



FRIDAY JULY 21, 2017

## MUSQUEAM NEWSLETTER

**Tel: 604-263-3261, Toll Free: 1-866-282-3261, Fax: 604-263-4212...Safety Patrol: 604-968-8058**

### "Thank you"~!!!

The planning team wants to extend a big thank you to everyone who was able to participate in the family meetings and to those who came to see us at the IGA open house. The community planning process would not be possible without your valuable input and we thank you for it! For those of you who were unable to make it out to these engagement events - don't worry - there will be many more in the future, so stay posted.

For any of your planning concerns we can always be reached at [ccp@musqueam.bc.ca](mailto:ccp@musqueam.bc.ca) or by calling the band office @ (604) 263-3261

You are also able to share your concerns online @ [survey.musqueam.bc.ca](http://survey.musqueam.bc.ca)

All the best,

The Planning Team

### INDIAN TACOS!!!

WHEN: FRIDAY JULY 28, 2017  
WHERE: MUSQUEAM COMMUNITY CENTRE  
HELP SUPPORT: WANDA LOUIE & FAMILY  
PRICE: \$10/INCLUDES A DRINK



COME JOIN US FOR SUNDAY MASS AT ST. MICHAEL'S CHURCH EVERY SUNDAY @ 12:45 P. M.

HAVE COFFEE AND TEA AFTERWARDS.



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### Smoke Shop Hours

Monday - Friday

9:00am-5:45pm

Closed during Lunch

12:00-1:00

Must be 19 years of age

Must have proper/valid ID



# Musqueam Community Notice

Musqueam Fisheries Department

July 21<sup>st</sup>, 2017

## *Chinook Salmon Fishery Opening*

### *Section 35.1*

**Dates & Times:**      **Saturday July 22<sup>nd</sup>, 2017 0700h(7am) – 2200h(10pm)**  
                                 **Sunday July 23<sup>rd</sup>, 2017 0700h(7am) – 2200h(10pm)**

### **8" Minimum Mesh Restriction with a 3 to 1 hang ratio**

***All nets are subject to inspection by Musqueam AFOs for compliance***

#### **Species and Quantity**

The Fishery is limited to a harvest of: **Chinook salmon**

All efforts and attempts shall be made to return all non-target species including sockeye, steelhead and sturgeon to the water alive.

#### **Use of Fish**

Fish caught under this licence are for food, social and ceremonial purposes. Without prejudice to future agreements, regulations, sale of fish caught under this licence is not permitted.

#### **Gear**

***Drift Nets*** on condition that:

- (i) Nets do not exceed a maximum of 50 fathoms or 300 feet in length and a maximum depth of 60 meshes & **8" Minimum Mesh Restriction with a 3 to 1 hang ratio**
- (ii) Each Participant fishes only one net.
- (iii) Only one net is fished from any vessel.
- (iv) Each net is attended at all times by the Participant who is fishing the net.
- (v) No vessel fishing under the authority of this licence has on board, in a hung condition, any net that does not meet the conditions in (i) above.
- (vi) Spare nets on board a vessel actively fishing are kept in a stowed condition.

***Set Nets*** on condition that:

- (i) Nets do not exceed a maximum of 10 fathoms or 60 feet and a maximum depth of 60 meshes & **8" Minimum Mesh Restriction with a 3 to 1 hang ratio**
- (ii) All Set Nets are identified by a floating buoy prominently displaying the Participant's designation number, and the Participant's designation number is the only numbers displayed on the buoy,
- (iii) All Set Nets fished from poles have buoys attached to the end of the net farthest from the beach by means of a tag line of sufficient length to allow the buoys to be on the surface of the water and clearly visible for inspection at all times.

**All harvesters must have a valid Musqueam Fisheries Communal Fishing Card.**

Musqueam Fisheries Department

Information line 604.269.3393

AFO Contact #s: 604-551-3044 / 778-997-5510

604-369-1932 / 604-396-6575



## Environmental Stewardship Community Advisory Working Group Call Out!

The Environmental Stewardship working group will consist of following individuals:

1. Elder Community Member
2. Councilor
3. Youth Community Member

### Advisory Working Group Mandates

The mandate of this advisory working group is to provide a forum for dialogue and information exchange. They are an opportunity for community members to:

- learn more about our department
- voice their concerns
- provide suggestions for improvements

We've found the working groups to be an excellent way to address environmental issues and develop meaningful relationships with community members based on traditional values, teachings/methods and knowledge, shared learning and mutual respect. Through these working groups, we are currently exploring ways to expand the conversation on Environmental Stewardship Vision:

**"We, the Musqueam, will work together to take care of our territory so the following generations will know how to be self-reliant. We will remember our own history and as well, use our traditional teachings to take care of everyone and everything on this earth".**

ćłhi:yağastal' ct tå ħnimat x"māθk"āğām k" s xařłamāt ct tå sřa:nł tāmāx". stāře řā tθeř wā łāqallāx"ās řał k"θā mīs yařeğaqtałx" wā scāk"ālamāxās k"θā nāx"sk"āyχθāt. nāřemāstāx" ct ceř k"θā sřa:nł syāθ řiř łāw hařk"āx tā snāweyāł k" s xařłamāt ct k"θā māķ" wet řiř k"θā māķ" stem.

### Contact Us!

Apply to the Environmental Stewardship Coordinator at: [yasadian@musqueam.bc.ca](mailto:yasadian@musqueam.bc.ca) with a statement of interest (1-page single spaced maximum) sharing why you are interested in the opportunity and what you hope to contribute as a member of working group. Please write **"Environmental Stewardship Working Group"** on the subject line. Note that honorarium is provided for your time, participation, and feedback.

*We encourage all community members to provide us with suggestions/comments/feedback.*





## CALLING ALL ARTISTS!

WE ARE LOOKING FOR A COMMUNITY MEMBER TO DESIGN A LOGO.

We are looking for a new visual identity and need your help! We are seeking a community member who can design a creative, innovative, and professional logo for the **Environmental Stewardship Department**.

The logo should be recognizable and help promote our Department's vision:

*"We, the Musqueam, will work together to take care of our territory so the following generations will know how to be self-reliant. We will remember our own history and as well, use our traditional teachings to take care of everyone and everything on this earth".*

*ɕhi:yayəstəl'ct tə lɪniməl xʷməθkʷəy̓əm kʷ s xaʔləmət ct tə sʔa:nɪ təməxʷ. stəʔe ʔə tθeʔ wə ɕəqəlləxʷəs ʔal'kʷθə mɪs yəʔeyəqtaɫxʷ wə scəkʷəlaməxəs kʷθə nəxʷskʷəyχθət. nəʔeməstəxʷ ct ceʔ kʷθə sʔa:nɪ syəθ ʔiʔ ʕəw haʔkʷəx tə snəwəyət kʷ s xaʔləmət ct kʷθə məkʷ wet ʔiʔ kʷθə məkʷ stem.*

Winners will be selected by the Musqueam Indian Band Staff.  
Winner is announced on **August 15, 2017**.

Contest winner will  
receive a \$200 Visa  
Gift Card

You Can Submit Up to  
3 Designs Per Person

Please Submit Your  
Design To The  
Environmental  
Stewardship  
Department

### Contact Information

**Yeganeh Asadian, M.Sc., P.A.**  
Environmental Stewardship Coordinator  
Yasadian@musqueam.bc.ca

**Jonathan Point**  
Environmental Stewardship Intern  
Jon@musqueam.bc.ca

Office: 604.263.3261



# The Children's House



## The Children's House Hours

Monday – Friday

7:45 am – 5:00pm.

The Preschool program is now over for the summer!

## Preschool Registration

Preschool Registration for children who are ages 3-5 is now open, if you would like to register your child for preschool please contact Renee Stogan Supervisor at:

Phone # 604 269-3302 or email: [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca)

## The Children's House Staff

Renee Stogan Supervisor: 604 269-3302 email: [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca)

Infant/Toddler Staff: Sherry Point, Angela Point, Christy Friesen, Natasha Stogan

Preschool Staff: Ernestine Herman, Kelly Herman, Sarah Hussain

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Here is an excerpt from the Team BC newsletter:

Nora & Lee's daughter Ashlee and Renee & Mark's daughter Sylvia and Jewel's granddaughter Eva are on the 16U Women

Laurence & Zan's daughter Taylor Paul; Cynthia Louie and Andy Phillips daughter Kaitlyn, Mina Holmes' daughters Jaime & Lauren are on the 19U women

And KELSEY Charlie & DANO Chase are coaching the U19 with GABE Grant, AJ & MATT Speck, DIEGO Gomez, CYLER Point, KEEGAN Charlie are playing for the 19U Men



The 16U female soccer team played an intense game against Team Saskatchewan. The first goal was scored by the opposing team but Team BC quickly refocused and answered back with two crucial goals in the last half resulting in a final score of 2-1. The 19U female soccer team defeated Team Ontario with a final score of 3-1. The team was encouraged by the 19U male soccer team who came with their drums and sang Team BC's theme song – *Yehalilyha*. The game was ultimately called to an early end after the opposing team suffered two injuries.

The 16U male soccer team, *94 Calls*, defeated Team New York with a final score of 4-0, which advanced them to the semifinals. After heat delays, the 19U male soccer team swept Team Yukon 14-0 and advance to tomorrow's semifinals. The teams showed sportsmanship after the game, circling together with Team Yukon to drum and sing.





## 2017 North American Indigenous Games Toronto, Ontario July 16<sup>th</sup> – 23<sup>rd</sup>, 2017



On behalf of Musqueam Recreation, Community Services, our community and our leadership we would like to wish everyone attending NAIG as part of Team BC great luck and safe travels.

Diego Gomez (U19 Soccer)  
Ashley Thorne (U16 Soccer)  
Sylvia Miller (U16 Soccer)  
Jessica Wright (U19 Softball)  
Keegan Charlie (U19 Soccer)  
Cyler Point (U19 Soccer)  
Gabriel Grant (U19 Soccer)  
AJ Speck (U19 Soccer)  
Matthew Speck (U19 Soccer)  
Taylor Paul (U19 Soccer)

Kaitlyn Phillips (U19 Soccer)  
Jamie Holmes (U19 Soccer)  
Laurene Holmes (U19 Soccer)  
Peter Felix (U19 Female Soccer Head Coach)  
Kelsey Charlie Jr (U19 Male Soccer Coach)  
Mina Holmes (U19 Female Soccer Manager)  
Nora Stogan (U16 Female Soccer Chaperone)  
Dano Chase (U19 Male Soccer Manager)  
Courtenay Gibson (Team BC Volunteer)

### ***A message to the athletes***

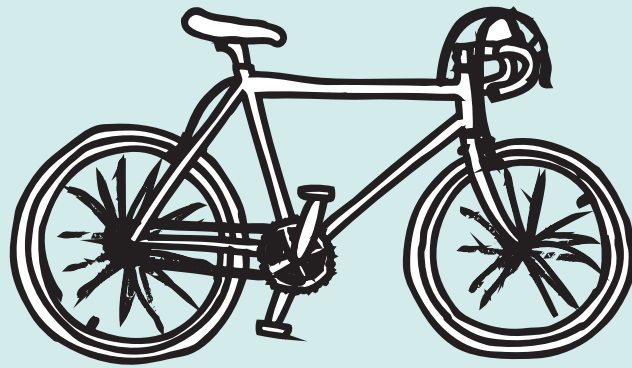
Your hard work and dedication to sport does not go unnoticed. Keep up the hard work and make your community proud not just on the field but off. You are role models and leaders and your community is proud of each and every one of you.

Stay up to date on events and even see games live streamed...

<http://naig2017.to/en/>

<http://isparc.ca/performance-sport/team-bc/north-american-indigenous-games/>  
@TeamBCNAIG or search Team BC NAIG on Facebook

We would also like to wish safe travels to all parents and supporters travelling to Ontario.



# musqueam bike co-op

Join the Musqueam Bike Co-op Facebook group to stay in the loop!

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## Get Involved!

The Musqueam Bike Coop is seeking interested community members to help run bike clinics, learn some more bicycle repair skills and participate in planning for the future of the Musqueam Bike Co-op! While participation is on a volunteer basis, the MBC has a budget to pay honorariums to dedicated volunteers as a token of our thanks and gratitude.

Honorariums will range from (\$30 - \$60) per event, which are approximately 2 - 4 hours each. Most of our events happen on Sundays, but we may arrange some training sessions or planning/visioning sessions on other days based on interest.

As there is a limited budget for honorariums, we may not be able to accommodate all individuals if there is a lot of interest, but we will do our best. Honorariums will be paid by cheque at the end of August.

If you are interested in learning more, please send an email to **[communications@bikecoop.ca](mailto:communications@bikecoop.ca)** or call **604-822-2453** and let us know if you are interested in helping **run events**, receiving **bike repair training**, and/or **planning and visioning**. Don't forget to leave your contact information as well! The MBC will follow up with you as soon as possible.



# **musqueam bike co-op**

## **2017 SUMMER SCHEDULE**

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**JUN**

21<sup>st</sup> - Aboriginal Day, 11am - 3pm

25<sup>th</sup> - Bike Repair Clinic, 11am - 3pm

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**JUL**

9<sup>th</sup> - Bike Repair Clinic, 11am - 3pm

23<sup>rd</sup> - Youth Bike Ride, 11am - 3pm

30<sup>th</sup> - Bike Repair Clinic, 11am - 3pm

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**AUG**

13<sup>th</sup> - Bike Repair Clinic, 11am - 3pm

20<sup>th</sup> - Youth Bike Ride, 11am - 3pm

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Find us outside of the Community Centre!

Join the Musqueam Bike Co-op Facebook group  
for updates.



# Carpentry Foundations 2017

Start: August 8      Finish: March 31

Location: Musqueam Old Gymnasium

Please note, these dates include essential skills before the full program of Carpentry.



**KWANTLEN  
POLYTECHNIC  
UNIVERSITY**



Photo above: Carpentry Program 2016

The graduates of this program are prepared for employment with construction companies, carpentry contractors, and maintenance departments of factories, plants and other establishments. Progression to supervisory positions is possible with additional training and experience.

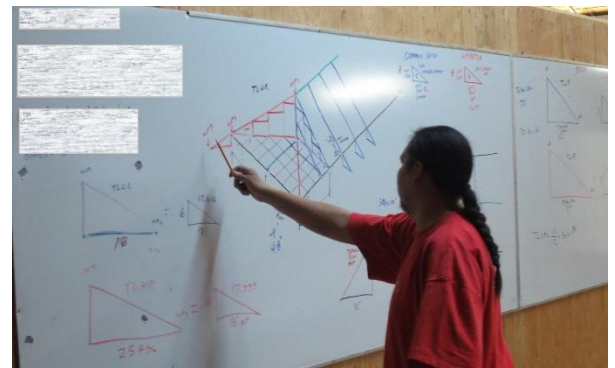


Photo above: Nelson Kenoras



Our students can easily find work after this program by working with our Job Coaches to decide how to either pursue their careers or furthering their studies in carpentry.

Please contact Diane Herman in Employment & Training Department to sign up for this opportunity! You can call her at (604-)269-3461.

Photo to left: Sean Campbell, Part of Salish Construction Ltd.



**MUSQUEAM INDIAN BAND**

6735 Salish Drive  
Vancouver, B.C. V6N 4C4  
Telephone: 604 263-3261  
Fax: 604 263-4212

**JOB POSTING**  
**Employment & Training Assistant**  
**Regular Full-time**

The Employment & Training Assistant provides administration support to the Employment & Training department. This position also works closely with the Health, Education, Membership, Public Works and Social Development departments and participates in all mentor development initiatives as part of community capacity building. This position requires you to be well organized, flexible, an excellent communicator and must enjoy the administrative challenges of working in a fast paced multitasking environment; reports to the Employment & Training Manager.

**Duties:**

- Responsible for assisting Employment & Training team by arranging meetings, handling incoming calls and correspondence and maintaining the department filing system
- Communicate with Band members, outside agencies and contractors on behalf of the Manager to gather information required, by project staff or presenters, to ensure accuracy on all required forms for employment and training department needs
- Computer data entry – use the in-house Accountability Resource Management System (ARMS)
- Plan and organize ARMS training for MIB employees from other departments; facilitate set up of each office and assist in communicating needs of department
- Assist with the development of information brochures, activity tracking forms and reporting formats
- Responsible for advertising to the community about upcoming job and training opportunities, including community notices, staff emailing, client emailing and social media
- Work directly with project participants to assist them in defining personal employment goals, creating job action plans, resume writing, preparation of employment applications and interview materials
- Guide and assist clients in completion of applications for individual seat purchases, including reviewing applications with partners, E&T Manager and staff for funding approval
- Provide guidance & support to clients on diagnostic assessment activities, goals, outcomes, opportunities, pre-testing preparations and assisting with personal development plan completion
- Collaborate with clients to assess skills and employability and support approved strategies to access supports for client opportunities
- Assist clients with referrals and follow ups with other organizations and agencies
- Assist with monitoring financial and administrative controls

- Actively participate in relevant seminars, conferences, and meetings
- Prepare agreements and cheque requisitions obtaining necessary signatures
- Track contracted employee hours, calculate and complete required paperwork to ensure accurate payroll; invoice and report hours in-house and to outside agency partners
- Assist with monitoring of personal development plans, contractual agreements and client obligations
- Provide ongoing support to the Employment & Training staff on special projects and other duties
- Develop and maintain effective working relationships with colleagues, Musqueam band members, and outside agencies

**Job Knowledge:**

- Skill and knowledge usually attained by successful completion of High School and/or Certificate in Business Administration or advanced Administrative Courses combined with at 2-3 years in a First Nations or similar administration office roll; or an equivalent combination of skill, knowledge, and experience
- Have the ability to interact with staff (at all levels) in a fast paced environment, sometimes under pressure, remaining flexible, proactive, resourceful and efficient, with a high level of leadership skills, professionalism and confidentiality
- Excellent written and verbal communication skills, strong decision making ability and attention to detail are equally important
- Computer skills, including advanced knowledge of MS Office, Word, Excel, PowerPoint and Outlook, document imaging/scanning hardware and software, and experience creating electronic copies of documents and maintaining an office filing system
- Knowledge of the local labor market, resource agencies, education and training institutions that may be accessible to project participants.
- Ability to use tact and good judgment in dealing with sensitive and complex issues.
- Ability to maintain strict confidentiality

**Licenses:**

- Valid BC Driver's License
- Ability to drive and have access to a licensed and reliable vehicle for work purposes.

**Working Conditions:**

- Work is mostly performed in an office environment
- Fast paced environment with deadlines
- Successful criminal records check

**Please apply by emailing a cover letter and resume to Musqueam Indian Band to [jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)**

**Please write "Employment & Training Assistant" on the subject line.**

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by July 28, 2017**

*We thank all applicants for applying; however, only those short-listed will be contacted.*



Musqueam Indian Band  
6735 Salish Drive  
Vancouver, BC, V6N 4C4  
Tel.: 604-263-3261  
Fax: 604-263-4212

## **JOB POSTING**

### **ENVIRONMENTAL STEWARDSHIP ANALYST**

**Regular Full-time**

The Musqueam Indian Band is developing and implementing a range of environmental and stewardship plans. The Environmental Stewardship Analyst is a new position providing technical support to the Environment and Stewardship Coordinator, and as directed, to the Musqueam Fisheries Department, Intergovernmental Affairs, and Treaty Lands and Resources Department. The Analyst will report directly to the Environment and Stewardship Coordinator and/or the IGA Divisional Lead as required. This position works closely with staff and other parties to implement Musqueam's environment and stewardship plans, which will include collaboration with partners, and engagement with community and Musqueam leadership.

#### **Role & Responsibilities:**

- Review and analyse referrals and proposed projects and plans
- Assist with conducting research, analysis, and providing support for negotiations with proponents and other parties
- Work closely with MIB technical staff to ensure leadership and community members are engaged in, and informed about, environment and stewardship projects
- Assist with implementing the environment and stewardship plans to ensure alignment with other MIB initiatives and plans
- Assist with community engagement sessions, including preparing presentation materials and newsletters
- Assist with reporting on environment and stewardship projects (work plans, budgets, implementing strategies, etc.)
- Other related tasks as required

#### **Job Knowledge & Skills:**

The work requires the following knowledge, skill and/or abilities:

- Bachelor's degree with technical courses related to urban planning, political science and/or environmental sciences and/or an equivalent combination of coursework and experience
- A minimum of two years' experience in environmental management/policy/planning or similar, including experience working with committee and/or Council structures
- Professional-level report writing, analysis, and communication abilities required
- Analytical skills with problem solving abilities
- Strong research skills
- Detailed oriented
- Knowledge of, or skills required to gain knowledge of, permit processes and environmental legislation and regulations
- Ability to work responsibly with minimal supervision, both individually and with a team
- Ability to collaborate with others and work with cross functional teams

- Ability to use tact and good judgement in dealing with sensitive and complex issues.
- Ability to maintain confidentiality.
- Strong understanding of Indigenous history and politics in British Columbia; cultural competency and knowledge of Musqueam cultural traditions and interests is preferred
- Must be able to work under tight deadlines
- Experienced in Microsoft Word and Excel programs

**Working Conditions:**

- Work is performed in an office environment and periodically in the community
- Successful Criminal Record Check.
- Valid Class BC Driver's License

Please email a cover letter and resume to Musqueam Indian Band, Human Resources at:

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

*Please write "Environmental Analyst" on the subject line.*

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by August 4, 2017.**

*\* We thank all applications, however, only those short-listed will be contacted.*





## **MUSQUEAM INDIAN BAND**

6735 Salish Drive  
Vancouver, B.C. V6N 4C4  
Telephone: 604 263-3261  
Fax: 604 263-4212

### **JOB POSTING GRANT WRITER Regular Full-time**

Musqueam Indian Band is seeking a Grant Writer & Facilitator to provide leadership advice on identification and preparation of a variety of proposals and reports. Working with individual departments through to larger inter-organizational teams, the Grant Writer & Facilitator conducts background research, writes and provides proposal editing, and customized writing, and technical presentations for target audiences with respect to Musqueam values and strategic priorities.

#### **Duties:**

1. Research
  - Performs background research on and develops professional relationships with provincial, federal and private sector funding, granting and contributing agencies
  - Acts as a central resource for knowledge about relevant funding opportunities
2. Facilitation
  - Works closely with band programs and managers to maintain awareness of projects requiring external funding
  - Connects funding opportunities with Musqueam projects and programs
  - Proactively seeks out and encourages individual managers and band programs to apply for funding
  - Facilitates the proposal development process for projects of varying sizes and topics, from small-scale to complex, inter-organizational projects
  - Provides facilitation services as needed in a variety of areas (e.g. chairing project team meetings involving multiple stakeholders, problem solving during the course of a grant funded project)
3. Proposal Development
  - Works collaboratively with individuals and teams of program staff to design, develop and prepare substantial sections of grant proposals, letters of intent, briefings, background document, program rationales, and other reports for submission to funding agencies
  - Tailors writing and presentations to funding agency objectives, priorities and guidelines with a thorough understanding of Musqueam mandates, culture and guiding documents (such as the Comprehensive Sustainable Community Development Plan)
  - Formulates budgets to ensure compliance with funding agency and band policies and program requirements
  - Copy, edits and arranges proposal content into a clear and cogent written format

#### 4. Monitoring

- Tracks and prepares internal reports as necessary on the results of Musqueam's proposals, active grant funded projects and federal contributions
- Ensures all funding and contribution agreements, and other funding contracts are signed by the appropriate authority, submitted to the funder within required time frames, and filed to ensure compliance with Musqueam's financial policies
- Works with the project team to prepare and submit all required narrative and financial reports and documents accurately and on time

#### **Job Knowledge:**

The work requires the following knowledge, skill and/or abilities:

- Expert knowledge equal to that acquired through a university education in a field such as Business Administration or related field and experience
- A minimum of two years' experience in building successful funding proposals for provincial, national, and private sector agencies
- In depth knowledge of successful grant and contribution application procedures and granting and contributing agency requirements
- Strong interpersonal, organizational and problem-solving skills, including the ability to multi-task a range of complex projects and to meet the required deadlines
- Ability to work under pressure and handle frequent interruptions
- Ability to work in an independent and flexible environment
- Excellent English verbal and written communication skills including training and/or education in communication
- Ability to skillfully incorporate a broad knowledge base and communicate complex issues to the non-expert reader
- Excellent critical review and substantive editing skills
- Advanced knowledge of Word, Excel and PowerPoint
- Awareness and knowledge of Musqueam culture, political and social contexts and of First Nations in general

#### **Working Conditions:**

- Work is performed in an office environment
- Successful Criminal Record Check
- Able to travel to off-site meetings and information sessions as required

Please apply by emailing your cover letter and resume to Musqueam Indian Band, HR at:

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

Please write « *Grants Writer* » on the subject line.

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

***This position will remain open until filled.***

*\* We thank all applicants; however, only those short-listed applicants will be contacted.*

**MUSQUEAM INDIAN BAND**

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**JOB POSTING**  
**Human Resources Manager**

Musqueam Indian Band is seeking a Human Resources Manager. This position is responsible for recruitment and retention, employee relations, compensation and benefits administration, performance, attendance management, training and development, and health and safety, ensuring consistency within the organization. Reporting to the CAO/Band Manager, and Chief and Council as requested, also works in consultation with the Finance Manager, CFO and Legal Counsel.

Key responsibilities include:

**Recruitment & Workforce Planning**

- Participate in the full cycle recruitment process for new and experienced hires; ensuring adherence to the MIB strategy
- Provide advice to managers to enable the attraction and selection of talent in order to meet business needs
- Work with team to conduct role evaluations, post job requisitions, and confirm recruitment plan to attract top talent

**Performance Management / Onboarding / Succession Plans**

- Provide advice to managers to enable the attraction and selection of talent in order to meet business needs
- Project manage promotions, transfers, job classifications, annual performance evaluations and succession planning
- Develop people; provide constructive on-the-job feedback/training to Divisional Leaders, Program Managers and Administration

**Communication**

- Advise managers and staff on organizational policies and procedures matters and recommends revisions to the Musqueam Indian Band's personnel policies in accordance with current legislation and employment standards
- Where appropriate, consult and mentor on issues related to legal, procedural, compliance, employee relations, problem resolution, total rewards, recruitment and performance management

**Annual Compensation & Benefits**

- Keeping with MIB strategic direction, work with our customized compensation approach and ensure the efficient delivery of our annual compensation cycle as it relates to classifications, base pay
- Maintain compensation plan by conducting periodic pay surveys; scheduling and conducting job evaluations
- Administer, analyze and modify compensation and benefits plans to establish competitive programs and ensure compliance with legal requirements

**Learning & Development**

- Responsible for learning and development programs and processes
- Assist with the identification of training needs, the selection, development and delivery of appropriate training programs
- Assist in the development and implementation of programs that will drive increased employee satisfaction and commitment level

**Risk Management & Compliance**

- Manage terminations as appropriate, escalate as required; produce documentation and ensure proper HRIS updates
- Interpret policies
- Assist in the investigation of complex situations as they arise and provide guidance as needed
- Manages and Chairs the Health and Safety Committee

**Job Knowledge:**

The work requires the following knowledge, skill and/or abilities:

- A bachelor's degree and accreditation with Human Resource Management specialty. A degree in Business Administration, Commerce, Psychology, Industrial Relations and/or a related field.
- Minimum 7-10 years' experience in a senior Human Resources role and/or an equivalent combination of education and experience
- Training provided for suitable Musqueam Indian Band candidate
- CPHR designation or CPHR candidate preferred
- Solid knowledge of Canada Labour Code, Employment Standard Act, Human Rights and other applicable employment legislation
- Strong employee relations and conflict resolution skills
- Excellent communication skills, both written and verbal and successful track record in working with staff at all levels
- High level of critical and logical thinking, analysis, and reasoning skills to lead operational excellence
- Business minded to recommend strategic HR solutions to the Management/Executive team
- Proactive; demonstrates time management, planning, and organization skills
- Excellent relationship-building skills: you have the ability to influence without authority, develop consensus, and build rapport with a wide variety of people.
- You can bring clarity to grey areas, using a communication style adapted to your internal customers
- You are process-oriented with a 'hands-on' approach
- Ability to build strong relationships to influence and coach the management team
- Proven ability to deliver results when working both independently and within a team environment
- Ability to maintain confidentiality and impartiality while being empathetic
- Participate in budgeting, forecasting and reporting for administrative operations
- Support metric reporting and developing KPI's for business departments
- Responsible for HR and training related expenses and budget
- Previous experience with First Nations organization preferred
- Cultural competency and knowledge of the MIB's cultural traditions is preferred

Please send cover letter and resume to Musqueam Indian Band, HR, at:

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

Please write "HR Manager" on the subject line.

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Position will remain open filled.**

*\* We thank all who apply; however, only those short-listed will be contacted.*



**MUSQUEAM INDIAN BAND**

6735 Salish Drive  
Vancouver, B.C. V6N 4C4  
Telephone: 604 263-3261  
Fax: 604 263-4212

**JOB POSTING**

**Mentor Coordinator/Essential Skills Instructor**

**(Employment & Training Program)**

**Regular Full-time**

***Employment & Training is undertaking an exciting new project – the Skills Partnership Fund – and is hiring a Mentor Coordinator/Essential Skills Instructor to provide leadership in support of the SPF project.***

The Mentor Coordinator/Essential Skills Instructor will provide leadership and management of objectives in support of the SPF Project. The Essential Skills/Mentor Coordinator will establish and maintain effective working relationships with Project Staff, Musqueam departmental contacts guest speakers, employers and our professional diagnostic assessment partner. This position reports to, and works collaboratively with, the Employment & Training Manager to promote the program and design learning experiences appropriate to the client needs.

The Mentor Coordinator/Essential Skills Instructor will negotiate contracts with Mentors and monitor the progress of those contracts; develops and implement a promotional campaign to recruit and develop a pool of Mentor's that will pilot the mentor concept with participants and contribute to the development of the Mentor's handbook. The Mentor's will be oriented to the project goals and matched with a participant in a contractual agreement.

The Mentor Coordinator/Essential Skills Instructor provides guidance to the Job Coaches and Employment & Training Assistant, and leads scheduled classroom sessions, approves personal development plans created by the participants and scheduling of Diagnostic Assessment activities.

The Mentor Coordinator/Essential Skills Instructor will represent the project in meetings with partners and stakeholders while the Employment & Training Manager will represent Musqueam as the host agency, and works with all parties to ensure relevant reports are compiled as may be required.

**Duties:**

- Interacts with Band members, outside agencies and contractors on behalf of the Mentor Coordinator/Essential Skills Instructor.
- Collaborates with E&T Manager on program activities, speakers, activities and schedules; Implements these things in cooperation with the Job Coaches and Employment Assistant.
- Recruits, contracts with and assigns mentors to work with participants. Manages and monitors mentor contracts and progress of the participants. Approves contract payments and maintains supporting documentation;
- Confirms work schedules with E&T Staff and verifies attendance.

Work directly with Participants to ensure they are defining personal employment goals, engaged in the diagnostic assessment process, involved with the creation of their personal development plans and working well with their assigned Mentor.

**Knowledge and Abilities:**

- Knowledge of the English language with verbal and written skills at a level usually associated with Secondary School completion, and a degree in Counselling, Administration, Mentorship Matters, community development or a teaching program certificate; or an equivalent combination of skill, knowledge, and experience.
- Previous experience with First Nations organizations preferred.
- Cultural competency and knowledge of the MIB's cultural traditions is preferred
- Knowledge of the local labour market, resource agencies, education and training institutions that may be accessible to project participants.
- Ability to develop, guide, direct and lead a team; Ability to work as a member of that team, or independently, as may be required.
- Ability to use tact and good judgment in dealing with sensitive and complex issues.
- Ability to maintain confidentiality.
- Ability to type; maintain an office file system; and operate standard office computers and related software.
- Ability to drive and provide a licensed vehicle for work purposes.

**Licenses:**

- Valid BC Driver's License

**Please apply by emailing a cover letter and resume to Musqueam Indian Band to [jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)**

**Please write "Mentor Coordinator" on the subject line.**

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by July 21, 2017**

*We thank all applicants for applying; however, only those short-listed will be contacted.*





**MUSQUEAM INDIAN BAND**

6735 Salish Drive  
Vancouver, B.C. V6N 4C4  
Telephone: 604 263-3261  
Fax: 604 263-4212

**JOB POSTING**

**Mentors**

**(Employment & Training Program)**

***Employment & Training is undertaking an exciting new project – the Skills Partnership Fund – and is hiring Mentors to support the project activities. These positions will be on-call, depending on program/client activities.***

**Position Summary:**

Mentors are vital to the Musqueam Skills Partnership Fund (SPF) project and will serve as advisors, educators, role models and leaders giving back to participants in the Musqueam community, and contributing knowledge and skills through the sharing their professional and personal experiences with multi-barrier client group. Our mentors are to build strong and stable mentoring relationships through trusting, respectful, honest and genuine relationships. These relationships are created to support the personal and professional growth and development of achieving individuals and assisting them to achieve their career goals. The primary functions of our mentors are to build a strong mentor relationship through listening, guidance, advice, teaching, and professional support.

**Duties:**

1. Provide one-on-one mentoring to clients via face-to-face, telephone and email meetings.
2. Meet with the client on a regular basis as per an agreed schedule, to review program progress and plan future activities, including areas for improvement.
3. Assist the client in setting developmental goals and plans to achieve them
4. Discuss work related concerns impeding performance or career growth
5. Share organizational knowledge gained from personal experience
6. Provide objective honest feedback
7. Attend mentor training program to learn mentoring and communication standards.
8. Work with the Mentor Coordinator and the Job Coach to ensure the participants are working on Development Plan activities and goals and what they can expect on the job.

**Knowledge and Abilities:**

- Knowledge of the English language with verbal and written skills at a level usually associated with Secondary School completion, and a business program certificate, counseling degree or economic development training; or an equivalent combination of skill, knowledge, and experience.
- Able to demonstrate a clear and solid understanding of a specific topic, subject, or area that can assist the personal and professional growth and development of the project participants.

- Able to work independently, with minimal direction and oversight. Strong organizational skills and punctuality to scheduled meetings with project participants. Proficiency required using Microsoft products, the Internet, and email.
- Superior communication, presentation and interpersonal skills with individuals and groups. Demonstrates a high level of ease and professionalism to work with a diverse group of management-level and executive-level business professionals.
- Previous experience with First Nations organizations preferred.
- Cultural competency and knowledge of the MIB's cultural traditions is preferred
- Knowledge of the local labour market, resource agencies, education and training institutions that may be accessible to project participants
- Ability to maintain confidentiality.
- Ability to drive and provide a licensed vehicle for work purposes.

**Licenses:**

- Valid BC Driver's License

**Reporting Relationship:** Reports to the Mentor Coordinator

**Please apply by emailing a cover letter and resume to Musqueam Indian Band to [jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)**

**Please write "Mentor" on the subject line.**

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by July 21, 2017**

*We thank all applicants for applying; however, only those short-listed will be contacted.*



## MUSQUEAM INDIAN BAND

6735 SALISH DRIVE  
VANCOUVER, B.C.  
CANADA V6N 4C4  
TELEPHONE: 604 263-3261  
FAX: 604 263-4212

### **JOB POSTING**

#### **Safe Home Residence Worker**

**Full-time Term Position  
(to cover a Leave of Absence)**

*The Musqueam Indian Band is hiring for a full-time term Safe Home Residence Worker to cover a leave of absence. The schedule is Friday – Tuesday, working the evening or night shifts (4:30 pm - 12:30 am OR 12:30 am – 8:30 am.).*

This position is responsible to provide care for the children in the home, while supporting parents and extended family through a process of education, and personal development and the acquisition of parenting skills needed to develop healthy and safe children.

The Musqueam Indian Band Safe Home is a culturally focused place of safety for children who are considered at risk of physical, sexual and or emotional abuse as a result of poor parenting skills/poverty/neglect or because of drug/alcohol issues. It is also a place of change for parents and families in need of help and support.

#### **Job Duties:**

- Perform household chores and general maintenance of the Safe Home
- Comply with program policies and procedures, and expectations for professional behavior and conduct.
- Maintain a thorough knowledge of community and resources.
- Keep daily/monthly written reports, and complete incident reports as directed.
- Maintain a commitment to provide care that meets the nutritional, emotional, cultural, physical, and recreational needs of individual children in the home.
- Work closely with parents and supervisor to ensure the overall needs and well-being of the children are being met.
- Provide appropriate care for each client with respect to his or her individual needs.
- Attend and actively participate in staff meetings and agency training, as needed.
- Other duties as required.

#### **Skills and Abilities:**

- Strong communication skills (verbal and written) with the ability to communicate with children, parents, coworkers and supervisor
- Positive interpersonal and social skills with the ability to provide a positive role model to clients and families
- Good time management and organizational skills
- Ability to understand a team approach

- Ability to follow direction to implement programs and planning for clients
- Ability to maintain confidentiality

**Qualifications:**

- Skill and knowledge usually attained by successful completion of High School or BC Dogwood Diploma or an equivalent combination of skill, knowledge and experience in working with children and families
- Experience and or knowledge of Musqueam First Nations People, their culture and history.
- Successful completion of Food Safe Management (preferred)
- Current First Aid and CPR Certificate (preferred)
- Free of Alcohol/Drug Addictions and misuse

**Working Conditions:**

- Work is performed in the Safe Home with families and children
- Working hours may include day, evening or overnight shifts, including weekends and over the Christmas season
- Successful criminal records check and Vulnerable Sector Check
- Valid class 5 BC Drivers' License and clear driving abstract

Please apply by emailing a cover letter and resume to HR @ [jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

Please write "**Safe Home Residence Worker**" on the subject line

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

Application deadline is July 21, 2017. Position will remain open until filled.

*We thank all applicants for applying; however, only those short-listed will be contacted.*





## Aboriginal HIPPY Canada Program Assistant

### Description

The HIPPY Canada Program Assistant will work under the guidance and direction of the Director of Aboriginal HIPPY to provide ongoing and evolving program and administrative support.

Home Instruction for Parents of Preschool Youngsters (HIPPY) is an evidenced-based program that works with families in the home to support parents, primarily mothers, in their critical role as their child's first and most important teacher. HIPPY strengthens families and communities by empowering mothers to actively prepare their children for success in school.

### Essential Responsibilities

- Provide administrative support for to the Director of Aboriginal HIPPY.
- Support the ongoing administrative needs of new and existing HIPPY sites across Canada.
- Manage HIPPY book and curriculum projects, including orders, printing, shipping, invoicing, etc.
- Maintain all site license agreements and invoicing of Aboriginal HIPPY sites.
- Set-up meetings and make travel arrangements for all Aboriginal HIPPY program staff.
- Organize logistics for pre-service and in-service trainings, special events, fundraising activities and speaker series.
- Assist in project report writing, funding proposal writing, and editing and formatting of documents.

### Secondary Responsibilities

- Assist in office management responsibilities including the ongoing administrative and logistical needs of all programs.

## **Qualifications and Experience**

- Demonstrate administrative proficiency, with at least 3 – 5 years in administrative and program support roles.
- Demonstrate verbal and written communication proficiency in English. Some French capacity would also be an asset.
- Demonstrate excellent organizational skills.
- Experience working with Aboriginal communities and non-profit organizations.

## **Knowledge and Skills**

- Strong interpersonal abilities and the capacity to deal professionally with the public.
- Some experience with early childhood development programs and/or non-profits serving aboriginal communities is preferred.
- Experience with various social media platforms.
- Ability to work within both a MAC and PC environment, including Word, PowerPoint, email, website development and other office-relevant software.

## **SALARY RANGE:**

Up to \$25/hour based on experience and knowledge.

This position is 3 days a week

**Submissions by: July 31, 2017 @ 4:30 p.m. PST.**

**Please submit covering letter and your résumé to as ONE PDF document to:**

Hiring Committee – Re: Program Assistant

HIPPY Canada

508 - 1190 Melville Street

Vancouver, BC

V6E 3W1

or via email to [sparenteau@hippycanada.ca](mailto:sparenteau@hippycanada.ca)



# Employment and Training Department News

Hi all!

If any of you need any help looking for work or even a training to get you on the path to employment please come pop in our office and check in with us. Our Job Coaches (Lindsay Gibson & Terry Sparrow) are here to help you.

If there is a program you are interested in, and is under a year length please feel free to come see us as we do have funding for individual seat purchases! This includes for any tickets you would like to go get renewed for work. If you know the dates for a program you are interested please come in as soon as possible to start the process for you.

Sincerely,

Employment & Training Crew

Diane Herman – Employ Assist  
Phone: 604-269-3461  
Email: [employassist@musqueam.bc.ca](mailto:employassist@musqueam.bc.ca)

Lindsay Gibson – Job Coach  
Phone: 604-269-3355  
Email: [lgibson@musqueam.bc.ca](mailto:lgibson@musqueam.bc.ca)

Terry Sparrow – Job Coach  
Phone: 604-269-3367  
Email: [jobcoach@musqueam.bc.ca](mailto:jobcoach@musqueam.bc.ca)

Wanona Scott – Manager of Employment & Training  
Phone: 604-269-3316  
Email: [wscott@musqueam.bc.ca](mailto:wscott@musqueam.bc.ca)

## HAS THE FOLLOWING POSITIONS AVAILABLE



### OPEN POSITIONS:

#### Cage

- Cage Supervisor
- Drop Count Team Member
- Cage Cashier

#### Food Beverage

- Shift Manager

#### Table Games

- Incoming Professional Dealer
- August 1 Dealer Training Class (20)

#### Finance

- Director of Internal Audit

#### Surveillance

- Operator

#### Security

- Security Officer

#### Guests Services

- Guest Services Representative
- Guest Services Supervisor

#### Facilities

- Maintenance Technician-Contract

#### Marketing

- VIP Services Call Centre Supervisor
- VIP Services Call Centre Specialist
- Promotions Clerk

### To Apply:

- 1) Go to [www.edgewatercasino.ca](http://www.edgewatercasino.ca)
- 2) Click on "Careers" for casino positions
- 3) Click the "Click here to apply for Careers" button
- 4) Click job title
- 5) Click "Apply online"
- 6) Follow on screen directions.

### OR

Submit your resume directly to Talent Acquisition Specialist Angela Lee. 604-687-3343 or email [alee@edgewatercasino.ca](mailto:alee@edgewatercasino.ca)

# Employment and Training Department News

## Upcoming Training Program Opportunity:

### Training Program for Security Professionals

**Partnered with:** Commissionaires

**Dates:** To Be Announced (TBA)

Commissionaires has developed a 20-day training program for Security Professionals that will enable those that complete the training to enter the security workforce with a skill set that is second to none. This training program will fit the provincial standards required. The following is the courses included in the program:

- Basic Security Training
- Advanced Security Training
- Service Advantage for Security Professionals
- By-law Enforcement Training
- Conflict resolution
- Occupational First Aid level 1

Apart from the formal training, Commissionaires will spend a day with those applying for their security licenses assisting with the application process, including conducting digital fingerprints, photos, and all the required forms.

Commissionaires will also offer onsite interviews with the members of their Human Resource team, as well as site tours of their Head Office and security sites within the area.

If you would like more information or to sign up for this upcoming program please contact Diane Herman in Employment & Training department. You can call her at 604-269-3461 or email her at [employclerk@musqueam.bc.ca](mailto:employclerk@musqueam.bc.ca).

## Job Opportunities:

Hi all, Canadian Utility Construction is hiring! Canadian Utility Construction (CUC), a Quanta Services company, provides quality underground construction services to utility companies throughout Western Canada. As a highly recognized company, we specialize in a full range of construction and maintenance services for the Natural Gas Distribution and Transmission industry. We are proud to be a leader in health and safety, and are committed to the safety of our employees, partners and community.

### **The positions available:**

- Concrete/Asphalt Cutter
- Equipment Operator
- Foreman
- Horizontal Directional Drill Operator
- Fleet Clerk
- Gasfitter "B" Ticket
- Hydrovac Operator
- Large Equipment Operator
- Operations Admin Support
- Project Controller
- Project Coordinator
- Project Coordinator
- Skid Steer Operator
- Skilled Laborer
- Traffic Control Person
- Warehouse Associate (Skilled Laborer)

If you are interested in applying for any of the above positions please call us at (604)269-3461 or come down and visit us in Employment & Training.

You can even email Diane Herman at [employclerk@musqueam.bc.ca](mailto:employclerk@musqueam.bc.ca) and she can send you the posting as well how to apply.

# MUSQUEAM HEALTH NEWSLETTER

July 21, 2017

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## IN RESPONSE TO THE COMMUNITY'S CONCERNS & REQUESTS FOR ADDITIONAL COUNSELLING – We are pleased to introduce an additional counsellor for the NNADAP program & more hours of Art Therapy!



**NNADAP Worker: Brad Morin**

**NEW EVENING & WEEKEND SCHEDULE:**    Wednesday/Thursday/Friday (6:00 – 9:00 p.m.);  
Saturday/Sunday (1:00 – 5:00 p.m.)



**Feel free to drop in or call me to make an appointment    604-269-3454**

**I am available for 1:1 counselling, treatment referrals, outpatient resources, information and support in relation to drug and alcohol use and abuse.**

*Cyndi Bell – D&A Intake Worker*

*Please note, I will be back from medical leave beginning July 24<sup>th</sup>! In my absence, please contact the Musqueam Health Department. For assistance with addictions services please see Brad Morin.*

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## ART & PLAY THERAPY for Adults

Janice Carroll



Hi my name is Janice Carroll.

I have been a counselor here on reserve for the last 11 years; working with children and youth, using Art and Play Therapy.

My hours have been structured from Tuesday - Friday though I will now be available for Counselling for 'Adults Only' on Monday's from 9am-2pm. The sessions are one hour, once a week.

Please call my office (located in the Health Department) at 604-269-3453, or [jcarroll@musqueam.bc.ca](mailto:jcarroll@musqueam.bc.ca) if this is something that could benefit you or you'd like more information.



# MUSQUEAM HEALTH NEWSLETTER

July 21, 2017

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## BC SERVICES CARD

**By 2018 -All eligible adults must  
renew enrolment in MSP by February  
2018 and get a BC Services Card.**

The BC Services Card can also be combined with  
a driver's licence.

Plus, using ICBC's existing identity proofing and renewal processes helps keep everyone's personal information more secure and helps prevent fraud such as identity theft or misuse of government services.

Eligible adults (19 and older) can get a BC Services Card when they enrol in MSP or when they renew their driver's licence or BCID. Children and youth under 19 do not need to renew enrolment in MSP and, if they don't have one already, are automatically issued their first Non-Photo BC Services Card when an adult on the account contacts Health Insurance BC or obtains their own BC Services Card.

- **MSP Changes** - Adults 19 to 74 years of age are required to renew enrolment in MSP. The BC Services Card has replaced the CareCard and the Gold CardCard.
- **One card = easy access** - In the future, the BC Services Card will provide easy access to many other provincial services.

**Fees** -There is no fee to get a BC Services Card. However, if you're combining your BC Services Card with your driver's license, fees that apply to the regular [driver's license issuance process](#) still apply.

**How to get a BC Service Card:** Visit an [ICBC driver licensing office](#) with [two pieces of ID](#). Bring your CareCard if you have it.

Check your driver's license and CareCard to be sure your name matches exactly on both. If not, call Health Insurance BC at 604 683-7151 or 1 800 663-7100.

# MUSQUEAM HEALTH NEWSLETTER

July 21, 2017

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## CHRONIC DISEASE MANAGEMENT PROGRAM

Merv Kelly



### Success Story!

I was told over the weekend that Lisa Becker no longer requires “Metformin” medication for her diabetes. Lisa has been keeping very active and watching her diet and staying on top of her medication the past few years. Diabetic clients need to maintain a minimum of 150 minutes of cardio per week to keep blood sugar in check.

I’m so Proud of you Lisa, and I hope you can inspire others that living a Healthy lifestyle is attainable with a little hard work.

Assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these.

Do you want to exercise but don’t know what’s best for you? I am available to assist all ages and levels of fitness for all community members, call me or drop by my office.

**Hours – Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm**

Merv Kelly,

Chronic Disease Management Facilitator

604-263-3261 – Extension 3455

Email: [merv@musqueam.bc.ca](mailto:merv@musqueam.bc.ca)



# MUSQUEAM HEALTH NEWSLETTER

July 21, 2017

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## MUSQUEAM ELDER'S PROGRAM

*Brenda Campbell*

Musqueam Elders Luncheon: Thursday August 3 12:00 noon

Musqueam Ladies Group: Tuesday evenings 6:00-9:00pm

Crochet Group: Wednesday evenings 6:00-9:00pm

Location: Musqueam Elders Centre Ph: 604-263-6312

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## SAFE DRINKING WATER MONITORING PROGRAM

*Charlene Campbell-Wood*

### CAN WATER HELP ME LIVE LONGER?

There are lots of secondary reasons just why this is, but according to **Dr. Jeffrey Griffiths of Tuft University School of Medicine**, much of the credit for longer life spans can be attributed to clean water. Just what health effects are caused by clean drinking water?

**Have a quick look at the list below to see:**

1. Reduces daytime fatigue
2. Improves memory
3. Nourishes skin
4. Essential for digestion, nutrient absorption and chemical reactions
5. Helps remove toxins from your body
6. Aids circulation
7. Regulates your body's cooling system
8. May prevent kidney stones and urinary tract infections
9. Improves muscle tone
10. Helps lubricate joints

So the answer is yes, drinking clean water can help you live longer. On a very basic level, your body cannot store up its own supply of water. It needs fresh intake of valuable water to hydrate cells and remove toxins through your liver and later kidneys. Without this vital replenishing of water, your body dehydrates, slows down and your blood literally 'thickens' as your body releases histamines in an effort to store water up in cells. This has a negative health affect as you are likely to experience headaches and lethargy among other generally negative health effects



# MUSQUEAM HEALTH NEWSLETTER

July 21, 2017

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## HOME AND COMMUNITY CARE

*Home Care Nurse: Romeo Cosio, RN.*

*Lyn Thomas, Nurse Assistant*

Home Care Program is available to our community members to assist with hospital discharges, home care aide, and all medical equipment. Home care services & medical equipment require a note from your doctor with your needs specified.

The Arjo Tub Program: Is available at the Elder's Centre between 7-10am Monday to Friday. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week. For assistance with Arjo tub appointments or Home Care service scheduling changes or cancellations call Lyn Thomas.

### Home Care Phone: 604-263-6539

Romeo's Office Hours:

Mon. Wed. Thurs. Friday 8:30-5:30 (Tues-Off)

Evelyn's Schedule:

Monday-Friday 8:30-4:30 PH: 604-269-3354

\*For Emergencies Call 911 first\*

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## COMMUNITY HEALTH PROGRAM

*Lyn Thomas, Assistant*

*Nancy Tai (Public Health Nurse, Vancouver Coastal) will continue to come to the mom and baby group on Tuesdays through AUGUST. If you are pregnant you may sign up by calling Lyn Thomas at 604-269-3354.*

### Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal Mothers who live on reserve:

-  From the onset of pregnancy until 3 months postpartum we offer weekly \$25.00 Save on foods Gift cards.
-  Nursing pads, one box per week as needed
-  A one-time gift of an Electric Breast pump. One per family
-  Welcome gift for your new baby

### Pre- and Post-Natal Group: Tuesdays noon-2 PM, Youth Centre

Please join us Tuesdays at 12 noon in the Youth Centre for an informal drop-in group (partners welcome!). Lunch is provided. \*For information on how to register your baby for **First Nations Health benefits coverage** please call Ashlee or Candice in the health department.

Next Pre/Post-natal group:

-  July 25 – Baby Message with Marie Arcand

# MUSQUEAM HEALTH NEWSLETTER

July 21, 2017



x<sup>w</sup>mə θ k<sup>w</sup>əy' əm

MUSQUEAM PRIMARY CARE CLINIC

10:00am – 3:00pm Monday to Friday

(closed 12:00 – 1:00pm for lunch)

Accepting new patients

Welcoming all Musqueam community members including parents / caregivers with infants and children; pregnant women; youth; adults and elders. Come and join our wonderful Musqueam Primary Care clinic and become a regular patient! Our team meets the highest standards necessary to provide you with safe and confidential health care.

**PRIMARY CARE FAMILY PHYSICIAN – Friday 10:00am – 4:00pm**

**Services provided every day are:**

- ✚ check-ups (PAP, STI, Baby growth checks) and assessments;
- ✚ diagnosis and prescriptions
- ✚ testing (X-rays, ultrasound and blood work)
- ✚ birth control options
- ✚ chronic disease management (diabetes, hypertension, C.O.P.D and lung disease)
- ✚ childhood vaccines; specialist referral

**PRIMARY CARE NURSE PRACTITIONERS – Monday to Thursday 10:00am – 3:00pm  
(last appointment at 2:30)**

**MEDICAL OFFICE ASSISTANT – Monday to Friday 10:00am – 3:00pm**

**For an appointment call Mackenzie Gomez, Medical Office Assistant, 604.266.0043**

**(closed 12:00 – 1:00pm for lunch)**

**Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7**

We have more Naloxone kits now and if someone would like a kit to please contact the Health Department in the Musqueam Band Office or the Musqueam Primary Care Clinic in the Elders Centre at: 604-266-0043.

We can review training if needed and have practice kits as well.



# The Drum is Calling FESTIVAL l'appel du tambour

## BASKETBALL AT SPORT STREET

FRIDAY 28 JULY 2017

688 Cambie St (entry from Dunsmuir St)

### WHEELCHAIR BASKETBALL SESSION

12 Noon-2pm: Wheelchair Basketball Demos and Participation Opportunity - come and try it out for yourself!  
All welcome - no registration necessary.

### YOUTH SKILLS AND DRILLS CLINICS

supported by Shaw Communications Inc.

# Shaw)

2:30pm-3:30pm: Skills and Drills Clinics  
*Group 1 - 5-7 year olds: maximum of 10 kids*  
*Group 2 - 8-12 year olds: maximum of 20 kids*

4:00pm - 5:00pm: Skills and Drills Clinics  
*Group 3 - 13-15 year olds: maximum of 30 kids*

### FREE REGISTRATION!

Try out 3-on-3 Basketball, sharpen your ball skills in a fun environment and take the opportunity to have a go at Wheelchair Basketball with former Canadian paralympians, Richard Peter and Marni Abbott-Peter.



**REGISTER NOW!**

# The Drum is Calling FESTIVAL l'appel du tambour

## BASKETBALL AT SPORT STREET

SATURDAY 29 JULY - SUNDAY 30 JULY

688 Cambie St (entry from Dunsmuir St)

### 3-on-3 BASKETBALL TOURNAMENT

Youth Basketball supported by Shaw Communications Inc.

FREE ENTRY // GREAT PRIZES



#### Age Categories:

Youth Girls U/13  
Youth Boys U/13  
Youth Girls U/15  
Youth Boys U/15  
Youth Girls U/17  
Youth Boys U/17  
Open Women 18+  
Open Men 18+

Register your team of 3-4 players now - Places limited!

Registration closes Thursday 20 July at 11:59pm



REGISTER NOW!

# **Jewelry Repair Fundraiser**

**By: NEC Jewelry Arts Class**

**Price: By Donation**

**Start Date: Wednesday May, 17, 2017**

**On going until our course is done.**

**We can clean, polish and do simple repairs.**

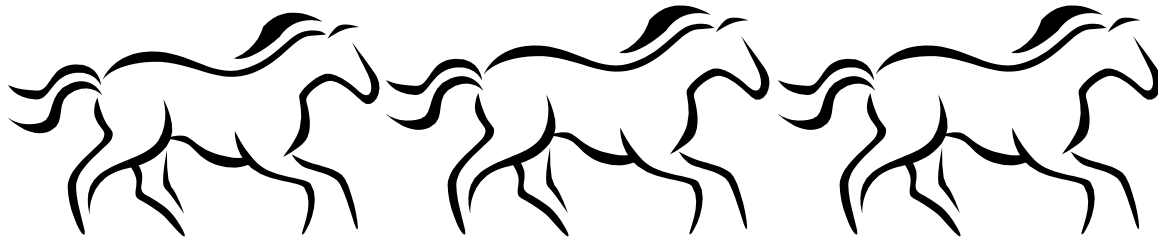
**Deanna-Marie Point, Melanie Gleason-Lyall (Point) & Holly Williams have been taking the Native Jewelry Arts Program.**

The funds going towards our class year end show of our final pieces of carved jewelry, as well as our up coming field trips and Grad.

We look forward into serving you we are located in the  
**Simalano Building upstairs.**

**Or**

**Call Deanna at 604-219-8500 or Melanie through email at  
melz.eagle@gmail.com**



## HORSEBACK RIDING CAMP

For Musqueam Youth Ages 5 – 12 yrs. old

When: Mon. July 31 – Fri. August 4, 2017 8:30am – 12:30pm

Attention: Parents/Guardians

Please return registration form a.s.a.p.

First come first serve! Twelve (12) seats available for this years “horseback riding camp”.

- Parents/guardians will need to provide snacks for their children.
- Children will meet at the new recreation centre at 8:30am and leave no later than 8:45am to start riding camp @ 9am and finish by 12:30pm and return to recreation centre by 12:45 -1pm.

**Instructor – Nancy Brook** is a former Hun’er Jumper Competitor with a Bachelor degree in Education. She has been instructing riders at Wildwood Paddocks for 29 years and has 39 years of teaching experience. Her “claim to fame” is with the young and inexperienced rider. So, if you have a passion for horseback riding, Wildwood Paddocks is a great place to start!

**Horseback Riding Lessons and Camp for our Musqueam Youth Ages 5 – 12yrs old.**

**Children must wear boots (w/heel not flat footwear) on their footing and pants not shorts.**

Only 12 seats available! Please complete registration form and return to reception desk. a.s.a.p.

A waiver and release form will need to be signed by parent/guardian before child can participate in program.

See You There! ☺

# Wild Paddocks Horseback Riding Camp

Located at 55<sup>th</sup> Ave. & Carnarvon St.

Southlands, Vancouver, BC

July 31<sup>st</sup> – Aug. 4, 2017

Time: 9:00am –12:30pm

Return forms to Social Dev. Dept. no later than Wed. July 26, 2017

**First come first serve!**

Child's name: \_\_\_\_\_

Child's age: \_\_\_\_\_

Riding Ability: \_\_\_\_\_

Parents Name (s) \_\_\_\_\_

Phone:

- Home \_\_\_\_\_
- Business \_\_\_\_\_
- Cellular \_\_\_\_\_

I give my child permission to participate in the above activity with the Musqueam Indian Band/Recreation Dept.

\_\_\_\_\_

Parent/Guardian Signature