

MUSQUEAM NEWSLETTER

Friday October 14, 2016

Tel: 604-263-3261, Toll Free: 1-866-282-3261,

Fax: 604-263-4212...Safety Patrol: 604-968-8058

EVERYONE WELCOME!

MUSQUEAM 101 – Wednesday October 19, 2016

stem? (what?) Musqueam 101 October 19, 2016

Wool Weaving Exhibition

Early blankets woven by Salish women are found in museums in Europe and eastern North America. As a result, contemporary weavers rarely have the ability to examine these works and learn from the beautiful belongings woven by the hands of their ancestors. Musqueam weavers approached the Museum of Anthropology to create an exhibit, whereby, older weavings would be brought home for a visit and provide knowledge and inspiration for contemporary weavers. MOA is planning this exhibition for November of 2017. Contemporary weavers in many communities have helped us to select weavings in European and American museums. We have requested these blankets and will provide an update on the loan process.

Presenter:

Sue Rowley is a curator at the Museum of Anthropology at the University of British Columbia.

ni? ʔəncə? (where?)

Musqueam Administration Offices

təmtəm? (when?)

Wednesday, October 19. Dinner will be served at 6:00 p.m. The presentation will start at 7:00 p.m.

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St. Michael's Church

**Please join us at
Church, Every Sunday
@ 12:45 AM**

**St. Michael's Church
on Crown Street.**



*** Please be informed that you can view the MIB Newsletter and any Upcoming Meetings's and/or Workshops etc.
On the Musqueam website ~ www.musqueam.bc.ca ~ under the "Newsletter Section".... Thank you :)**

MUSQUEAM INDIAN BAND NOTICE OF NOMINATION MEETING
Notice pursuant to the First Nations Elections Act

NOTICE OF NOMINATION MEETING

Notice is hereby given that a meeting of the Eligible Electors of the Musqueam Indian Band, will be held in the **MUSQUEAM COMMUNITY CENTRE GYMNASIUM (6777 SALISH DRIVE VANCOUVER, BC V6N 4C4) ON OCTOBER 18TH, 2016 BEGINNING AT 6:00 PM AND LASTING FOR AT LEAST THREE HOURS**, for the purpose of nominating candidates for positions one (1) Chief and ten (10) Councillors for the next ensuing term.

IMPORTANT INFORMATION ABOUT THE NOMINATION OF CANDIDATES:

1. Any elector may nominate candidates by delivering or sending by mail, email or fax to the Electoral Officer a completed, signed and witnessed nomination and voter declaration form to the Electoral Officer before the time set for the nomination meeting, OR by making a nomination orally at the nomination meeting.
2. Under the *First Nations Elections Act*, an elector must not nominate more than one candidate for the position of chief and no more candidates for the position of Councillor as there are Councillor positions available for election.
3. The Council of the Musqueam Indian Band has set out a candidate fee in the amount of \$100.00 for the position of Chief and \$100.00 for the position of Councillor.
4. Under the *First Nations Elections Act*, a nominee does not become a candidate until they deliver to the Electoral Officer or Deputy Electoral Officer, by 6 p.m. on October 21st, 2016 a signed *Candidate Declaration* form, which can be obtained from the Electoral Officer. The candidate fee for the relevant position must be received by this time as well, in the form of cash, certified cheque money order or electronic transfer payable to the Electoral Officer.

IMPORTANT INFORMATION ABOUT THE ELECTION:

1. The election will be held at the Musqueam Community Centre Gymnasium (6777 Salish Drive Vancouver, BC V6N 4C4) on November 30th, 2016 from 9:00AM to 8:00PM.
2. There is no Advance Poll for this election.
3. Any elector may vote by mail-in ballot by submitting a Request for Mail-In Ballot Form, which can be obtained from the Electoral Officer, along with a copy of identification, prior to November 30th. The elector is responsible for ensuring they request their mail-in voting package in a timely manner to ensure it can be received and returned via regular post and received by the Electoral Officer on or before November 30th, 2016.
4. Any elector may permit the electoral officer to release their name to the candidates.

Given under my hand at Victoria, British Columbia, this 22nd day of August, 2016.



Lawrence Lewis, Electoral Officer

For more information, please contact Lawrence Lewis, Electoral Officer

Ph: 250 889-1582 TF: 1-855-458-5888 Fax: 250 384-5416 Email: lewis.l@telus.net
PO Box 35008 Hillside, Victoria, BC V8T 5G2

WWW.ONEFEATHER.CA/NATIONS/MUSQUEAM

..... ✂ ✂
If you want your name and address to be given to candidates at this election for the purpose of communicating with you, please check the statement below, print and sign your name, detach this form at the dotted line and return the bottom portion to the Electoral Officer.

☐ I authorize that my name and address be give to candidates at this election.

Print Name	Date of Birth	Signature
Address	City/Town/First Nation	Province Postal code

MUSQUEAM INDIAN BAND NOTICE OF ELECTION & NOMINATION MEETING

Notice pursuant to the First Nations Elections Act

Notice is hereby given that **Musqueam Indian Band** has called an Election in accordance with the ***First Nations Election Act***, for the purpose of electing one (1) Chief and ten (10) Councillors on November 30, 2016 for the next ensuing Term of Office.

NOTICE OF ELECTION

NOTICE IS HERBY GIVEN THAT THE ELECTION WILL BE HELD AT THE MUSQUEAM COMMUNITY CENTRE GYMNASIUM (6777 SALISH DRIVE VANCOUVER, BC V6N 4C4) ON NOVEMBER 30TH, 2016 FROM 9:00AM TO 8:00PM.

NOTICE OF VOTING PLACE

NOVEMBER 30, 2016

9:00 AM TO 8:00 PM

**Musqueam Community
Centre Gymnasium**

**6777 Salish Drive
Vancouver, BC V6N 4C4**

Any elector may vote by mail-in ballot by submitting a *Request for Mail-in Ballot Form*, which can be obtained from the electoral officer, along with a copy of identification, prior to November 30th. The elector is responsible for ensuring they request their mail-in voting package in a timely manner to ensure it can be received by you, and returned via regular post and received by the Electoral Officer on or before November 30th, 2016.

All ballots cast at this election will be counted at the Musqueam Community Gymnasium immediately following the close of the poll on November 30th, 2016.

Given under my hand at Victoria, British Columbia, this 24th day of August, 2016.



Lawrence Lewis, Electoral Officer

For more information, please contact Lawrence Lewis, Electoral Officer

Ph: **250 889-1582** TF: **1-855-458-5888** Fax: **250 384-5416** Email: **lewis.l@telus.net**
PO Box 35008 Hillside, Victoria, BC V8T 5G2

WWW.ONEFEATHER.CA/NATIONS/MUSQUEAM

MUSQUEAM INDIAN BAND 2016 ELECTION INFORMATION

**Musqueam Indian Band is Changing its Election System
What Voters Need to Know.**

Please read ALL the attached information carefully.

The election of the Chief and Councillors of the Musqueam Indian Band used to be held under the *Indian Act* election system. But the next election will be held under the *First Nations Elections Act*.

What is the *First Nations Elections Act*?

The *First Nations Elections Act* is a law that offers new and improved rules for elections. It was developed in consultation with First Nations organizations in different parts of Canada. The law is optional. Musqueam Indian Band Chief and Council see many benefits to elections being held under this new system and have made a choice to move to it.

Highlights - Key Changes for the next Election

- ✓ The term of office for Chief and Councillors elected at this election will be 4 years.
- ✓ All persons wishing to be a candidate for chief must pay a \$100 fee, and all persons wishing to be a candidate for councillor must pay a fee of \$100.
- ✓ To become a candidate, all persons who have been nominated must sign a candidate acceptance form and pay the appropriate fee. If the Electoral Officer does not have the signed form and the fee by 6 p.m. on the third day following the nomination meeting, the nominee is not a candidate and will not appear on the ballot.
- ✓ Mail-in ballots will no longer be automatically sent out to all off-reserve electors. Anyone who wants a mail-in ballot will have to fill in a form asking for one and send it to the Electoral Officer, who must receive it no later than the 6th day before the election. The form must be accompanied by one piece of identification that proves who the person is (like a status card, a driver's licence or a health card).

For more information:

If you would like to read more about the *First Nations Elections Act*, INAC's website has information at www.aandc.gc.ca/elections

THE NEXT ELECTION WILL BE HELD AT THE MUSQUEAM COMMUNITY CENTRE GYMNASIUM (6777 SALISH DRIVE VANCOUVER, BC V6N 4C4) ON NOVEMBER 30TH, 2016 FROM 9:00AM TO 8:00PM.

For more information or assistance, please contact Lawrence Lewis, Electoral Officer

Ph: 250 889-1582 TF: 1-855-458-5888 Fax: 250 384-5416 Email: lewis.l@telus.net
PO Box 35008 Hillside, Victoria, BC V8T 5G2

WWW.ONEFEATHER.CA/NATIONS/MUSQUEAM



MUSQUEAM INDIAN BAND

6735 Salish Drive
Vancouver, B.C. V6N 4C4
Telephone: 604 263-3261
Fax: 604 263-4212

JOB POSTING **Corporate Administrative Assistant** **Regular Full-time**

Position Summary:

Reporting to the Office Supervisor the Corporate Administrative Assistant is responsible for the providing administrative support for the Band Administration's four Divisional Standing Committees and other general office administrative duties as needed. This position will work closely with the Secretary to Chief & Council.

Responsibilities:

- For all meetings, prepare pre-meeting documents, attend the meetings, record minutes, and prepare follow-up documents within the 5 day deadline.
- Prepare/transcribe minutes, assist with agendas, notices, and follow-up correspondence as required.
- Assist with communication and updates regarding meetings and briefings as required.
- Available to cover for the Secretary to Chief & Council for back up and vacation relief.
- Maintain attendance of Committee members.
- Distribute honourariums for community members.
- Order supplies for Council and Committee meetings.
- Assist with travel arrangements for Committee events as needed
- Arrange per diem payments
- Assist with external meeting set-up and coordinate with venues as needed
- Assist with other administrative projects
- Provide reception and other administrative support as needed and as time permits

Knowledge and Abilities:

- Three (3) years' experience in a similar role, post-secondary education in office administration and or an equivalent combination of education and experience.
- Knowledge of Roberts Rules of Order.
- Musqueam Indian Band First Nation Member is an asset.
- Familiarity with First Nations Governance is an asset.
- Strong computer skills in Microsoft Office and Adobe
- Good interpersonal skills.
- Excellent verbal and written communication skills.
- Strong administrative and organizational skills.
- Ability to meet deadlines.
- Strong attention to detail.
- Ability to maintain confidentiality.
- This position requires availability to work a minimum of 4 evenings a month, and flexible to work variable hours for Committee support, including some weekend work.

Working Conditions:

- Work is performed in an office environment.
- Successful Criminal Record Check

Please apply by emailing your cover letter and resume to Musqueam Indian Band, HR at:

jobs@musqueam.bc.ca

Please write « *Corporate Admin Assistant* » on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Position will remain open until filled.

** We thank all applicants; however, only those short-listed applicants will be contacted.*



MUSQUEAM INDIAN BAND

6735 Salish Drive
Vancouver, B.C. V6N 4C4
Telephone: 604 263-3261
604 263-4212

JOB POSTING

Environment & Stewardship Coordinator

Intergovernmental Affairs

Regular Full-Time

Position Summary:

Under the direction of the Intergovernmental Affairs Divisional Lead, the Environment & Stewardship Coordinator will be responsible for water (non-fisheries), land and environment program within Musqueam's Traditional Territory. The Coordinator will provide manage, support, internally and externally, on policy, programs and projects related to Musqueam environment and stewardship issues. In addition, the coordinator will focus on the protection, enhancement and restoration of ecosystem and habitat and other MIB stewardship initiatives. The Coordinator will provide direction and provide advice on matters related to Stewardship within Musqueam Traditional Territory. In addition, the Coordinator will develop and maintain relationships across government and non-government institutions and organizations that impact Musqueam stewardship initiatives.

Duties:

- Serve as primary Musqueam liaison on environment and stewardship initiatives;
- Understand and evaluate the possible impacts projects will have on Musqueam use, interests, and proven rights;
- Project management of restoration projects including marine, estuarine and river environments in Musqueam Traditional Territory;
- Manages, reviews, analyzes and provides advice on water and land tenures in Musqueam Traditional Territory;
- Manage stewardship program which can include but is not limited to: Emergency Response, Spill Response & Readiness, Compliance and Monitoring and Cumulative Effects.
- Establishes and maintains positive communication and relationships within Musqueam First Nation, other government departments, various organizations and First Nation partners to ensure interests and expectations of these groups are identified and responded to.
- Leads or participates in projects as required and/or delegated - ability to manage projects which includes, but not limited to, coordinating resources, ensuring appropriate consultation, ongoing and final reporting.
- Leads or participates in sub meetings related to large projects in order to coordinate information for multiple departments across the organization. Follow up, develop responses, collect and disseminate information.
- Develop, manage and implement a Lower Fraser Stewardship Management Plan;
- Give assistance to various Musqueam departments on an as-needed basis;
- Assist in generating resources from third parties;
- Develops and manages departmental budgets;
- Manage timelines and deliverables for projects with deadlines; and
- Assists in coordinating relevant Musqueam projects and services.

Knowledge and Abilities:

- Skill and knowledge attained by successful completion of a Post-secondary degree in marine biology, ecology, environmental studies or other related natural resources program with a minimum of 3 years previous experience in environmental field work; previous supervisory experience is preferred; or an equivalent combination of education, training and experience.
- Thorough understanding of project management;
- Ability to work in a dynamic environment with limited supervision;

- Excellent interpersonal, written and oral communication skills;
- Highly detailed oriented;
- Ability to use tact and good judgment in dealing with sensitive and complex issues;
- Ability to maintain confidentiality;
- Ability to work in a team oriented environment, as well as work independently;
- Ability to handle multiple priorities and complete tasks/projects in accordance with stated deadlines.
- Knowledge and experience of similar program delivery in the context of Musqueam or First Nations culture and history is preferred
- Cultural competency and knowledge of First Nation cultural traditions.

Please email a cover letter and resume to Musqueam Indian Band, Human Resources at:

jobs@musqueam.bc.ca

Please write "Environment&Stewardship Coordinator" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

The closing date for applications is October 21, 2016

** We thank all applications, however, only those short-listed will be contacted.*



MUSQUEAM INDIAN BAND

6735 SALISH DRIVE
VANCOUVER, B.C.
CANADA V6N 4C4
TELEPHONE: 604 263-3261
FAX: 604 263-4212

JOB POSTING

Home Care Attendant

Casual Position

(on call/as needed basis for vacation/sick/workload relief)

MIB is seeking Casual Home Care Attendants to add to their team. Under the direction of the Home Care Nurse/Supervisor, the Home Care Attendant assists clients with the activities of daily living to promote maximum independence; provides personal care and performs housekeeping and home management activities. Promote maximum independence by providing personal care.

Duties:

- Provides personal care to clients including bathing, toileting, dressing, oral hygiene, and hair care.
- Performs lifts and transfers.
- Assists with medication as ordered; records medication and treatment in communication book.
- Performs simple treatments, including non-sterile dressing changes as shown by the Home Care Nurse.

Qualifications:

- Home Care Attendants certificate.
- Valid First Aid Certificate, covering infants and adults.
- Valid CPR Level 1 Certificate, covering infants and adults.

Skills & Abilities:

- Ability to communicate effectively, orally and in writing.
- Ability to organize work.
- Physical ability to perform the duties of the job.
- Understanding of geriatric issues and behaviour.
- Ability to maintain strict confidentiality.
- Ability to operate related equipment.

Working Conditions:

- Work is mostly performed in the client's home

Please apply by emailing your resume or application form to Musqueam Indian Band, HR at jobs@musqueam.bc.ca

Please write "Home Care Attendant Casual" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

This position will remain open until filled.

We thank all applicants; however, only those short-listed will be contacted.



MUSQUEAM INDIAN BAND

6735 Salish Drive
Vancouver, B.C. V6N 4C4
Telephone: 604 263-3261
Fax: 604 263-4212

JOB POSTING

Medical Office Assistant

**Part-time / Temporary: 3 days/week (6 hours/day)
September – December**

Musqueam's Medical Clinic is looking for a temporary part-time experienced Medical Office Assistant to cover a 3 month leave of absence. This is a new clinic and some initial duties will involve helping to establish best practice medical office procedures, policies and processes, while providing professional front end clinic reception, administration and assistance to community members, clients and staff.

A summary of duties include:

- Establish medical office administrative procedures and policies
- Coordinate procurement of clinic medical supplies and equipment
- Develop process and files for charting
- Participate in implementing patient charting through the new Electronic Medical Record (EMR) system
- Clinic reception, make clinic appointments, scheduling, general office duties, etc.
- Support Health Program Lead to assess opportunities to grow the clinic
- Coordinate visiting health professionals and liaise with allied health professionals
- Data reporting
- Participate in Musqueam Health Department planning sessions, community events and health fairs, etc.

Job Knowledge:

The position requires the following knowledge, skills and abilities:

- Grade 12 graduation, plus up to a one-year Medical Office Assistant certificate
- A minimum of two years recent experience working in a medical clinic or medical office
- An equivalent combination of education and experience may be considered
- Experience using a medical office computerized system (EMR) and aptitude to learning other software programs
- Demonstrated ability to maintain confidentiality regarding patient medical information and records
- Knowledge of and experience with Musqueam or First Nations culture and history is an asset
- Strong English communication skills (spoken and written) and the ability to communicate tactfully with others
- Demonstrated ability to maintain confidentiality regarding patient medical information and records

- The ability to professionally meet, deal with the public and provide information in a pleasant, helpful and confidential manner
- Ability to problem-solve and take initiative to resolve problems
- Ability to enter data accurately and pay attention to detail
- Exceptional organizational skills and the ability to effectively prioritize workload
- Ability to remain calm during periods of stressful high volume and to meet deadlines as required
- Ability to work independently and harmoniously as a member of a team
- Strong computer knowledge of Microsoft Office, good keyboarding skills and experience with other various office equipment such as printer, scanner, photocopier, etc.

To apply, please email cover letter and resume to jobs@musqueam.bc.ca
and write ***“Medical Office Assistant Temporary”*** on the subject line

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.
This position will remain open until filled.

** We thank all applicants; however, only those short-listed will be contacted.*



Musqueam Community Census Event

New Date!

Food for Thoughts: Weekend Edition
Sunday, October 16th, 2016

11:00am to 3:00pm

Musqueam Community Centre

Please join us to complete the Census, ask questions, grab a snack, and be entered to win great prizes!

This is one of the last Census events. Don't miss out!

Can't make it? Please complete the Census before **October 16th**:

- ✓ Online at **census.musqueam.bc.ca**
- ✓ With one of our Census Recorders
- ✓ On paper, by request

Contact us: ccp@musqueam.bc.ca, 604-269-3330

facebook.com/Musqueam2016CommunityCensus



A Comprehensive Community Planning Initiative

MUSQUEAM 2016 COMMUNITY CENSUS

Musqueam Administration is collecting its own Census information to understand community composition and the needs and opinions of Musqueam community members living on and off-reserve.

All information will be kept confidential and will only be used by the Musqueam Band.

What
do **YOU**
think?

Please complete the Census by Sunday, October 16th!

1:

HOUSEHOLD CENSUS

*to be completed
by ONE head of
each Musqueam
household.*

AVAILABLE NOW!

2:

PERSONAL CENSUS

*to be completed
by ANY member
of the Musqueam
community.*

AVAILABLE NOW!

**COMPLETE THE 2-PART 2016
MUSQUEAM COMMUNITY CENSUS
FOR YOUR CHANCE TO WIN!**

Each part
you complete
will give you
an entry into
weekly prize
draws and the
grand prize draw
for a Lenovo
tablet!



WAYS TO COMPLETE BOTH THE HOUSEHOLD AND PERSONAL CENSUS:



ONLINE

Please visit census.musqueam.bc.ca. You must register to receive a link to complete the survey. It is best viewed on a computer or tablet.



AT HOME ON-RESERVE

Our Census Recorders, Brittany Point, Sara Louie, Angelina Rice-Louis & Zoe Craig, will be going door-to-door on the reserve. They are also available by appointment. Please email CCP@musqueam.bc.ca or call 604-269-3330 to make an appointment.



IN THE COMMUNITY CENTRE

Our Census Recorders are available to meet you in the Musqueam Community Centre. Please email CCP@musqueam.bc.ca or call 604-269-3330 to make an appointment.



THROUGH MAIL

If you are off-reserve and would like to complete the Census on paper, please email CCP@musqueam.bc.ca or call 604-269-3330 to make arrangements.



AT CENSUS EVENTS

Keep your eyes on the newsletter and [Musqueam Community Census Facebook page](#) for details!



A Comprehensive Community Planning Initiative

The Children's House

Hours of Operation:

Preschool Program Hours: Monday—Thursday 9:00 am—12:00pm.

Daycare Hours: Monday—Friday 7:45—5:00pm

The Children's House phone # 604 269-3302

Renee Stogan Supervisor email: childcaresup@musqueam.bc.ca

The Children's House Staff

Renee Stogan Supervisor: 604 269-3302 email: childcaresup@musqueam.bc.ca

Infant/Toddler Staff: Christy Friesen, Sherry Point, Tamara Jones, Angela Point

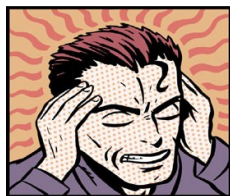
Preschool Staff: Ernestine Herman, Kelly Herman, Sarah Hussain

Important Reminder

November 1, 2016 The Children's House will be closed for Musqueam Day Holiday.



hay čx^w qə

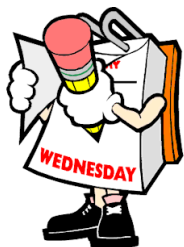


Answer to last weeks riddle: Wrong

This week: What starts with "P" and ends in "E" and has more than a 1000 letters?

St. George's School - Musqueam Leadership Scholarship Program

What: Come and learn about the Musqueam Leadership Scholarship Program available for St. George's, dinner will be served



Where: St. George's School Senior Campus

4175 West 29th Avenue, Vancouver

When: Wednesday October 19, 2016 at 6:30

Transportation available, pick up at the Community Centre



Featured Career: Elementary Teacher

IS IT RIGHT FOR ME? An elementary teacher is a great job if you are good with children, patient, organized, dedicated, adaptable, creative, and hard working

HIGH SCHOOL PREREQUISITES? To become a elementary teacher you must have a high school diploma. During your time in high school you should also consider what type of bachelors degree you plan on pursuing; for a science degree you should take: Math 12, and at least one of Biology 12, Chemistry 12, or Physics 12. For an Arts based bachelor you should take: English 12 or First Nations Studies 12, and at least 3 other grade 12 courses.

POST SECONDARY EDUCATION? You must complete a bachelors degree (120 credits) at a post-secondary institution, and then a teacher education program (48 credits).

WHAT CAN I EXPECT MY SALARY TO BE? BC teachers can expect to make between \$40,000—\$80,000 a year, depending on experience and specialization.

Scholarships and Bursaries

The Indspire Building Brighter Futures: Bursaries, Scholarships, and Awards 2016-2017 are now open. scholarship and bursary amounts vary; typically the amounts range from \$1000-\$25,000.

The Post –Secondary Education scholarship/bursary closes November 1, 2016

You can find the application and guidelines at: <http://indspire.ca/for-students/bursaries-scholarships/>

If you need any assistance you can contact April (Learning Facilitator)

The Elementary Homework Club will be starting next Tuesday October 18th 3:30-5:30 in the Library Space. Bring your homework and join us for snacks and fun!!



Education Department:

Faye Mitchell, Education Coordinator,

April Campbell, Learning Facilitator

Delphine Campbell, Education Assistant,

Ph. # 604 - 263 - 3261 Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

GRANT WRITING WORKSHOP

First Peoples Cultural Council (FPCC)
Aboriginal Arts Development Awards
Deadline: October 31, 2016

AND

UTown@UBC Community Animation Grants
Deadline: October 26, 2016

Learn about:

- Learn about this year's Aboriginal Arts Development Awards
AND the new UTown@UBC Community Animation Grants
- Hear tips on how to apply
- Get feedback on your draft proposal

Please bring your draft application form for one-on-one assistance
Download or pick up an application package in advance:

- FPCC: <http://www.fpcc.ca/arts/programs/>
- UTown@UBC: <http://utown.ubc.ca/animationgrants>
- Request a hard copy from Musqueam's Grant Writer

MONDAY, OCTOBER 17, 2016
Drop in between 5:00PM and 7:00PM
Musqueam Cultural Centre

For more information, please contact:
Joanne Kienholz, Grant Writer
Phone: 604.269.3371 E-mail: jkienholz@musqueam.bc.ca





COMMUNITY GRANTS NOW AVAILABLE

Have a great idea for a community building project?
Want to hold a canning workshop, an intergenerational
storytelling project, a street party, or a book exchange?
Need the funds to make it happen? Apply now for a
UTown@UBC Community Animation Grant!

Receive up to \$1,000

for projects that help build community and strengthen
connections right where people live, work and learn.

The UTown@UBC Community Animation Grant program is made possible through a partnership between UTown@UBC, the Vancouver Foundation Neighbourhood Small Grant Program and the Musqueam Indian Band. Musqueam community members, UBC students and UBC faculty and staff, are all eligible.

Have a project you think would be perfect?

Attend our drop-in info session: 5PM to 7PM, October 17, 2016
Musqueam Cultural Centre

Learn more and apply online: <http://utown.ubc.ca/animationgrants>

Apply by the deadline: October 26th, 2016

Contact Courtenay Gibson, Recreation Coordinator, at the Band Office if you have questions



Musqueam Health Dept. Newsletter—Oct.14, 2016

MUSQUEAM PRIMARY CARE CLINIC

Dr. Michael Dumont, GP

4010 SI-LU DRIVE

Vancouver, BC, V6N 4K7

P-604-266-0043

F- 604-266-0048

Community Notice Announcement

To Musqueam Community Members,

This is to inform you – Our Very Own Primary Care Clinic is available every **FRIDAY** from 10am – 4 pm.

(Please note: Voicemails/emails checked ONLY Friday mornings)**

To make an appointment:

Phone: 604 266 0043 – Messages are checked Friday mornings!

Walk-ins Welcome!

****We are treating all clients as New Patients – So please bring all necessary ID: BC Care Card, Status Card.**

We currently do not have a Nurse Practitioner; however, we are working on this! So for now, we are only open on Fridays! ~

NOVEMBER DATES

****Dr. Dumont will be away for 2 weeks in November****

BUT

Dr. Dumont is willing to have our clinic open on

Wednesday November 9th

10am – 4 pm

in lieu of Friday November 11th, 2016!

Please call or drop in on Wednesday instead of the Holiday!



Community Health Nursing Program

Natalie Frandsen, RN,

Patricia Mathison, Assistant

CHN Newsletter

“Too Hot for Tots” Burn Prevention Workshop:

October 27, 10-1 PM

The health department will be hosting a burn prevention workshop on October 27th from 10-1 PM in the community centre. During the workshop, you will be taught about how to prevent toddlers from being injured from burns. The workshop presenter is a RN and has worked in the BC Children’s burn unit for 18 years. If you have or care for young children or you work with children, please join us for this free workshop. Register with Patricia Mathison (604-269-3354; nurseassist@musqueam.bc.ca).

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal Mothers :

- From the onset of pregnancy until 3 months post-partum we offer weekly \$25.00 Save on foods Gift cards.
- Nursing pads, one box per week as needed
- A one time gift of an Electric Breast pump. One per family
- Welcome gift for your new baby

Community Health Nurse, Natalie Frandsen can register you for the “Healthy pregnancy, Healthy Babies” Program. If you are pregnant you may sign up by calling Natalie Frandsen, CHN at 604-269-3313 or Patricia Mathison, nurse assistant at 604-269-3354.

Please join us **Tuesdays at 12 noon** in the Youth Centre for an informal drop-in group ((partners welcome!). We provide lunch, friendship with other young mothers, and special guests who provide education on pregnancy and baby related topics.

Pre- and Post-natal Group:

Tuesdays noon-2 PM, Youth Centre

Upcoming classes:

- October 18: Halloween party for the babies!
- October 25: BCAA car seat information & demonstration
- November 1: Musqueam Day— NO CLASS



Annual Flu Clinic and Village of Wellness Health Fair:

November 24, 2-6 PM

Save the date! The annual flu clinic and wellness fair will be held on November 24, 2-6 PM at the community centre. You will be able to get your annual flu shot, gather some great health information and have some health screening done as well (e.g., blood sugar, blood pressure). For questions, call Natalie (604-269-3313) or Patricia (604-269-3354).

St. John’s Ambulance Save That Child

(infant choking & CPR & basic first aid): December 6

Child injuries require timely action, and over 80% of these injuries are caused by accidents in the home. **Save That Child** is the ideal course for giving parents, grandparents, babysitters and infant and child caregivers the confidence to handle various emergencies, through prevention, recognition, and response. Trained instructors from St. John’s Ambulance will teach the course at Musqueam (community centre). For more information or to register, please contact Patricia Mathison (604-269-3354; nurseassist@musqueam.bc.ca). For more information on how to register for the workshop, contact Natalie Frandsen, CHN (604)269-3313 or Patricia Mathison, Nurse assistant, (604)269-3354.



NNADAP National Native Alcohol and Drug Awareness Program

Cyndi Bell, D&A Counsellor

Please note: Cyndi Bell our NNADAP worker will be away from the office until further notice. Please see below contact list for your reference. You may access these programs by calling these numbers directly for assistance during Cyndi's absence.

NNADAP Contact list:

Access Central (detox, Daytox)	1 866 658 1221
BC Nurses Line	811
Suicide/Crisis Hotline	604-872-3311
BC 211 (referral service)	211
The Alcohol & Drug Information and Referral Service	604-660-9382

Home & Community Care Program

Romeo Cosio, RN

In home care is available to our Band Members living on reserve, to assist with hospital discharges, home care aides, and medical equipment. In-home care and all medical equipment require a note from your doctor with your needs specified.

Romeo's Office Schedule:

Mon, Wed, Thurs, Friday 8:30-5:30

Tuesdays- OFF.

You may also call Patricia Mathison for assistance with your questions about home care service, or medical equipment. Patricia's Schedule: Monday-Friday 8:30-4:30

Cancellations of service

Please notify us as soon as possible for any Cancellations; at least 24 hours in advance is helpful.

The Arjo Tub Program

The Arjo Tub is a therapeutic bath offered through our Home Care Program and is available at the Elder's Centre between 7-10am Monday to Friday.

You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.

For an appointment call Patricia Mathison, Nurse Assistant at: 604-269-3354

Need help? Have concerns?

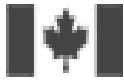


We're here to help.



Safe Drinking Water Monitor Program

Charlene Campbell-Wood



**Health
Canada** **Santé
Canada**

Dehydration:

- ⇒ Dehydration occurs when your body loses too much fluid. This can happen when you stop drinking water or lose large amounts of fluid through diarrhea, vomiting, sweating, or exercise.
- ⇒ Not drinking enough fluids can cause muscle cramps and you may feel faint.
- ⇒ Usually your body can reabsorb fluid from your blood and other body tissues. But by the time you become severely dehydrated, you no longer have enough fluid in your body to get blood to your organs, and you may go into shock, which is a life-threatening condition.

For more information on Dehydration www.bchealth.ca

Chronic Disease Management Program

Merv Kelly

Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these.

Do you want to workout but don't know what's best for you?

You may call me or drop by my office:

Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm

Available to assist all ages and levels of fitness for all community members.

Merv Kelly,

Chronic Disease Management Facilitator Phone: 604-263-3261 – Extension 3455

Email: merv@musqueam.bc.ca





GIRLS GROUP

For girls 9-13 years old
Every other Friday
Starts October 7th
5:00pm-7:00pm at Classroom 1

NOBODY'S PERFECT PARENTING

8 Week FREE Workshop

Every Monday Starting October 17th
12:00pm-2:00pm

Community Centre Classroom 1
Lunch and Child minding will be provided

To sign up please call Ashlee at the Health Department



Musqueam Elder's



Elders Luncheon

Thursday Oct.27, 2016

12:00 Noon

Location: Musqueam Elders Centre

Please share with your Elders

Musqueam Ladies Group




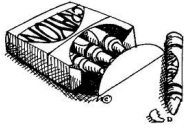



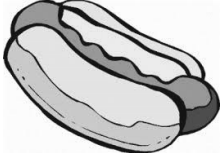
When: Every Tuesday evenings

Time: 6:00 – 9:00 pm



YOUTH CENTRE

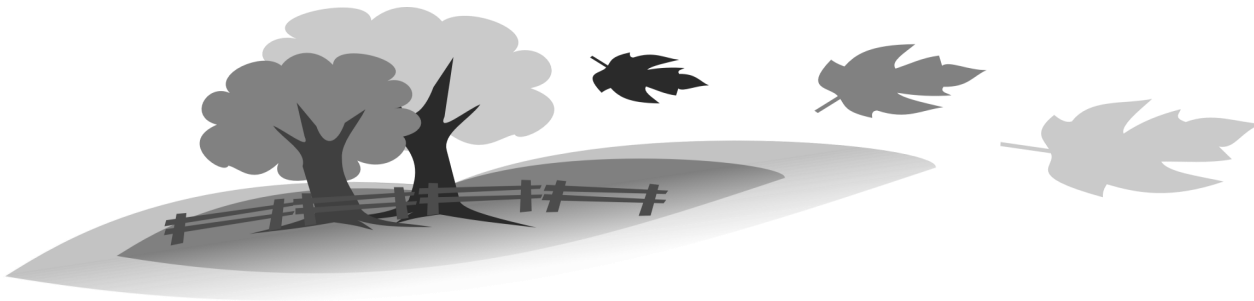
Abigail Speck at the Youth Centre at 604-269-3465 Email: youthcentre@musqueam.bc.ca

Monday October 17th	Tuesday October 18th	Wednesday October 19th	Thursday October 20th	Friday October 21st
BTS 3:30—5:30  Charades  6:00—8:00	D&A Night  5:00—8:00	Spooky Colouring Contest 3:30—6:00  MYP 6:00—8:30 	BTS 3:30—5:30  Halloween Arts & Crafts 	Movie Night  Open for Professional Day @ 9:00 AM

The Youth Centre will be open from 2:00 pm—9:00pm Monday—Friday

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years old or older

****Please note that the Youth Centre will be open @9:00 AM when kids have professional days****



Musqueam Bike Co-op

Bike Repair Clinic



Sunday, October 16th

11:00 am to 3:00 pm

**Outside the Musqueam
Community Centre**

- ★ By-donation bicycle repair
- ★ Free used parts
- ★ New parts for sale at cost
- ★ Learn by helping us fix bikes



We love hearing your ideas and receiving donated bikes, parts, and tools.

Join the “Musqueam Bike Co-op” [Facebook](#) group!

Monday October 17th

3:30 to 5:30

Math & Science Club with
Henry & UBC Rec

Electric Physics!

Make a birthday card that lights
up when you open it!

Snacks, sports, prizes



Thursday October 20th

3:30 to 5:30

Reading Club with Brennan & UBC Rec

Reading Game!

Get ready for a spooky spelling contest!

Snacks, sports, prizes

Welcome Back! **Bridge Through Sport** **2016**

Youth age 7-12 join us
Mondays and Thursdays in the Library/Bridge
Through Sport Space

MYP

Wednesday, October 19th

6:00-8:30

Band Office with Maggie, Vanessa & Ryanne



Musqueam Youth Program

This week at MYP, we were joined by: Sandra, Rae-Lynn, Timber, Tyson, Henry, Victoria, Kelly, Matthew, Bud, Austyn, Tusula, Phebe, Aidan, Taylor, and Graham! Phebe won our word search challenge (and our prize for the week) and Kelly bested us all at a game of Apples to Apples. Vanessa got us in the Hallowe'en spirit with a spooky hə́ŋqəmiŋə́m lesson – just in time for our trip to Fright Night next week!



A⁺ Teen Homework Club

Monday October 17th

6:00 to 8:00

Teen Homework Club with Henry

Get connected with YOUR Museum and YOUR City!



Connection

October 13 might seem like any random day to you, but it's actually a fairly important date in Vancouver's history. You see... On this date, thirty years ago, [Expo 86](#) closed.

Fortunately for everyone who is still feeling nostalgic for that era, our display of Expo 86 memorabilia will remain up for the rest of the year.



We've got a few more reasons why you should be marking this date on your calendar...

[*Vancouver in the Seventies: Photos from the Decade that Changed the City*](#) opens **October 13** (by the time you read this, it might be today). The exhibition zooms in on key themes and moments from Vancouver's coming of age: a time of protest, political upheaval, economic prosperity, and cultural blossoming. *Vancouver in the Seventies* features 400 photographic gems from the *Vancouver Sun* newspaper collection, as well as a number of 1970s artefacts from the Museum's collection. [Watch Global BC's interview with co-curator Kate Bird.](#)



And, if that wasn't enough to make you believe that **October 13** is noteworthy, then you might not have realized that we are hosting a public pinball tournament on this night. That's right. Pinball in the Museum! *See below.*

It's HAPPENING at MOV: Upcoming Events



Happy Hour: TILT! Public Pinball Tournament

Local pinball collector and Stacked Pinball League coordinator Kyle Seller hosts a pinball tournament for the general public.

Square off against amateur opponents in a triple elimination tournament. Play up to eight coveted machines from the pinball stratosphere including Funhouse (1988), Cyclone (1988) and Jack-Bot (1995). Scores will be updated live on the internet for players to follow as they anticipate their next game. Even better, you can win prizes from Parallel 49 Brewing! [[More info](#)]

Date & Time: Thursday, October 13 at 6:00pm

Registration: [Here](#)





Curator Talk and Tour with Kate Bird

Join us for an inside look at *Vancouver Sun* photojournalism from Vancouver in the Seventies exhibition guest curator.

The author of *Vancouver in the Seventies: Photos from the Decade that Changed the City*, Kate Bird has been the researcher for books, including *Making Headlines: 100 Years at The Vancouver Sun*, which won the Bill Duthie Booksellers' Choice Award at the 2013 BC Book Prizes, and *Lilies and Fireweed: Frontier Women of British Columbia*.

Date: Thursday, October 20

Time: 7:00pm

Tickets: Adults: \$15; Seniors, Students and Basic Membership Holders: \$11.

MOV Connect and Connectors Council Holders: Free! Call 604.730.5319 to secure your place for this event or to upgrade your basic membership.

[Registration](#)



Mobilizing the Arts for Community Connection and Change

This one-day summit will explore art as a catalyst for sparking community imagination around belonging, trust, and social resiliency in urban centres.

Some of Vancouver's most dynamic artists and designers will share their ideas, projects, and initiatives in a series of rapid-fire presentations. Audience members will then take the lead in imagining how the arts can be used in interactive ways to advance these themes across Metro Vancouver through a series of workshops facilitated by the presenters. [[more info](#)]

Date: Saturday, October 22

Time: 1:00pm - 5:00pm

FREE to all. Patrons must be registered for this event.

[Registration](#)

Mobilizing the Arts for Community Connection and Change is organized by Justin Langlois, Assistant Professor of Social Practice in the Faculty of Culture + Community at Emily Carr University of Art and Design, and supported by the Vancouver Foundation, posAbilities and the Museum of Vancouver.



BOOK YOUR HOLIDAY EVENT — AT THE — **museum of vancouver**



Plan your holiday party early and take advantage of great savings!

Minutes from downtown with exclusive access to Vanier Park, the Museum of Vancouver combines history and culture with unparalleled panoramic views of English Bay, Stanley Park and the North Shore mountains. Featuring reception space to accommodate up to 150 guests, this iconic building is the perfect location for a myriad of special holiday events.

Inquire with our [Rentals Department](#) for availability and applicable discounts.

Phone: 604-730-5305 or Email: sales@museumofvancouver.ca



Volunteer with us!

email members@museumofvancouver.ca for more info.

STAY CONNECTED:



Museum of Vancouver, 1100 Chestnut Street,
at Vanier Park in Kitsilano, Vancouver, BC V6J 3J9 Canada

[SafeUnsubscribe™](#) | lsparrow@musqueam.bc.ca

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Sent by hello@museumofvancouver.ca in collaboration with



Try it free today



Musqueam Indian Band

October 7, 2016

The Musqueam Indian Band and the Musqueam Chief & Council are inviting Musqueam Members who would like the opportunity to attend an upcoming home Canuck game to submit your name. To distribute as fairly as possible we will be selecting the attendees by a lottery draw.

*Please note that if you submitted your name last year and attended a game you may re-submit your name this year but priority will be given to those that have not attended.

Rules for entering:

- May only submit your name once
- If your name is chosen, the selected recipient must attend the game
- If you can't attend the game you were selected to attend your name will go back in to the lottery and a new winner will be selected
- Must provide own transportation to game

Please enter by emailing your name and contact information to:

Email: execassist@musqueam.bc.ca

Or by filling out the form that is attached and placing your entry form in the box at reception in the Musqueam Administration Office.

Please note that you can only submit your name once and if your name is drawn you must be the recipient using the ticket. If a minors name is drawn an adult must attend with the minor.

Musqueam Canuck Lottery Form:

Name: _____

Phone Number or best way to contact you: _____

if you would like to attend with your family please list all members that would like to attend with you:

1) _____

2) _____

3) _____

4) _____



Tupperware Grand Opening Bingo Dinner Fundraiser

Friday October.14.2016 5:00PM to 10:00 PM @ 51st Hall 6615 Salish Dr
Fundraising for Maximus down payment for MMA and Averys New glasses.

Held by Tupperware consultant Deanna Point & Tupperware Manager Tanya Dunnum

Diner: Spaghetti with Caesar salad and garlic bread \$8 a plate

Snacks: chips \$1, Ambrosia salad \$3, cup cakes \$1, hot dogs \$2, banana bread slices \$2

Drinks: pop \$1, water \$1, juice \$1, coffee \$1, tea \$1

Donations are welcome Tupperware flyers and catalogs available. Taking orders as well on this night.

Bring your own bingo dabbers if you have them if not we will also be selling dabbers there for \$2 each. Please come out and show your support it's going to a good cause. Open for everyone of all ages.