

## **MUSQUEAM NEWSLETTER**

**Friday February 10, 2017**

**Tel: 604-263-3261, Toll Free: 1-866-282-3261,**

**Fax: 604-263-4212...Safety Patrol: 604-968-8058**

A family's  
**Love**  
is forever

**~ FAMILY DAY – MONDAY FEBRUARY  
13, 2017~**

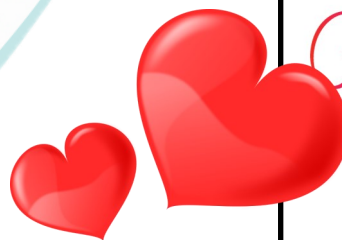
PLEASE BE INFORMED THAT DUE TO  
“FAMILY DAY—MONDAY FEBRUARY 13, 2017,  
MUSQUEAM ADMINISTRATION OFFICES WILL BE CLOSED  
THIS DAY

WE WILL RE-OPEN ON TUESDAY FEBRUARY 14, 2017—  
REGULAR BUSINESS HOURS: 8:30 AM—4:30 PM. (CLOSED  
FOR LUNCH 12:00-1:00 PM)...

**~MUSQUEAM RECREATION CENTRE~**

**OPEN ON “FAMILY DAY” ~ MONDAY FEBRUARY 13, 2017**

The Community Centre will be OPEN from 10:00 am—  
5:00 pm.



*Happy  
Valentine's  
Day*

### **Inside this issue:**

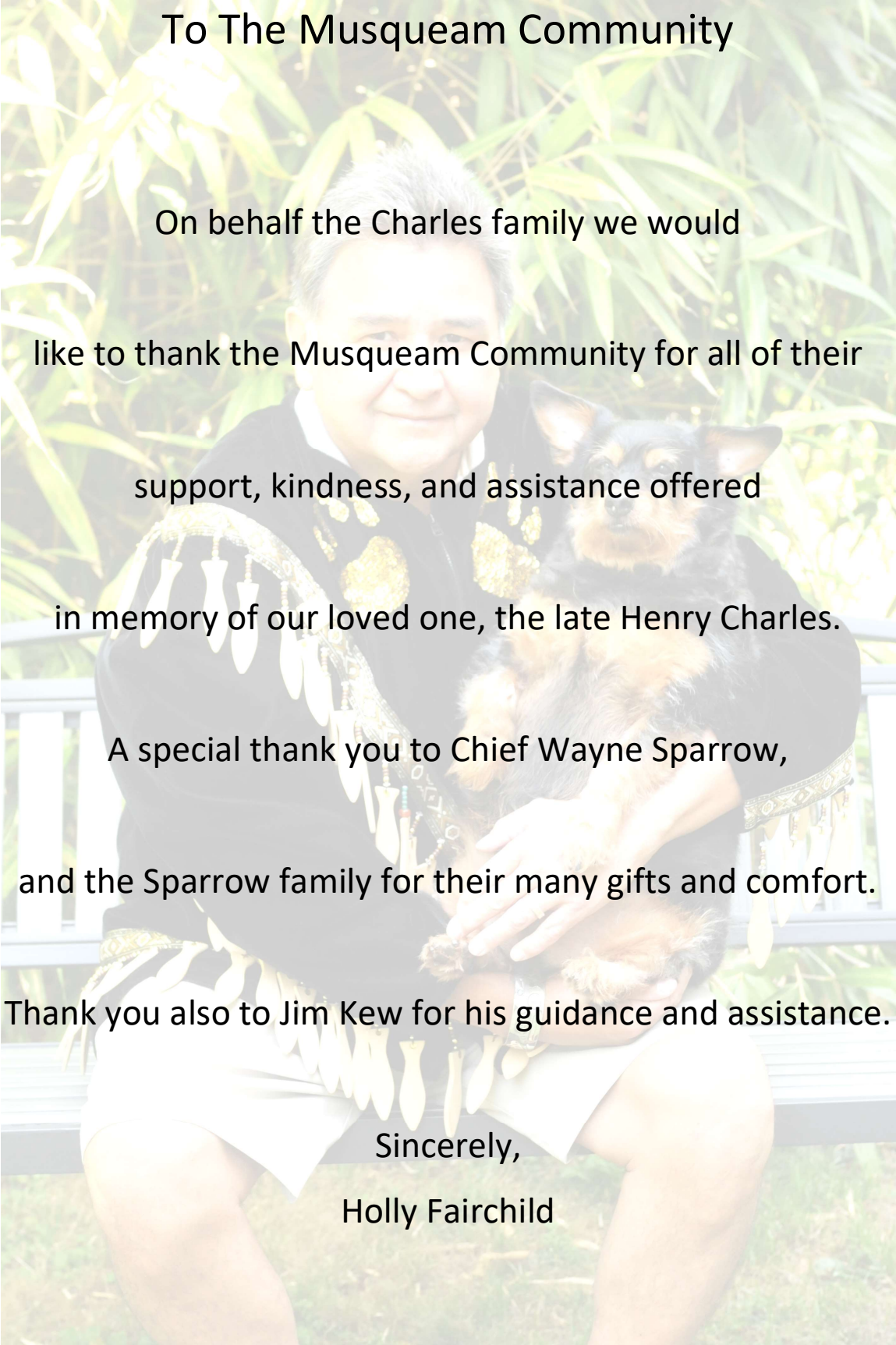
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### **St. Michael's Church**

Please join us at Church,  
Every Sunday @ 12:45  
PM

St. Michael's Church on  
Crown Street.

\* Please be informed that you can view the MIB Newsletter and any Upcoming Meetings' and/or Workshops, etc.  
On the Musqueam website ~ [www.musqueam.bc.ca](http://www.musqueam.bc.ca) ~ under the “Newsletter Section”.... Thank you :)



## To The Musqueam Community

On behalf the Charles family we would like to thank the Musqueam Community for all of their support, kindness, and assistance offered in memory of our loved one, the late Henry Charles.

A special thank you to Chief Wayne Sparrow, and the Sparrow family for their many gifts and comfort.

Thank you also to Jim Kew for his guidance and assistance.

Sincerely,  
Holly Fairchild



## Chief and Council Seeking Band Members for Committees

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Musqueam Chief and Council will be appointing a members to 1 of the 4 standing committees and request applicants from community members for the following:

### **Intergovernmental Affairs**

Description: To provide policy recommendations and guidance related to: Government relationships Federal and Provincial Partnerships and Authorities (e.g. FNHA) Liaison with other First Nations Bands, Constitutions, Referrals, Energy Projects, AHRP, Fisheries Conservation and Community fish Distribution.

Vacant:

- Elder Community Committee Member

Please submit a cover letter stating the Committee or Committees you would like to sit on; attention of the Band Secretary, Leslie Loubert [bandsecretary@musqueam.bc.ca](mailto:bandsecretary@musqueam.bc.ca). Appointments would start from February 2017 and run until January 2021. Community Members are eligible to sit on a maximum of 2 committees at a time.

**EVERYONE WELCOME!**

## **MUSQUEAM 101 – Wednesday February 15, 2017**

**stem? (what?) Musqueam 101 February 15, 2017**

### ***Belongings collected from Fort Langley at the Perth Museum in Scotland***

Guest: Chris Martin

This talk will show the collections from this area that were made by James Murray Yale when he worked at Fort Langley in the 1820s and 30s. He made these collections at the request of a Scottish gentleman who gifted them to the Perth Museum in Scotland. Included in the collection is a model sturgeon harpoon and two remarkable Salish blankets.

Chris Martin is a graduate student at the University of Aberdeen. He is just starting his research on this collection and plans to create rich biographies of these belongings for his thesis.

#### **ni? ʔəncə? (where?)**

Musqueam Administration Offices

#### **təmtem? (when?)**

Wednesday, February 15 Dinner will be served at 6:00 p.m. The presentation will start at 7:00 p.m.

**PLEASE JOIN US!**



Musqueam Indian Band  
6735 Salish Drive  
Vancouver, BC, V6N 4C4  
Tel.: 604-263-3261  
Fax: 604-263-4212

## **JOB POSTING**

### **ARCHIVIST**

**Regular Full-time**

#### **Position Summary**

Reporting to the Senior Archivist, the Archivist is responsible for arranging, describing and making accessible Musqueam's documentary heritage in a manner consistent with Musqueam cultural protocols, archival standards, and best practices.

#### **Duties:**

- perform condition assessments on archival materials and recording findings
- perform light conservation and processing activities as directed under the guidance of the Senior Archivist
- digitization of various media formats (e.g. images, text, and audio (open reel and cassettes), including configuration of digitization equipment, making preservation and access copies, and taking note of content changes, quality issues, etc. as directed
- capture metadata in the prescribed manner
- arrange and describe materials as directed by the Senior Archivist
- assist in providing capacity development activities, such as digitization, arrangement and description, and other archival tasks
- assist with the creation and implementation of a database for archival descriptions
- create multi-lingual authority records and taxonomies in both hən̓q̓əmin̓əm̓ and English
- create manuals and workflows/guides for archival tasks
- transcription of audio materials
- report writing and giving presentations; creation and dissemination of outreach materials
- work across departments in archival projects
- other related tasks as required

#### **Job Knowledge:**

- Master of Archival Studies degree or equivalent combination of education/experience
- A minimum of two years working in an Archives or other cultural heritage institution
- Knowledge of Musqueam Indian Band and/or experience working with First Nations is preferred
- Knowledge of, or willingness to learn, hən̓q̓əmin̓əm̓ for records processing and access
- Knowledge of open reel and cassette digitization standards and best practice is required
- Experience with ICA – AtoM (International Council of Archives Access to Memory) software and in the development of, and data entry into, this system
- Advanced computer skills are required
- Must be able to work independently with little supervision and escalate issues appropriately
- Must also be team oriented, with the ability to engage with other departments and the community

- Strong research skills with excellent writing ability for reports, manual writing, archival descriptions
- Strong verbal communication skills
- Must be detail oriented and capable of maintaining focus during repetitive tasks
- Must be able to maintain strict confidentiality of protected information

**Computer skills required:**

- Proficient with audio software (e.g. Cubase, Audacity), Microsoft Office Suite, ICA-AtoM.
- Proficient with hardware such as open reel and cassette decks, audio digital converts, and scanning equipment.

**Working Conditions:**

- Work is performed in an office environment
- Must be able to lift and move 18 kilograms
- Successful Criminal Record Check

Please email a cover letter and resume to Musqueam Indian Band, Human Resources at:

[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

*Please write "Archivist" on the subject line.*

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by February 17, 2017**

*\* We thank all applications, however, only those short-listed will be contacted.*





## **MUSQUEAM INDIAN BAND**

6735 Salish Drive  
Vancouver, B.C. V6N 4C4  
Telephone: 604 263-3261  
Fax: 604 263-4212

### **JOB POSTING**

#### **Band Manager/Chief Administrative Officer Regular Full Time**

Reporting to Chief and Council of Musqueam Indian Band, this position is responsible for Band Administration and Budget. The Band Manager/Chief Administrative Officer administers a wide range of programs and services under the direction of the elected council members. Program and services to the 1000+ Musqueam Band Members are community- based and focus on respect for the strength and knowledge of both traditional and contemporary values. These programs and services cover the broad spectrum of community social and cultural services ordinarily provided by First Nation governments.

#### **Purpose:**

Administer and oversee Band programs and affairs including but not limited to; public works, education, housing, social development, health, recreation, by- law enforcement, security, community planning, feasibility studies, contracts, land entitlement/land selection process, financial management, membership, Band events, capital improvements, and office services. Responsible for day –to- day activities of Musqueam in accordance with Musqueam values, community plan, the Musqueam Band Administration bylaws, policies and direction from Chief and Council.

#### **Responsibilities**

##### **Administration**

- Supervise Band staff and programs, and ensure that the daily operation of Band government departments and services run smoothly and efficiently.
- Implement Band Council policies, decisions, and regulations.
- Conduct research, correspondence, and completion of reports, etc. arising from the decisions made by the Council, or as instructed by the Council.
- Make recommendations for the efficient operation of all programs and activities.
- Provide annual employee evaluation for the Administration Services staff and for senior staff positions in other departments; assists with other employee evaluations when requested.
- Handle crisis matters which arise on a day-to-day basis, and pass on relevant information to the appropriate Band staff or Council member.
- Upon authorization, negotiates agreements on behalf of the Chief and Council, with final approval provided by Chief and Council.

##### **Public Works**

- Works with committees, managers, and staff to deliver an efficient, coordinated program of construction, maintenance and other public works on Band property.
- Assists Program Managers in preparing annual budgets and planning priorities for housing and other public works for Band Council consideration.
- Prepares service contracts with Indian and Northern Affairs Canada, and ensures their compliance and completion.

**Advice to Band Council**

- Provides Chief and Council and Committees with background information on issues necessary for sound and informed decision making.
- Attends Chief and Council meetings;
- Provides Chief and Council with monthly reports on programs and operations.
- Recommends to Chief and Council changes and/or improvements to Band facilities, services, programs and policies.
- Seeks alternate sources of funding, and upon Council direction, submits proposals to funding sources.

**Financial Administration**

- Oversees that all contracts and financial transactions are conducted according to Band policy.
- Oversees CFO and ensures Band Council is fully informed on all financial matters. Ensures the Chief and Council is provided with detailed monthly financial statements as directed in the *Financial Administration Manual*, and interprets financial information upon request.
- Supervises the CFO's records of accounts to ensure all financial transactions are complete and accurate. Oversees the accuracy of financial statements, bank reconciliations, and budgetary reports. Ensures that all records, books of account, invoices, vouchers receipts and related documents are securely filed and stored.
- Ensures lines of credit are established and maintained with suppliers and agencies.
- Ensures that all requirements are met for annual audit purposes, including an up-to-date inventory.
- Assists in the development of annual budgets, and monitors all departmental/program budgets for compliance. Authorizes expenditures approved by Band Council.

**Clerk of Band Council**

- Prepares agenda for Chief and Council and/or committee meetings in cooperation with Chief or Committee chairperson. Ensures distribution of agenda, previous meeting minutes and required attachments to each Council or committee member two days prior to each meeting.
- Ensures recording of all Band Council Resolutions, minutes, decisions, regulations, policies and proceedings of Council and its Committees. Ensures that properly signed, indexed, filing and the forwarding of copies to appropriate agencies has been completed.
- attends Council and Committee meetings

**Administrative and media liaison**

- Communicate on behalf of the Band with: other First Nation Bands; organizations; agencies; and federal, provincial, or municipal officials or departments.
- Publish Band Council programs and policies. Advises and counsels Band members on programs and policies.
- Liaise with stakeholders, and different levels of government on key issues affecting Musqueam Indian Band.

**Any other relevant duties as instructed by Band Council.****Job Knowledge:****The work requires the following knowledge, skill and or abilities:**

- Significant and proven leadership skills developed through at least 8-10 years in a senior management role, preferably in band management and administration; previous experience as a Band Manager is strongly preferred.
- University degree, a graduate degree preferred, in business or public administration, or equivalent.
- Considerable high-level contacts within federal, provincial and municipal governments, other First Nations organizations, funding agencies and in the non-profit sector.



- Knowledge of and seasoned experience with the Indian Act, other relevant legislation, and Musqueam and First Nations history and culture. Political environment wisdom would be an asset.
- Ability to build effective relationships with external stakeholders and collaborative ventures with diverse constituents.
- Demonstrated success in overseeing organizational finances and budgets.
- Excellent leadership skills, including the ability to motivate managers and staff and the ability to inspire confidence in Councilors, staff, and Band members.
- Judicious and tactful communication style, necessary to coordinate staff's recommendations to Council and integrate overall strategic plan.
- Creative thinker.
- High level and respectful communication skills and the ability to influence and sway decisions internally and externally.
- Experience negotiating agreements.
- Excellent writing skills, grammatically exact and in a conversational style complimented with editing skills to develop reports, presentation and briefing materials
- High level personal qualities and ability to maintain strict confidentiality and exhibit the highest level of integrity

**Relationships:**

- Work requires consistent interaction with all groups, internal and external stakeholders, and interpersonal communications for the purpose of providing opportunities at Musqueam and delivering excellence to support all interested members.

**Working Conditions:**

- Work is performed in an office environment
- Work can include long hours to attend a variety of meetings, including Council and Committee meetings, retreats, and special requests or projects.

**Licenses**

- Valid BC Driver's License
- Successful Criminal Records Check and Background Check

**Please send a cover letter and resume to Musqueam Indian Band, HR at [jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)**

**Please indicate "Band Manager" on the subject line.**

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

This position will remain open until filled.

*\* We thank all those who apply; however, only short-listed applicants will be contacted.*



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**JOB POSTING  
CHILD CARE SUPPORT WORKER**

**Part-time Term Position  
20 Hours/Week (4 hours/day)  
ASAP start – March 31, 2017  
Term may be extended to August subject to funding**

The Musqueam Indian Band Child Care is seeking a temporary Child Care Support Worker to add to their team. This is a part-time (20 hours/week) term assignment to start as soon as possible until March 31<sup>st</sup>, 2017 with the possibility of extension. You will be working with a great team helping out in the Child Care Centre, Monday to Friday (9 a.m. – 1:00 p.m.). If you have a positive attitude, love working with children, this is a great opportunity.

**Duties:**

- Work specifically with one child requiring additional support, and provide general assistance as part of the team.
- Establish and carry out a daily activity schedule that incorporates child directed activity, care routines, and transition times.
- Use a variety of teaching techniques including modeling, observing, questioning, demonstrating, and reinforcing.
- Implement the activities and skills provided to assist children in developing the necessary coping skills for addressing unique life issues.
- Communicates relevant information to other team members.
- Documents the child's progress according to program guidelines.
- Performs other related duties and tasks as required based on specific needs of the family and the program.

**Knowledge and Abilities:**

- Skill and knowledge usually attained by successful completion of High School and a Certificate in Early Childhood Education, and/or experience in an ECE setting.
- Knowledge and experience of similar program delivery in the context of Musqueam or First Nations culture and history.
- Ability to use tact and good judgment in dealing with sensitive and complex issues.
- Ability to maintain confidentiality.
- Ability to communicate effectively, both verbally and in writing
- Ability to work independently and in cooperation with others..

**Licenses/Certificates Preferred:**

- Early Childhood Educator's Certificate & License is preferred
- Special Needs Certificate and License is an asset
- Degree relating to child development is an asset
- Previous childcare experience
- First Aid Certificate

**Working Conditions:**

- Work is performed in day care environment as well as outdoors
- Ability to pass the Criminal Records Check

**Please apply by emailing a cover letter and resume to Musqueam Indian Band, Human Resources at [jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)**

**Please write "Child Care Support Worker" on the subject line.**

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Please apply by February 10, 2017.**

*We thank all applicants; however, only those short-listed will be contacted.*



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## **JOB POSTING**

### **Environment & Stewardship Mentee One Year Full-time Term Position**

*The Intergovernmental Affairs Division is providing an exciting learning/capacity development opportunity for a community member. This term position will be working with the Environment & Stewardship Coordinator, who will be managing programs and projects related to the Musqueam's water (non fisheries), land and environment and stewardship issues.*

**Position Summary:**

The Environment & Stewardship Mentee will work directly with (and report to) the Environment & Stewardship Coordinator. Key tasks will be to assist with managing paper and digital files. In addition to clerical duties, the Mentee will learn about project management, stewardship initiatives, negotiations, analysis and communication. As this is a learning position, professional development opportunities will be provided and participation is expected to fulfill the purpose and objectives of this position within Musqueam Indian Band.

**Duties:**

- Assist with clerical duties, including filing electronic and hardcopy files
- Attend relevant meetings, briefings and community engagement sessions
- Assist with preparing documents (including briefing packages, minutes, etc.)
- Assist with logistics of planning meetings (including community engagement sessions, proponent and government meetings, etc.)
- Participate in professional development opportunities provided to the position throughout the term and incorporate learning into the role

**Knowledge, Skills and Abilities:**

- High School Diploma or equivalent
- Experience working in an office environment
- Strong working knowledge of computers, and typing skills
- Good interpersonal and communication skills
- Administrative and organizational skills, with attention to detail
- Must understand and respect the nature of confidential and privileged information
- Willing to learn new skills and concepts with the ability to apply the learning

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

Please email a cover letter and resume to Musqueam Indian Band, HR at  
[jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

Please write **"Environment & Stewardship Mentee"** on the subject line.

**The closing date for applications is February 17, 2017**

*We thank all applicants; however, only those short-listed will be contacted.*



# Musqueam Self Governance

This year, we will be engaging the community to discuss:

- ▶ Self Governance
- ▶ Reconciliation
- ▶ Development of Musqueam's Constitution

These actions were identified as priorities in Musqueam's Comprehensive Community Plan (CCP)

***Stay tuned for future engagement opportunities!***





# BRIDGE THROUGH SPORT



READING CLUB: MONDAYS  
3:30-5:30  
CREATE A COMIC STRIP!

MYP: WEDNESDAYS 6:00-8:30  
MOVIE AND PIZZA NIGHT!



## MATH AND SCIENCE CLUB: 3:30-5:30

STOMP ROCKETS WITH UBC PHYSICS

COME AND LEARN ABOUT HOW & WHY  
THINGS MOVE, AND ENERGY!

UBC is hosting a Sneak Peek for the  
Musqueam Community on Sunday  
February 12th 2017 from 9:30am –  
11am. We hope that members from the  
Musqueam Community can come join us  
at the new UBC Aquatic Centre on the  
Family Day weekend for some fun in our  
Leisure pool and 25m Recreation Pool.

**Community Health Nursing Program**

Natalie Frandsen, RN,

Patricia Mathison, Assistant

**CHN Newsletter****Multi-sport and Playtime for Toddlers!**

UBC and MIB Health Department are partnering to host “Active Kids Multisport and Playtime” for Musqueam Toddlers

**1.5-3 year olds:** Mondays, 430pm-5pm (January 16 - March 6); *parent or guardian participation*

*Required; NB: No class February 13*

**3-5 year olds:** Mondays, 5-5:30 pm (January 16 - March 6); *no parent or guardian participation;*

*NB: No class February 13*

**Location:** community centre gym—sign in will be in the community centre lobby

**Registration:** For more information or to register, please contact Patricia Mathison (604-269-3354; nurseassist@musqueam.bc.ca).

**Take Home Naloxone Community Forum: March 2, 6– 7:30 PM (community centre)**

**Facilitator:** Sarah Levine, RN

**Where:** Community Centre Classrooms 1 & 2

There were 332 illicit drug overdose deaths with fentanyl detected from January through September 2016. This is a 196% increase over the number of deaths (112) occurring during the same period in 2015. A public health emergency has been declared in BC. To ensure that community members are able to respond to overdoses, the health department (in partnership with Vancouver Coastal Health) is hosting an education session. The session is open to all Musqueam staff and community members. For more information on the Take Home Naloxone Program, see: <http://towardtheheart.com/>

*Dinner is not provided but light refreshments will be available.*

**Are you pregnant or have you recently had a baby?**

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal Mothers who live on reserve:

- From the onset of pregnancy until 3 months postpartum we offer weekly \$25.00 Save on foods Gift cards.
- Nursing pads, one box per week as needed
- A one time gift of an Electric Breast pump. One per family
- Welcome gift for your new baby

Community Health Nurse, Natalie Frandsen can register you for the “Healthy pregnancy, Healthy Babies” Program. If you are pregnant you may sign up by calling Natalie Frandsen, CHN at 604-269-3313 or Patricia Mathison at 604-269-3354.

**Pre- and Post-natal Group: Tuesdays noon-2 PM, Youth Centre**

Please join us **Tuesdays at 12 noon** in the Youth Centre for an informal drop-in group (partners welcome!). We provide lunch, friendship with other young families, and special guests who provide education on pregnancy and baby related topics.

**February 14:** Valentine’s day craft and lunch

**February 21:** Yoga with Janet Wallden (for pregnant and post partum moms—all fitness levels welcome!)

**February 28:** Yoga with Janet Wallden

Check out Janet’s web page: <http://www.janetsyogalink.com/>

*“It is health that is real wealth, not pieces of silver and gold.” Mahatma Ghandi*





**Musqueam Primary Care Clinic**

Dr. Michael Dumont, GP

Mackenzie Gomez, MOA

**Primary Clinic Location:** Musqueam Elder's Centre.

**Clinic Hours:** Friday 10 am- 4pm

**Phone:** 604-266-0043

To book an appointment or have questions, please call 604-266-0043.

***Our Clinic is providing a strong foundation for the health and wellness of our community, our goal is to improve access to culturally safe health services for generations to come!***

**\*\*FOR EMERGENCIES CALL 911**



**MIB Home & Community Care Program**

Romeo Cosio, HCN,

Patricia Mathison, Nurse Assistant

Home Care Office Hours:

Mon, Wed, Thurs, Friday 8:30-5:30 , Tuesdays- OFF.

Patricia's Schedule: Monday-Friday 8:30-4:30 / PH:604-269-3354

In home care is available to our Band Members living on reserve, to assist with hospital discharges, home care aides, and medical equipment. In-home care and all medical equipment require a note from your doctor with your needs specified. You may also call Patricia Mathison for assistance with your questions about home care service, or medical equipment.

Cancellations of Home Care service: Please notify us as soon as possible for any Cancellations; at least 24 hours in advance is helpful.

**The Arjo Tub Program:** The Arjo Tub is a therapeutic bath offered through our Home Care Program and is available at the Elder's Centre between 7-9:30am Monday to Thursdays. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.





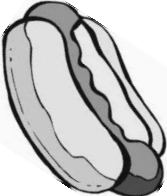
For an appointment call Patricia Mathison, Nurse Assistant at 604-269-3354

**\*\*FOR EMERGENCIES CALL 911**



## YOUTH CENTRE

Abigail Speck at the Youth Centre at 604-269-3465 Email: youthcentre@musqueam.bc.ca

Monday February 13th	Tuesday February 14th	Wednesday February 15th	Thursday February 16th	Friday February 17th
<b><u>Family Day</u></b> <b><u>Activities</u></b> <b><u>10:00—5:00</u></b> 	<b>Arts &amp; Crafts</b> 	<b>Card Games</b> 	<b>Bridge Through Sport</b> 3:30—5:30 	<b>Movie Night</b> 

**The Youth Centre will be open from 2:00 pm—9:00pm Monday—Friday**

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years old or older

**\*\*Please note that the Youth Centre will be open @9:00 AM when kids have professional days\*\***





## Safe Drinking Water Monitor Program

*Charlene Campbell-Wood*



### Our Drinking Water Source

The Water Services utility provides clean, high-quality drinking water to 2.5 million Metro Vancouver residents in the Lower Mainland. Over one billion litres of water flows through our taps every day.

#### Where does it come from?

Our water comes from rainfall and snow in the mountainous areas called watersheds, north of the cities. There are three watersheds, Capilano, Seymour and Coquitlam. The mountains receive about 3.5 meters of rain (more than the city), mostly from October through April. In addition to the rainfall there is, on average, a 4.5 metre snowpack in the higher elevations each year. The rain and melting snow flows downhill through small lakes and streams into large collection lakes called a reservoirs. Water is stored year round in the reservoirs, then treated and distributed to the cities.

Metro Vancouver captures, stores and treats your drinking water, then distributes it wholesale to our member municipalities using a network of dams, water mains, pumping stations, storage reservoirs and secondary disinfection stations. The drinking water flows seamlessly into member municipalities' distribution systems which deliver it to properties for businesses and residents.



## Musqueam Elders

*Brenda Campbell, Elders Coordinator*



### Musqueam Elders luncheon

When: Thursday Feb. 16, 2017.

Where: Musqueam Elders Centre

Time: 12: 00 Noon

### Musqueam Ladies Group

We meet every Tuesday evenings.

Time: 6:00 pm – 9:00 pm.

Place: Musqueam Elders Ctr.

*Thank you: Brenda Campbell / Musqueam Elders Coordinator / Phone: 604 263 – 6312.*



**National Native Alcohol and Drug Awareness Program (NNADAP)**

*Cyndi Bell*

**Cyndi's Office Hours**

Mon, Tues, Thurs 9:30-4:30

Weds 12-7

Fri 9-4

**Feel free to drop in or call me to make an appointment: 604-269-3454**

**You can call or e-mail me at [NNADAP@musqueam.bc.ca](mailto:NNADAP@musqueam.bc.ca)**

I am available for 1:1 counselling, treatment referrals, outpatient resources, information and support in relation to drug and alcohol use and abuse. The NNADAP office is in the community centre on the 2nd floor.



**Coffee Time With Cyndi**

**Every Wednesday evening from 5-6 pm in the Community Centre Café**

Stop by for a coffee! I will be in the café to provide information, support and resources for anyone who is looking for help with substance use issues concerning yourself or a loved one.

*I am looking for Elder's who have quit smoking and would be willing to share their story at a tobacco prevention/cessation workshop. If you are interested, please let me know!*

**support in relation to drug and alcohol use and abuse.**



**Chronic Disease Management Program**

*Merv Kelly*

You may call me or drop by my office: Hours

Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm

Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these. Do you want to workout but don't know what's best for you?

Available to assist all ages and levels of fitness for all community members.

Merv Kelly

Chronic Disease Management Facilitator

Ph: 604-263-3261 – Extension 3455

Email: [merv@musqueam.bc.ca](mailto:merv@musqueam.bc.ca)



## **Call to Musqueam artists for Canada 150+ murals**

The City of Vancouver is seeking proposals for painted or printed murals that celebrate the creativity of Indigenous artists and the rich cultural histories and continuing presence of Indigenous peoples in what is now known as Vancouver, as well as look toward the city and the country's future.

*Musqueam artists of all levels of experience are encouraged to apply and collaborations are encouraged!*

\*A final design is not required for the proposal application.

Proposal application deadline:

**Wednesday, February 22, 2017**

Learn more:

**[vancouver.ca/publicart](http://vancouver.ca/publicart)**

Contact **Gordon Grant** at the Band Office

Attend the city's info session for Indigenous artists:

Vancouver Public Library (Central Branch)

Tuesday, February 14, 5:30 pm

# Call for Artists!!!

## The HSBC World Rugby Sevens Series is coming back to Vancouver on March 11<sup>th</sup> and 12<sup>th</sup>, 2017

Once again, Vancouver is a stop on the HSBC World Rugby Sevens Series. Musqueam is the host Nation for this year's tournament. The Canada Sevens organizing team is seeking submissions of Coast Salish artwork (along with cost to purchase design) to be considered for the official medals for the tournament. The timeline is tight as they need submissions by **Wednesday, February 15<sup>th</sup>, 2017**. They do apologize for the timeline as using medals has just recently been implemented.

**Please submit artwork for consideration to:**  
**Gordon Grant, Protocol and Communications**  
**Musqueam Indian Band**  
[protocol@musqueam.bc.ca](mailto:protocol@musqueam.bc.ca)

### Men's Medal Design



Specs: Diameter – 63 ½ mm, Thickness – 5 mm



# Cedar Weaving

Todd Giihlgigaa DeVries, Haida Cedar Weaver

Many community members have been attending classes with Todd downtown for a number of months. The ladies have requested some space in the community centre to participate in this drop in program closer to home. Please feel free to come and join the fun. The setting is informal and on a drop in basis. Please ensure to arrive at the start of the session to make full use of the teaching time.

You can learn different weaving techniques such as twinning. Projects include anything from bracelets, headbands, baskets, rope etc...

**Mondays 5:00 pm – 8:00 pm**  
**Community Centre Café**  
**Starting January 16<sup>th</sup>, 2017**

Cost - \$15 per session inc cedar  
\$10 if you have your own cedar etc  
Potluck meal before each session.





UBC AQUATIC CENTRE  
6080 Student Union Blvd.  
Vancouver, BC V6T 1Z1  
Phone: 604.822.4501  
Email: aquatic.centre@ubc.ca

# *You are Invited...*

## 'Sneak Peek' at the new UBC Aquatic Centre

Residents of the Musqueam Community are invited to submit their names to be among the first to experience the new UBC Aquatic Centre.

**DATE:** Sunday February 12 2017  
**TIME:** 9:30am—11:00am  
**LOCATION:** Meet at the Main Entrance of the *new* UBC Aquatic Centre  
**OBJECTIVES:** Allow you to be among the first to experience the new facility.

- Parking info: The closest parking location to the new facility is North Parkade [http://www.maps.ubc.ca/PROD/index\\_detail.php?show=y,n,n,n,y,y&locat1=792](http://www.maps.ubc.ca/PROD/index_detail.php?show=y,n,n,n,y,y&locat1=792)
- Construction: There is construction in the area, we invite you plan to arrive early and consult the map found here. <http://planning.ubc.ca/vancouver/transportation/construction-detours>
- Waiver/release: Upon arrival you will be asked to complete and sign a participant waiver and release. Photo/video of activities onsite may be captured for use by UBC, UBC Athletics & Recreation, Acton Ostry Architects (AOA), MacLennan Jaunkalns Miller Architects (MJMA), Heatherbrae Construction, or other key partners. Participants may be asked to respect restrictions re: media / social media.

Sign up with Vanessa or Courtenay,  
get your name on the list! The  
Musqueam van will fill up quickly.

# THE RIDE TO CONQUER CANCER 2017

## AUGUST 26-27, 2017

### VICTORIA L. SPARROW

**My Participant ID: 310814-5**

Hello All,

I volunteered for the Ride to Conquer Cancer again. This will be my second ride for the cause and I hope to gain your support.

I started with Stuart Olson Construction Ltd. in May 2016, I enjoy my place of work and the awareness we bring to important cause, like this ride- for Cancer. Stuart Olson Construction has registered a team for an '*experience*' called The Ride to Conquer Cancer presented by Silver Wheaton benefiting BC Cancer Foundation and I'll personally be participating in this two-day major cycling event, which is scheduled for 26<sup>th</sup>/27<sup>th</sup> August 2017.

We'll be cycling through the scenic Pacific Northwest region, down to Seattle with thousands of other Riders. All the proceeds go to BC Cancer Foundation to support cancer research, treatment and services. BC Cancer Foundation is a leading comprehensive institution devoted to cancer research and care, and the work they're doing is cutting-edge.

I've agreed to raise at least **CAD \$2,500**, but I've set my personal goal to **CAD \$5,000**. Could you please consider making a donation? You can visit my webpage, and please take the time to support me or I attached a paper donation form. Please keep in mind the commitment I'm making to end this heartbreaking disease and the personal efforts I'll have to make to accomplish this.

Cancer has touched too many of us with our family and friends. I would like your support for my ride this August 2017. I hope to hear from our community, get a little support. My email is [Victoria.l.sparrow@gmail.com](mailto:Victoria.l.sparrow@gmail.com) or see the website, search for Victoria Sparrow. I will be training from now until August. Feel free to honk, yell our support me while riding around Musqueam, City of Vancouver. Thank you for your time.

Thank you in advance for your generosity!





# 2017 DONATION FORM

Thank you for donating to the 2017 Ride to Conquer Cancer® presented by Silver Wheaton benefiting BC Cancer Foundation

## WHO ARE YOU DONATING TO?

Name Victoria Sparrow Participant Number 310814-5

## PRINT YOUR NAME CLEARLY, AS YOU WISH IT TO APPEAR ON YOUR TAX RECEIPT.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Company Name (for business donations) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Email (to receive tax receipt by email) \_\_\_\_\_

Phone (mandatory for credit card payments) \_\_\_\_\_

In order to receive important Ride information including event updates, training and fundraising tips, and information on how funds raised are being used, you need to OPT-IN to communications. You may withdraw your consent and opt-out at any time.

Please send me Ride to Conquer Cancer updates, news and information and other commercial messages via (select all that apply):

- ☐ Email  
☐ Robocall  
☐ SMS message

Please mail this form with your donation to this address:

The Ride to Conquer Cancer  
P.O. Box 2017  
Vancouver, BC V6B 3R6

Or donate online at  
[conquercancer.ca](http://conquercancer.ca)

- Each cheque must come with its own donation form.
- All donations will be credited in Canadian dollars. We cannot accept cash donations.
- All donations are 100% tax deductible, tax receiptable (if you donate \$10 or more), non-refundable and non-transferable.
- Ask your company if they provide matching gifts for donations.

## CHOOSE YOUR LEVEL OF DONATION.

We're grateful for anything you can give. Every dollar counts in the fight to save lives!

- ☐ **Honorary Rider** **\$2,500**  
☐ **Crusader** **\$1,500**  
☐ **Speedster** **\$1,000**  
☐ **Explorer** **\$500**  
☐ **Roadie** **\$250**  
☐ **Free Wheeler** (any amount) \$ \_\_\_\_\_

### ☐ Payments Over Time

\_\_\_\_\_ monthly payments of \$ \_\_\_\_\_  
(Monthly payments must be \$25 or higher and cannot extend beyond Dec. 31, 2017)

For more information about BC Cancer Foundation, please visit [bccancerfoundation.com](http://bccancerfoundation.com).

Please enter your name or message as you would like it to appear on the participant's Honour Roll.

- ☐ I prefer not to show the amount of my gift on the participant's Honour Roll.  
☐ I do not want my name to appear on The Ride website.

## SELECT BETWEEN TWO EASY PAYMENT OPTIONS.

### ☐ Personal Cheque

Single payment in full only. Please make cheques payable to: The Ride to Conquer Cancer. Include participant name and number on all cheques.

### ☐ Credit Card

Single or monthly payments. Your monthly statement(s) will read The Ride to Conquer Cancer. Payments commence immediately upon the processing of this form by the donation office.

Card Number \_\_\_\_\_

Exp \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Cardholder Signature \_\_\_\_\_ ☐ Visa ☐ Mastercard ☐ Amex