musqueam Elders Centre
Please share with your Elders



Musqueam Ladies Group

When: Every Tuesday evenings

Time: 6:00 – 9:00 pm

NNADAP NATIONAL NATIVE ALCOHOL AND DRUG AWARENESS PROGRAM

Please note: Cyndi is back!

Cyndi Bell's office hours:

Monday—Friday 9:30-3:30

I am available for 1:1 counselling, treatment referrals, outpatient resources, information and support with respect to drug and alcohol use and abuse.

Feel free to stop by or call to make an appointment: 604-269-3454



Coffee Time with Cyndi

Wednesdays 5:00-6:00 pm in the Community Centre Café

Come join me for a chat over coffee! Everyone is welcome!! If you are around the Community Centre while your kids are at Bridge through Sport or MYP, feel free to visit me to just say "hi" or to get some info about substance abuse and support for yourself or your loved ones.



Bill Reid Gallery

of Northwest Coast Art

What's on at the Gallery

October 2016

Gallery Refresh

Current Exhibitions

Artist in Residence: Corey Bulpitt

Upcoming Exhibitions

Public Programs

Member News and Events

Gallery Shop

Support the Gallery

Community Partner News

Gallery Refresh

The Exhibition Galleries will be closed October 3 to 18, 2016 for a Refresh

Thanks to support from the City of Vancouver (Cultural Infrastructure Grant), the YP Heung Foundation and Intergulf Investment Corporation we will refresh the Young Family Legacy Gallery and the Audain Great Hall to improve the look and feel of the gallery, create more flexible exhibition space, and support our expanded programming vision.

The Gallery will be closed to the public <u>Monday, October 3 to Tuesday, October 18, 2016</u>, although the Gallery Shop will reopen on <u>Saturday</u>, <u>October 8, 2016</u>.

We apologize for any inconvenience this may cause, and look forward to welcoming you to our refreshed Gallery, <u>Wednesday</u>, <u>October 19</u>, <u>2016</u>.

Current Exhibitions

Closing Sunday, October 2, 2016

The Seriousness of Play: Michael Nicoll Yahgulanaas

Haida Manga is a contemporary art form that offers a playful way of viewing and engaging with social issues as it seeks participation, dialogue, reflection and action.

Influenced by both the tradition of Haida iconography and contemporary Asian visual culture, <u>Michael Nicoll Yahgulanaas</u> has created an artistic practice celebrated for its vitality and originality by an international



Detail: RED by Michael Nicoll Yahgulanas 2008.

audience engaged in issues of ethnicity, identity and relationships. MNY.ca

Join Michael Nicoll Yahgulanaas and help create a Haida Manga Mural

Sunday, October 2nd, 1:00 to 3:00 pm Free admission

To celebrate the closing day of **The Seriousness of Play** exhibition, artist Michael Nicoll Yahgulanaas will help us create a massive mural in the gallery in his innovative Haida Manga style. Visitors are invited to participate and get playful!

Watch his recent public art mural at the Museum of Natural History, NYC.

Exhibition Partners:









Bill Reid Creative Journeys

An exhibition presented in partnership with the Vancouver International Airport to mark the 20th anniversary of Bill Reid's iconic sculpture, **The Spirit of Haida Gwaii**.

Celebrating the many creative journeys of acclaimed master goldsmith and sculptor Bill Reid (1920-1998), this exhibition provides a comprehensive introduction to his life and work.



Bill Reid carving Skidegate Pole 1976. Photo: Martine Reid

Exhibition Partners:









Artist in Residence

Corey Bulpitt

Artist in Residence: through October 2, 2016

We are honoured to host Haida artist Corey Bulpitt in the gallery while he puts the finishing touches on his new 9' red cedar Bear Mother pole. His Haida name, *Taakeit G'aaya* means "Gifted Carver" and he is the great-great grandson of the renowned artist Charles Edenshaw and Louis Collison.

Corey has carved many totem poles, including a 27' yellow cedar pole for Scouts Canada, a 17' storey pole now at Queen Charlotte Lodge, and a 14' mortuary-style memorial in the *Namgis* burial ground in Alert Bay. He has also carved a pole in New Zealand with Maori Master Carver Lionel Grant and Northwest Coast carvers Dempsey Bob, Joe David and Christian White. He assisted on the 2010 Olympic pole with *Klatle Bhi*.



Haida artist Corey Bulpitt

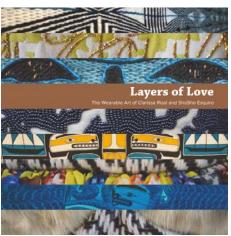
Upcoming Exhibitions

Layers of Love

The Wearable Arts of Clarissa Rizal and Sho Sho Esquiro

October 19, 2016 - February 19, 2017

Artists **Sho Sho Esquiro** (Kaska Dene/Cree) and **Clarissa Rizal** (Tlingit) create exquisite one-of-a-kind pieces of hand crafted visual art in the form of couture fashion, clothing and ceremonial/dance regalia. This exhibition uses clothing to call attention to women as precious beings, intimately connected to family, history and territory.



The exhibition is guest curated by **Miranda Belarde- Lewis** (Tlingit/Zuni) an independent Curator, living and working in Washington State.

clarissarizal.com shoshoesquirocouture.com

Exhibition Sponsors:





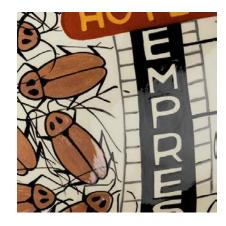


City of Vancouver, Simon Fraser University and Deux Mille Foundation

Judy Chartrand
What a Wonderful World

October 19, 2016 - February 19, 2017

Judy Chartrand: What a Wonderful World features the remarkable ceramics of Judy Chartrand. Her beautiful and provocative work presents her own personal history and insights into life in the Downtown Eastside of Vancouver, and commentary on racism and post-colonial relations between Indigenous and non-Indigenous cultures.



"If This is What You Call, 'Being Civilized', I'd rather go back to Being a 'Savage'": Empress Hotel, 2004 (detail). Photo: Kenji Nagai

Exhibition Sponsors:











City of Vancouver, Simon Fraser University, Canada Council of the Arts, Deux Mille Foundation, Rennie Collection at Wing Sang and The Hamber Foundation

Public Programs

Join Michael Nicoll Yahgulanaas and help create a Haida Manga Mural

Sunday, October 2nd, 1:00 - 3:00 pm

Free admission

To celebrate the closing day of **The Seriousness of Play** exhibition, artist Michael Nicoll Yahgulanaas will help us create a massive mural in the gallery in his innovative Haida Manga style. Visitors are invited to participate and get playful!

Watch his recent public art mural at the Museum of Natural History, NYC.

Culture Days

Sunday, October 2, 2016

Free admission, public tours and hands-on activities exploring the unique Haida Manga art form.



Fall Hours

Saturday, October 8 through Tuesday, October 18, 2016 Admission by donation due to Gallery Refresh

Open Wednesday to Sunday 11:00am to 5:00pm (closed Mondays and Tuesdays)

Weekly Gallery Tours

Thursdays at 3:00pm - Resumes October 20, 2016

Enjoy a guided tour of the exhibitions free with Admission or Membership.

A Great Place to Learn

The Bill Reid Gallery of Northwest Coast Art offers a selection of unique education programs. Each year, hundreds of students visit the gallery to learn how we are all connected through nature and art. Each program is flexible and can be crafted to fit specific class and curriculum needs. Ask your teacher or school programmer to contact Samantha at 604-682-3455 ext. 229. Additional Information is available on our website.



Cedar Programs at the Bill Reid Gallery

Member News and Events

Visit the VAG for Free

Saturday, October 8, 2016

Exclusive Offer to Gallery Members: Free Admission

Show your Bill Reid Gallery Membership card to receive free admission to the Vancouver Art Gallery on **Saturday, October 8th, 2016**.

vanartgallery.bc.ca

Vancouver Artgallery

Curator Tour of Layers of Love: The Wearable Art of Clarissa Rizal and Sho Sho Esquiro

Wednesday, October 19, 2016, 10:00 to 11:00am

Current Gallery Members are invited to join co-curators **Beth Carter** and **Miranda Belarde-Lewis** for a tour of this exciting new exhibition.

Smokehouse Sandwich Co.

Exclusive Offer to Gallery Members: 10% off

Gallery Members now receive 10% off at **Smokehouse Sandwich Co**. when presenting their membership card! Located across the courtyard from the Gallery, Smokehouse Sandwich Co. serves premium, homemade smoked meat and vegetarian sandwiches with fresh, locally sourced ingredients and signature drinks.

SMOKEHOUSE

SANDWICH CC

Royal BC Museum, Victoria BC

Exclusive offer to Gallery Members: 20% off admission
Gallery Members receive a 20% discount on daily admission rates to
the Royal British Columbia Museum in Victoria, BC (excludes family admission rates).
royalbcmuseum.bc.ca

Join or Renew Online



Members of the Bill Reid Gallery enjoy the following benefits:

Free, unlimited admission for one year
Exclusive access to exhibition preview events
10% off selected items in the Gallery Shop (with additional offers throughout the year)
Voting privileges at the Annual General meeting
One complimentary guest pass per year
Free admission to lectures and other public programs
Visit our website for more details.

Gallery Shop

Fall is in fashion at the Bill Reid Gallery Shop

Cozy up with our **Reversible Fashion Wrap**. Featured in autumnal colours of brown and black, the '*Sea Wolf*' is designed by Haida artist Fraser Williams. Worn in a variety of ways, this wrap adds flare to any outfit.

All purchases in the Gallery Shop support contemporary Northwest Coast artists.

Members of the Gallery receive a discount of 10% on selected merchandise.



Gallery Shop Fall Hours

The Gallery Shop will be closed **Monday, October 3** through **Friday, October 7, 2016** for our Gallery refresh.

Re-Opens Saturday, October 8, 2016

Open Wednesday to Sunday 11:00am to 5:00pm (closed Mondays and Tuesdays)

Support the Gallery

Support the Bill Reid Gallery of Northwest Coast Art

Join our community and experience the living cultures of the Northwest Coast through groundbreaking exhibitions and programs.

<u>Donate</u> to help celebrate the enduring legacy of Bill Reid, and make it possible for Indigenous artists to share their stories and knowledge through the exhibitions and programs at the Bill Reid Gallery of Northwest Coast Art.



Safety Reminder

We would like to remind everyone that the beach where the Canoe Shed is being built is a **CONSTRUCTION ZONE**. Please avoid this area. Under no circumstances should anyone enter the fence. While we do our best to minimize risks construction zones can present dangers to those who are not authorized to be there.

Please speak to your children and let them know that this is not a safe place for them to play and that they are not allowed to enter the fenced in area.

If you have any concerns please contact Corrina Sparrow, Social Development Manager 604-263-3261

Important Notice of potential road closure/ delays For Musqueam Residents

Please be advised there may be some traffic delays on the corner of 51st Ave and Hum-Lu-Sum Drive road on the following date:



October 5, 2016 between 9:00am and 3:00pm

The Employment and Training Department, in partnership with Trauma Tech and Squamish Trades Centre, will be conducting hands on training and testing as our Scaffolding Students will be working towards getting certified as a Traffic Control Person. This is a great opportunity for our community members and is a valuable course that will help lead to meaningful employment.

Your patience and understanding is greatly appreciated!

If you have any questions or concerns please feel free to call Lindsay Gibson, Employment and Training Assistant at 604-269-3355.





You are Invited

Traditional Naming and Pole Raising Ceremony

The Indigenous Research Partnerships in the Faculty of Land and Food Systems cordially invites you to attend a Pole Raising and Traditional Naming Ceremony of the Indigenous Health Research and Education Garden at UBC Farm We are honoured to host this historical day in the unceded Musqueam Territory

