



FRIDAY AUGUST 11, 2017

## MUSQUEAM NEWSLETTER

**Tel: 604-263-3261, Toll Free: 1-866-282-3261, Fax: 604-263-4212...Safety Patrol: 604-968-8058**

Musqueam Fisheries Department  
August 11th, 2017  
Chinook Salmon Fishery Opening  
Section 35.1

**Dates & Times: Saturday August 12th, 2017 0700h(7am) - 2200h(10pm)  
Sunday August 13th, 2017 0700h(7am) - 2200h(10pm)**

**8" Minimum Mesh Restriction with a 3 to 1 hang ratio**

**All net is subject to inspection by Musqueam AFOs for compliance**

### Species and Quantity

The Fishery is limited to a harvest of: Chinook salmon  
All efforts and attempts shall be made to return all non-target species including sockeye, steelhead and sturgeon to the water alive.

### Use of Fish

Fish caught under this licence are for food, social and ceremonial purposes. Without prejudice to future agreements, regulations, sale of fish caught under this licence is not permitted.

### Gear

**Drift Nets** on condition that:

- i) Nets do not exceed a maximum of 50 fathoms or 300 feet in length and a maximum depth of 60 meshes & 8" Minimum Mesh Restriction with a 3 to 1 hang ratio
- ii) Each Participant fishes only one net.
- iii) Only one net is fished from any vessel.
- iv) Each net is attended at all times by the Participant who is fishing the net.
- v) No vessel fishing under the authority of this licence has on board, in a hung condition, any net that does not meet the conditions in (i) above.
- vi) Spare nets on board a vessel actively fishing are kept in a stowed condition.

**Set Nets** on condition that:

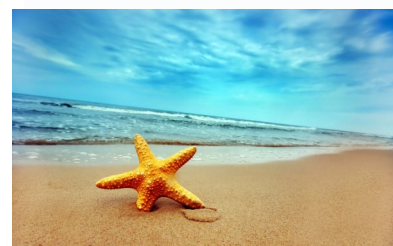
- i) Nets do not exceed a maximum of 10 fathoms or 60 feet and a maximum depth of 60 meshes & 8" Minimum Mesh Restriction with a 3 to 1 hang ratio
- ii) All Set Nets are identified by a floating buoy prominently displaying the Participant's designation number, and the Participant's designation number is the only numbers displayed on the buoy,
- iii) All Set Nets fished from poles have buoys attached to the end of the net farthest from the beach by means of a tag line of sufficient length to allow the buoys to be on the surface of the water and clearly visible for inspection at all times.

**All harvesters must have a valid Musqueam Fisheries Communal Fishing Card.**

Musqueam Fisheries Department  
Information line 604.269.3393  
AFO Contact #s: 604-551-3044 / 778-997-5510  
604-369-1932 / 604-396-6575

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### Smoke Shop Hours

Monday - Friday

9:00am-5:45pm

Closed during Lunch

12:00-1:00

Must be 19 years of age

Must have proper/valid ID



# **MUSQUEAM 101**

## **CALL FOR CATERING BIDS:**

UBC&MUSQUEAM (Musqueam 101) now accepting bids for catering services to be provided for the Musqueam 101 sessions.

### **Bid Requirements**

- A Cost Breakdown, per person (usually about 30 people per week)
- A Sample menu – Hot dinner & beverage with supplies (dishes, cutlery, etc)
- A commitment to mid April 2018
- Must have Food Safe

Musqueam 101 will gather at the Band office from September - April on Wednesday evenings 6 to 9pm.  
Food set up by 6 p.m. with clean up at 9 p.m.

**The deadline for Submissions is  
4:30 Friday August 25<sup>th</sup>, 2017**

Proposals maybe dropped off to the Musqueam Band  
Office Care of the Treaty, Land and Resources  
Department or emailed to Leona:

[lsparrow@musqueam.bc.ca](mailto:lsparrow@musqueam.bc.ca)



**MUSQUEAM INDIAN BAND**

6735 Salish Drive  
Vancouver, B.C. V6N 4C4  
Telephone: 604 263-3261  
Fax: 604 263-4212

**JOB POSTING**

**Mentors**

**(Employment & Training Program)**

***Employment & Training is undertaking an exciting new project – the Skills Partnership Fund – and is hiring Mentors to support the project activities. These positions will be on-call, working from 5 – 25 hours/week, and may be up to 40 hours per week, depending on program/client activities and demands.***

**Position Summary:**

Mentors are vital to the Musqueam Skills Partnership Fund (SPF) project and will serve as advisors, educators, role models and leaders giving back to participants in the Musqueam community, and contributing knowledge and skills through the sharing their professional and personal experiences with multi-barrier client group. Our mentors are to build strong and stable mentoring relationships through trusting, respectful, honest and genuine relationships. These relationships are created to support the personal and professional growth and development of achieving individuals and assisting them to achieve their career goals. The primary functions of our mentors are to build a strong mentor relationship through listening, guidance, advice, teaching, and professional support.

**Duties:**

1. Provide one-on-one mentoring to clients via face-to-face, telephone and email meetings.
2. Meet with the client on a regular basis as per an agreed schedule, to review program progress and plan future activities, including areas for improvement.
3. Assist the client in setting developmental goals and plans to achieve them
4. Discuss work related concerns impeding performance or career growth
5. Share organizational knowledge gained from personal experience
6. Provide objective honest feedback
7. Attend mentor training program to learn mentoring and communication standards.
8. Work with the Mentor Coordinator and the Job Coach to ensure the participants are working on Development Plan activities and goals and what they can expect on the job.

**Knowledge and Abilities:**

- Knowledge of the English language with verbal and written skills at a level usually associated with Secondary School completion, and a business program certificate, counseling degree or economic development training; or an equivalent combination of skill, knowledge, and experience.

- Able to demonstrate a clear and solid understanding of a specific topic, subject, or area that can assist the personal and professional growth and development of the project participants.
- Able to work independently, with minimal direction and oversight. Strong organizational skills and punctuality to scheduled meetings with project participants. Proficiency required using Microsoft products, the Internet, and email.
- Superior communication, presentation and interpersonal skills with individuals and groups. Demonstrates a high level of ease and professionalism to work with a diverse group of management-level and executive-level business professionals.
- Previous experience with First Nations organizations preferred.
- Cultural competency and knowledge of the MIB's cultural traditions is preferred
- Knowledge of the local labour market, resource agencies, education and training institutions that may be accessible to project participants
- Ability to maintain confidentiality.
- Ability to drive and provide a licensed vehicle for work purposes.

**Licenses:**

- Valid BC Driver's License

**Reporting Relationship:** Reports to the Mentor Coordinator

**Please apply by emailing a cover letter and resume to Musqueam Indian Band to [jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)**

**Please write "Mentors" on the subject line.**

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

Posting will remain active until filled.

*We thank all applicants for applying; however, only those short-listed will be contacted.*

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**JOB POSTING**  
**Human Resources Manager**

Musqueam Indian Band is seeking a Human Resources Manager. This position is responsible for recruitment and retention, employee relations, compensation and benefits administration, performance, attendance management, training and development, and health and safety, ensuring consistency within the organization. Reporting to the CAO/Band Manager, and Chief and Council as requested, also works in consultation with the Finance Manager, CFO and Legal Counsel.

Key responsibilities include:

**Recruitment & Workforce Planning**

- Participate in the full cycle recruitment process for new and experienced hires; ensuring adherence to the MIB strategy
- Provide advice to managers to enable the attraction and selection of talent in order to meet business needs
- Work with team to conduct role evaluations, post job requisitions, and confirm recruitment plan to attract top talent

**Performance Management / Onboarding / Succession Plans**

- Provide advice to managers to enable the attraction and selection of talent in order to meet business needs
- Project manage promotions, transfers, job classifications, annual performance evaluations and succession planning
- Develop people; provide constructive on-the-job feedback/training to Divisional Leaders, Program Managers and Administration

**Communication**

- Advise managers and staff on organizational policies and procedures matters and recommends revisions to the Musqueam Indian Band's personnel policies in accordance with current legislation and employment standards
- Where appropriate, consult and mentor on issues related to legal, procedural, compliance, employee relations, problem resolution, total rewards, recruitment and performance management

**Annual Compensation & Benefits**

- Keeping with MIB strategic direction, work with our customized compensation approach and ensure the efficient delivery of our annual compensation cycle as it relates to classifications, base pay
- Maintain compensation plan by conducting periodic pay surveys; scheduling and conducting job evaluations
- Administer, analyze and modify compensation and benefits plans to establish competitive programs and ensure compliance with legal requirements

**Learning & Development**

- Responsible for learning and development programs and processes
- Assist with the identification of training needs, the selection, development and delivery of appropriate training programs
- Assist in the development and implementation of programs that will drive increased employee satisfaction and commitment level

**Risk Management & Compliance**

- Manage terminations as appropriate, escalate as required; produce documentation and ensure proper HRIS updates
- Interpret policies
- Assist in the investigation of complex situations as they arise and provide guidance as needed
- Manages and Chairs the Health and Safety Committee

**Job Knowledge:**

The work requires the following knowledge, skill and/or abilities:

- A bachelor's degree and accreditation with Human Resource Management specialty. A degree in Business Administration, Commerce, Psychology, Industrial Relations and/or a related field.
- Minimum 7-10 years' experience in a senior Human Resources role and/or an equivalent combination of education and experience
- Training provided for suitable Musqueam Indian Band candidate
- CPHR designation or CPHR candidate preferred
- Solid knowledge of Canada Labour Code, Employment Standard Act, Human Rights and other applicable employment legislation
- Strong employee relations and conflict resolution skills
- Excellent communication skills, both written and verbal and successful track record in working with staff at all levels
- High level of critical and logical thinking, analysis, and reasoning skills to lead operational excellence
- Business minded to recommend strategic HR solutions to the Management/Executive team
- Proactive; demonstrates time management, planning, and organization skills
- Excellent relationship-building skills: you have the ability to influence without authority, develop consensus, and build rapport with a wide variety of people.
- You can bring clarity to grey areas, using a communication style adapted to your internal customers
- You are process-oriented with a 'hands-on' approach
- Ability to build strong relationships to influence and coach the management team
- Proven ability to deliver results when working both independently and within a team environment
- Ability to maintain confidentiality and impartiality while being empathetic
- Participate in budgeting, forecasting and reporting for administrative operations
- Support metric reporting and developing KPI's for business departments
- Responsible for HR and training related expenses and budget
- Previous experience with First Nations organization preferred
- Cultural competency and knowledge of the MIB's cultural traditions is preferred

Please send cover letter and resume to Musqueam Indian Band, HR, at:

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

Please write "HR Manager" on the subject line.

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Position will remain open filled.**

*\* We thank all who apply; however, only those short-listed will be contacted.*



Musqueam Indian Band  
6735 Salish Drive  
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## **JOB POSTING**

### **ENVIRONMENTAL MONITOR INTERN**

**Full-time Term Position 2 Years**

The Musqueam Indian Band is developing and implementing a range of environmental and stewardship plans. The Environmental Monitor Intern is a new position who will work alongside the Environmental Monitor to provide assistance and support. As an Intern, this is a learning position to gain knowledge and experience in identifying and assessing environmental risks, site monitoring, sampling, implementing mitigation plans, and tracking and reporting on monitoring work. This position will report to the Environmental Stewardship Coordinator.

#### **Duties:**

- Learn to interpret reports about environmental issues for a specific site
- Learn and implement appropriate practices for collecting samples (water, soil, air)
- Under the guidance of the Monitor, monitor erosion and sediments
- Assist with ensuring proper clean-up of contaminants (e.g. fuel)
- Accurately record observations from samples and sites
- Identify and locate environmental features of work sites through developing map and terrain reading abilities
- Assist with the operation and maintenance of equipment, including laboratory, field, and monitoring equipment
- Communicate effectively and collaboratively with project team members
- Other duties as required

#### **Job Knowledge & Skills:**

The work requires the following knowledge, skill and/or abilities:

- Skill and knowledge level (reading, writing, basic mathematics) equivalent to secondary school completion
- Courses or experience in biology, ecology, and/or environmental studies an asset
- Interest and desire to gain knowledge and expertise in environmental monitoring
- Ability to work responsibly with minimal supervision, both individually and with a team
- Ability to use tact and good judgement in dealing with sensitive and complex issues.
- Ability to maintain confidentiality.
- Cultural competency and knowledge of the MIB's cultural traditions

Please email a cover letter and resume to Musqueam Indian Band, Human Resources at:

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

*Please write "Environmental Monitor Intern" on the subject line.*

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by September 8, 2017, and will remain open until filled.**

*\* We thank all applications, however, only those short-listed will be contacted.*



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## **JOB POSTING**

### **ENVIRONMENTAL MONITOR**

**Regular Full-time**

The Musqueam Indian Band is developing and implementing a range of environmental and stewardship plans. The Environmental Monitor is a new position that will carry out environmental plans where construction is occurring. This includes reviewing plans for managing environmental risks, monitoring worksites to make sure plans are followed, as well as organizing, tracking, and reporting on monitoring findings and activities. This position will report to the Environmental Stewardship Coordinator.

#### **Duties:**

- Review reports about environmental issues for a specific site
- Collect samples (water, soil, air)
- Monitor erosion and sediments
- Ensure proper cleanup of contaminants (e.g. fuel)
- Record observations from samples and sites accurately
- Create reports based on sampling and observation records
- Read maps and plans to navigate varied work sites
- Identify and locate environmental features of work sites
- Report on monitoring activities
- Assist with the operation and maintenance of equipment, including laboratory, field, and monitoring equipment
- Communicate effectively and work collaboratively with project team members
- Other duties as required

#### **Job Knowledge & Skills:**

The work requires the following knowledge, skill and/or abilities:

- Technical diploma and/or one year of experience in an environmental occupation directly related to construction monitoring, or a similar combination of training and experience
- Map reading knowledge and ability
- Experience in an office and field work environments
- Ability to navigate variable terrain
- Strong problem-solving skills
- Excellent communication skills, both verbal and written, with particular attention to detail and accuracy of field notes
- Strong attention to detail
- Good computer skills, including strong knowledge of MS Word and Excel
- Awareness of health and safety issues and a safety conscious attitude



- Level 1 First Aid is considered an asset
- A positive and enthusiastic attitude, willingness to learn and the ability to work with little supervision
- Cultural competency and knowledge of the MIB's cultural traditions

**Working Conditions:**

- Work is performed in an office environment (planning, reporting) and offsite at assigned worksites (monitoring activities)
- Valid Driver's License
- Successful Criminal Record Check

Please email a cover letter and resume to Musqueam Indian Band, Human Resources at:

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

*Please write "Environmental Monitor" on the subject line.*

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by September 8, 2017, and will remain open until filled.**

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## **JOB POSTING**

### **FISHERIES OFFICER INTERN**

**Full-time Term Position 2 Years**

A new Intern position has been created within the Fisheries Program. Reporting to the Fisheries Manager and Aboriginal Fisheries Officers (AFOs) as directed, the Fisheries Officer Intern will learn about, and assist in, the responsibilities of the AFOs. This includes monitoring of the various Musqueam fisheries and providing public education and awareness of the various fisheries, its cultural importance, the resource limitations and conservation.

#### **Duties:**

- Assist with monitoring and collecting information on fishing and fish habitat related activities to provide status reports on harvesting activities and or habitat degradation for use by the Musqueam Fisheries Commission.
- Promote stewardship of the fisheries resources and habitat among user groups.
- Assist in training courses for new recruits, colleagues, individuals from other agencies, and public organizations.
- Learn about the Musqueam Fisheries Commission and relevant federal, provincial, and local enforcement agencies.
- Collect and records information on hours worked on fisheries or habitat related activities such as: sites inspected; checks of vessels, persons, or vehicles; actions taken; and administrative duties, for planning use by the Commission.
- Assist with providing public education and awareness of fishery issues.
- May accompany AFOs boarding vessels to carry out enforcement activities.
- Develop and maintains effective working relationships with colleagues.
- Perform other related duties as required.

#### **Job Knowledge & Skills:**

The work requires the following knowledge, skill and/or abilities:

- Skill and knowledge level (reading, writing, basic equivalent to secondary school completion)
- Courses or experience in conservation, environment, and/or habitat an asset
- Interest and desire to gain knowledge of, and experience in, the Aboriginal fisheries, the fishing industry, habitat management, and conservation programs.
- Interest and desire to gain knowledge and experience in program delivery in the context of Musqueam or First Nations culture and history.
- Ability to use tact and good judgement in dealing with sensitive and complex issues.
- Ability to maintain confidentiality.
- Ability to learn to operate small vessels.
- Cultural competency and knowledge of the MIB's cultural traditions

**Working Conditions:**

- Work is performed in an office environment and outside, on vessels and at fisheries
- Successful Criminal Record Check.
- Valid Class BC Driver's License and Drivers' Abstract.
- Must be available for on call shifts at all times during the fishing times/season.

Please email a cover letter and resume to Musqueam Indian Band, Human Resources at:

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

*Please write "Fisheries Officer Intern" on the subject line.*

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by September 8, 2017, and will remain open until filled.**

*\* We thank all applications, however, only those short-listed will be contacted.*

VANCOUVER | 24 SEPT

# Walk for Reconciliation

We Are All One | Nous ne faisons qu'un

# Marche de la réconciliation

[www.reconciliationcanada.ca](http://www.reconciliationcanada.ca)



Reconciliation  
Canada



CITY OF  
VANCOUVER



Canada 150+  
Moving forward together  
Ensemble, allons de l'avant



CANADA 150

Canada



Reconciliation  
Canada Capacity  
Partners:



Teck

vancouver  
foundation



SUNCOR  
ENERGY  
FOUNDATION

NORTH GROWTH  
FOUNDATION

# MUSQUEAM HEALTH NEWSLETTER

August 11, 2017

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## MUSQUEAM ELDER'S PROGRAM

*Brenda Campbell*

Musqueam Elders Luncheon: Thursday August 17 12:00 noon  
Musqueam Ladies Group: Tuesday evenings 6:00-9:00pm  
Crochet Group: Wednesday evenings 6:00-9:00pm  
Location: Musqueam Elders Centre Ph: 604-263-6312



### *Save the Date*

**Native Education College  
Celebrates 50 Years**

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When: September 28, 2017  
Time: 4pm - 8pm  
Where: 285 East 5th Avenue  
Vancouver BC

**RSVP at [nec50years.eventbrite.ca](http://nec50years.eventbrite.ca)  
or call 604.873.3772  
#Next50YearsNEC**

**For any Elder's interested in attending the Native Education College 50 years please contact:  
Brenda Campbell at the MIB Elders Centre Ph: 604-263-6312**

# MUSQUEAM HEALTH NEWSLETTER

August 11, 2017

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## COMMUNITY HEALTH PROGRAM

*Crystal Point, RN, CHN  
Lyn Thomas, Assistant*

Crystals Office hours:  
9am-4pm Monday – Friday  
Ph: 604-269-3313

Lyn's office hours:  
8:30-4:30 Monday - Friday  
Ph: 604-269-3354

*Nancy Tai (Public Health Nurse, Vancouver Coastal) will continue to come to the Mom and Baby group on Tuesdays through **AUGUST**. If you are pregnant you may sign up by calling Crystal Point or Lyn Thomas in the Health Dept.*

### Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal Mothers who live on reserve:

- ✚ From the onset of pregnancy until 3 months postpartum we offer weekly \$25.00 Save on Foods Gift cards.
- ✚ Nursing pads, one box per week as needed
- ✚ A one-time gift of an Electric Breast pump. One per family
- ✚ Welcome gift for your new baby

### Pre- and Post-Natal Group: Tuesdays noon-2 PM, Youth Centre

Please join us Tuesdays at 12 noon in the Youth Centre for an informal drop-in group (partners welcome!). Lunch is provided. \*For information on how to register your baby for **First Nations Health benefits coverage** please call Ashlee or Candice in the health department.

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## HOME AND COMMUNITY CARE

*Home Care Nurse: Romeo Cosio, RN.  
Lyn Thomas, Nurse Assistant*

The Home Care Program is available to our community members to assist with hospital discharges, home care aide, and all medical equipment. Home care services & medical equipment require a note from your doctor with your needs specified.

The Arjo Tub Program: Is available at the Elder's Centre between 7-10am Monday to Friday. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week. For assistance with Arjo tub appointments or Home Care service scheduling changes or cancellations call Lyn Thomas.

### Home Care Phone: 604-263-6539

Romeo's Office Hours:  
Mon. Wed. Thurs. Friday 8:30-5:30 (Tues-Off)

Evelyn's Schedule:  
Monday-Friday 8:30-4:30 PH: 604-269-3354

\*For Emergencies Call 911 right away! \*

# MUSQUEAM HEALTH NEWSLETTER

August 11, 2017

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## NATIONAL NATIVE ALCOHOL & DRUG AWARENESS PROGRAM (NNADAP)

**Cyndi Bell - A&D Counsellor**

**Office Hours**

Mon, Tues, Thurs 9:30-4:30 pm

Weds 12-7 pm

Fri 9-4 pm

**Brad Morin – NNADAP worker**

**Office Hours**

Weds-Fri 6-9 pm

Sat/Sun 1-5 pm



We are available for 1:1 counselling, treatment referrals, outpatient resources, information and support in relation to drug and alcohol use. Feel free to drop in or call to make an appointment: 604-269-3454

**Reminder:** There is an AA meeting every Tuesday from 8-9 pm at the 51st Hall!

### Coffee Time with Cyndi

**Every Wednesday evening from 5-6 pm in the Community Centre Café**

Stop by for a coffee! I will be in the café to provide information, support and resources for anyone who is looking for help with substance use issues concerning yourself or a loved one.



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## ART & PLAY THERAPY FOR ADULTS

*Janice Carroll*

Hi my name is Janice Carroll.

I have been a counselor here on reserve for the last 11 years; working with children and youth, using Art and Play Therapy.

My hours have been structured from Tuesday - Friday though **I will now be available for Counselling for Adults counselling on Monday's from 9am-2pm.**

The sessions are one hour, once a week, for Musqueam community members.

Please call my office (located in the Health Department) at 604-269-3453, or [jcarroll@musqueam.bc.ca](mailto:jcarroll@musqueam.bc.ca) if this is something that could benefit you or you'd like more information.



# MUSQUEAM HEALTH NEWSLETTER

August 11, 2017

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## CHRONIC DISEASE MANAGEMENT PROGRAM (CDMP)

*Merv Kelly*

Do you want to exercise but don't know what's best for you? I am available to assist all ages and levels of fitness for all community members, call me or drop by my office. We also offer assistance with health information about Diabetes, high blood pressure, arthritis, etc., and how to help manage these.

*Please provide a doctor's note for clearance to workout with Merv for strength training.*

**Hours – Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm**

Merv Kelly  
Chronic Disease Management Facilitator  
604-263-3261 – Extension 3455  
Email: [merv@musqueam.bc.ca](mailto:merv@musqueam.bc.ca)



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## SAFE DRINKING WATER MONITORING PROGRAM

*Charlene Campbell-Wood*

### WHAT ARE THE BENEFITS OF DRINKING WATER FOR WEIGHT LOSS?

Last Updated: Jan 28, 2015 | By Tyffani Benard

- No matter which weight loss plan you are on, it is necessary to drink eight glasses of water per day.
- No Calories: Water is a naturally calorie-free, fat-free and cholesterol-free beverage. You can drink all you want without worrying about excess or empty calories derailing your weight loss. If you do not like to drink water because it is tasteless, squeeze a slice of lemon or lime into your glass.
- Feelings of Fullness: Drinking water can make you feel full between meals. Try sipping a glass of water when unexpected hunger pangs hit. Wait a few minutes before eating to see if you are really hungry or just thirsty. This simple act will cause you to think before you snack, saving you lots of calories
- Adequate Hydration: A properly hydrated body is a healthy body. Half of your body is water, but you lose some each day through sweating, urination and metabolism. If you do not replace the water you lose, you can easily become dehydrated
- Helps the Metabolism: Water plays a role in the metabolism of the food you eat. When you do not drink enough water, your body is not as efficient at this process.



# MUSQUEAM HEALTH NEWSLETTER

August 11, 2017



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## MUSQUEAM PRIMARY CARE CLINIC

10:00am – 3:00pm Monday to Thursday

(closed 12:00 – 1:00pm for lunch)

10:00 – 4:00 Friday

We are open all week, call in to make an appointment!

*“A healthy outside starts from the inside “*

Accepting new patients.

### PRIMARY CARE FAMILY PHYSICIAN – Friday 10:00am – 4:00pm

Welcoming all Musqueam community members including parents / caregivers with infants and children; pregnant women; youth; adults and elders. Come and join our wonderful Musqueam Primary Care clinic and become a regular patient! Our team meets the highest standards necessary to provide you with safe and confidential health care.

### PRIMARY CARE NURSE PRACTITIONERS – Monday to Thursday 10:00am— 3:00pm (last appointment at 2:30)

#### Services provided every day are:

- ✚ check-ups (PAP, STI, Baby growth checks) and assessments;
- ✚ diagnosis and prescriptions
- ✚ testing (X-rays, ultrasound and blood work)
- ✚ birth control options
- ✚ chronic disease management (diabetes, hypertension, C.O.P.D and lung disease)
- ✚ childhood vaccines; specialist referral

### MEDICAL OFFICE ASSISTANT – Monday to Friday 10:00am – 3:00pm

For an appointment call Mackenzie Gomez, Medical Office Assistant, 604.266.0043

(closed 12:00 – 1:00pm for lunch)

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

We have more Naloxone kits now and if someone would like a kit to please contact the Health Department in the Musqueam Band Office or the Musqueam Primary Care Clinic in the Elders Centre at: 604-266-0043.

We can review training if needed and have practice kits as well.



# CCP REVISION: UPDATE

Issue: 2  
August 2017



The CCP update process is well underway, and we want to share a little bit of what has been happening since the official launch of our revision process on Aboriginal day.

## WHAT'S HAPPENED LATELY?

We have conducted several community engagement sessions and have captured a lot of feedback about the changes that members want to see. These events included outreach on Aboriginal Day, three Family Meetings in early July, and an engagement table at the Intergovernmental Affairs Open House. Each of these sessions involved getting community input about what actions we can take in order to meet the community objectives that were created in the original CCP.



## WHAT MEMBERS HAVE SAID

While all of the community objectives are very important to consider, certain themes emerged much more than others during these engagement sessions. Issues surrounding governance, housing, education, and jobs were some of the most discussed and community members came up with many action areas to address them.

## HOW TO ENGAGE IN THE FUTURE

Keep your eye out for notifications in the weekly community newsletter about upcoming events in the coming weeks and months. Even if you can't make it out to any of the engagement events, there are still many ways you can get involved: Meet with us in person – drop by the administration building and one of the planning staff will happily talk to you, call or email us using the contact info at the bottom of the page, or complete an online survey @ <http://survey.musqueam.bc.ca/>.



## CONTEST



If you want a more creative outlet for your ideas, our #envisionourfuture artistic contest will be running until early September. You can take a photo, write a story, make a carving, make a painting, or use any other medium you like to showcase what you want your community's future to look like. Submissions can be left in the drop box in the community centre, emailed to [ccp@musqueam.bc.ca](mailto:ccp@musqueam.bc.ca), or posted on the CCP Facebook page using #envisionourfuture hashtag. Enter for your chance to win a prize !

## WHAT WILL HAPPEN NEXT

Once we have completed all of our engagement sessions and we have gathered all the necessary information, the planning team will analyze what we collected and bring the results to the rest of the administration and back to the community for further input. We look forward to hearing from you all !



## Questions ?

Contact us at : Tel: 604-263-3661 or Email: [CCP@Musquem.bc.ca](mailto:CCP@Musquem.bc.ca)

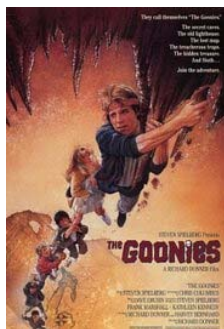
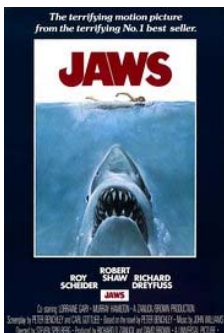


# THROWBACK THURSDAY OUTDOOR MOVIE!

## MUSQUEAM FAMILY EVENT—ALL WELCOME

Location: Cultural Centre Grassy Field  
Dates: Thursday, August 31st  
Times: 8:30pm to 10:30pm  
Cost: Free—some popcorn/pop provided

### MOVIE OPTIONS:



Have a Preference? Let Corrina Sparrow know in office!

**BRING YOUR OWN LAWNCHAIR and BLANKET\*\***

Field might get a little chilly.

Any children younger than 12 years, **MUST** be accompanied by someone 13+ years for the duration of the showing.

Any young children unaccompanied will be sent home by MIB Security.

Thank you for your help to keep our children safe.

THIS IS A DRUG & ALCOHOL FREE EVENT



# **CALLING NOMINATIONS**

## **Musqueam Honouring Ceremony**

**August 29, 2017**

*Join us for this evening event, where we honour the lives and contributions of any Musqueam extended family members!*

### **HOW TO GET INVOLVED?**

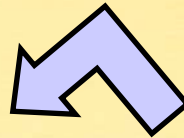
Hand in a written description of why this person needs to be nominated, or come into the office and we can fill out a description together.

We invite your nominee on your behalf, and your families attend the honouring ceremony together.

Dinner and ceremony provided to all participants.

### **HONOURING OUR EXTENDED RELATIVES**

Nominate no later than August 24th.



**CORRINA SPARROW, Musqueam Social Development  
for details or help to nominate a loved one:**

**E: [socialdev@musqueam.bc.ca](mailto:socialdev@musqueam.bc.ca) / T: 604-269-3319**

# Youth Cooking Classes

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x<sup>w</sup>məθk<sup>w</sup>əyəm

**Watch for details!!**

**We will host 2 youth cooking sessions this summer!**

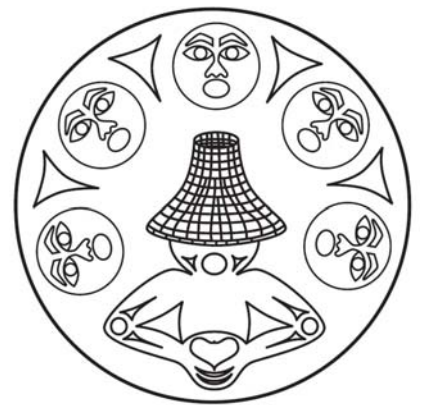
**Musqueam youth 12 years+ can sign up to prepare traditional foods of Musqueam together.**

**Then they serve a fresh luncheon to our respected Musqueam elders and their families in the Café that same day.**

**All supplies and instructors provided. Elders will be shuttled to and from the café each session as needed.**

**Call Corrina Sparrow or Abigail Speck to pre-register!**

## CARVING PROGRAM



We will host an 8 week Traditional Carving Program in the Fall.

This is a beginners course on carving skills, and is coupled with Talking Circles with elders about traditional Musqueam values and stories every session.

Dinner and basic tools are provided each class.

Pre-register now—dates to be finalized.

Contact CORRINA SPARROW, 604-269-3319 / [socialdev@musqueam.bc.ca](mailto:socialdev@musqueam.bc.ca)

# **Social Development Department Notice**

**Friday August 11, 2017**

## **Next Cheque Issue Day - Friday Sep. 1/17**

The “20th” is cut off date to have your renewal slip and job search in if required to do so.

For those eligible for utility payment, please bring your hydro and gas bill's in a.s.a.p.

Mail boxes by reception and outside by back door for your convenience.

New applications will not be accepted on or two days prior to cheque issue day. If your paperwork is not in on time your cheque will not processed on cheque issue day, you will have to wait until the following business day.

Thank you for your cooperation.

Social Development





## CHILDREN OUT OF THE PARENTAL HOME MONTHLY RENEWAL DECLARATION

### PRIVACY OF INFORMATION STATEMENT

Provision of information requested on this document is voluntary and is being collected for the purposes of determining eligibility for Children Out of the Parental Home Income Assistance. The information will be stored in a secure location by your First Nation Administering Authority, who will ensure the confidentiality of the information contained in this document in accordance with standards set out in the Social Development Policy and Procedures Manual of the Department of Indian Affairs and Northern Development (B.C. Region) and will be maintained pursuant to the *Privacy Act* and described in the personal information bank INA-PPU-240. The accuracy of the information in this document may be checked by comparing it against information held by any federal or provincial department or agency or any private agency.

### OFFICE USE ONLY

Administering Authority (AA) and Number: _____	Name of Worker: _____	Date Declaration Reviewed: _____
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### Child

Last Name	First Name	Middle Name
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1. Is the child still in need of Children Out of the Parental Home (COPH) Assistance?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Are there any changes in the composition (make-up) of persons age 18 or older living in the relative's home?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s): _____ _____.		
3. Are there any changes in the amount of financial contribution to the COPH Assistance child?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s) to the amount: _____		
4. Are there other changes concerning the COPH Assistance child or the information provided by the relative?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s): _____ _____.		
5. COMPLETE THIS SECTION ONLY IF THE RELATIVE'S ADDRESS HAS CHANGED		
New Address	Telephone (       )	
Mailing Address (if different)		

### DECLARATION

I declare that the information that I have provided on behalf of \_\_\_\_\_ is true and complete.  
(Child's Name)

I give my permission for this information to be verified and consent to a report being obtained from any reporting agency (for example, but not limited to, Canada Revenue Agency, the BC Ministry of Children and Family Development or the BC Ministry of Housing and Social Development) for that purpose.

Relative's Signature _____	Relative's Name (Print) _____	Date Signed _____
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## SOCIAL ASSISTANCE MONTHLY RENEWAL DECLARATION

### PRIVACY ACT STATEMENT

Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision.  
The information will be stored in personal information bank INA/P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued Social Assistance, please complete this form and return to your local administering Authority at least 2 weeks before the next cheque issue.

1. Are you still in need of Social Assistance?

☐ Yes

☐ No

2 Has your marital / employment situation changed?

☐ Yes

☐ No

If yes, explain change \_\_\_\_\_

3. List any changes in your living situation (e.g. address, rent, etc.). Submit new receipts.

\_\_\_\_\_

Continued on reverse  
901-28 (6-88)

Canada

4. Have you had any earned or unearned income this month?

☐ Yes ☐ No

If yes, complete

Earnings	\$
Family Allowance	\$
Maintenance	\$
Unemployment Insurance	\$
Other (specify)	\$
	\$
TOTAL	\$

5. Has there been any change in your assets?

☐ Yes ☐ No

If yes, complete

Bank Account	
Property	
Other (specify)	
TOTAL	

6. Is there any change in your number of dependents or their school status?

☐ Yes

☐ No

If Yes, explain the change(s) \_\_\_\_\_

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified and I consent to a report being obtained from any reporting agency for that purpose.

Band Name

Family no.

Signature of applicant

Date

# Musqueam Indian Band

## Active Job Search Statement

List dates, names and phone numbers of employers seen and results of job interviews. If needed use the back of this sheet. When completed, sign the declaration at the bottom of this form.

**Please return no later than the 20th of every month**

Date contact made with employer	Business name and address	Person contacted	Phone number	Type of work sought	Results of your request for a job

If you have taken no action to find employment, Indicate why:

- ☐ Found work
 ☐ Sick or Incapable (**Need a Dr's note**)
 ☐ Other (explain) \_\_\_\_\_
- ☐ Pregnancy
 ☐ Attending a course of instruction - Where? \_\_\_\_\_

**Declaration:**

I Declare that: All employers listed on this form and on any attached sheets of paper have been contacted. The information I have given on this form is true.

**I understand that confirmation of my contacts may be obtained from employers whose names I have shown**

Signature of Claimant:	Printed name of Claimant	Date:

This  
Sunday!

# musqueam bike co-op

Join the Musqueam Bike Co-op Facebook group to stay in the loop!

Sunday, August 13th | 11:00am - 3:00pm  
Outside the Community Centre (north entrance)

## Bike Repair Clinic

Volunteer and learn how to fix bikes!



- >> by-donation bike repairs and used parts
- >> 40% - 60% off new parts
- >> youth earn-a-bike program coming soon!

Donate your old bikes and tools!

in  
partnership  
with:



AMS **bike**  
co-op



# **SHARON BINGO NIGHT**



**MUSQUEAM COMMUNITY CENTRE CAFÉ**

**DATE:FRIDAY AUGUST 18, 2017**

**TIME: 6:15**

**START PLAYING GAMES AT 7:00 PM**

**COME OUT AND HAVE A FUN NIGHT**

**THERE WILL BE A CONCESSION STAND**