



FRIDAY MARCH 17, 2017

## MUSQUEAM NEWSLETTER

**Tel: 604-263-3261, Toll Free: 1-866-282-3261, Fax: 604-263-4212...Safety Patrol: 604-968-8058**

**IMPORTANT MEETING DATE  
SEE BELOW**

**REMINDER**  
**IMPORTANT**  
**\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$**

### **Fiscal Year 2017-2018 ANNUAL BUDGET MEETING PRESENTATION**

**Attention to all Musqueam Community Members, the annual budget for the band will be presented for approval by the membership . This is an important meeting and you are encouraged to attend.**

**WHEN: Thursday, March 30, 2017**

**TIME: 6:00 PM—Meeting will be called to order**

**PLACE: Musqueam Gym—6777 Salish Drive**

**DINNER WILL BE SERVED AT 5:30 PM**

**Thank you from**  
**The Finance Team**

### **hənqəminəḥm classes!**

Just a reminder, our community Musqueam language classes are still happening every Saturday morning at 10 am, in the café in the Community Centre!

Hope to see you there ☺

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#### **Smoke Shop Hours**

Monday - Friday

9:00am-5:45pm

Closed during Lunch

12:00-1:00

Must be 19 years of age

Must have proper/valid ID





## **MUSQUEAM INDIAN BAND**

6735 Salish Drive  
Vancouver, B.C. V6N 4C4  
Telephone: 604 263-3261  
Fax: 604 263-4212

### **JOB POSTING**

#### **Band Manager/Chief Administrative Officer Regular Full Time**

Reporting to Chief and Council of Musqueam Indian Band, this position is responsible for Band Administration and Budget. The Band Manager/Chief Administrative Officer administers a wide range of programs and services under the direction of the elected council members. Program and services to the 1000+ Musqueam Band Members are community- based and focus on respect for the strength and knowledge of both traditional and contemporary values. These programs and services cover the broad spectrum of community social and cultural services ordinarily provided by First Nation governments.

#### **Purpose:**

Administer and oversee Band programs and affairs including but not limited to; public works, education, housing, social development, health, recreation, by- law enforcement, security, community planning, feasibility studies, contracts, land entitlement/land selection process, financial management, membership, Band events, capital improvements, and office services. Responsible for day –to- day activities of Musqueam in accordance with Musqueam values, community plan, the Musqueam Band Administration bylaws, policies and direction from Chief and Council.

#### **Responsibilities**

##### **Administration**

- Supervise Band staff and programs, and ensure that the daily operation of Band government departments and services run smoothly and efficiently.
- Implement Band Council policies, decisions, and regulations.
- Conduct research, correspondence, and completion of reports, etc. arising from the decisions made by the Council, or as instructed by the Council.
- Make recommendations for the efficient operation of all programs and activities.
- Provide annual employee evaluation for the Administration Services staff and for senior staff positions in other departments; assists with other employee evaluations when requested.
- Handle crisis matters which arise on a day-to-day basis, and pass on relevant information to the appropriate Band staff or Council member.
- Upon authorization, negotiates agreements on behalf of the Chief and Council, with final approval provided by Chief and Council.

##### **Public Works**

- Works with committees, managers, and staff to deliver an efficient, coordinated program of construction, maintenance and other public works on Band property.
- Assists Program Managers in preparing annual budgets and planning priorities for housing and other public works for Band Council consideration.
- Prepares service contracts with Indian and Northern Affairs Canada, and ensures their compliance and completion.

**Advice to Band Council**

- Provides Chief and Council and Committees with background information on issues necessary for sound and informed decision making.
- Attends Chief and Council meetings;
- Provides Chief and Council with monthly reports on programs and operations.
- Recommends to Chief and Council changes and/or improvements to Band facilities, services, programs and policies.
- Seeks alternate sources of funding, and upon Council direction, submits proposals to funding sources.

**Financial Administration**

- Oversees that all contracts and financial transactions are conducted according to Band policy.
- Oversees CFO and ensures Band Council is fully informed on all financial matters. Ensures the Chief and Council is provided with detailed monthly financial statements as directed in the *Financial Administration Manual*, and interprets financial information upon request.
- Supervises the CFO's records of accounts to ensure all financial transactions are complete and accurate. Oversees the accuracy of financial statements, bank reconciliations, and budgetary reports. Ensures that all records, books of account, invoices, vouchers receipts and related documents are securely filed and stored.
- Ensures lines of credit are established and maintained with suppliers and agencies.
- Ensures that all requirements are met for annual audit purposes, including an up-to-date inventory.
- Assists in the development of annual budgets, and monitors all departmental/program budgets for compliance. Authorizes expenditures approved by Band Council.

**Clerk of Band Council**

- Prepares agenda for Chief and Council and/or committee meetings in cooperation with Chief or Committee chairperson. Ensures distribution of agenda, previous meeting minutes and required attachments to each Council or committee member two days prior to each meeting.
- Ensures recording of all Band Council Resolutions, minutes, decisions, regulations, policies and proceedings of Council and its Committees. Ensures that properly signed, indexed, filing and the forwarding of copies to appropriate agencies has been completed.
- attends Council and Committee meetings

**Administrative and media liaison**

- Communicate on behalf of the Band with: other First Nation Bands; organizations; agencies; and federal, provincial, or municipal officials or departments.
- Publish Band Council programs and policies. Advises and counsels Band members on programs and policies.
- Liaise with stakeholders, and different levels of government on key issues affecting Musqueam Indian Band.

**Any other relevant duties as instructed by Band Council.****Job Knowledge:****The work requires the following knowledge, skill and or abilities:**

- Significant and proven leadership skills developed through at least 8-10 years in a senior management role, preferably in band management and administration; previous experience as a Band Manager is strongly preferred.
- University degree, a graduate degree preferred, in business or public administration, or equivalent.
- Considerable high-level contacts within federal, provincial and municipal governments, other First Nations organizations, funding agencies and in the non-profit sector.

- Knowledge of and seasoned experience with the Indian Act, other relevant legislation, and Musqueam and First Nations history and culture. Political environment wisdom would be an asset.
- Ability to build effective relationships with external stakeholders and collaborative ventures with diverse constituents.
- Demonstrated success in overseeing organizational finances and budgets.
- Excellent leadership skills, including the ability to motivate managers and staff and the ability to inspire confidence in Councilors, staff, and Band members.
- Judicious and tactful communication style, necessary to coordinate staff's recommendations to Council and integrate overall strategic plan.
- Creative thinker.
- High level and respectful communication skills and the ability to influence and sway decisions internally and externally.
- Experience negotiating agreements.
- Excellent writing skills, grammatically exact and in a conversational style complimented with editing skills to develop reports, presentation and briefing materials
- High level personal qualities and ability to maintain strict confidentiality and exhibit the highest level of integrity

**Relationships:**

- Work requires consistent interaction with all groups, internal and external stakeholders, and interpersonal communications for the purpose of providing opportunities at Musqueam and delivering excellence to support all interested members.

**Working Conditions:**

- Work is performed in an office environment
- Work can include long hours to attend a variety of meetings, including Council and Committee meetings, retreats, and special requests or projects.

**Licenses**

- Valid BC Driver's License
- Successful Criminal Records Check and Background Check

**Please send a cover letter and resume to Musqueam Indian Band, HR at  
[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)**

**Please indicate "Band Manager" on the subject line.**

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

This position will remain open until filled.

*\* We thank all those who apply; however, only short-listed applicants will be contacted.*



## MUSQUEAM INDIAN BAND

6735 SALISH DRIVE  
VANCOUVER, B.C.  
CANADA V6N 4C4  
TELEPHONE: 604 263-3261  
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### **Facilities Assistant**

#### **Full-time Casual**

Musqueam Indian Band is seeking a Facilities Assistant to work as a front-line representative for Musqueam Facilities both at the reservation desk and during events. Reporting to the Facilities Manager, the Facilities Assistant serves events, programs, and community. By liaising with internal and external users of Facilities spaces, the Facilities Assistant ensures that the highest standards are maintained.

This position is a full-time casual position covering a leave of absence.

#### **Duties:**

- Generate quotes, reservations agreements, and invoices – ensuring compliance with rate structures
- Ensure compliance with event licensing and liability insurance, general insurance coverage and in-house responsibilities and requirements for insurance compliance
- Provide on-site service at events, ensuring service excellence (work schedule varies with event schedules)
- Assist with all aspects of event set up, service, teardown, and cleaning
- Assist with Facility and meeting space tours
- Ensure contract and/or Facilities policies are maintained and followed

#### **Job Knowledge:**

- Skill and knowledge is usually attained by a diploma in Administration, Tourism, Hospitality, Marketing and/or a combination of education and minimum 2 years' experience in a related field
- Trained and proficient with MS Office Products (Excel, Word, Power Point, Outlook)
- Experienced with invoice processing and front-line cashier (credit, debit, cash handling)
- Able to multitask and work as part of a team
- Able to work flexible event hours – required
- Excellent oral and written communication, experience providing excellent customer service
- Possess an understanding of Musqueam community, culture, and resources

#### **Certificates:**

- Food Safe
- Serving It Right
- First Aid
- WHMIS
- Successful Criminal Records Check

#### **Working Conditions:**

- Fast-paced environment
- Work done in multiple locations, including an office environment and event venues
- Ability to lift up to 25 lbs. required
- Ability to stand for long periods of time and walk long distances between venues as required

**Please email cover letter and resume to Musqueam Indian Band, HR at  
[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)**

***Please write "Facilities Assistant" on the subject line.***

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

This position will remain open until filled.

*We thank all applicants; however, only those short-listed will be contacted.*



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### **JOB POSTING** **Referrals Clerk** ***Regular Full-time***

*Musqueam Indian Band has an opportunity for a Referrals Clerk to work within the Intergovernmental Affairs Division. IGA is a growing department and this is a great position for someone who is experienced in data entry, is detail oriented and has an outgoing personality who also enjoys a fast-paced environment. As Referrals Clerk you will be involved in dealing with large amounts of data related to land referrals, permitting requests and proposals that affect the Musqueam Indian Band territory.*

#### **Duties:**

- Data entry related to referrals and permitting requests and proposals that affect the Musqueam Indian Band territory (except for matters related to MIB Indian Reserve Lands) into the Referrals Tracking System;
- Communicate regularly with internal staff (mainly the Referrals, Research and Engagement Coordinator) regarding status of submissions, responses, information requests, etc., related to land referrals and permit reviews;
- Become well versed with the relevant MIB policies and procedures related to consultation and accommodation;
- Support the Referrals, Research, and Engagement Coordinator as required

#### **Job Knowledge:**

The work requires the following knowledge, skill and/or abilities:

- High School Grade 12 completion, or equivalent
- Ability to read and interpret maps
- Research, writing and communication skills
- Strong computer skills including MS Office, Word, Excel, PowerPoint and Outlook, document imaging/scanning software, and experience creating electronic copies of documents
- Basic understanding/willing to learn the Referrals Tracking System software program
- Ability to use good tact and judgment in dealing with staff; ability to maintain confidentiality
- Previous experience in a related field is an asset
- Knowledge and background of current Musqueam or First Nations issues, culture or history
- Language skills, knowledge of hən̓q̓əmiñəm or willingness to learn an asset
- High attention to detail and accuracy
- Ability to prioritize; work well independently and within a team environment

*Please email a cover letter and resume to Musqueam Indian Band, HR at:*

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

Please write "Referrals Clerk" on the subject line.

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

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**JOB POSTING**

**Environment & Stewardship Mentee  
One Year Full-time Term Position**

*The Intergovernmental Affairs Division is providing an exciting learning/capacity development opportunity for a community member. This term position will be working with the Environment & Stewardship Coordinator, who will be managing programs and projects related to the Musqueam's water (non fisheries), land and environment and stewardship issues.*

**Position Summary:**

The Environment & Stewardship Mentee will work directly with (and report to) the Environment & Stewardship Coordinator. Key tasks will be to assist with managing paper and digital files. In addition to clerical duties, the Mentee will learn about project management, stewardship initiatives, negotiations, analysis and communication. As this is a learning position, professional development opportunities will be provided and participation is expected to fulfill the purpose and objectives of this position within Musqueam Indian Band.

**Duties:**

- Assist with clerical duties, including filing electronic and hardcopy files
- Attend relevant meetings, briefings and community engagement sessions
- Assist with preparing documents (including briefing packages, minutes, etc.)
- Assist with logistics of planning meetings (including community engagement sessions, proponent and government meetings, etc.)
- Participate in professional development opportunities provided to the position throughout the term and incorporate learning into the role

**Knowledge, Skills and Abilities:**

- High School Diploma or equivalent
- Experience working in an office environment
- Strong working knowledge of computers, and typing skills
- Good interpersonal and communication skills
- Administrative and organizational skills, with attention to detail
- Must understand and respect the nature of confidential and privileged information
- Willing to learn new skills and concepts with the ability to apply the learning

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

Please email a cover letter and resume to Musqueam Indian Band, HR at  
[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

Please write **"Environment & Stewardship Mentee"** on the subject line.

**This position will remain open until filled.**

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### **JOB POSTING**

#### **Canada 150+ Event Liaison**

#### **Part-time Term Position to September**

*Musqueam has an exciting opportunity for an Event Liaison to support the many activities planned for Canada 150+ anniversary celebrations this year!*

Reporting to the MIB Protocol & Communications Officer, the Canada 150+ Musqueam Event Liaison will support the event processes for the Celebration Events with the City of Vancouver and Musqueam. This work will enhance and expedite event operations, cultural protocols and programming of Canada 150+ activities including the signature events Gathering of Canoes, Drum is Calling Festival, and Walk for Reconciliation.

#### **Duties & Scope of Work:**

##### **Administration:**

- Work collaboratively with the Canada 150+ Cultural Planner to gather and compile data for metric reporting, i.e. attendee numbers for Gathering of Canoes event

##### **Communications:**

- Weekly coordination and update meetings with Canada 150+ Team, COV First Nations Liaison, Project Manager and Aboriginal Relations Manager
- Provide briefings for Chief & Council approval of Canada 150+ framework and sign off on financial considerations for jointly coordinated events.
- Assist with calls for:
  - Bidding opportunities for Procurement
  - Artist calls
  - Aboriginal Production Apprentice Program
  - Volunteers for signature events

##### **Cultural Protocol and Programming:**

- Works with MIB Protocol Officer to advise Canada 150+ team on Nation's governance and protocol requirements
- Assist with coordinating Nation's VIPs for Welcome Ceremonies at 3 signature events, Gathering of Canoes, Drum is Calling Festival, Walk for Reconciliation
- Works with appropriate MIB Departments to advise on language, education and Culture promotion for three signature events

##### **Gathering of Canoes:**

- Collaborate and provide technical expertise and leadership to Canada 150+ Team on:
  - Site design, operations and programming
  - Protocol and camping requirements
  - Environmental and heritage protection



- Volunteer programming
- Communications and promotion with Canoe Families
- Liaise with Canada 150+ Production Manager, Operations Manager and Manager of Interdepartmental Relations as required

**Marketing and PR:**

- Provide input on Canada 150+ marketing plan
- Works closely with MIB Protocol on:
  - Media inquiries
  - Attaining Nation's sign-off on joint media releases
  - Liaising with Canada 150+ Marketing Manager on media related inquiries/communications as needed

**Outreach:**

- Assist in the coordination of youth and community engagement for our 3 signature events
- Other duties as required

**Job Knowledge:**

The work requires the following knowledge, skill and/or abilities:

- Pursuing or recently completed degree or diploma in Event Planning, Event Management, Volunteer Coordination or similar program
- A minimum of one year of demonstrated hands-on practical experience with event planning, event management, event logistics, sponsorship development, marketing, volunteer coordination, and related best practices
- Musqueam Indian Band First Nation Member is an asset
- Ability to work independently and as a team member on assigned tasks and projects, complete independent deliverables effectively and efficiently and contribute to the development of group work
- Ability to work unsupervised as a key point person in a busy event environment
- Ability to take a leadership role when needed, make informed decisions and balance multiple priorities while acting as a key point person in a busy event environment
- Outgoing, strong interpersonal skills, commitment to delivering high-quality customer service
- Strong and clear verbal and written communication skills
- Ability to communicate effectively when responding to inquiries in person, by telephone and email, to event stakeholders, city and community partners, the public and staff
- Strong MS Office computer skills and use of various social media platforms
- Excellent administrative, writing and project planning and time management skills
- Willingness and ability to work shifts, weekends and holidays, in addition to having the flexibility to take on additional workload as required

**Relationships:**

- MIB Protocol & Communications Officer
- Canada 150+ Team and other Project representatives
- Chief & Council

**Working Conditions:**

- Work is performed in an office environment
- Travel and attendance of local off site meetings and events is required
- Valid Driver's License
- Successful Criminal Record Check

Please apply by emailing your cover letter and resume to Musqueam Indian Band, HR at:

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

Please write « *Canada 150 Event Liaison* » on the subject line.

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

***Position will remain open until filled.***

*\* We thank all applicants; however, only those short-listed applicants will be contacted.*



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### **JOB POSTING** **Nurses' Assistant** ***Regular Full-time***

*Musqueam Indian Band is looking for a Nurses' Assistant to join their Health Department. The Nurses' Assistant provides a wide variety of administrative and program support to the Health Department's Home Care Nurse (HCN) and Community Health Nurse (CHN). This position supports a broad range of community-based activities and involves supporting the facilitation and coordination of nursing programs for the Musqueam Community. A potential future role for this position may include Elder Centre outreach, projects and programs. The Nurses' Assistant reports to the Health Program Manager.*

#### **Job Duties**

- Provide administrative and program support to the HCN and CHN
- Initiate, process and track departmental forms used in the delivery of home care and community health nursing programs such as purchase orders, supply requisitions, etc.
- Maintain inventory of home care medical supplies
- Schedule meetings and send out meeting notices for HCN and CHN
- Shop for and prepare light meals/snacks for small groups participating in health programs/events
- Arrange for catering services and facilities bookings for home care and community health programs/initiatives
- Assist in or arrange for venue clean up after group sessions and health initiatives
- Prepare event notices for the Community Newsletter
- Sort and compile home care and community health program data for departmental record keeping and reporting (e.g., attendance at each event).
- Participate in home care and community health nursing program meetings as required; record meeting minutes
- Respond to inquiries from health department clients as well as community members regarding health (nursing) programs and services; make referrals to HCC, NP and CHN as required.
- Refers client requests for assistance with medical appointments and/or services to the HCN or CHN as required.
- Print and disseminate the weekly home care attendant schedules and the home care client schedules (schedules created/approved by HCN).
- Provide administrative support to the HCN and CHN in planning and delivering community based health programs and events such as annual flu clinic, screenings, health education sessions, Elders luncheons.
- Act as a community liaison to the CHN and HCN
- Collaboration with Nurse Practitioner in Elder Centre projects (to be developed)
- Other administrative and program assistant duties as required

### Essential Qualifications

- Successful high school completion diploma
- Previous administrative/clerical work experience (a minimum of one year)
- Competent computer skills in Microsoft Word, Outlook, Excel, Power Point and Publisher
- Demonstrated ability to use judgment and discretion
- Ability to work independently and as a part of a team
- Strong organization skills; proven ability to multi-task and prioritize tasks
- Strong time management skills; ability to work within short time lines and manage deadlines
- Ability to maintain confidential and sensitive information
- Strong written and oral communication skills
- Ability to work with diverse groups
- Ability to problem solve and develop creative approaches
- Demonstrated ability to be empathetic

### Asset Qualifications

- College or University courses in Health Sciences, Community Health, Social work or related field
- Experience with ESDRT, Diabetes Education, Early Childhood Education, Food Safe, Heart Smart Kids Program
- Previous experience working with groups or facilitating workshops
- Knowledge of and experience with delivering health programs in Musqueam or other First Nations
- Knowledge of Musqueam culture and history
- Knowledge of Musqueam and Vancouver community resources
- Experience working in home care and community health settings
- Certified in CPR

### Working Conditions

- Work is performed in Health department office, Elder's Centre, Community Centre, in community members' homes and occasionally in a kitchen environment.
- Valid Driver's License and insured personal vehicle for work purposes.
- Successful Criminal Record Check.
- Some variable hours including occasional evenings are required

*Please email a cover letter and resume to Musqueam Indian Band, HR at:*

*[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)*

*Please write "Nurses' Assistant" on the subject line.*

*Please apply by **March 17, 2017**. Position will remain open until filled.*

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

*We thank all applicants for expressing interest in this position, however, only those short-listed will be contacted.*





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### **JOB POSTING**

#### ***Energy Projects Analyst***

**Regular Full-time**

#### **Position Summary:**

The Musqueam Indian Band (MIB) has developed and is implementing an energy strategy that will include MIB interests and direction regarding the review and development of large energy related projects within the MIB territory. The Musqueam Energy Projects Analyst (Analyst) provides technical support to the Musqueam Energy Coordinator and to the Musqueam Intergovernmental Affairs Division, in support of this energy strategy. The Analyst will work closely with staff and MIB contractors to implement the MIB Energy Strategy, which will include collaboration with partners, community engagement and MIB leadership. The Analyst will report directly to the MIB Energy Projects Coordinator, and or the IGA Divisional Lead as required.

#### **Role & Responsibilities**

- Review relevant energy related referrals and consultation requests being proposed to MIB
- Provide analysis support and coordination support during negotiations between MIB, the Crown and energy project proponents (e.g. WesPac, FortisBC, BC Hydro, Woodfibre LNG, Kinder Morgan, etc.)
- Participate and provide assistance during negotiations on key aspects of energy-related agreements by formulating strategies and approaches that will achieve outcomes
- Work closely with MIB technical staff to ensure leadership and community members are properly informed about energy related projects
- Assist with implementing the MIB Energy Strategy to ensure alignment with other MIB initiatives and plans (i.e. CCP, AHRP, etc.)
- Ensure energy related referrals are properly entered into the MIB Stewardship Portal (i.e. web-based referrals tool)
- Assist with community engagement sessions, including preparing presentation materials and newsletters
- Assist with reporting on energy projects (work plans, budgets, implementing strategies, etc.)
- Other related tasks as required

#### **Knowledge & Abilities**

- Undergraduate degree in Environmental Science or Natural Resource Management or an equivalent combination of education and experience
- A minimum of two years of experience working with First Nations, municipal government, or NGO research
- Strong understanding of Indigenous history and politics in British Columbia, understanding of Musqueam interests preferred

- Analytical skills with problem solving abilities
- Strong research skills
- Detailed oriented
- Excellent communication skills with a customer orientation
- Ability to collaborate with others and work with cross functional teams
- Experienced in Microsoft Word and Excel programs
- Ability to use tact and good judgment in dealing with sensitive and complex issues
- Ability to work independently
- Must be able to work under tight deadlines
- Ability to maintain confidentiality

#### **Working Conditions**

- Work is performed in an office environment and periodically in the community

#### **Licenses/Certificates**

- Valid BC Driver's License
- Successful Criminal Record Check
- Access to a vehicle for business purposes.

**Please email a cover letter and resume to Musqueam Indian Band HR at  
[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)**

***Please quote "Energy Projects Analyst" on the subject line.***

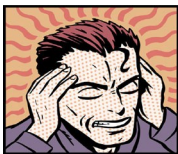
**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by March 31, 2017**

*We thank all applicants for applying; however, only those short-listed will be contacted.*



## **Musqueam Education Notice**      **Friday March 17, 2017**



**Answer to last weeks riddle:** Halfway, any farther and you would be walking out of the woods.

**This week:** Why can't you iron a four-leaf clover?



### **School Cheque Date Change**



**Please note:** We will now be issuing April school cheques Friday March 31st, these cheques will be post dated for April 1st.

### **Graduating High School Students**

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.

Are you considering going to a post-secondary institution in September? Have you looked into your options? Have you started your application? If you need any help or want to discuss your options, I'm available to help. Stop by the band office or phone April (learning facilitator)



### **Spring Break Dates**

VSB elementary and high school– March 13–24, 2017

Immaculate Conception School– March 13–24, 2017

Homework Club and Comic Book Club will not run during spring break.

### **Scholarships and Bursaries**

Open for the Fall 2017/2018 school year, UBC will now offer the "Musqueam First Nations Scholarship". This is a UBC entrance scholarship valued up to \$5500 annually, and available to outstanding Aboriginal students who are Musqueam band members. UBC aboriginal awards open in June/July.

To apply, please visit the following website during the application period: <https://students.ubc.ca/enrolment/finances/awards-scholarships-bursaries/awards-aboriginal>

If you need any assistance you can contact April (Learning Facilitator)



### **Education Department:**

**Faye Mitchell, Education Coordinator,**

**April Campbell, Learning Facilitator,**

**Delphine Campbell, Education Assistant,**

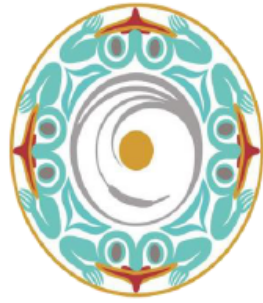
**Cary Campbell, School Bus Driver,**

**Charlene Campbell-Wood, School Bus Supervisor**

**Ph. # 604 - 263 - 3261    Fax # 604 - 263- 4212**

**Toll free: 1-866-282-3261**





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## MUSQUEAM PRIMARY CARE CLINIC

10:00am – 3:00pm Monday to Friday

Accepting new patients. Make an appointment today.

**Welcoming all Musqueam community members including parents / caregivers with infants and children; pregnant women; youth; adults and elders. Come and join our wonderful Musqueam Primary Care clinic and become a regular patient! Our team meets the highest standards necessary to provide you with safe and confidential health care.**

### PRIMARY CARE FAMILY PHYSICIAN – Friday 10:00am – 4:00pm

Dr Michael Dumont is Anishnaabe with family ties to the Shawanaga First Nation. He is a family Doctor with a focus in Aboriginal Health and takes a holistic approach to health and wellness and has worked in medical clinics for other First Nations previously. Having trained at UBC he is back in familiar territory and committed to offering safe and supportive medical care to the Musqueam community.

### PRIMARY CARE NURSE PRACTITIONERS – Monday to Thursday 10:00am – 3:00pm

Karen Chandra is a full-scope family Nurse Practitioner at the Musqueam primary care clinic. She is committed to using her experience, education, skills, empathy and passion for client-centred, holistic care to serve the community of Musqueam. She has worked in the Aboriginal health field previously and in a variety of settings. She can help clients from birth to death and with care ranging from health promotion to complex chronic disease management. She is committed to providing culturally safe and trauma-informed care for the community.

Services provided every day are: check-ups (PAP, STI, Baby growth checks) and assessments; diagnosis and prescriptions; testing (X-rays, ultrasound and blood work); birth control options; chronic disease management (diabetes, hypertension, C.O.P.D and lung disease); childhood vaccines; specialist referral

Sarah Mahon is also a family Nurse Practitioner able to provide primary health care for the Musqueam community. She is committed to providing holistic, compassionate, and culturally safe care to people of all ages. She completed the Nurse Practitioner program at UBC and is looking forward to working with both Michael and Karen to provide health services to the Musqueam community

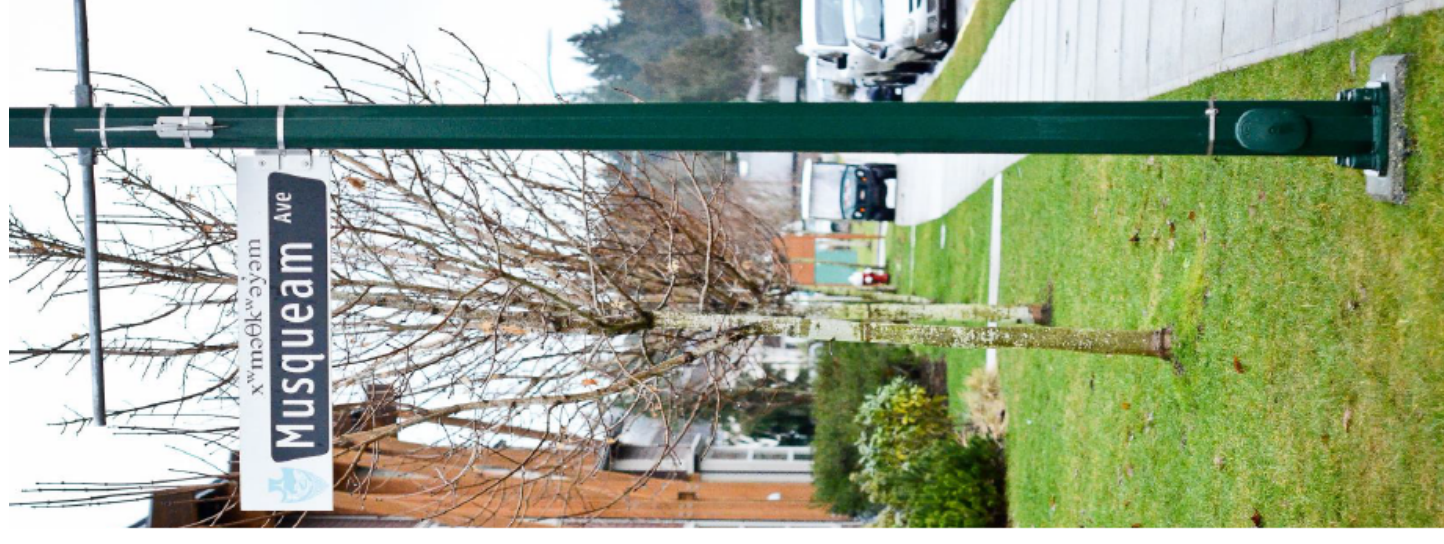
### MEDICAL OFFICE ASSISTANT / RECEPTIONIST – Monday to Friday 10:00am – 3:00pm

Our very own Mackenzie Gomez is our Medical Office Assistant and has recently completed her formal training in this area. She is there to help book your appointment and support our primary care team. Contact Mackenzie to make an appointment to see Dr Dumont, Karen or Sarah.

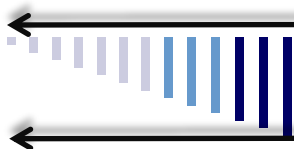
If you currently seeing any one of our Health Department team members – please ask them to make a referral to our primary care clinic in support of your health and wellness.

For an appointment ring Mackenzie Gomez, the Medical Office Assistant, on 604.266.0043 (closed 12:00 – 1:00pm for lunch)

**Contact: Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7 – (604) 266 0043**







## Musqueam Health Dept. Newsletter—Mar.17,2017

**Musqueam Elders**—Brenda Campbell, Elders Coordinator

### MUSQUEAM ELDERS LUNCHEON

Our next luncheon will be on: **Thursday March 30, 2017**

12:00 Noon

Musqueam Elders Ctr.

### Musqueam Ladies Group

When: Every **Tuesday** Evenings

Time: 6:00 – 9 : 00 pm

Location: Musqueam Elders Centre

### **Safe Drinking Water Monitor Program**

*Charlene Campbell-Wood*

#### **What Are the Benefits of Drinking Water for Weight Loss?**

Last Updated: Jan 28, 2015 | By Tyffani Benard

- No matter which weight loss plan you are on, it is necessary to drink eight glasses of water per day.
- No Calories: Water is a naturally calorie-free, fat-free and cholesterol-free beverage. You can drink all you want without worrying about excess or empty calories derailing your weight loss. If you do not like to drink water because it is tasteless, squeeze a slice of lemon or lime into your glass.
- Feelings of Fullness: Drinking water can make you feel full between meals. Try sipping a glass of water when unexpected hunger pangs hit. Wait a few minutes before eating to see if you are really hungry or just thirsty. This simple act will cause you to think before you snack, saving you lots of calories
- Adequate Hydration: A properly hydrated body is a healthy body. Half of your body is water, but you lose some each day through sweating, urination and metabolism. If you do not replace the water you lose, you can easily become dehydrated
- Helps the Metabolism: Water plays a role in the metabolism of the food you eat. When you do not drink enough





## Musqueam Health Dept. Newsletter—Mar.17,2017

### NNADAP National Native Alcohol and Drug Awareness Program

Cyndi Bell, D&A Counsellor

#### Cyndi Bell's office hours:

**Mon, Tues, Thurs —> 10:00am-5:00pm**

**Wednesday —> 12:00pm -7:00pm / 5—6 pm Coffee time w/ Cyndi in the café**

**Friday —> 9:00am- 4:00pm**

I am available for 1:1 counselling, treatment referrals, outpatient resources, information and support with respect to drug and alcohol use and abuse.

Feel free to stop by or call to make an appointment: 604-269-3454



#### Coffee Time with Cyndi

Wednesdays 5:00-6:00 pm

in the Community Centre Café

Come join me for a chat over coffee! Everyone is welcome!! If you are around the Community Centre while your kids are at Bridge through Sport or MYP, feel free to visit me to just say "hi" or to get some info about substance abuse and support for yourself or your loved ones.



#### Home & Community Care Program

Romeo Cosio, HCN



#### Romeo is away on Bereavement Leave

He will return APRIL 3, 2017 We appreciate your patience in his absence~

*For urgent issues please call the Nurse Practitioner at the Elders Centre 604 266 0043*

**Home Care Program** is available to our community members to assist with hospital discharges, home care aide, and all medical equipment. Home care needs and equipment require a doctors note with your needs specified.

#### Home Care Office Schedule:

**Mon, Wed, Thurs, Friday 8:30-5:30 Tuesdays- OFF. Home Care Office Ph: 604-263-6539.**

**\*Please leave a message as Romeo may be on a home visit or with a client.**

**The Arjo Tub Program:** Is available at the Elder's Centre between 7-10am Monday to Friday. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.

**For assistance with Arjo tub appointments or Home Care service scheduling changes or cancellations** Please call Romeo, RN at 604-263-6539

*\*Please cancel 24hours in advance.*



# Musqueam Health Dept. Newsletter—Mar.17,2017

Community Health Nursing Program  
Natalie Frandsen, RN,



## CHN Newsletter

Please note that the CHN is away on a medical leave until March 24, 2017

**Resuming Pre- and Post-natal Group: Tuesdays noon-2 PM, in the Youth Centre on March 28, 2017**

Please join us **Tuesdays at 12 noon** in the Youth Centre for an informal drop-in group (partners welcome!).

We provide lunch, friendship with other young families, and special guests who provide education on



pregnancy and baby related topics.

**March 21: no prenatal class**

## Spring Health Education and Screening Event

**When:** April 25th, 3-6 PM

**Where:** community centre café



## Chronic Disease Management Program

Merv Kelly



Merv will be away March 21—24, 2017 chaperoning the YOUTH on their GOV trip



You may call me or drop by my office:

Hours – Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm



Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these. Do you want to workout—but don't know what's best for you? Available to assist all ages and levels of fitness for all community members.






Merv Kelly

# Youth Centre 604-269-3465

Email: [youthcentre@musqueam.bc.ca](mailto:youthcentre@musqueam.bc.ca)



Abi will also be away next week chaperoning the youth on their GOV journey!

Monday March 20th	Tuesday March 21st	Wednesday March 22nd	Thursday March 23rd	Friday March 24th
<b>Arts &amp; Crafts</b> 	<b>*soccer*</b> 	<b>Movie Day</b>   9:00—4:00	<b>SWIMMING OUTING</b> 	<b>Gym floor games and hunquminum games</b> 

The Youth Centre will be open from 9:00 am—9:00pm Monday—Friday

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years old or older














**\*\*Spring Break Hours\*\***



# x<sup>w</sup>məθk<sup>w</sup>əyəm Recreation Notice

## **SPRING BREAK SCHEDULE**

March 20<sup>th</sup>, 2017 – March 24<sup>th</sup>, 2017

Monday March 20 <sup>th</sup> , 2017	Tuesday March 21 <sup>st</sup> , 2017	Wednesday March 22 <sup>nd</sup> , 2017	Thursday March 23 <sup>rd</sup> , 2017	Friday March 24 <sup>th</sup> , 2017
<p><u>Spring Arts &amp; Crafts</u> 11:00am – 4:00pm Lunch Break from 12:00pm – 1:00pm</p>  <p>We will be creating and colouring Spring/Easter themed projects ☺</p> 	<p> <b>Sports Day</b> </p> <p>Throughout the day we'll be playing various sports games and activities!</p> <p>10:00am – 12:00pm</p> <p>Lunch Break 12:00pm – 1:00pm</p> <p>1:00pm – 3:00pm</p> 	<p><b>MOVIE DAY</b> at the Community Centre</p>  <p>10:00am – 12:00pm</p> <p>Lunch Break 12:00pm – 1:00pm</p> <p>1:00pm – 3:00pm</p>	<p>Swimming at the new <b>UBC Aquatic Centre</b> 12:00pm – 4:00pm</p>  <p>Departing the Community Centre at 12:00pm</p> <p>Returning at 4:00pm</p>	 <p>10:00am – 3:00pm</p> <p>Departing the Community Centre at 9:30am and returning by 3:00pm</p> <p>Please ensure you pack a lunch or provide money for lunch</p>
Forecast				
 <b>10°C</b> Mainly Sunny	 <b>9°C</b> A mix of sun & clouds	 <b>9°C</b> A few showers	 <b>8°C</b> Light rain	 <b>8°C</b> Light rain

Please be reminded of our regular Recreation Program rules:

- Priority for all activities will go to children aged 7 -12 years of age
- Children must be dressed appropriately for all activities
- Bullying and disrespectful behaviour will not be tolerated
- Children will be sent home after 1 major incident or after 3 warnings during the week

**EVERYONE WELCOME!**

## **MUSQUEAM 101 – Wednesday March 22, 2017**

**stem? (what?) Musqueam 101 March 22, 2017**

### ***UBC First Nations and Indigenous Studies Student Presentations***

This is the fifth year that Musqueam 101 will be hosting the First Nations and Indigenous Studies Students from the 4<sup>th</sup> year Practicum course. This is a wonderful series of two evenings with short presentations from each of the students. They will explain the work they have been doing with organizations throughout the region. This is the second evening of presentations from these wonderful students. Here is a list of the students, the organization they have been working with and the topic of their presentation.

**Victoria Cooke**—UBC Centre for Teaching, Learning, and Technology

Building Local and Global Relations: Research on International and English as Additional Language Student Engagement with Indigenous Curriculum

**Courtenay Crane**—Fraser Basin Council  
Energy Efficiency in First Nations Communities

**Nicole Cardinal**—UBC Enrolment Services  
Not Your Average Students

**Chris Cardinal**—CiTR 101.9FM

## Waves of Education

**Tina Alexis**—CiTR 101.9FM

Coming into the Circle: How to Better Understand and Support Indigenous Students While They Study Away From Home

**Alexandra Wikler**—First Nations Snowboard Association

Analysis of Strategical Approaches to Optimize Funding for the First Nations Snowboard Association

**Devon Davis**—Vancouver Aboriginal Policing Centre

Indigenous Youth in the Greater Vancouver Area and The Justice System

**ni? ʔəncə? (where?)**

Musqueam Administration Offices

**təmtem? (when?)**

Wednesday, March 22 Dinner will be served at 6:00 p.m. The presentations will start at 7:00 p.m.

**PLEASE JOIN US!**



## Community Bulletin

### Remediation Plan and Timeline

In the next few weeks you may notice workers at čəsnaʔəm. This notice is to inform the community of the plan, timeline, and to invite members out to several scheduled site visit.

Our plan is to clean it up and prepare for eventual conversion into a space that will be protected but also accessible to the community. We have hired Kleanza Consulting Ltd. who will be working closely with and under the direction of Musqueam to do some archaeological testing.

Community meetings will be held in order to formalize a plan for the eventual conversion of the site into a park or other type of public educational space.

The seven stages of the archaeological portion of the project are outlined below, a location map and scheduled site visit times are on the flip side of this handout.

#### **Stage 1. Project Planning:**

Plan field program and obtain a Musqueam Heritage Inspection Permit and Archaeology Branch *Heritage Conservation Act* Section 14 Permit.

COMPLETED

#### **Stage 2. Quality Assurance/Quality Control:**

A review of existing čəsnaʔəm (archaeological site DhRs-1) archaeological reports in order to ensure that Musqueam's heritage policies and cultural stipulations have been addressed.

IN PROGRESS

#### **Stage 3. Fieldwork:**

Cleanup of the site. This includes surface collection of artifacts, monitoring of asphalt removal, archaeological testing, and screening of spoils piles.

IN PROGRESS

#### **Stage 4. Analysis and Reporting:**

After fieldwork is complete, all archaeological materials will be analyzed, and a report will be produced, detailing the findings and relevant data recovered during the project.

FUTURE PLANNED

#### **Stage 5. Plan Development:**

A plan for the future of the site will be devised through community discussion and with archaeological concerns in mind.

FUTURE PLANNED

#### **Stage 6. Site Conversion:**

Final site plans will be decided by the community. During the implementation of this plan archaeologists and Musqueam technicians will observe ground disturbing activities to ensure avoidance of impacts to archaeological resources as the area is converted to its final form

FUTURE PLANNED

#### **Stage 7. Post Work Wrap-Up:**

Kleanza and Musqueam will hold a community meeting discussing findings

FUTURE PLANNED



## Scheduled Site Visits

Because of safety concerns the site will not be open to community members except during the dates and times below.

During these hours please visit the site and pose any questions or concerns to the archaeologists and Musqueam field technicians.

### **Thursday March 23**

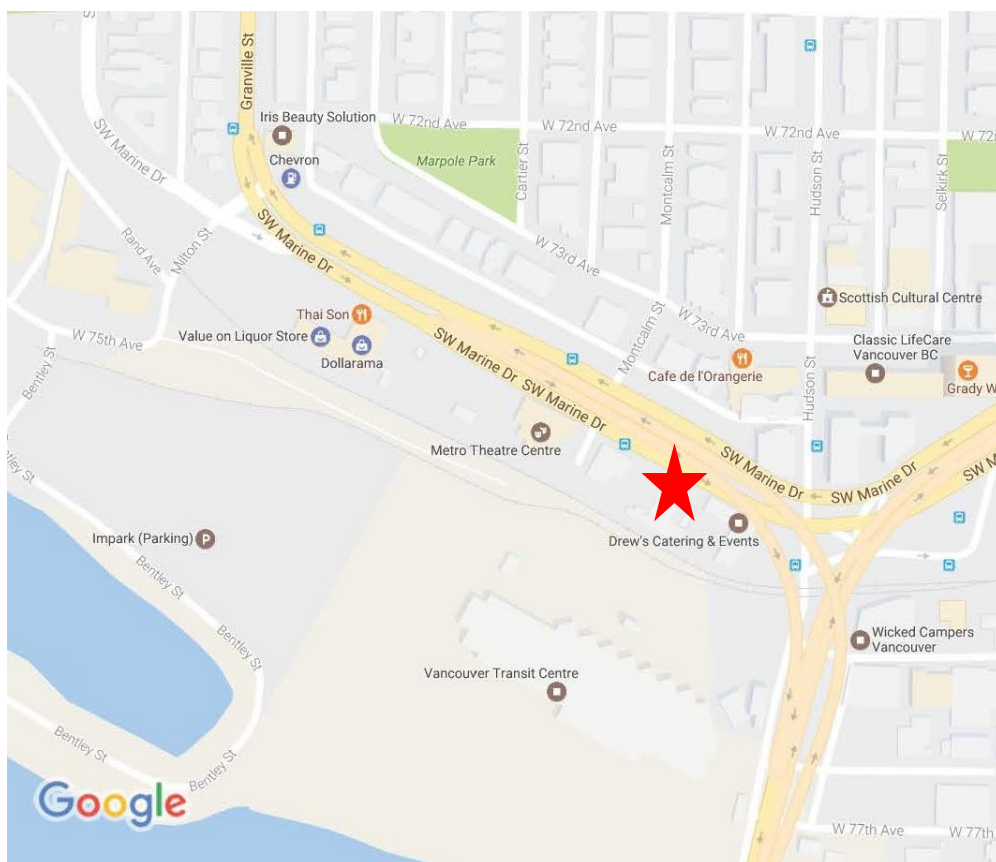
10:00 – 11:00 am

2:00 – 3:00 pm

### **Friday March 24**

1:00 – 2:00 pm

*There is limited street parking along SW Marine in front of ɕəsnaɾəm.*



Please contact **Larissa Grant** with any questions or concerns

Email: [larissa@musqueam.bc.ca](mailto:larissa@musqueam.bc.ca)

Phone: 604-263-3261



4TH ANNUAL

# MOA SHOP T-SHIRT DESIGN CONTEST



Win \$250 Plus Royalties and have your T-shirt  
on sale at the MOA Shop for a year!

Contest open to any individual 15-25 years of age who  
identifies as Indigenous. International  
submissions are welcome.

For full contest details, visit [moa.ubc.ca](http://moa.ubc.ca)



## MOA

A place of world arts + cultures

Deadline for submissions is  
April 30, 2017.



## **Musqueam Madness basketball tournament 2017**

**The Musqueam Warriors Junior basketball team are fundraising for their trip to the Junior All-Native Basketball tournament in Kelowna, BC**

**They will be hosting a fun basketball tournament this Saturday, March 18<sup>th</sup> at the Musqueam Community Centre. This tournament will feature some grizzled veterans along with some young up and comers. So please come out and support our youth team and enjoy spectating a fun day of basketball.**

**\$2 admission and there will be a concession stand**

**First Round Matches and times:**

**11 am. – Seguridad vs. Chief & Council**

**11:20 am. – Ricorjac's vs. Golf Course**

**11:40 am. – MCCgulls vs. L.A. & the Fair 4**

**Noon – Spurs vs. Johnny's Sparrows**

**12:20 pm. – Fissies vs. D&H Group**

**12:40 pm. – EJ Mini's vs. Grrrrrants**



# For Sale

## 18 foot Sangster fishing boat

Includes boat, motor & trailer

1994 Spartan Trailer  
-no rust, all lights work

1998 115 Evinrude Ocean Pro  
-recently had new spark plugs, new lower unit oil, carbs cleaned & new cables

Gear included; three running tanks, two Scotsman's, gaff, 40 fathom net, bilge pump, etc..

Still needs work to be perfect  
(hatch covers, some lights)

**\$4000 FIRM**

Contact Luke 604.355.0357

