



MUSQUEAM NEWSLETTER

Friday May 12, 2017

Tel: 604-263-3261, Toll Free: 1-866-282-3261,

Fax: 604-263-4212...Safety Patrol: 604-968-8058



MUSQUEAM A.A. GROUP ~ **8 YEAR ANNIVERSARY**

Musqueam A.A. Group is
having their

8th year Anniversary on
TUESDAY MAY 16, 2017@
Musqueam 51st. Hall

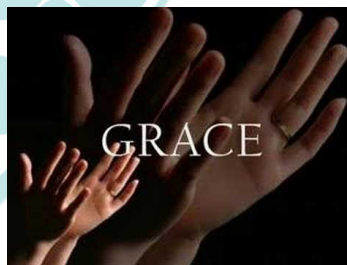
Congratulations goes out to~~~Sei-su-lum, he will be
taking his 41 year Sobriety Cake!!!

Pot Luck before the Meeting @ 7:00 P.M.

A.A. Meeting @ 8:00 P.M.

You are all invited to share and support our sobriety!
If anyone needs to contact me, my number is :
604-805-4702.

Thank you, Sandra Guerin



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* Please be informed that you can view the MIB Newsletter and any Upcoming Meetings' and/or Workshops, etc.
On the Musqueam website ~ www.musqueam.bc.ca ~ under the "Newsletter Section".... Thank you :)



COMMUNITY INFORMATION MEETING

Musqueam Indian Band Knowledge and Use Study

for the proposed Pattullo Bridge Replacement Project

AND

the proposed BHP Billiton Potash Export Facility

təmtem?

Tuesday, May 16th 2017

Dinner at 5:30

Presentation and discussion 6pm – 8pm

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Musqueam Community Centre

Classroom 1

Key Discussion Items: What is the Pattullo Bridge Replacement Project? • What is the BHP Potash Export Facility? Do you know the project areas and the issues? • What are the key community issues and concerns? • What are the key community activities and values at risk? • What potential project impacts can or cannot be prevented or reduced?

Dinner | Coffee and Tea





MUSQUEAM INDIAN BAND

6735 Salish Drive
Vancouver, B.C. V6N 4C4
Telephone: 604 263-3261
Fax: 604 263-4212

JOB POSTING

Band Manager/Chief Administrative Officer Regular Full Time

Reporting to Chief and Council of Musqueam Indian Band, this position is responsible for Band Administration and Budget. The Band Manager/Chief Administrative Officer administers a wide range of programs and services under the direction of the elected council members. Program and services to the 1000+ Musqueam Band Members are community- based and focus on respect for the strength and knowledge of both traditional and contemporary values. These programs and services cover the broad spectrum of community social and cultural services ordinarily provided by First Nation governments.

Purpose:

Administer and oversee Band programs and affairs including but not limited to; public works, education, housing, social development, health, recreation, by- law enforcement, security, community planning, feasibility studies, contracts, land entitlement/land selection process, financial management, membership, Band events, capital improvements, and office services. Responsible for day –to- day activities of Musqueam in accordance with Musqueam values, community plan, the Musqueam Band Administration bylaws, policies and direction from Chief and Council.

Responsibilities

Administration

- Supervise Band staff and programs, and ensure that the daily operation of Band government departments and services run smoothly and efficiently.
- Implement Band Council policies, decisions, and regulations.
- Conduct research, correspondence, and completion of reports, etc. arising from the decisions made by the Council, or as instructed by the Council.
- Make recommendations for the efficient operation of all programs and activities.
- Provide annual employee evaluation for the Administration Services staff and for senior staff positions in other departments; assists with other employee evaluations when requested.
- Handle crisis matters which arise on a day-to-day basis, and pass on relevant information to the appropriate Band staff or Council member.
- Upon authorization, negotiates agreements on behalf of the Chief and Council, with final approval provided by Chief and Council.

Public Works

- Works with committees, managers, and staff to deliver an efficient, coordinated program of construction, maintenance and other public works on Band property.
- Assists Program Managers in preparing annual budgets and planning priorities for housing and other public works for Band Council consideration.
- Prepares service contracts with Indian and Northern Affairs Canada, and ensures their compliance and completion.

Advice to Band Council

- Provides Chief and Council and Committees with background information on issues necessary for sound and informed decision making.
- Attends Chief and Council meetings;
- Provides Chief and Council with monthly reports on programs and operations.
- Recommends to Chief and Council changes and/or improvements to Band facilities, services, programs and policies.
- Seeks alternate sources of funding, and upon Council direction, submits proposals to funding sources.

Financial Administration

- Oversees that all contracts and financial transactions are conducted according to Band policy.
- Oversees CFO and ensures Band Council is fully informed on all financial matters. Ensures the Chief and Council is provided with detailed monthly financial statements as directed in the *Financial Administration Manual*, and interprets financial information upon request.
- Supervises the CFO's records of accounts to ensure all financial transactions are complete and accurate. Oversees the accuracy of financial statements, bank reconciliations, and budgetary reports. Ensures that all records, books of account, invoices, vouchers receipts and related documents are securely filed and stored.
- Ensures lines of credit are established and maintained with suppliers and agencies.
- Ensures that all requirements are met for annual audit purposes, including an up-to-date inventory.
- Assists in the development of annual budgets, and monitors all departmental/program budgets for compliance. Authorizes expenditures approved by Band Council.

Clerk of Band Council

- Prepares agenda for Chief and Council and/or committee meetings in cooperation with Chief or Committee chairperson. Ensures distribution of agenda, previous meeting minutes and required attachments to each Council or committee member two days prior to each meeting.
- Ensures recording of all Band Council Resolutions, minutes, decisions, regulations, policies and proceedings of Council and its Committees. Ensures that properly signed, indexed, filing and the forwarding of copies to appropriate agencies has been completed.
- attends Council and Committee meetings

Administrative and media liaison

- Communicate on behalf of the Band with: other First Nation Bands; organizations; agencies; and federal, provincial, or municipal officials or departments.
- Publish Band Council programs and policies. Advises and counsels Band members on programs and policies.
- Liaise with stakeholders, and different levels of government on key issues affecting Musqueam Indian Band.

Any other relevant duties as instructed by Band Council.**Job Knowledge:****The work requires the following knowledge, skill and or abilities:**

- Significant and proven leadership skills developed through at least 8-10 years in a senior management role, preferably in band management and administration; previous experience as a Band Manager is strongly preferred.
- University degree, a graduate degree preferred, in business or public administration, or equivalent.
- Considerable high-level contacts within federal, provincial and municipal governments, other First Nations organizations, funding agencies and in the non-profit sector.

- Knowledge of and seasoned experience with the Indian Act, other relevant legislation, and Musqueam and First Nations history and culture. Political environment wisdom would be an asset.
- Ability to build effective relationships with external stakeholders and collaborative ventures with diverse constituents.
- Demonstrated success in overseeing organizational finances and budgets.
- Excellent leadership skills, including the ability to motivate managers and staff and the ability to inspire confidence in Councilors, staff, and Band members.
- Judicious and tactful communication style, necessary to coordinate staff's recommendations to Council and integrate overall strategic plan.
- Creative thinker.
- High level and respectful communication skills and the ability to influence and sway decisions internally and externally.
- Experience negotiating agreements.
- Excellent writing skills, grammatically exact and in a conversational style complimented with editing skills to develop reports, presentation and briefing materials
- High level personal qualities and ability to maintain strict confidentiality and exhibit the highest level of integrity

Relationships:

- Work requires consistent interaction with all groups, internal and external stakeholders, and interpersonal communications for the purpose of providing opportunities at Musqueam and delivering excellence to support all interested members.

Working Conditions:

- Work is performed in an office environment
- Work can include long hours to attend a variety of meetings, including Council and Committee meetings, retreats, and special requests or projects.

Licenses

- Valid BC Driver's License
- Successful Criminal Records Check and Background Check

Please send a cover letter and resume to Musqueam Indian Band, HR at jobs@musqueam.bc.ca

Please indicate "Band Manager" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

This position will remain open until filled.

** We thank all those who apply; however, only short-listed applicants will be contacted.*



MUSQUEAM INDIAN BAND

6735 Salish Drive
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Job Posting

**COMMUNITY ENGAGEMENT ASSISTANT
For the 2016 Musqueam Comprehensive Community Plan Update**

1 Summer Term position – 12 - 15 Weeks
(35 hours/week with some flexibility, including evenings and weekends)
Dependent on funding approval

Position Summary:

Are you passionate about your community? Do you love talking to people and listening to their ideas about what they envision for the future? Do you think the community should guide the way Musqueam grows and changes?

Musqueam's Comprehensive Community Plan (CCP), *nəčəmat tə šxʷqʷeləwən ct* (We are of one heart and mind), was approved by Musqueam Chief and Council in 2011. The Community Plan, created with the input of hundreds of community members, provides leadership, administration, and membership with direction and guidance on how the community develops. A lot has changed since 2011 and Musqueam administration is working to track progress towards achieving the community's vision and goals outlined in the CCP. This year, the planning team will work to revise the CCP, based on input that will be received through extensive community engagements.

The position is within the Intergovernmental Affairs division of the Musqueam Administration. Reporting to the Planning Assistant, with oversight from the Divisional Lead of Intergovernmental Affairs, the Community Planning Assistant will be part of a team that will be working to engage the community to find out what everyone envisions for the future of Musqueam.

This position is partially funded by the Human Resource and Skills Development Canada – Canada Summer Jobs Program (HRSDC-CSJP). To meet HRSDC-CSJP funding requirements, the applicant must be between 15 and 30 years of age (at the start of employment), have been registered as a full-time student during the preceding academic year, and intend to return to school on a full-time basis in the next academic year. The position may be subject to funding approvals.

Duties:

Overall, you will assist with community engagement that will contribute to the update of Musqueam's Comprehensive Community Plan.

Duties include:

- Collaboratively developing community engagement strategies;
- Conducting community outreach in-person, over the phone, and through social media to inform community members about engagement activities and encourage participation;
- Facilitating community engagement sessions, including leading discussions, taking accurate notes, and set-up/ take-down;
- Compiling community feedback and conducting preliminary analysis;
- Designing and distributing notices, posters, and documents.

Qualifications

- A post-secondary student interested in community planning and engagement;
- Have been registered as a full-time student during the preceding academic year and intend to return to school on a full-time basis in the next academic year.

Skills:

- Comfortable interacting with various community members (youth, Elders, adults, people with disabilities, different family groups, etc.);
- Respectful, open listener;
- Accurate note-taking;
- Good organizational skills;
- Experience using social media;
- Ability to use Microsoft Word;
- Ability to work both independently and within a team environment;
- Ability to maintain accuracy and attention to detail;
- Ability to maintain confidentiality;
- Flexible and able to work with the schedules of community members (i.e. during some evenings and weekends);
- Knowledge of the Musqueam community and its Comprehensive Community Plan is a strong asset.

Working Conditions:

- Work is performed in the office and out in the community;
- Work will be conducted from May to August;
- Criminal Record Check must be completed.

To apply please send cover letter and resume to HR at: jobs@musqueam.bc.ca

Please write « *Community Engagement Assistant* » on the subject line.

This position will remain open until filled.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

** We thank all applicants; however, only those short-listed will be contacted.*



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6735 SALISH DRIVE
VANCOUVER, B.C.
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Facilities Assistant

Full-time Casual

Musqueam Indian Band is seeking a Facilities Assistant to work as a front-line representative for Musqueam Facilities both at the reservation desk and during events. Reporting to the Facilities Manager, the Facilities Assistant serves events, programs, and community. By liaising with internal and external users of Facilities spaces, the Facilities Assistant ensures that the highest standards are maintained.

This position is a full-time casual position covering a leave of absence.

Duties:

- Generate quotes, reservations agreements, and invoices – ensuring compliance with rate structures
- Ensure compliance with event licensing and liability insurance, general insurance coverage and in-house responsibilities and requirements for insurance compliance
- Provide on-site service at events, ensuring service excellence (work schedule varies with event schedules)
- Assist with all aspects of event set up, service, teardown, and cleaning
- Assist with Facility and meeting space tours
- Ensure contract and/or Facilities policies are maintained and followed

Job Knowledge:

- Skill and knowledge is usually attained by a diploma in Administration, Tourism, Hospitality, Marketing and/or a combination of education and minimum 2 years' experience in a related field
- Trained and proficient with MS Office Products (Excel, Word, Power Point, Outlook)
- Experienced with invoice processing and front-line cashier (credit, debit, cash handling)
- Able to multitask and work as part of a team
- Able to work flexible event hours – required
- Excellent oral and written communication, experience providing excellent customer service
- Possess an understanding of Musqueam community, culture, and resources

Certificates:

- Food Safe
- Serving It Right
- First Aid
- WHMIS
- Successful Criminal Records Check

Working Conditions:

- Fast-paced environment
- Work done in multiple locations, including an office environment and event venues
- Ability to lift up to 25 lbs. required
- Ability to stand for long periods of time and walk long distances between venues as required

Please email cover letter and resume to Musqueam Indian Band, HR at
jobs@musqueam.bc.ca

Please write "Facilities Assistant" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

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JOB POSTING GRANT WRITER Regular Full-time

Musqueam Indian Band is seeking a Grant Writer & Facilitator to provide leadership advice on identification and preparation of a variety of proposals and reports. Working with individual departments through to larger inter-organizational teams, the Grant Writer & Facilitator conducts background research, writes and provides proposal editing, and customized writing, and technical presentations for target audiences with respect to Musqueam values and strategic priorities.

Duties:

1. Research
 - Performs background research on and develops professional relationships with provincial, federal and private sector funding, granting and contributing agencies
 - Acts as a central resource for knowledge about relevant funding opportunities
2. Facilitation
 - Works closely with band programs and managers to maintain awareness of projects requiring external funding
 - Connects funding opportunities with Musqueam projects and programs
 - Proactively seeks out and encourages individual managers and band programs to apply for funding
 - Facilitates the proposal development process for projects of varying sizes and topics, from small-scale to complex, inter-organizational projects
 - Provides facilitation services as needed in a variety of areas (e.g. chairing project team meetings involving multiple stakeholders, problem solving during the course of a grant funded project)
3. Proposal Development
 - Works collaboratively with individuals and teams of program staff to design, develop and prepare substantial sections of grant proposals, letters of intent, briefings, background document, program rationales, and other reports for submission to funding agencies
 - Tailors writing and presentations to funding agency objectives, priorities and guidelines with a thorough understanding of Musqueam mandates, culture and guiding documents (such as the Comprehensive Sustainable Community Development Plan)
 - Formulates budgets to ensure compliance with funding agency and band policies and program requirements
 - Copy, edits and arranges proposal content into a clear and cogent written format

4. Monitoring

- Tracks and prepares internal reports as necessary on the results of Musqueam's proposals, active grant funded projects and federal contributions
- Ensures all funding and contribution agreements, and other funding contracts are signed by the appropriate authority, submitted to the funder within required time frames, and filed to ensure compliance with Musqueam's financial policies
- Works with the project team to prepare and submit all required narrative and financial reports and documents accurately and on time

Job Knowledge:

The work requires the following knowledge, skill and/or abilities:

- Expert knowledge equal to that acquired through a university education in a field such as Business Administration or related field and experience
- A minimum of two years' experience in building successful funding proposals for provincial, national, and private sector agencies
- In depth knowledge of successful grant and contribution application procedures and granting and contributing agency requirements
- Strong interpersonal, organizational and problem-solving skills, including the ability to multi-task a range of complex projects and to meet the required deadlines
- Ability to work under pressure and handle frequent interruptions
- Ability to work in an independent and flexible environment
- Excellent English verbal and written communication skills including training and/or education in communication
- Ability to skillfully incorporate a broad knowledge base and communicate complex issues to the non-expert reader
- Excellent critical review and substantive editing skills
- Advanced knowledge of Word, Excel and PowerPoint
- Awareness and knowledge of Musqueam culture, political and social contexts and of First Nations in general

Working Conditions:

- Work is performed in an office environment
- Successful Criminal Record Check
- Able to travel to off-site meetings and information sessions as required

Please apply by emailing your cover letter and resume to Musqueam Indian Band, HR at:

jobs@musqueam.bc.ca

Please write « *Grants Writer* » on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Please apply by May 19, 2017. This position will remain open until filled.

**** We thank all applicants; however, only those short-listed applicants will be contacted.***



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JOB POSTING

Housing Administration Clerk Trainee

Youth Internship Opportunity

Full-time Term Position

9 months

Musqueam has an excellent opportunity for a Youth Internship in the Housing Department (you must be between the ages of 15 – 30). This is a 9 month term position, with the possibility of a term extension, subject to funding approval.

Reporting to the Housing Manager, the Housing Administration Clerk (HAC) Trainee will learn about and assist in the administration of the Housing Program at the Musqueam Indian Band, which includes supporting the goods and services contracts required to maintain MIB owned housing. This position will start upon funding confirmation.

Duties Include:

- Assist with clerical and administrative duties, which include filing, distributing outgoing/incoming correspondence, meeting coordination, etc.
- Provide front desk coverage, including greeting clients and visitors and directing them to the appropriate contacts or services;
- Answer, screen and forward telephone calls, take messages and provide information to clients and visitors as required;
- Assist with preparing and maintaining documents and templates
- Work in collaboration with Housing Executive Assistant to ensure that Data Entry for Asset Management is complete and up to date;
- Assist to ensure home inspections take place with proper notice and coordinate contractors;
- Assist with preparing notes and documents are in place for LCH Standing Committee meetings;
- Shadow the Housing Team in Project Management
- Learn about and be engaged in Housing Department policy and program development
- Participate in special projects and learning/development opportunities as they arise

Knowledge, Skills and Abilities:

- High School Diploma or equivalent
- Experience working in an office environment
- Good working knowledge of computers, and typing skills
- Good interpersonal and communication skills
- Administrative and organizational skills, with attention to detail
- Must understand and respect the nature of confidential and privileged information
- Willing to learn new skills and concepts with the ability to apply the learning

Working Conditions:

- Work is performed in an office environment and periodically in the community

Licenses/Certificates:

- Successful Criminal Record Check

Please email a cover letter and resume to Musqueam Indian Band, Human Resources at:

jobs@musqueam.bc.ca

Please write "Housing Administration Clerk" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Please apply by May 19th.

** We thank all applications, however, only those short-listed will be contacted.*



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Office Lead

Aquatic Habitat Restoration Project (AHRP) Full-time Term Position to March 31, 2018

Summary

The Musqueam Indian Band (MIB) has undertaken a project to develop a long term Aquatic Habitat Restoration Plan (AHRP) with a focus on fish and aquatic habitat restoration within Musqueam's Territory. Reporting to the Fisheries Manager, the Office Lead will be responsible for providing support to the Musqueam Fisheries Department, Intergovernmental Affairs, and Treaty Lands & Resources Department.

Role and Responsibilities

The Office Lead will be responsible for:

- Administrative support for the Musqueam Aquatic Habitat Restoration Plan and the Invasive Plants Management Plan (IPMP) for Musqueam Creek area
- Maintaining files
- Preparing media/outreach materials
- Preparing biweekly and monthly reports
- Coordination of community engagement
- Preparing and submitting various reports, including those for DFO
- Maintaining budget
- Working with Field Lead to ensure project completion
- Other duties related to the AHRP, as required

Knowledge and Abilities

- Skill and knowledge usually attained by successful completion of Secondary School and clerical courses; or an equivalent combination of skill, knowledge, and experience
- Experienced in Microsoft Word and Excel programs
- Experience doing reception
- Basic accounting skills and experience
- Knowledge and experience of similar program delivery in the context of Musqueam or First Nations culture and history
- Ability to use tact and good judgment in dealing with sensitive and complex issues.
- Ability to work independently
- Must be able to work under tight deadlines
- Must be a good team player and willing to provide support to co-workers
- Ability to maintain confidentiality

Working Conditions

- Work is performed in an office environment and periodically in the community

Licenses/Certificates

- Valid BC Driver's License
- Successful Criminal Record Check
- Access to a vehicle for business purposes.

Please send cover letter and resume to HR at: jobs@musqueam.bc.ca

Please write "AHRP Office Lead" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

This position will remain open until filled.

We thank all applicants for applying; however, only those short-listed will be contacted.





BRIDGE THROUGH SPORT

**ON BEHALF OF OCEAN, BRENNAN, MAGGIE, HENRY AND RYANNE,
BRIDGE THROUGH SPORT WOULD LIKE TO THANK YOU ALL FOR
THE AMAZING TIMES WE SHARED THIS YEAR. WE WILL SEE YOU
AGAIN NEXT YEAR STARTING SEPTEMBER, 2017.**



a place of mind

**KEEP AN EYE OUT FOR MORE
BTS NEWSLETTERS OVER THE
SUMMER HOLIDAYS!
GOOD LUCK IN SCHOOL AND IN
YOUR SPORTS TOURNAMENTS!**



First Nations House of Learning

bridgethroughsport@ubc.ca
aboriginal.ubc.ca





Answer to last weeks riddle: Johnny

This week: There are ten people in a house. Everybody wants to make a hand shake with only people shorter than themselves. Assume everybody is different in height. How many hand shakes are made?



ATTENTION: Bus Safety Information



There is concern that during busy periods people are neglecting school bus safety and passing when the bus lights are flashing.

Please note that the law states that you cannot pass a school bus when the lights are flashing and the stop sign is out, this applies to vehicles approaching from the front or rear of the bus.

This rule is to ensure the safety of the children entering and exiting the school bus, therefore please wait until the bus has moved or turned off the flashing lights before moving.

Musqueam Graduation Celebration

The Musqueam Graduation Celebration will be June 15th, 2017 at the Musqueam Gymnasium.

If you know of any band members who are graduating from pre-school, grade 7, grade 12, or post-secondary please let the Education department know so we can include them in the graduation celebration.

As we get closer to June, please keep an eye on the newsletter for more information.



Scholarships and Bursaries

UBC Musqueam First Nations Scholarship- This is a UBC entrance scholarship valued up to \$5500 annually, and available to outstanding Aboriginal students who are Musqueam band members. .

If you are an undergraduate student who self-identified as a member of the Musqueam First Nation on your UBC application, you will be automatically considered. If you did not self-identify and would like to be considered, please contact us at musqueam.scholarship@ubc.ca

New Relationship Trust Foundation— The NRT general scholarship and the Indigenous Early Years Scholarship are now open. Scholarships are available for Undergraduate valued at \$5000, Masters valued at \$10000, and Doctorate \$20000. Deadline to apply is June 8, 2017 12:00pm PST. Application can be found at: <http://www.nrtf.ca/funding/scholarships>

If you need any assistance you can contact April (Learning Facilitator)



Education Department:

Faye Mitchell, Education Coordinator,

April Campbell, Learning Facilitator,

Delphine Campbell, Education Assistant,

Cary Campbell, School Bus Driver,

Charlene Campbell-Wood, School Bus Supervisor

Ph. # 604 - 263 - 3261 Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

RECEIVED
APR 11 2017
MUSQUEAM



APPLICATIONS
NOW BEING
ACCEPTED FOR
INDIVIDUALS

DEADLINE:
11:59 PM 2017 5-00 p.m.

Applications are currently available online at www.nibtrust.ca.

The NIB Trust Fund is accepting applications from First Nation and Métis individuals to support education programs aimed at healing, reconciliation and knowledge building.

All First Nations and Métis citizens over the age of 18 and with a valid social insurance number are eligible for funding through a competitive application process. Preference will be given to former students of residential schools and their family members.

Application Process:

- **Scholarship** for post-secondary education
Only online applications will be accepted
- **Bursary** for training/certification
Only online applications will be accepted
- **Award** for cultural/traditional/language knowledge building
We will accept online applications or you can download the applications form and send by email or mail.
Please note: We will not accept hand written applications or applications sent by fax.

The NIB Trust Fund allocates funds in accordance with the Indian Residential Schools Settlement Agreement of 2007 – the largest settlement agreement in Canadian history which provided compensation to survivors for their experiences at residential school. The NIB Trust Fund offers a new opportunity separate from Indian residential schools compensation packages.

For more information please contact the National Indian Brotherhood Trust Fund directly.

Toll Free: 1-888-268-0520

Email: info@nibtrust.ca

www.nibtrust.ca



2016 Randy Brant
scholarship recipient

BC Hydro Aboriginal scholarships and bursaries

BC Hydro wants to invest in the next generation of leaders, like you, to build a strong and healthy workforce across the province. Our scholarships and bursaries are available to Aboriginal students studying full-time in BC in a program that reflects the work we do.

Scholarships in the amount of \$5000 are available for students in full-time degree programs; and, one \$8000 Randy Brant Memorial scholarship will be awarded for academic excellence.

Bursaries in the amount of \$2000 are available to students in full-time certificate, diploma, or trades programs.

For more information including program eligibility and application forms go to bchydro.com/aboriginalawards.

The deadline to apply is May 15th, 2017.



The Wolf gifted
to BC Hydro by
Art Thompson
from the Dáidáht
First Nation.





UBC SUMMER SCIENCE PROGRAM 2017

What are you doing this summer?

Do you want to meet new friends? See a university campus? Sleep in your own dorm room? Participate in cultural activities? Manipulate medical instruments? Explore health and science career opportunities? Then check out the UBC Summer Science Program!

Specially designed for you, SSP is held at UBC Vancouver campus and has all the activities you would expect to launch your best summer ever. Plus you'll come away with memories, mentors, resources, new friends and a whole bunch of ideas on what you can do in your future.

Funding may be available to cover program fee.

Grade 11 & 12 students	
July	2-8th

Grade 9 & 10 students	
July	9-15th

Website: <http://healthaboriginalubc.ca>

Email: summer.science@ubc.ca

Phone: (604) 827-1444



THE UNIVERSITY OF BRITISH COLUMBIA
Centre for Excellence in
Indigenous Health





x^wmə θ k^wəy' əm

MUSQUEAM PRIMARY CARE CLINIC

10:00am – 3:00pm Monday to Friday

(closed 12:00 – 1:00pm for lunch)

Accepting new patients. Make an appointment today.

Welcoming all Musqueam community members including parents / caregivers with infants and children; pregnant women; youth; adults and elders. Come and join our wonderful Musqueam Primary Care clinic and become a regular patient! Our team meets the highest standards necessary to provide you with safe and confidential health care.

PRIMARY CARE FAMILY PHYSICIAN – Friday 10:00am – 4:00pm

Services provided every day are:

- check-ups (PAP, STI, Baby growth checks) and assessments;
- diagnosis and prescriptions
- testing (X-rays, ultrasound and blood work)
- birth control options
- chronic disease management (diabetes, hypertension, C.O.P.D and lung disease)
- childhood vaccines; specialist referral

PRIMARY CARE NURSE PRACTITIONERS – Monday to Thursday 10:00am – 3:00pm

(last appointment at 2:30)

MEDICAL OFFICE ASSISTANT / RECEPTIONIST – Monday to Friday 10:00am – 3:00pm



For an appointment call Mackenzie Gomez, the Medical Office Assistant, 604.266.0043

(closed 12:00 – 1:00pm for lunch)

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7 – 604 266 0043

We have more Naloxone kits now and if someone would like a kit to please contact Cyndi Bell, the D&A worker at the Health Department in the Musqueam Band Office or the Musqueam Primary Care Clinic in the Elders Centre at:

604-266-0043. We can review training if needed and have practice kits as well.

Musqueam Health Dept. Newsletter—May 12, 2017

Community Health Nursing Program

CHN Newsletter

Please note: Natalie Frandsen is away until further notice.

Pre- and Post-natal Group has resumed with Nancy, a Registered Nurse from Pacific Spirit Community Health/VCH and Wanda Stogan assisting.

Please join us Tuesdays at 12 noon-2pm in the Youth Centre for an informal drop-in group. We provide lunch, gather with other young families, and special guests who provide education on pregnancy and baby related topics, and pick up your voucher.



MUSQUEAM COMMUNITY HEALTH KINDERGARTEN READINESS



Pacific Spirit immunization team will be at Musqueam to offer immunizations and health information to help families with children ages 4 & 5 prepare for Kindergarten in the fall.

Date: May 24th from 4:30-5:30

Musqueam Community Centre, Classroom #1

MIB Home & Community Care Program

Romeo Cosio, HCN

Home Care Office Hours:

Mon, Wed, Thurs, Friday 8:30-5:30 , Tuesdays—OFF

Home Care Phone: 604-263-6539

Home Care Program is available to our community members to assist with hospital discharges, home care aide, and all medical equipment. Home care needs and equipment require a doctors note with your needs specified.

The Arjo Tub Program: Is available at the Elder's Centre between 7-10am Monday to Friday. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.

For assistance with Arjo tub appointments or Home Care service scheduling changes or cancellations

Call: 604-263-6539 **for cancellations of services please call 24hours in advance.*

****For emergencies Call 911 first****

Musqueam Health Dept. Newsletter—May 12, 2017

Safe Drinking Water Monitor Program

—Charlene Campbell-Wood



From Source to Tap: The Multi-barrier Approach

- Groundwater
- Municipal Wastewater Effluent
- Nutrient Management
- Water Conservation
- Water Quality
- Water Valuation

Resources From Source to Tap: The Multi-barrier Approach

We recycle water, meaning we withdraw it, use it, sometimes clean it, and then return it to the lake or river to be used again by others downstream. This process is called "Source to Tap."

It is important that drinking water is kept clean, safe and reliable. In order to do so, the components of the water supply system, from source protection to the treatment and distribution of drinking water to consumers, need to be understood and managed as a whole.

Even though no approach will guarantee 100% protection all of the time, it has been demonstrated that the most effective way to manage drinking water systems is to implement a multi-barrier approach. The multi-barrier approach is an integrated system that prevents or reduces the contamination of drinking water, from source to tap, in order to reduce risks to public health.

Chronic Disease Management Program

—Merv Kelly

Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these? Or do you want to work out but don't know what's best for you?

You may call me or drop by my office:

Hours – Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm

Available to assist all ages and levels of fitness for all community members.

Merv Kelly,
Chronic Disease Management Facilitator
Phone: 604-263-3261 Extension 3455
Email: merv@musqueam.bc.ca



Chronic Disease Management Program —Merv Kelly

Energy Drink information from Health Canada

Information for Parents on Caffeine in Energy Drinks

How much caffeine is safe for my children?

Health Canada recommends the **maximum daily caffeine intake for children** under 12 should not exceed 2.5 mg/kg of body weight. Based on average body weights of children, this means a maximum of:

- 45 mg for children aged four to six, about one 355ml can of cola
- 62.5 mg for children aged seven to nine, about one and a half 355ml cans of cola
- 85 mg for children aged 10 to 12, nearly two 355ml cans of cola

Teens should follow the precautionary recommendations of 2.5 mg/kg body weight. Older and heavier adolescents may be able to consume up to the adult limit: 400 mg/day.

Which products have caffeine in them?

Caffeine is found in a variety of products -- coffee, tea, chocolate, cola and certain medications as well as energy drinks and so-called energy shots.

For a quick reference of how much caffeine can be found in a variety of foods, please see [Health Canada's Caffeine in Food page](#).

The level of caffeine in energy drinks is different in each product, but can range anywhere from 50 mg per can to above 200 mg per can, well above the recommended maximum daily intake for most children and teens.

What should I know about energy drinks and my kids?

Energy drinks are not recommended for children because of their high levels of caffeine, and other ingredients. In some cases, one energy drink could have more caffeine than the safe daily intake for many children and teens.

It's hard to link levels of caffeine to specific health effects because everybody has a different tolerance for caffeine, but we do know that children are at increased risk of experiencing behavioural effects from consuming caffeine.

Health Canada has received a number of reports of suspected health problems associated with energy drinks. Symptoms have included irregular heart beat and nervousness. If you suspect your child is experiencing such problems, contact your health care professional and report the problem to the manufacturer.

Is it safe to use energy drinks to keep hydrated while playing sports?

Energy drinks should not be confused with sports drinks such as Gatorade® or PowerAde®. Sports drinks re-hydrate the body and provide sugars, which the body burns to create energy and replenish electrolytes. Electrolytes maintain salt and potassium balances in the body.

Energy drinks, on the other hand, should not be used as a fluid replacement. Because of their caffeine content, they can actually mask the signs of dehydration.

What advice can I give my teenagers for using Energy Drinks safely?

They should carefully read the labels of all health products they consume, including energy drinks, and follow label instructions.

They should consume energy drinks in moderation. Energy drinks should not be taken on an empty stomach and should not replace food.

They should never mix energy drinks with alcohol.

If they engage in intense physical activity or exercise they should not use energy drinks as a fluid replacement. They should drink water or sports drinks such as Gatorade® or PowerAde® for that.

The main concern is their potential to cause extreme **dehydration**, because caffeine acts as a diuretic (causing the body to lose water).





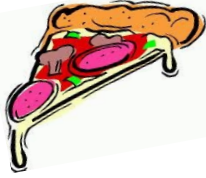


Exercise alone can **dehydrate** a person, so consuming caffeine-packed **energy drinks** before, during or after sports can worsen **dehydration** and be dangerous to the heart. Sep 21, 2005.

Musqueam Health Dept. Newsletter—May 12, 2017

Youth Centre

Abigail Speck at the Youth Centre at 604-269-3465 Email: youthcentre@musqueam.bc.ca

Monday May 15th	Tuesday May 16th	Wednesday May 17th	Thursday May 18th	Friday May 19th
Charades 	Colouring Contest  4:00—7:00	Cards Night 	Games night  4:00—6:00	Movie Night  3:00—9:00

The Youth Centre will be open from 2:00 pm—9:00pm Monday—Friday

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years old or older. ****Please note that the Youth Centre will be open @9:00 AM when kids have professional days****

National Native Alcohol and Drug Awareness Program (NNADAP)

Cyndi Bell - A&D Counsellor

Cyndi's Office Hours

Mon, Tues, Thurs 9:30 am-4:30 pm
Weds 12 pm-7 pm (coffee time with Cyndi 5-6 in the café)
Fri 9 am-4 pm

Reminder: There is an AA meeting every Tuesday from 8-9 pm at the 51st Hall.



I am available for 1:1 counselling, treatment referrals, outpatient resources, information and support in relation to drug and alcohol use and abuse.

Feel free to drop in or call me to make an appointment; 604-269-3454.



Coffee Time With Cyndi

Every Wednesday evening from 5-6 pm in the Community Centre Café

Stop by for a coffee! I will be in the café to provide information, support And resources for anyone who is looking for help with substance use issues concerning yourself or a loved one.

Musqueam A.A Group is having their 8 year anniversary on May 16, 2017. And also Sei-Sul-um one of our elders of our group is taking 41 year sobriety cake. At the same day. Pot luck style please come and support, the group.

Pot Luck at 7pm and meeting at 8pm



COMMUNITY DINNER

TRADITIONAL WELLNESS and HEALING

Come along to talk about how we could incorporate traditional wellness and healing with medical care. Hear from guest speakers and be part of the conversation.



Wednesday, 24 May 2017 | 5:00pm to
8:00pm | Musqueam Cultural Centre,
4000 Musqueam Ave, Vancouver, BC

Please join this Support Group for those
that have experienced the Death of a Loved
One Due to Substance Abuse



Where: Valley View Funeral Home in Surrey
14644 72nd Avenue, Surrey, BC V3S 2E7

When: Wednesdays starting May 24th at 6:30pm

Duration: 6 weeks every Wednesday

Contact: 604-596-8866 or email: mferguson@arbormemorial.com

*Please call to register and make an appointment for an intake interview

BEREAVEMENT DAY

MAY 21ST, 2017 • 1:00 PM • MOUNTAIN VIEW CEMETERY

Join us for a Service of Remembrance, including planting memory seed hearts and a dove release. This event is open to anyone commemorating a loss and will be held at Mountain View Cemetery (5455 Fraser St., Vancouver) starting at 1:00 PM. Memory seed hearts are small, heart-shaped seed packets that will grow flowers and are available for free at the ceremony. Doves will be released at the ceremony in honour of our loved ones. We ask for a minimum \$30 donation per dove.

For more information or to register, please email contact@bcbh.ca, call 604-738-9950 (toll-free: 1-877-779-2223), or visit www.bcbh.ca.



Bereavement Day

Join us for a service of remembrance, including planting memory seed hearts and a dove release. This event is open to anyone commemorating a loss and will be held at Mountain View Cemetery (5455 Fraser St, Vancouver) starting at 1:00pm, memory seed hearts are small, heart-shaped seed packets that will grow flowers and are available for free at the ceremony. Doves will be released at the ceremony in honour of our loved ones. We ask for a minimum \$30 donation per dove.



May 21st, 2017 *1:00pm *Mountainview Cemetery

For more information or to register, please email contact@bcbh.ca, call 604-738-9950 (toll-free: 1-877-779-2223), or visit www.bcbh.ca

NATIVE YOUTH PROGRAM 2017

Summer Opportunity
for FIRST NATIONS
HIGH SCHOOL STUDENTS
[AGE 15-18] [\$10.85/HR]



[WHAT will you gain?]

Seven weeks training and work experience exploring traditional and contemporary Indigenous cultures from your own experiences and research.

ACTIVITIES MAY INCLUDE....

CREATING Podcasts, Zines and Short Films
LEARNING from Elders, mentors, and artists
RESEARCHING the museum collection
about material that matters to you
GIVING guided museum tours
PRESENTING the Reciprocal Research
Network to museum visitors

[WHEN and WHERE?]

July 3—August 18, 2017 at the UBC Museum of Anthropology.

APPLICATIONS ARE OPEN!

need more information? contact nativeyouthprogram@gmail.com

NATIVE YOUTH PROGRAM 2017

Co-Sponsored by the the Museum of Anthropology (MOA)
&
UBC First Nations House of Learning (FNHL)

Summer Employment Opportunities

FIRST NATIONS HIGH SCHOOL STUDENTS

JOB DESCRIPTION: The Native Youth Program provides students with an opportunity to research their own and other cultures through the museum collection and online resources and participate in workshops and study trips. They will also learn about the resources at the UBC First Nations House of Learning and the Museum of Anthropology and develop public presentation skills using objects and new media. Participants will share this knowledge with other students and museum visitors through guided tours, presentations and a final report reflecting on their experience and research.

QUALIFICATIONS: Candidates must be 15 to 18 years old, enrolled in high school and must have an interest in First Nations heritage.

TERM: Full-Time
Start date Monday July 3, 2017 to August 18, 2017
7 weeks
35 hours/week
9:00 am - 4:00 pm Monday to Friday

SALARY: \$10.85/hour

FOR APPLICATION INFORMATION:

Contact: (604) 822-6587 or email: nativeyouthprogram@gmail.com

Apply to: NYP Supervisor
UBC Museum of Anthropology
6393 N.W. Marine Drive
Vancouver, B.C. V6T 1Z2



APPLICATION DEADLINE: Wednesday June 14, 2017



COMMITMENT PADDLES

Drumming Up Courage to End Violence

For Men Only

Men are invited to register for the Musqueam Commitment Paddle Initiative

Group meets every week to learn to carve mini cedar paddles from skilled carvers—this is a beginners course., but skilled carvers are welcome too.

Guys will talk about traditional teachings about Honour, Respect, & Family—being healthy role models, protectors and warriors in our community.

Basic supplies and dinner provided.

Groups start this month in May, 2017!

Space is limited.

****You must commit to attend all 8 sessions****

The group is totally run by men, but leave your number to register
and for more details, contact MEGHAN HAJASH, Family Therapist
604-671-1258 / E: mhajash@musqueam.bc.ca

We are looking for
Musqueam Canoe Pullers & Skippers

To be part of our Canoe Families, to travel in our two Musqueam
canoes in Pulling Together Canoe Journey!

We need two crews plus landcrew!!

Pullers must be fully committed, and will Journey
July 5—15, 2017



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Canoe Families

All expenses will be sponsored.

Canoe Families will train together, sing together, learn
protocol and journey together as one.

Training starts weekly in June 2017
on the Fraser and in Deep Cove

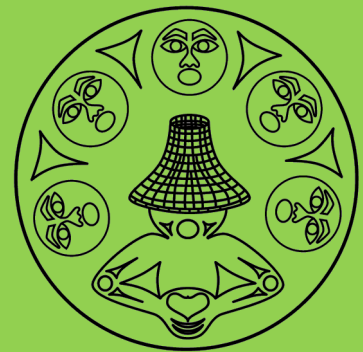
Contact CORRINA SPARROW to sign up:

604-269-3319 / E: socialdev@musqueam.bc.ca



Drumming Up Courage to End Violence in Musqueam

CHAMPIONS WANTED



IT'S HERE!!

Musqueam is looking for Community Champions to participate in a training series to help keep our neighbourhoods and relatives safe.

SAFE HAVENS will be created, to provide a safe home for members to go to, if they ever need to flee a violent situation on reserve.

2-day Training will be provided by Ending Violence Association of BC exclusively for Musqueam community in June 2017.

ALL WELCOME

Contact THERESA HOOD, Family Outreach to register and for details.

E: thood@musqueam.bc.ca / T: 604-364-6551

Do you have a Relative who should be honoured for their work in Musqueam family and community?

HERE'S HOW

We're accepting nominations for Honouring ceremonies now.

We'll help you put together a description of why they should be honoured.

**Then we personally invite them to a ceremony, and you will your family will
attend ceremony with your nominee to celebrate together.**

HONOURING EACH OTHER



- ♦ ***Honouring Musqueam MOTHERS* (May 2017)** - nominate ASAP ***
- ♦ **Honouring Musqueam FATHERS** (June 2017) - nominate by June 9th
- ♦ **Honouring Musqueam EXTENDED FAMILY** (July 2017) - nominate by July 9th

**CORRINA SPARROW, Musqueam Social Development
for details and to nominate a loved one:**

E: socialdev@musqueam.bc.ca / T: 604-269-3319

They're baaaaaack....



THROWBACK THURSDAY DRIVE IN!

MUSQUEAM FAMILY EVENT—ALL WELCOME

Location: Cultural Centre Grassy Field
Date: Late July or/ Early August
Times: 8:30pm to 10:30pm
Cost: Nothing—some popcorn provided

Come to Main Office or youth centre to vote for a movie!!

BRING YOUR OWN LAWNCHAIR and BLANKET**

Field might get a little chilly.

**Any children younger than 10 years, MUST be accompanied by someone 15+ years
for the duration of the showing.**

Any young children unaccompanied will be sent home by MIB Security.

Thank you for your help to keep our children safe.

THIS IS A DRUG & ALCOHOL FREE EVENT

**Drug or alcohol consumption will not be tolerated at this family event.
Any members who show up under the influence will be asked to leave immediately.**

Thank you for respecting safe community spaces.

Youth Cooking Class

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Watch for details!!

Musqueam youth 12 year+ can sign up to learn to prepare traditional foods of Musqueam together.

Then they serve a fresh luncheon to our respected Musqueam elders and their families in the Café that same day.

All supplies and instructors provided. Elders will be shuttled to and from the café each session as needed.

Tentative dates: June 4th and July 16th

Call Corrina Sparrow for details: 604-269-3319

**Musqueam will have a float in the
Vancouver LGBTQ2 Pride Parade
again this year!!**

August 6th, 2017

Come out and show your support for Musqueam, and all our LGBTQ and Two-Spirit community members and relatives. O siem

Contact Corrina Sparrow if you want to snag a spot on the float, and DANCE WITH MUSQUEAM!

604-269-3319 / socialdev@musqueam.bc.ca





a place of mind

14th Annual Musqueam & UBC Youth Soccer Tournament May Long Weekend

Musqueam Community Fields
Musqueam Drive & Staulo Crescent



Age Divisions

5 & Under
7 & Under
10 & Under
13 & Under
16 & Under
21 & Under

Contact

Courtenay Gibson
Recreation Coordinator
Musqueam Indian Band

6735 Salish Drive, Vancouver

cgibson@musqueam.bc.ca 604.269.3451

facebook.com/musqueam.recreation



a place of mind

14th Annual Musqueam & UBC Youth Soccer Tournament

Sportsmanship Code of Conduct

The Musqueam & UBC Youth Soccer Tournament was created to give our young athletes a positive sporting experience and to foster their skill development, team development and sportsmanship like conduct. Another goal of this tournament is to strengthen the relationship between First nation's communities and The University of British Columbia. We ask that community members, coaches, managers and parents involved in this tournament work to foster these goals.

We ask that each individual in attendance at the tournament treat other people with dignity and respect, especially young athletes and referees.

- Musqueam fields are drug and alcohol free
- Respect calls and decisions made by referees
- Dispose of garbage and recycling in appropriate bins
- Use respectful language
- Encourage and support all youth and teams
- Please respect the neighbourhood and community
- Walk to the fields to minimize parking issues
- Respect Elder and accessible parking designations
- Have fun

The parking lot is for Elders and accessible parking only. We will be managing overflow parking at the Band Office, there will be a shuttle to the fields.

See you next weekend!



facebook.com/musqueam.recreation

