

MUSQUEAM NEWSLETTER

Friday January 27, 2017

**Tel: 604-263-3261, Toll Free: 1-866-282-3261,
Fax: 604-263-4212...Safety Patrol: 604-968-8058**

EVERYONE WELCOME!

MUSQUEAM 101 – Wednesday February 1, 2017

stem? (what?) Musqueam 101 February 1, 2017

Through an Aboriginal Lens

The intergenerational effects of our colonial history, Indian Residential Schools, particularly, are broad. Today, we have disproportionate numbers of Indigenous peoples impacted by physical and mental health traumas and who have criminal justice encounters. Samaya Jardey, Program Manager, Through an Aboriginal Lens, will speak to the work Through an Aboriginal Lens does with Indigenous youth who are experiencing intersecting health and justice related challenges.

Through an Aboriginal Lens is a partnership between the Native Courtworker and Counselling Association of BC and the Asante Centre. This first of its kind project in BC provides holistic outreach support to Indigenous youth referred to the Youth Justice FASD Program. The approach to the work is through an Indigenous cultural lens that is deeply rooted in and respectful of Indigenous worldviews, values and teachings.

Samaya was the first ever student co-ordinator of Musqueam 101. She is looking forward to seeing everyone and we are looking forward to welcoming her back!

Presenter:

Samaya Jardey – For more than twenty years she worked directly with former students of Indian Residential School (IRS), and their families. Based on her grandmother's teachings, her guidance and support are holistic in nature and rooted in an Indigenous worldview, values and teachings.

Special Guest:

Tiffany Gallagher – Tiffany was the first note taker and recorder of Musqueam 101. She is looking forward to seeing everyone and we are looking forward to welcoming her back as well!

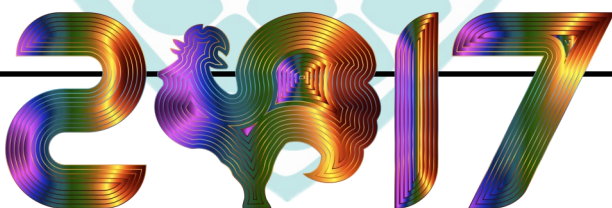
ni? ʔəncə? (where?)

Musqueam Administration Offices

təmtəm? (when?)

Wednesday, February 1 Dinner will be served at 6:00 p.m. The presentation will start at 7:00 p.m.

PLEASE JOIN US!



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St. Michael's Church

**Please join us at
Church, Every Sunday
@ 12:45 PM**

**St. Michael's Church
on Crown Street.**



*** Please be informed that you can view the MIB Newsletter and any Upcoming Meetings' and/or Workshops, etc.
On the Musqueam website ~ www.musqueam.bc.ca ~ under the "Newsletter Section".... Thank you :)**



MUSQUEAM INDIAN BAND

6735 Salish Drive
Vancouver, B.C. V6N 4C4
Telephone: 604 263-3261
Fax: 604 263-4212

JOB POSTING

Band Manager/Chief Administrative Officer Regular Full Time

Reporting to Chief and Council of Musqueam Indian Band, this position is responsible for Band Administration and Budget. The Band Manager/Chief Administrative Officer administers a wide range of programs and services under the direction of the elected council members. Program and services to the 1000+ Musqueam Band Members are community- based and focus on respect for the strength and knowledge of both traditional and contemporary values. These programs and services cover the broad spectrum of community social and cultural services ordinarily provided by First Nation governments.

Purpose:

Administer and oversee Band programs and affairs including but not limited to; public works, education, housing, social development, health, recreation, by- law enforcement, security, community planning, feasibility studies, contracts, land entitlement/land selection process, financial management, membership, Band events, capital improvements, and office services. Responsible for day –to- day activities of Musqueam in accordance with Musqueam values, community plan, the Musqueam Band Administration bylaws, policies and direction from Chief and Council.

Responsibilities

Administration

- Supervise Band staff and programs, and ensure that the daily operation of Band government departments and services run smoothly and efficiently.
- Implement Band Council policies, decisions, and regulations.
- Conduct research, correspondence, and completion of reports, etc. arising from the decisions made by the Council, or as instructed by the Council.
- Make recommendations for the efficient operation of all programs and activities.
- Provide annual employee evaluation for the Administration Services staff and for senior staff positions in other departments; assists with other employee evaluations when requested.
- Handle crisis matters which arise on a day-to-day basis, and pass on relevant information to the appropriate Band staff or Council member.
- Upon authorization, negotiates agreements on behalf of the Chief and Council, with final approval provided by Chief and Council.

Public Works

- Works with committees, managers, and staff to deliver an efficient, coordinated program of construction, maintenance and other public works on Band property.
- Assists Program Managers in preparing annual budgets and planning priorities for housing and other public works for Band Council consideration.
- Prepares service contracts with Indian and Northern Affairs Canada, and ensures their compliance and completion.

Advice to Band Council

- Provides Chief and Council and Committees with background information on issues necessary for sound and informed decision making.
- Attends Chief and Council meetings;
- Provides Chief and Council with monthly reports on programs and operations.
- Recommends to Chief and Council changes and/or improvements to Band facilities, services, programs and policies.
- Seeks alternate sources of funding, and upon Council direction, submits proposals to funding sources.

Financial Administration

- Oversees that all contracts and financial transactions are conducted according to Band policy.
- Oversees CFO and ensures Band Council is fully informed on all financial matters. Ensures the Chief and Council is provided with detailed monthly financial statements as directed in the *Financial Administration Manual*, and interprets financial information upon request.
- Supervises the CFO's records of accounts to ensure all financial transactions are complete and accurate. Oversees the accuracy of financial statements, bank reconciliations, and budgetary reports. Ensures that all records, books of account, invoices, vouchers receipts and related documents are securely filed and stored.
- Ensures lines of credit are established and maintained with suppliers and agencies.
- Ensures that all requirements are met for annual audit purposes, including an up-to-date inventory.
- Assists in the development of annual budgets, and monitors all departmental/program budgets for compliance. Authorizes expenditures approved by Band Council.

Clerk of Band Council

- Prepares agenda for Chief and Council and/or committee meetings in cooperation with Chief or Committee chairperson. Ensures distribution of agenda, previous meeting minutes and required attachments to each Council or committee member two days prior to each meeting.
- Ensures recording of all Band Council Resolutions, minutes, decisions, regulations, policies and proceedings of Council and its Committees. Ensures that properly signed, indexed, filing and the forwarding of copies to appropriate agencies has been completed.
- attends Council and Committee meetings

Administrative and media liaison

- Communicate on behalf of the Band with: other First Nation Bands; organizations; agencies; and federal, provincial, or municipal officials or departments.
- Publish Band Council programs and policies. Advises and counsels Band members on programs and policies.
- Liaise with stakeholders, and different levels of government on key issues affecting Musqueam Indian Band.

Any other relevant duties as instructed by Band Council.**Job Knowledge:****The work requires the following knowledge, skill and or abilities:**

- Significant and proven leadership skills developed through at least 8-10 years in a senior management role, preferably in band management and administration; previous experience as a Band Manager is strongly preferred.
- University degree, a graduate degree preferred, in business or public administration, or equivalent.
- Considerable high-level contacts within federal, provincial and municipal governments, other First Nations organizations, funding agencies and in the non-profit sector.

- Knowledge of and seasoned experience with the Indian Act, other relevant legislation, and Musqueam and First Nations history and culture. Political environment wisdom would be an asset.
- Ability to build effective relationships with external stakeholders and collaborative ventures with diverse constituents.
- Demonstrated success in overseeing organizational finances and budgets.
- Excellent leadership skills, including the ability to motivate managers and staff and the ability to inspire confidence in Councilors, staff, and Band members.
- Judicious and tactful communication style, necessary to coordinate staff's recommendations to Council and integrate overall strategic plan.
- Creative thinker.
- High level and respectful communication skills and the ability to influence and sway decisions internally and externally.
- Experience negotiating agreements.
- Excellent writing skills, grammatically exact and in a conversational style complimented with editing skills to develop reports, presentation and briefing materials
- High level personal qualities and ability to maintain strict confidentiality and exhibit the highest level of integrity

Relationships:

- Work requires consistent interaction with all groups, internal and external stakeholders, and interpersonal communications for the purpose of providing opportunities at Musqueam and delivering excellence to support all interested members.

Working Conditions:

- Work is performed in an office environment
- Work can include long hours to attend a variety of meetings, including Council and Committee meetings, retreats, and special requests or projects.

Licenses

- Valid BC Driver's License
- Successful Criminal Records Check and Background Check

**Please send a cover letter and resume to Musqueam Indian Band, HR at
jobs@musqueam.bc.ca**

Please indicate "Band Manager" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

This position will remain open until filled.

** We thank all those who apply; however, only short-listed applicants will be contacted.*



MUSQUEAM INDIAN BAND

6735 Salish Drive
Vancouver, B.C. V6N 4C4
Telephone: 604 263-3261
Fax: 604 263-4212

**JOB POSTING
CHILD CARE SUPPORT WORKER**

**Part-time Term Position
20 Hours/Week (4 hours/day)
ASAP start – March 31, 2017
Term may be extended to August subject to funding**

The Musqueam Indian Band Child Care is seeking a temporary Child Care Support Worker to add to their team. This is a part-time (20 hours/week) term assignment to start as soon as possible until March 31st, 2017 with the possibility of extension. You will be working with a great team helping out in the Child Care Centre, Monday to Friday (9 a.m. – 1:00 p.m.). If you have a positive attitude, love working with children, this is a great opportunity.

Duties:

- Work specifically with one child requiring additional support, and provide general assistance as part of the team.
- Establish and carry out a daily activity schedule that incorporates child directed activity, care routines, and transition times.
- Use a variety of teaching techniques including modeling, observing, questioning, demonstrating, and reinforcing.
- Implement the activities and skills provided to assist children in developing the necessary coping skills for addressing unique life issues.
- Communicates relevant information to other team members.
- Documents the child's progress according to program guidelines.
- Performs other related duties and tasks as required based on specific needs of the family and the program.

Knowledge and Abilities:

- Skill and knowledge usually attained by successful completion of High School and a Certificate in Early Childhood Education, and/or experience in an ECE setting.
- Knowledge and experience of similar program delivery in the context of Musqueam or First Nations culture and history.
- Ability to use tact and good judgment in dealing with sensitive and complex issues.
- Ability to maintain confidentiality.
- Ability to communicate effectively, both verbally and in writing
- Ability to work independently and in cooperation with others..

Licenses/Certificates Preferred:

- Early Childhood Educator's Certificate & License is preferred
- Special Needs Certificate and License is an asset
- Degree relating to child development is an asset
- Previous childcare experience
- First Aid Certificate

Working Conditions:

- Work is performed in day care environment as well as outdoors
- Ability to pass the Criminal Records Check

Please apply by emailing a cover letter and resume to Musqueam Indian Band, Human Resources at jobs@musqueam.bc.ca

Please write "Child Care Support Worker" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Please apply by February 10, 2017.

We thank all applicants; however, only those short-listed will be contacted.



BC Ferries, the First Peoples' Cultural Council and Musqueam Nation invite you to attend a special ceremony to reveal Thomas Cannell's artwork for the *Salish Raven*, the third of three new Salish Class vessels.

Date: Thursday, February 9

Time: Arrive at 10:45 am for 11:00 am artwork reveal
Lunch to follow

Location: Musqueam Cultural Education Resource Centre
4000 Musqueam Avenue
Vancouver, B.C.

Please RSVP to deborah.marshall@bcferries.com to confirm attendance by 4:00 pm on Tuesday, February 7.





MUSQUEAM INDIAN BAND'S AQUATIC HABITAT RESTORATION PLAN

6735 Salish Drive Vancouver, B.C. V6N 4C4 604.263.3345

WHAT'S NEW?

Hello, Musqueam! You may have noticed our revamped look! We are excited to unveil our **new logo** that represents the rebirth of Salmon and their habitat. Our **social media pages will soon be updated** with the new logo. The Aquatic Habitat Restoration Team has been working hard **restoring precious habitat** surrounding the creek. Keep reading for more details on what we've been up to!



THE AHRP FIELD CREW

The AHRP Field Crew has removed **over 175,000 pounds** of invasive plant species, to date, in addition to other creek restoration tasks – **AMAZING!** We are so proud of our **hard-working crew!** Our crew has been confused with other Musqueam field crews. Please note that their work is strictly **limited to creek restoration activities**. Please **follow us on Facebook and Twitter** for up-to-date info.

AHRP REPORT

The first edition of the AHRP report was **completed early 2016**. The document is **available, by request**, at the Musqueam Administration building. The document outlines **past projects and future projects** aimed at restoring or enhancing Musqueam and Cutthroat Creek.

The report is a living document that will be **continually reviewed and revised** to reflect new information regarding our Creek health and restoration. We **welcome any feedback** on the upcoming edition. Please come stop by the Administration building to **take a peek of the new edition**.

Musqueam Social Development Department

Friday January 27, 2017

Just a friendly reminder that **cheque issue day will be on**
Wednesday February 1, 2017. Between 8:30am—4:30pm.

If you have not provided your renewal slip and job search form by now please do not expect a cheque on issue day.

The Social Development team will also be in an audit with Indigenous Northern Affairs Canada from Monday January 30— Friday February 3, 2017.

We may call on you to update your file if necessary.

We will not be able to take any appointments during this time period, we apologize in advance for any inconvenience.

Please remember to bring in your hydro, gas and landline phone bills only as soon as they come in.

Thank you,

Your Social Development Team



Musqueam Capital Corp
Block F Site Clearing project.

The Musqueam Capital Corp (MCC) has obtained official ministerial consent to proceed with the Block F real estate development project, located across from the University Golf Club. The site clearing phase for this project will begin in late January 2017, and be completed within a month.

There has been identified several species of wood, such as red cedar, red alder, and fir, in addition to various plants and vegetation that could be repurposed for Musqueam member usage.

The MCC intends to repurpose the available wood in areas such as: Fir for the Musqueam Longhouse, Alder for Musqueam members whom smoke fish, and Red Cedar for Musqueam artists whom carve or weave.

Wood will also be repurposed for onsite use as house posts, benches, displays etc.

There are other plants, and the like, that could be harvested/ collected for use as medicines, or for making natural dyes.

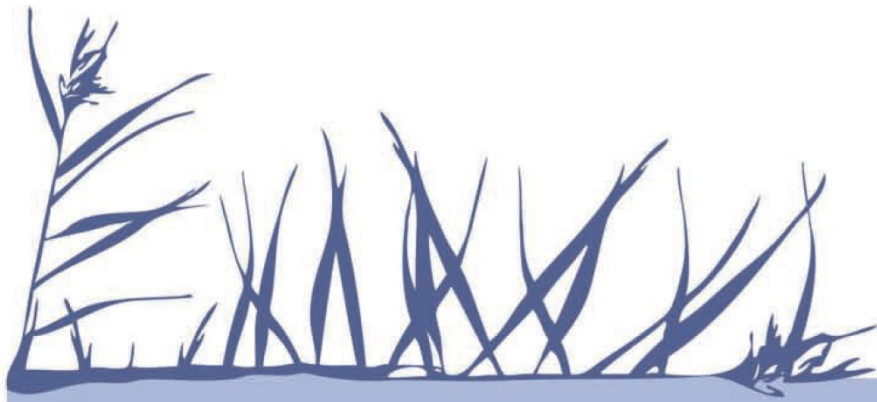
An information session will be held on Wednesday February 1, 2017 at the Musqueam Capital Corp offices (6615 Salish Drive at West 51st Avenue) at 6:00 pm

Please feel free to register with Sandra, or Caroline at the Musqueam Capital Corp. for the information session.

Musqueam Capital Corp
(604) 559-5400

Sandra Fossella
Sfossella@musqueam.bc.ca

Caroline Thomas
mccadmin@musqueam.bc.ca



xʷməθkʷəy̓əm
Musqueam

LAND CODE

Musqueam Land Code Committee - Request for Expression of Interest

The Musqueam Land Code Committee of Council invites an expression of interest in writing from any interested Band Member to have their name be considered for an appointment to serve on the Musqueam Land Code Committee.

The Musqueam Band Council is the deciding body as to who will be selected to serve on the committee comprised of a total of seven members.

There are four people required to be appointed:

- **Two Musqueam Band Member at Large;**
 - **One Musqueam Band Youth Representative;**
 - **One Musqueam Band Elder Representative.**
-
- The duties of the Committee are to assist in the completion of pre-conditions to the Musqueam Land Code:
 - Requisite Staff
 - Development of Matrimonial Property Law;
 - Finalize draft Risk Management Study;
 - Computerized Inter-Departmental Systems Development;

Musqueam is currently in a transition period of the Land Code Project, and require the dedication of the working group to complete the Musqueam Land Code Pre-conditions, to bring Musqueam into the operational stage of the project subject to the Band Council determination.

Deadline January 30, 2017 Application Deadline

Please submit a cover letter stating your intention to serve on the Musqueam Land Code committee to the attention of Kim A. Guerin, Coordinator. Ph. 604-263-3261

Kim@musqueam.bc.ca or hand deliver to the Band Office. Date of Notice: Jan. 26, 2017

Musqueam Education Notice **Friday January 27, 2017**



Answer to last weeks riddle: Their friend Wednesday

This week: I am weightless, but you can see me. Put me in a bucket, and I'll make it lighter. What am I?



CALL FOR ABORIGINAL ARTISTS

DEADLINE: MARCH 30

Britannia Art Gallery reserves its June exhibition slot for aboriginal artist(s) to exhibit their work. Accepted artist(s) are responsible for hanging and taking down their own show.

The gallery is in the Britannia Library and is a dual purpose space used also as the adult reading lounge. The gallery provides a non-alcoholic opening reception, a small honourarium of \$200 total and artists showing in the gallery handle their own sales.

The gallery produces both electronic and hard copy invites, handles publicity through its in-house system.

Also available is the opportunity for an Artist's Talk and/or facilitating a 3 hour workshop both have small honourariums as part of the contract.

For application please go online at www.britanniacentre.org and find Applications under "Services" where you click on Arts and Culture. Under the gallery section are applications for exhibitions or workshops.

Any questions please email Haruko Okano/curator at harokano@telus.net

Graduating High School Students

Are you considering going to a post-secondary institution in September? Have you looked into your options? Have you started your application? If you need any help or want to discuss your options, I'm available and happy to help. Stop by the band office or phone April (learning facilitator)



Scholarships and Bursaries

The YVR Art Foundation is now accepting applications for the 2017 Youth Scholarship and Mid-Career Artists Scholarship awards for BC. Awards is valued at \$5000. Deadline is January 27, 2017

Applications can be found at: <http://www.yvraf.com/programs>

The Indspire Building Brighter Futures: Bursaries, Scholarships, and Awards 2016-2017 are open. scholarship and bursary amounts vary; typically the amounts range from \$1000-\$25,000.

The PSE scholarship/bursary closes Feb 1, 2017

You can find the application and guidelines at: <http://indspire.ca/for-students/bursaries-scholarships/>

If you need any assistance you can contact April (Learning Facilitator)

**SCHOOL
CHEQUES WILL
BE ISSUED
JANUARY 31ST**

Education Department:

Faye Mitchell, Education Coordinator,

April Campbell, Learning Facilitator

Delphine Campbell, Education Assistant,

Ph. # 604 - 263 - 3261 Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

BRIDGE THROUGH SPORT

READING CLUB: MONDAYS 3:30-5:30
THERE WILL BE NO READING CLUB THIS WEEK
(MONDAY, JANUARY 30TH)

MYP: WEDNESDAYS 6:00-8:30
FEBRUARY 1. MOVIE TRIVIA AND
TICKET TO CINEPLEX FOR
WINNERS



MATH AND SCIENCE CLUB: 3:30-5:30

THURSDAY WE WILL BE HAVING A WIND
TURBINE BUILDING COMPETITION!

WIND TURBINES ARE A GREAT SOURCE
OF POWER AND ENERGY. LET'S SEE
WHO CAN MAKE THE STRONGEST ONE!

AFTER THE COMPETITION WE WILL
MOVE DOWN TO THE GYM TO PLAY
SPORTS!



ACCESS BladeRunners Entry Level Construction Training Program

Are you between 19 and 30 and want to work in the construction industry?

Are you looking for a career in a dynamic and growing industry?

Deadline to Register: February 23, 2017



Program Starts February 27, 2017

This 3-week course will include:

- Life Skills/Goal Setting
- Culturally focused workshops
- First Aid Level 1
- WHMIS Certificate
- WCB Health and Safety training
- Confined Space
- Fall Protection
- Scaffold and Ladder Safety
- Upon Completion Training Bonus

Other supports include:

- Confined Space
- Work gear provided upon completion
- Breakfast and lunch provided during training
- Bus tickets provided to get you to and from training
- Upon Starting Employment receive \$50 Food Gift Card
- BladeRunners Coordinator/Job coach to help you find a job and keep it

Must be able to handle physical work, not in receipt of EI or EI reach back and be unemployed.

If you have any questions or wish to sign up, call and ask for Lindsay, Terry or Diane.

604-263-3261 or 604-269-3355



*Funding provided by the Government of Canada
through the Canada-British Columbia Job Fund.*

Upcoming with Employment and Training
Business Training for First Nations Entrepreneurs
Activ8

Between February 1 and March 31, 2017, we will be offering a series of workshops focused on Entrepreneurship. Depending on funding the workshops could include **Business Confidence, Marketing, Social Media and Template Website Creation.**

If you are interested in these workshops, please contact us as soon as possible. We would like canvass potential participants to see what times and dates work best for you.

In addition to the practical Business knowledge, a sense of accomplishment and peer connections, students are awarded a certificate of completion for each course.

Lindsay Gibson employassist@musqueam.bc.ca or 604-269-3355.



The BC Bereavement Helpline is hosting the following support group,
If you are interested in attending the Musqueam Health Department can provide bus tickets
and assist with registration. Please contact Michael McCarthy in the Health Department
@ 604-269-3311

Suicide Grief Support Group



TIME Tuesday evenings, 6:30 – 8:30pm
DATES February 21st – April 4th, 2017
LOCATION Broadway & Fraser, Vancouver
(Disclosed upon registration)
COST \$25, subsidies available if required

The BC Bereavement Helpline and the Crisis Intervention & Suicide Prevention Centre of BC are hosting a grief support group for those who have been bereaved by suicide. Being with others who have experienced a similar loss has proven to break isolation and create long-term networks of support. Support groups provide a safe, non-judgmental, compassionate environment for bereaved individuals to share their stories and learn essential grief and mourning survival tools to integrate the loss into their daily lives.

Pre-registration is required. To register or for more information, call 604-872-1811 or email info@crisiscentre.bc.ca



BCBH
BRITISH COLUMBIA
BEREAVEMENT HELPLINE





National Native Alcohol and Drug Awareness Program (NNADAP)



Cyndi's Office Hours

Mon, Tues, Thurs	9:30-4:30
Weds	12-7
Fri	9-4



Coffee Time With Cyndi

Every Wednesday evening from 5-6 pm in the Community Centre Café

Stop by for a coffee! I will be in the café to provide information, support and resources for anyone who is looking for help with substance use issues concerning yourself or a loved one.

I am available for 1:1 counselling, treatment referrals, outpatient resources, information and support in relation to drug and alcohol use and abuse.

Feel free to drop in or call me to make an appointment: 604-269-3454

You can call or e-mail me at NNADAP@musqueam.bc.ca

I am looking for Elder's who have quit smoking and would be willing to share their story at a tobacco prevention/cessation workshop. If you are interested, please let me know.!!

Tobacco Prevention/Cessation

Workshop

Come join us in the Community Centre Café for an interactive tobacco prevention/cessation workshop!

Date: February 9th, 2017

Time: 5-7 pm (dinner provided)



There will be activities, games and information to gather.
This event is for all ages.

For more information call Cyndi Bell in the health department.

Doors prizes: iPad Mini and PS4!!



Musqueam Primary Care Clinic

Dr. Michael Dumont, GP

Mackenzie Gomez, MOA



Primary Clinic Location: Musqueam Elder's Centre.

Clinic Hours: Friday 10 am- 4pm

Phone: 604-266-0043

To book an appointment or have questions, please call 604-266-0043.

Our Clinic is providing a strong foundation for the health and wellness of our community, our goal is to improve access to culturally safe health services for generations to come!

*****FOR EMERGENCIES CALL 911***

MIB Home & Community Care Program

Romeo's Office Schedule:

Mon, Wed, Thurs, Friday 8:30-5:30 , Tuesdays- OFF.

Patricia's Schedule: Monday-Friday 8:30-4:30 / PH:604-269-3354

In home care is available to our Band Members living on reserve, to assist with hospital discharges, home care aides, and medical equipment. In-home care and all medical equipment require a note from your doctor with your needs specified. You may also call Patricia Mathison for assistance with your questions about home care service, or medical equipment.

Cancellations of Home Care service: Please notify us as soon as possible for any Cancellations; at least 24 hours in advance is helpful.

The Arjo Tub Program: The Arjo Tub is a therapeutic bath offered through our Home Care Program and is available at the Elder's Centre between 7-9:30am Monday to Thursdays. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.

For an appointment call Patricia Mathison, Nurse Assistant at 604-269-3354

*****FOR EMERGENCIES CALL 911***



Musqueam Health Dept. Newsletter—Jan.27, 2017

Chronic Disease Management Program

Merv Kelly, Chronic Disease Management Coordinator

Hours – Monday to Friday:

9:30 am to 3:00 pm / 5:00 pm to 6:30 pm



Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these? Or do you want to workout but don't know what's best for you? You may call me or drop by my office: Available to assist all ages and levels of fitness for all community members.

Merv Kelly, Chronic Disease Management Coordinator

Phone: 604-263-3261 Extension 3455 Email: merv@musqueam.bc.ca

Community Health Nursing Program

Natalie Frandsen, RN,

Patricia Mathison, Assistant

Community Health Newsletter

Multi-sport and Playtime for Toddlers—it is not too late to register!

UBC and MIB Health Department are partnering to host “Active Kids Multisport and Playtime” for Musqueam Toddlers

1.5-3 year olds: Mondays, 4:30pm-5pm (January 16 - March 6); *parent or guardian participation Required; NB: No class*

February 13

3-5 year olds: Mondays, 5-5:30 pm (January 16 - March 6); no parent or guardian participation;

NB: No class February 13

Location: community centre gym—sign in will be in the community centre lobby

It is not too late to register! Please contact Patricia Mathison (604-269-3354; nurseassist@musqueam.bc.ca) to register.

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal Mothers :

- From the onset of pregnancy until 3 months postpartum we offer weekly \$25.00 Save on foods Gift cards.
- Nursing pads, one box per week as needed
- A one time gift of an Electric Breast pump. One per family
- Welcome gift for your new baby

Community Health Nurse, Natalie Frandsen can register you for the “Healthy pregnancy, Healthy Babies” Program. If you are pregnant you may sign up by calling Natalie Frandsen, CHN at 604-269-3313 or Patricia Mathison at 604-269-3354.









Pre- and Post-natal Group: Tuesdays noon-2 PM, Youth Centre

Please join us **Tuesdays at 12 noon** in the Youth Centre for an informal drop-in group (partners welcome!). We provide lunch, friendship with other young families, and special guests who provide education on pregnancy and baby related topics.



Youth Centre

Abigail Speck at the Youth Centre at 604-269-3465 Email: youthcentre@musqueam.bc.ca

Monday January 30th	Tuesday January 31st	Wednesday February 1st	Thursday February 2nd	Friday February 3rd
BRIDGE THROUGH SPORTS 3:30—5:30  SCATTERGORIES 	<u>HOMEWORK CLUB</u> <u>3:30—5:30</u>  ARTS & CRAFTS 	GOV Meeting 5:00—6:00 	BRIDGE THROUGH SPORTS 3:30—5:30  D&A 	Movie Night 

The Youth Centre will be open from 2:00 pm—9:00pm Monday—Friday

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at *least 15 years old or older*

****Please note that the Youth Centre will be open @9:00 AM when kids have professional days****

Safe Drinking Water Monitor Program - Charlene Campbell-Wood

Canadian Council of Ministers
of the Environment

CCME

From Source to Tap: The Multi-barrier Approach

Groundwater
Municipal Wastewater Effluent
Nutrient Management
Water Conservation
Water Quality
Water Valuation

Resources

From Source to Tap: The Multi-barrier Approach

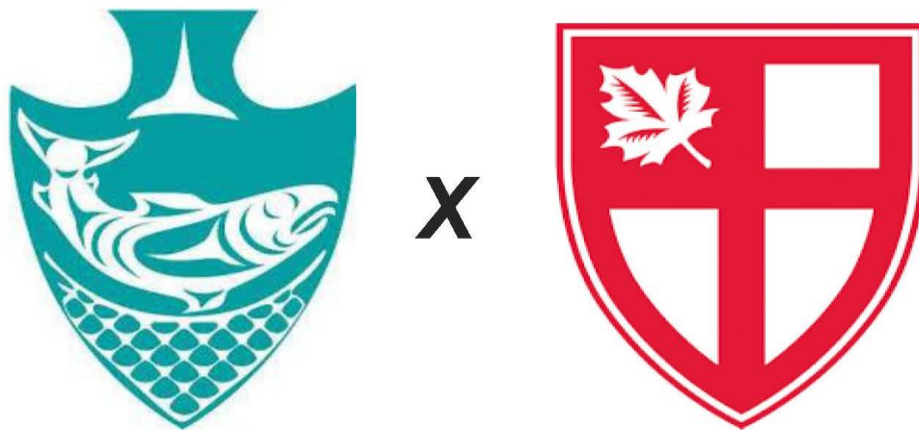
We recycle water, meaning we withdraw it, use it, sometimes clean it, and then return it to the lake or river to be used again by others downstream. This process is called "Source to Tap."

It is important that drinking water is kept clean, safe and reliable. In order to do so, the components of the water supply system, from source protection to the treatment and distribution of drinking water to consumers, need to be understood and managed as a whole.

Even though no approach will guarantee 100% protection all of the time, it has been demonstrated that the most effective way to manage drinking water systems is to implement a multi-barrier approach. The multi-barrier approach is an integrated system that prevents or reduces the contamination of drinking water, from source to tap, in order to reduce risks to public health.

Exhibition Basketball Game

This Friday January 27th, 2016 @ 6:00 pm Musqueam 13 and Under Basketball Team will be playing an exhibition game. Please come out and support the kids and their coach, Johnny Sparrow.



Youth Athletic Mentorship
Program:

St. George's + Musqueam
This Friday at Musqueam Centre

Come out from 3:30-5:00pm on
Friday the 27th for soccer and
basketball scrimmages, snacks,
and introductory activities with St.
George's School students!

Cedar Weaving

Todd Giihlgigaa DeVries, Haida Cedar Weaver

Many community members have been attending classes with Todd downtown for a number of months. The ladies have requested some space in the community centre to participate in this drop in program closer to home. Please feel free to come and join the fun. The setting is informal and on a drop in basis. Please ensure to arrive at the start of the session to make full use of the teaching time.

You can learn different weaving techniques such as twinning. Projects include anything from bracelets, headbands, baskets, rope etc...

**Mondays 5:00 pm – 8:00 pm
Community Centre Café
Starting January 16th, 2017**

Cost - \$15 per session inc cedar
\$10 if you have your own cedar etc
Potluck meal before each session.



Potential Self Defense Class

Please let us know if you are interested in attending a women's self-defense workshop. Email cgibson@musqueam.bc.ca If we get enough interest we will arrange for a session right away.

ATTENTION COACHES!

Upcoming FREE coaching workshops! Get certified and improve your coaching skills

February 9th, 2017 – Aboriginal Coaching Module. This course teaches you how to work with aboriginal athletes in a culturally appropriate manner while also encapsulating national coaching values.

February 21st, 2017 – Aboriginal Long Term Athlete Development Model. This NEW and exciting course will teach you about stages of development for athletes and how you can properly support their development through these stages from Recreation to Elite Athletes.

Email Courtenay ASAP to register

Gymnasium information

**Monday to Friday 8:30 am – 9:30 pm
Saturday/Sunday 10:00am – 5:00 pm**

Contact Information
Desk Line: 604.269.3451

Courtenay Gibson, Recreation Coordinator
cgibson@musqueam.bc.ca/ 604.781.1470

Robyn Sparrow, Recreation Assistant
rsparrow@musqueam.bc.ca

have a great idea to build community

need funds to make it happen?

Community Animation Grants award up to \$1000 for your fun & inspiring community building project. Deadline is February 12, 2017.

For more information, please contact Courtenay Gibson
cgibson@musqueam.bc.ca
604.269.3451



utown.ubc.ca/grants

UTOWN@UBC

vancouver
foundation

**neighbourhood
small grants**



UBC AQUATIC CENTRE
6080 Student Union Blvd.
Vancouver, BC V6T 1Z1
Phone: 604.822.4501
Email: aquatic.centre@ubc.ca

You are Invited...

'Sneak Peek' at the new UBC Aquatic Centre

Residents of the Musqueam Community are invited to submit their names to be among the first to experience the new UBC Aquatic Centre.

DATE: Sunday February 12 2017
TIME: 9:30am—11:00am
LOCATION: Meet at the Main Entrance of the *new* UBC Aquatic Centre
OBJECTIVES: Allow you to be among the first to experience the new facility.

- Parking info: The closest parking location to the new facility is North Parkade http://www.maps.ubc.ca/PROD/index_detail.php?show=y,n,n,n,y,y&locat1=792
- Construction: There is construction in the area, we invite you plan to arrive early and consult the map found here. <http://planning.ubc.ca/vancouver/transportation/construction-detours>
- Waiver/release: Upon arrival you will be asked to complete and sign a participant waiver and release. Photo/video of activities onsite may be captured for use by UBC, UBC Athletics & Recreation, Acton Ostry Architects (AOA), MacLennan Jaunkalns Miller Architects (MJMA), Heatherbrae Construction, or other key partners. Participants may be asked to respect restrictions re: media / social media.

Sign up with Vanessa or Courtenay,
get your name on the list! The
Musqueam van will fill up quickly.

THE RIDE TO CONQUER CANCER 2017

AUGUST 26-27, 2017

VICTORIA L. SPARROW

My Participant ID: 310814-5

Hello All,

I volunteered for the Ride to Conquer Cancer again. This will be my second ride for the cause and I hope to gain your support.

I started with Stuart Olson Construction Ltd. in May 2016, I enjoy my place of work and the awareness we bring to important cause, like this ride- for Cancer. Stuart Olson Construction has registered a team for an 'experience' called The Ride to Conquer Cancer presented by Silver Wheaton benefiting BC Cancer Foundation and I'll personally be participating in this two-day major cycling event, which is scheduled for 26th/27th August 2017.

We'll be cycling through the scenic Pacific Northwest region, down to Seattle with thousands of other Riders. All the proceeds go to BC Cancer Foundation to support cancer research, treatment and services. BC Cancer Foundation is a leading comprehensive institution devoted to cancer research and care, and the work they're doing is cutting-edge.

I've agreed to raise at least **CAD \$2,500**, but I've set my personal goal to **CAD \$5,000**. Could you please consider making a donation? You can visit my webpage, and please take the time to support me or I attached a paper donation form. Please keep in mind the commitment I'm making to end this heartbreaking disease and the personal efforts I'll have to make to accomplish this.

Cancer has touched too many of us with our family and friends. I would like your support for my ride this August 2017. I hope to hear from our community, get a little support. My email is Victoria.l.sparrow@gmail.com or see the website, search for Victoria Sparrow. I will be training from now until August. Feel free to honk, yell our support me while riding around Musqueam, City of Vancouver. Thank you for your time.

Thank you in advance for your generosity!





2017 DONATION FORM

Thank you for donating to the 2017 Ride to Conquer Cancer® presented by Silver Wheaton benefiting BC Cancer Foundation

WHO ARE YOU DONATING TO?

Name Victoria Sparrow Participant Number 310814-5

PRINT YOUR NAME CLEARLY, AS YOU WISH IT TO APPEAR ON YOUR TAX RECEIPT.

First Name _____ Last Name _____

Company Name (for business donations) _____

Address _____

City _____ Province _____ Postal Code _____

Email (to receive tax receipt by email) _____

Phone (mandatory for credit card payments) _____

In order to receive important Ride information including event updates, training and fundraising tips, and information on how funds raised are being used, you need to OPT-IN to communications. You may withdraw your consent and opt-out at any time.

Please send me Ride to Conquer Cancer updates, news and information and other commercial messages via (select all that apply):

- ☐ Email
☐ Robocall
☐ SMS message

Please mail this form with your donation to this address:

The Ride to Conquer Cancer
P.O. Box 2017
Vancouver, BC V6B 3R6

Or donate online at
conquercancer.ca

- Each cheque must come with its own donation form.
- All donations will be credited in Canadian dollars. We cannot accept cash donations.
- All donations are 100% tax deductible, tax receiptable (if you donate \$10 or more), non-refundable and non-transferable.
- Ask your company if they provide matching gifts for donations.

CHOOSE YOUR LEVEL OF DONATION.

We're grateful for anything you can give. Every dollar counts in the fight to save lives!

- ☐ **Honorary Rider** **\$2,500**
☐ **Crusader** **\$1,500**
☐ **Speedster** **\$1,000**
☐ **Explorer** **\$500**
☐ **Roadie** **\$250**
☐ **Free Wheeler** (any amount) \$ _____

☐ Payments Over Time

_____ monthly payments of \$ _____
(Monthly payments must be \$25 or higher and cannot extend beyond Dec. 31, 2017)

For more information about BC Cancer Foundation, please visit bccancerfoundation.com.

Please enter your name or message as you would like it to appear on the participant's Honour Roll.

- ☐ I prefer not to show the amount of my gift on the participant's Honour Roll.
☐ I do not want my name to appear on The Ride website.

SELECT BETWEEN TWO EASY PAYMENT OPTIONS.

☐ Personal Cheque

Single payment in full only. Please make cheques payable to: The Ride to Conquer Cancer. Include participant name and number on all cheques.

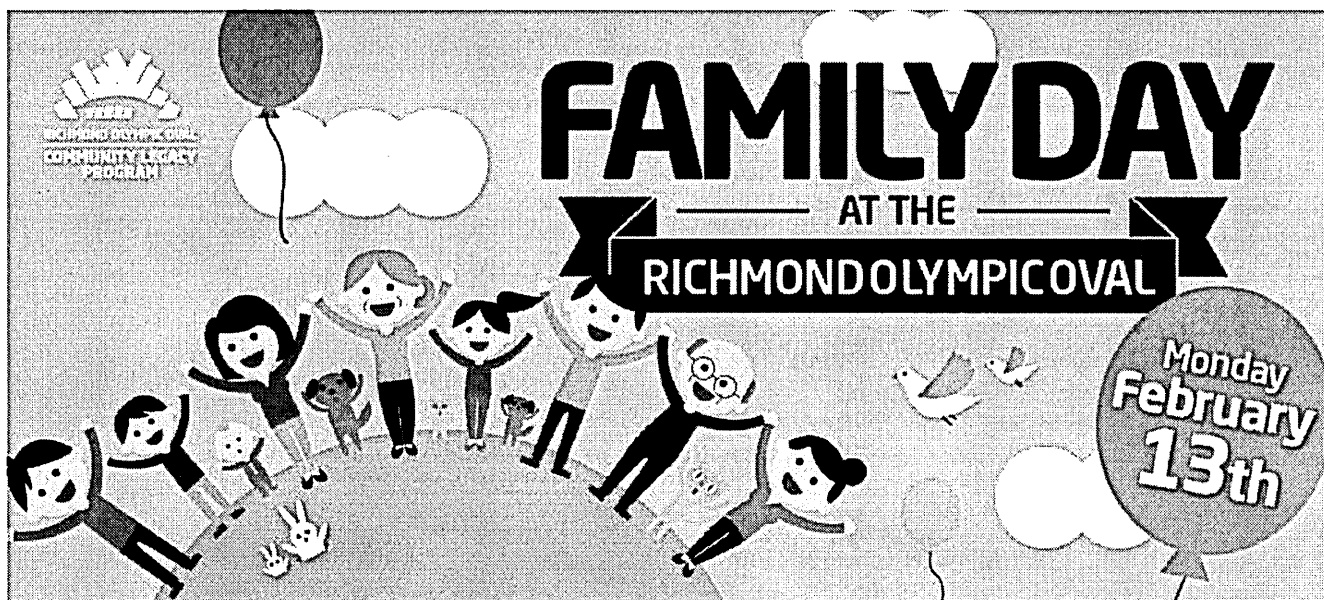
☐ Credit Card

Single or monthly payments. Your monthly statement(s) will read The Ride to Conquer Cancer. Payments commence immediately upon the processing of this form by the donation office.

Card Number _____

Exp _____

Cardholder Name _____ Cardholder Signature _____ ☐ Visa ☐ Mastercard ☐ Amex



Family Day at the Richmond Olympic Oval Monday, February 13th

Schedule

2-4pm FREE Parent Participation Sports Day

Family Learn-to-Climb Program

10am-4pm Big discounts! Register with our Sport Climbing Programmer:
smcgintv@richmondoval.ca or 604.313.0448

4-6pm

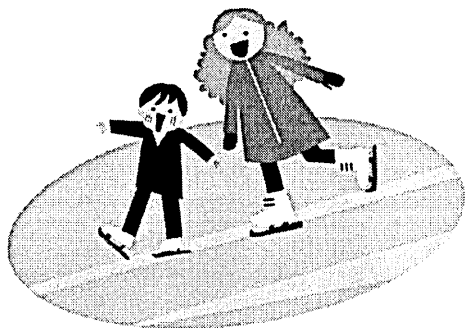


o|cafe

FREE* Public Skate
Including FREE Hot Chocolate! Yum!

PLUS tons of prizes available to be won!

* Public Skate is free with purchase of Olympic Experience museum admission.



NEC Annual Elder's Day Gathering

NEC Native Education College

Tuesday, March 14, 2017

Starting at 10:00 AM



Please join us in our annual Elder's Day Gathering at our NEC Longhouse.

- Gifts
- Prizes
- Bingo Games
- Entertainment

Come and visit our Longhouse

Lunch will be served

Please RSVP to:
Annie Smith at
604. 873.3772, Ext. 314 OR
by email at
asmith@necvanancouver.org.

NEC Native Education College

285 East 5th Avenue

Vancouver, BC V5T 1H2

Tel: (604) 873-3772

Fax: (604) 873-9152

Web: www.necvanancouver.org

Those Musqueam Elders who would like to attend this gathering please Call Ashlee Point in the MIB Health Department to register and arrange travel. @604-269-3395

Thank you, MIB Health Dept.



January 26, 2017 - Heritage Week, Old School and Ways to Get Involved



January 26, 2017



VANCOUVER
HERITAGE
FOUNDATION

In This Issue

- Heritage Week 2017: Event Listings
- 2017 Evening Lectures: Stanley Park Sites and Stories
- Old School: Heritage 101
- Grants: Heritage Energy Retrofit Grant and deadlines
- Meet the most recent addition to our staff team!

[Visit our Website](#)

Hi Leona,

Heritage Week is just around the corner! Running February 13th to 19th, Heritage Week offers a great chance to learn about our city's history, heritage sites and unique stories. Check out our event listings below and join us for a full week of heritage.

We are also fast approaching the grant application deadline and our first Evening Lecture and Old School workshop. Lastly, please help us in welcoming the newest addition to our staff team! Read on for all the details.

Heritage Week 2017



This year for Heritage Week we encourage you to explore the places that connect us to Canada's past and future. The theme in 2017 is "My Canada!" and is designed to inspire us all to embrace, explore and enjoy our own heritage places and spaces

across the country.

We will be offering a week of events to celebrate Vancouver's unique connection to our nation and the places and sites that represent our history.

Francophones in Early Vancouver: Walking Tour

Monday, February 13

10am - 12pm

[Register Here \\$15](#)

**Show your support for
Bill C- 323**

Attention all heritage property owners and supporters! You can show your support for Bill C-323, which proposes tax incentives for heritage properties across Canada. The National Trust for Canada is asking for heritage advocates, heritage property owners, people in the construction industry, property developers and anyone with a stake in Canada's historic places to get involved by writing to their MP. A sample letter and other important info is available on the National Trust's website.

Find out how you can

Join historian Maurice Guibord for a walk through Gastown and the Downtown Eastside to learn about the presence of Francophones - French-Canadian, French, Belgian - in the early decades of Vancouver's development and their legacy today. A famed Sun reporter, a beloved doctor, the French Consul, a photographer near Chinatown, merchants near the port, a renowned boot maker, and hoteliers to the rough and rugged, among others, were pioneers who created a small though active community within the burgeoning city while managing to maintain their language and culture. Some of their names remain emblazoned on oft-forgotten buildings, while the tales of others will summon the dual nature of their experience in early Vancouver. This tour is offered in English.

**Official Proclamation and Heritage Week Launch
Tuesday, February 14**

3pm - 4:30pm

JJ Bean Marine Building, 353 Burrard St
Free and open to the public

Join us as we officially launch the Heritage Week festivities! Starting at 3pm, Deputy Mayor Heather Deal will read the official proclamation, then historian Maurice Guibord will offer a talk and short walking tour about the iconic Marine Building, the surrounding area and the long history of this part of our modern city. Free coffee will be offered to the first 30 people to arrive.

Thank you to event partner JJ Bean Coffee Roasters and event sponsor the Downtown Vancouver Business Improvement Association

**Before the City: Eburne, Marpole and the River - Walking
Tour**

Saturday, February 18

1pm - 3pm

[Register Here \\$15](#)

The shore of the Fraser River has sustained the Musqueam people for thousands of years and is the site of significant cultural and archaeological resources. It is also the site of some of the earliest non-native settlement in what would become Vancouver. The tiny settlement centred on today's Hudson Street was connected to the larger world by rough-cut trails, passing river boats, and eventually, interurban trains. Eburne grew into a substantial centre of industry and commerce known as Marpole with canneries and sawmills employing a multi-cultural workforce that included Musqueam, Japanese, Chinese and others. On this walk John Atkin leads an exploration of the area's fascinating history.

Sunday Morning at the Ashnola

Sunday, February 19

9am - 10:30am

Cartems Main Street, 2190 Main Street
[Register Here \\$21](#)

support the bill [here](#)

Arbutus Corridor



The City is looking for ideas and feedback on the design of the Arbutus Greenway. The Arbutus Corridor was originally the site of an important rail line through Vancouver's west side beginning in the 1900s. Unused for transport since the early 2000s, the community gardens and subsequent green space that grew over time came to have significant cultural value to the community. There are open house dates coming up in February where you can offer ideas or thoughts, or you can participate online.

[Find out more here](#)

Join us for a truly Canadian experience as we spend the morning discussing heritage, history and donuts in Canada's 150th year. The Ashnola Apartments, located in what is now known as the brewery district, was built in 1913 for prominent British Columbian, Dr. Israel Powell. A supporter of Confederation and BC's merging with Vancouver Island, Powell was Superintendent of Indian Affairs for 18 years, a respected surgeon and a close friend of Sir John A. Macdonald. Join us at Cartems Donuterie located on the main floor of The Ashnola, to learn from author and artist Michael Kluckner about Dr. Powell's connection to Vancouver, BC, Canadian Confederation and the legacy of buildings like this one for the neighbourhood of Mount Pleasant. The morning includes a short lecture, coffee, a donut and a walking tour of the neighbourhood.

Thank you to event partner Cartems Donuterie

New Liverpool: Before the West End - Walking Tour Sunday, February 19

2pm - 4pm

[Register Here \\$15](#)

The immense forest and surrounding waters of today's downtown peninsula had been, for thousands of years, an important resource for the local First Nations. With the advent of non-native settlement things changed and the area now known as the West End was pre-empted by three settlers after they were guided on ancient trails out to English Bay and saw the white sands of the beach. Logging cleared the forest and plans were drawn for New Liverpool and even though it was a bust, that early survey still shapes the neighbourhood today. On this walk John Atkin discusses the layers of development that give this area its character.

2017 Evening Lectures - Stanley Park Sites and Stories: Then and Now



The 2017 series of Evening Lectures begins with Landscape Architect and Author, Adrienne Brown exploring the cultural impacts that have shaped the area today called Stanley Park over more than 150 years. Inhabited for centuries, Adrienne will look at places and objects that have come and gone, developments which were envisioned but never built, and the history of some of

the cherished structures and spaces which remain in the park today.

Tuesday, February 21

National Cost-Sharing Program

The deadline to apply for Parks Canada's National Cost Sharing Program is February 13th. Owners and eligible lessees of National Historic Sites, heritage lighthouses and rail stations are able to apply. The program offers matching funding for various projects including conservation planning, restoration of heritage building elements and communicating to the public about designating a site.

[More on the National Cost-Sharing Program here](#)

7:30pm - 9pm
1498 McRae Ave

[Register here, \\$15 or \\$9 with valid student ID](#)

Old School - Heritage 101: Introduction to Heritage Conservation



Taught by heritage professionals, Heritage 101 is a comprehensive one-day workshop that explores the history of heritage conservation, the guiding charters and regulations, and the regulatory environment at City

Hall. The workshop covers why heritage conservation is significant both economically and culturally, how it is practiced and its impact on communities. The course is taught by a team of heritage experts including Senior Heritage Planner at the City of Vancouver, Marco D'Agostini and Heritage Consultants, Judy Oberlander and Donald Luxton.

Saturday, March 4
9am to 5pm

Mission to Seafarers, 401 E Waterfront Rd
[Register here, \\$125](#)

Heritage Energy Retrofit Grant & Upcoming Grant Deadlines



Applications are open for the renewed Heritage Energy Retrofit Grant which offers funding to support projects that reduce greenhouse gas emissions while improving the comfort of older homes (homes must

be built before 1940 or be on the Vancouver Heritage Register). The grant now includes support for storm windows and water conservation measures as well as the energy conservation retrofits previously funded. This grant does not have a hard deadline, however projects must be completed by October 31st, 2018 in order to receive funding. We encourage you to apply early to allow time for testing, recommendations and to complete retrofits.

The deadline to apply for True Colours, Restore It, Get on the Register, or House Call grants is also fast approaching, at less than a week away. Applications are due by 5pm February 1st. If you are waiting on quotes, please submit by the deadline indicating on your application which parts are incomplete and when you expect to have the information.

[View full information or apply for any of our grants here](#)

Meet Cassandra Sclauzero!

We are pleased to welcome the latest member of our staff team, Cassandra Sclauzero, who has joined us as House Tours Coordinator. Introduced to us as a house tour volunteer, Cassandra has been passionate about heritage since researching the history of her family's 1840s farmhouse as a child. A former teacher from Kingston, Ontario, she has been fascinated by Vancouver's built heritage--including the Vancouver Special--since moving to the city. She is a member of the Vancouver Heritage Commission and is currently working on a Cultural Resource Management Diploma through the University of Victoria.

Stay involved with Vancouver Heritage Foundation!

[Forward this message to a friend](#)



[Like us on Facebook](#)



[Follow us on Twitter](#)



[Visit our Website](#)



Call to Indigenous artists for Canada 150+ murals

The City of Vancouver is seeking proposals for painted or printed murals that celebrate the creativity of Indigenous artists and the rich cultural histories and continuing presence of Indigenous peoples in what is now known as Vancouver, as well as look toward the city and the country's future.

Musqueam artists are encouraged to apply!

Application deadline:

Wednesday, February 22, 2017

Learn more:

vancouver.ca/publicart or contact **Gordon Grant** at the Band Office

Information Session for Musqueam Artists:

Tuesday, February 7th

5:30 – 9:00 pm

Musqueam Community Centre Café

Light meal will be provided