

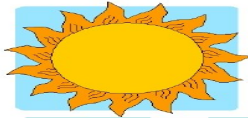
MUSQUEAM NEWSLETTER

Friday July 29, 2016

Tel: 604-263-3261, Toll Free: 1-866-282-3261,

Fax: 604-263-4212...Safety Patrol: 604-968-8058

Summer Fun



**Don't
FORGET!**



Attention: **ALL SOCIAL ASSISTANCE CLIENTS RE: CHILD TAX BENEFIT SUMMARY**

It is that time of year again!

Friday July 29, 2016 will be the next issue day for Aug. 2016.

For those **income assistance clients with children** you will need to bring to Social Development Department your **"Child Tax Benefit"** summary form before your cheque will be released on **Friday July 29, 2016**. This summary form will be mailed to you with your **July 2016 Child Tax Benefit**, policy and procedures state that we need a copy of this for your file. Please bring in immediately, your cooperation is greatly appreciated.

Thank you,

From the Social Dev. Dept.



Inside this issue:

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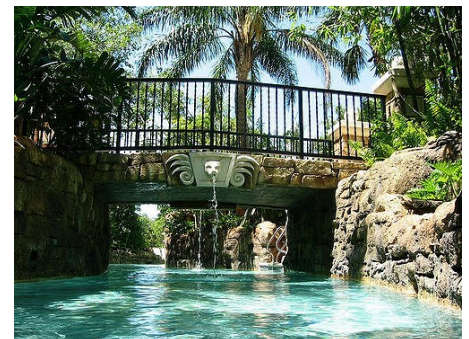
MUSQUEAM SMOKE SHOP HOURS

MONDAY—FRIDAY

9:00 AM– 5:45 PM

Please note we are closed during lunch hour 12-1 pm.

You must bring your valid current status card and be 19 years or older. Thank you.



* Please be informed that you can view the MIB Newsletter and any Upcoming Meetings's and/or Workshops etc. On the Musqueam website ~ www.musqueam.bc.ca ~ under the "Newsletter Section".... Thank you :)

Social Development Department

FRIDAY JULY 29, 2016

Please note:

**Cheque Issue Day for August 2016 will be on
Friday July 29, 2016**

From: 8:30am—4:30pm

Please provide all required paper work to the “Social Dev. Dept.” so we can process payments for you accordingly. Without your **“completed paperwork”** (renewal slips, job search forms, hydro, gas & phone bills) we cannot process payment for you!

Please **COMPLETE** your paperwork, **PRINT**, **SIGN YOUR NAME & DATE**, etc.

Cut off date is the 20th of each month.

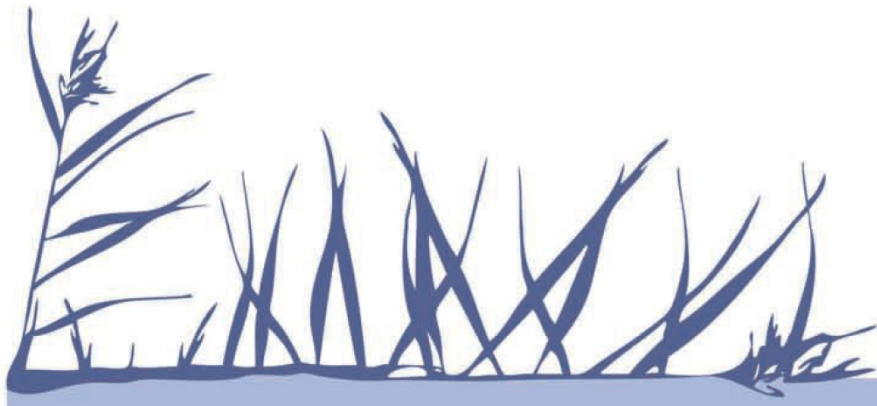
**Please provide all necessary paperwork at your earliest
convenience, so we can serve you better!**

If you are **employable**—you are expected to pick up your own cheque. If you are a **“person with disability”** or a **“person with persistent multiple barriers”** and you will not be picking up your own cheque, please provide a note or a phone call as to whom will be picking up your cheque.

We will not see any clients one or two days prior to cheque issue day! **SORRY!** No cheque processing on “cheque issue day” - ***if your paperwork is late, so is your cheque!***

Thank you for your cooperation,

From The Social Development Dept.



XʷməΘkʷəjəm
Musqueam

LAND CODE

Musqueam Lands Survey: A Future Development Plan for Musqueam

“As stewards of our territory and caregivers for generations yet-to be born, we deeply understand the importance of planning wisely for our lands.” – Musqueam Land Use Plan

Musqueam is planning its future through the creation of a Future Development Plan. The purpose of the Future Development Plan is to develop a strategy for how Musqueam will use its reserve lands over the next 100 years. This is important due to Musqueam’s limited land base, the value of the land as a base to the Nation, and the potential to use the lands to help the Nation advance goals identified in the updated 2011 Comprehensive Sustainable Community Development Plan. These include:

- Housing a growing population
- Protecting the environment and the Nation’s cultural heritage
- Expanding services and amenities on reserve (health, recreation, etc.)
- Generating employment opportunities for members and revenue for the Nation

Considering the importance of this issue, Musqueam would like the Future Development Plan to represent how members feel the Nation’s reserve lands should be used.

We want to hear your voice. Please visit <http://fluidsurveys.com/s/musqueamFDP/> to complete a survey to inform the future development of Musqueam lands. Surveys can also be obtained from Kim Guerin at the Band Office.

The Future Development Plan and this survey focus on the lands in IR2, due to its size, location, and importance as the community core. Your feedback will directly inform the choices that Musqueam makes with regard to the use of these lands moving forward.

Please submit your survey online or return your completed survey to the Band Office by Mon, Aug. 1, 2016.

This survey is the first step in the feedback process – you will have additional opportunities to provide feedback over the course of the development of the Future Development Plan. Please contact me if you have any questions and require a paper copy of the survey. Kim A. Guerin, Coordinator, Musqueam Land Code 604-263-3261 local 3374 kim@musqueam.bc.ca



xʷməθkʷəjəm
Musqueam

INTERGOVERNMENTAL AFFAIRS

OPEN HOUSE

Thursday, July 28th 2016

Musqueam Gym

4:00-7:30 PM

- ✓ Major Project Updates
- ✓ Musqueam Archives
- ✓ Aquatic Habitat Restoration Project
- ✓ Mapping Projects
- ✓ 2016 Community Census
- ✓ Fisheries

**SNACKS &
REFRESHMENTS**

**DINNER SERVED
AT 5:30PM**



*** TONS OF DOOR PRIZES! ***

Special Grand Prize!!



2016 Musqueam Community Census

*Have a say about your community...
and win prizes!*

Beginning July 28th, we will be bringing the 2016 Musqueam Census questionnaire to the community. Complete the Census to receive a gift card and entries into our weekly draws and grand prize draw!

Anonymous responses will help our Council and Administration understand your needs and visions.

Ways to complete the Census:

- ✓ At home on-reserve with our Census Recorders
- ✓ By appointment with our Census Recorders
- ✓ At Census-focussed events
- ✓ Through mail if off-reserve
- ✓ Online

Check the community newsletter, "like" the Musqueam Community Census Facebook Page, and email ccp@musqueam.bc.ca to sign up for our email list to receive the latest information.

*Dinner and launch at IGA Open House
Thursday, July 28th 4:00pm - 7:30pm*



*A Comprehensive Community
Planning Initiative*



MUSQUEAM INDIAN BAND

6735 SALISH DRIVE
VANCOUVER, B.C.
CANADA V6N 4C4
TELEPHONE: 604 263-3261
FAX: 604 263-4212

JOB POSTING **Home Care Attendant**

Casual Position
(on call/as needed basis for vacation/sick/workload relief)

MIB is seeking Casual Home Care Attendants to add to their team. Under the direction of the Home Care Nurse/Supervisor, the Home Care Attendant assists clients with the activities of daily living to promote maximum independence; provides personal care and performs housekeeping and home management activities. Promote maximum independence by providing personal care.

Duties:

- Provides personal care to clients including bathing, toileting, dressing, oral hygiene, and hair care.
- Performs lifts and transfers.
- Assists with medication as ordered; records medication and treatment in communication book.
- Performs simple treatments, including non-sterile dressing changes as shown by the Home Care Nurse.

Qualifications:

- Home Care Attendants certificate.
- Valid First Aid Certificate, covering infants and adults.
- Valid CPR Level 1 Certificate, covering infants and adults.

Skills & Abilities:

- Ability to communicate effectively, orally and in writing.
- Ability to organize work.
- Physical ability to perform the duties of the job.
- Understanding of geriatric issues and behaviour.
- Ability to maintain strict confidentiality.
- Ability to operate related equipment.

Working Conditions:

- Work is mostly performed in the client's home

Please apply by emailing your resume or application form to Musqueam Indian Band, HR at
jobs@musqueam.bc.ca

Please write "Home Care Attendant Casual" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Please apply by August 5, 2016. This position will remain open until filled.

We thank all applicants; however, only those short-listed will be contacted.



MUSQUEAM INDIAN BAND

6735 SALISH DRIVE
VANCOUVER, B.C.
CANADA V6N 4C4
TELEPHONE: 604 263-3261
FAX: 604 263-4212

Child Care Worker (Infant/Toddler) Full-time Regular

Position Summary:

The Child Care Worker provides a safe, stimulating environment for young children, and conducts individual and group activities to encourage learning and develop social interaction skills. Prepares and/or serves children's meals. Maintains appropriate records of attendance and activities. Ensures the children's hygiene, welfare and safety. As part of the Child Care Centre team, works with the other staff to develop and plan the program activities. Maintains a positive work environment and attitude with children, parents and other Child Care staff.

Duties:

- Program planning and preparation work prior to daily activities (e.g. Field trips and themes of the month)
- Plans and organizes traditional First Nations activities
- Plans, organizes and leads daily activities designed to stimulate the intellectual, physical and emotional growth of the children
- Encourages cooperation and participation of all children; strives to create a happy, caring, creative and respectful environment
- Encourages open communication with parents concerning the needs, progress and problems of their children
- Maintains constant supervision of all indoor and outdoor activities
- Prepares snacks that meet the standards of the Canada Food Guide, and cleans up after meals
- Changes diapers as needed
- Maintains children's attendance records
- Implements proper safety and hygiene practices, reports any unsafe or faulty equipment to the Child Care Supervisor
- Participates in training and development sessions, attends staff meetings
- Performs other related duties as required

Qualifications:

- Skill and knowledge usually attained by successful completion of Secondary School, and an ECE and Infant/Toddler certificates, and 1-2 years' experience in a Child Care setting; or an equivalent combination of skill, knowledge and experience
- Good interpersonal and communication skills
- Ability to build strong, positive relationship with parents, children and other staff
- Punctual and reliable
- Flexible, committed and enthusiastic
- Must have a clean Criminal Records Check, or be willing to undergo a Criminal Records Check

Licenses:

- Infant/Toddler Certificate
- Early Childhood Education license
- Valid Basic First Aid Ticket
- Food Safe certificate is an asset (or is willing to take)

Working Conditions:

- Work is mostly performed in a child care setting
- Attendance for off-site field trips will be required

Please apply by emailing a cover letter and resume to Musqueam Indian Band, Human Resources at jobs@musqueam.bc.ca

Please write "Child Care Worker" on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Please apply by Friday, August 12, 2016 and will remain open until filled.

We thank all applicants; however, only those short-listed will be contacted.



Caring For Hopeful Hearts: A Workshop Series For Children

Highlights:

- A 4 part series focusing on play activities to help children learn tools for healing after loss
 - Kids will create their own grief tool kit!
 - All workshops free with snacks & supplies provided!
 - Series to take place weekly starting August 2nd from 2:30 to 4:30pm at the 51st hall
 - Parents information meeting will be held to have any questions answered
- ♦For children ages 6 to 12 years old
 - ♦Maximum number of spots available, please call to ensure yours!



Musqueam Indian Band

*To register a child and for more
information please call Meghan at:*

604.671.1258

Or email: mhajash@musqueam.bc.ca

Be a part of Free Wellness Days Workshops!

Location: All workshops will be held at the Elders Centre

Time: All workshops will be from 3 to 5pm. Please see workshop descriptions for specific dates.

Capacity: All workshops limited to 12 people



~**No** Previous Art Experience Necessary! All art materials provided.~

Four House Posts of Wellbeing ~ Thursday August 11th

Participants will examine the four house posts of our well being: Spiritual (Where we know we belong and our purpose), Physical (Our body's wellness and the space around us), Mental (How we think and reason as we go through our journeys) and Emotional (How we feel and how it connects us to others). Participants will boost self esteem and look at aspects of self care.

Length of workshop: 2 hours

Facilitated by Meghan Hajash

Discover your Happiness~ Monday August 15th

Arts-Making: Express yourself and reveal your peace and happiness!

Art-Making is therapeutic and all about self-expression and self-exploration. This workshop will show and guide you to use color to identify your happiness. Each participant will be guided through a series of signature exercises that focus on our deepest desires in pursuit of peace and happiness. Experience a creative and soothing way to express personal feelings through abstract art.

Length of workshop: 2 hours

Facilitated by Ellen Yang

Expressive Arts Workshop for Identity Acceptance ~ Wednesday August 17th

The group will explore themselves through a brief study of archetypes (typical example of a person or thing) using art, movement, creative writing, and drama. Participants will gain more understanding and acceptance of themselves.

Length of workshop: 2 hours

Facilitated by Diane Farnsworth

Acceptance and Integration Art Journey Workshop ~ Thursday August 18th

The intention is to have participants look at themselves as whole, with an understanding that when we start to accept all of ourselves, through an integration of the parts that we like and the ones we dislike, we can start to have a more loving relationship with ourselves thus setting a foundation and conditions for our self- esteem, self-care and self- image natural improvement.

Length of Workshop: 1.5 hours

Facilitated by Kelly Jiminez

Please call Meghan to register or for more information please call 604-671-1258 or
mhajash@musqueam.bc.ca



PART OF THE WELLNESS DAYS SERIES:

Free Basic Hair Cuts by Deanna!



Free 15 to 20 minute Hair Cuts

August 10th from 5 to 7pm

August 11th from 5 to 7pm

Will be held at the Elders Centre

To sign up for a hair cut or for more information, please call Meghan please call:

604-671-1258 or email: mhajash@musqueam.bc.ca



Looking for 25 people Interested in doing a Medicine Walk at UCB Garden Tuesday August 3, 2015

Jeri Sparrow Facilitator

- ♦ Date
- ♦ Tuesday August 3, 2016
- ♦ Time 10:00am— 3:30pm
- ♦ Community Bus will take everyone to the UBC Garden

Lunch
Provided

- ♦ Where: Community Cafe
- ♦ Registration Forms to be filled out and dropped off
- ♦ 25 caregiver spots available for community members

Musqueam Indian Band

Please drop off registration forms to Theresa Hood at 51st Hall as soon as possible, for more information and/or to be a part of the Medicine Walk

- 604-364-6551
- thood@musqueam.bc.ca





Musqueam First Nation

Registration for Medicine Walk at UBC Garden

Date: _____

Name: _____

Address: _____

Allergies/Medical: _____

Email: _____

Contact Phone #: _____ (circle one): home work cell

May we leave voicemail on your contact phone? Yes No

Age: ☐ 15 – 20 ☐ 20 - 30 ☐ 31- 40 ☐ 41- 50 ☐ 51- 60 ☐ 60 +

Emergency Contact:

(Print name)

(phone #)

(Relationship)

Your emergency contact may be called if there is an emergency situation where your immediate well-being is at risk, so please provide the name of someone you trust.

Please provide a brief description of why you would like to take part in the workshop series:

By registering as a participant you understand that workshops are confidential and agree to adhere to the agreements the group sets.

Sessions will run Tuesday August 3, 2016 10:00 am til 3:30 pm in the Kitchen/Cafe.

Please register by Monday August 2, 2016. Please drop of Registration to Theresa Hood Family Outreach at the 51st Hall.

Print name

Participant Signature

____/____/____
dd mm yyyy

Musqueam Social Development



This is an invitation to parents and community members to join our 8-week beading class!

stem? (What?): Learn to Bead

təmtem? (When?): July 21 to Sept 8 Every Thursday 6pm to 8pm

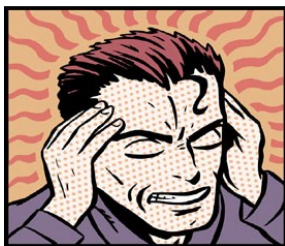
ni? ʔəncə? (Where?): Community Centre Café 6777 Salish Dr.

Come out to learn how to bead or brush up on your skills. This group will run every Thursday evening for 8-weeks.

- ◆ All beads and materials will be provided
- ◆ This group will be taught by Megan Harkey who is very skilled at bead work
- ◆ A light snack and refreshments will be provided

If you are interested in joining or would like more information, please call Virginia Scotchman or Karen Dan-Wilson **604-558-4677**

Musqueam Education Notice Friday July 29, 2016



Answer to last weeks riddle: The letter E

This week: What type of cheese is made backwards?



Attention Post-Secondary Students



If you plan on continuing at your post-secondary institution this September please make sure that you have:

- Completed the MIB Education forms
- Sent in a copy of last terms transcripts
- Sent in a copy of your registered courses

If you have any questions or would like to make an appointment please contact April (learning facilitator)

Scholarships and Bursaries

The First Citizens Fund student bursary program is now open. For eligible students the level of assistance will be \$700 per semester. Funding is distributed to students on a first come, first serve basis. Deadlines: **Fall Semester 2016- Due Aug 31st 2016; Winter Semester 2017– Due Dec 31st 2016; Summer Semester 2017– Due Apr 30 2017**

Applications can be found at: <http://www.bcaafc.com/programs/firstcitizensfund/31-studentbursary>



If you need any assistance you can contact April (Learning Facilitator)

Sudoku

How to play: the objective is to fill the grid so that each row, column, and box contain the numbers 1-9. No single row, column, or box can have repeating numbers.

4	9	5	2	3	8	6	7	1
3	2	8	1	6	7	5	9	4
7	1	6	5	4	9	3	2	8
2	3	1	4	5	6	7	8	9
8	4	7	2	1	3	5	6	9
5	6	9	7	8	3	1	4	2
9	5	4	6	7	2	8	1	3
1	8	2	3	9	5	4	6	7
6	7	3	8	1	4	9	2	5

6							2	5
	8				5		6	
		4		7			1	
5							1	
	4	7						
2					6	7		
				4				8
3			1					
			2	3				

Education Department:

Faye Mitchell, Education Coordinator,
April Campbell, Learning Facilitator

Delphine Campbell, Education Assistant,

Ph. # 604 - 263 - 3261 Fax # 604 - 263– 4212

Toll free: 1-866-282-3261

Community Health Nursing Program – Natalie Frandsen, RN, Patricia Mathison, Assistant



Prenatal group update:

Pre- and Post-natal Group held on Tuesdays at noon will resume on September 6, 2016. If you have any topic ideas for our session feel free to let us know! Community Health Nurse, Natalie Frandsen is in the office and available to register you for the “Healthy pregnancy, Healthy Babies” Program. If you are pregnant you may sign up by calling Natalie Frandsen, CHN or Patricia Mathison, nurse assistant at 604-263-3261

Post-partum doula training for First Nations women:

Post partum doulas provide support and education to new mothers and their families during the first three months of a baby’s life. The First Nations Health Authority is offering free training for First Nations women interested in becoming postpartum doulas. Training is being held September 19-23 in Vancouver. Register at <http://bit.ly/24mXltc> or call Sarah Lalonde at 604693-6587. Registration is open now until August 19th. For more information on postpartum doula services, see: www.dona.org/mothers



Ambulance services for Musqueam band members:

Medical transportation benefits are provided by First Nations Health Authority to assist band members (must have Status Card) in getting medical services at the nearest appropriate health professional or health facility. If you or someone you know needs to be seen by a doctor urgently, please call 911 and an ambulance will take you to one of the Emergency Rooms in a Vancouver hospital.

Annual Flu Clinic and Village of Wellness Health Fair: Save the date! The annual flu clinic and wellness fair will be held on November 24, 2-6 PM at the community centre.

Musqueam Primary Care Clinic

Clinic Location: Musqueam Elder’s Centre.

Clinic Days: Tuesday, Wednesday, Thursdays

Hours: 9:30-4:00

For Appointments: Phone **604-266- 0043**

Please call during business hours only, and leave a message as NP may be with a patient.

Home visits are scheduled for the mornings.

****FOR EMERGENCIES CALL 911**

For Non-emergency Questions CALL 811

Primary Care Clinic Announcement:

*As of August 15, 2016, the **NP hours** for the Primary Care Clinic (Tuesdays, Wednesdays, Thursdays) are **closed until further notice**.

*If the NP Angela Remocker is your primary care provider (family NP) you can continue to see her and the other NPs/GPs at Raven Song Primary Care.

However, we will have a **General Practitioner; Dr. Michael Dumont starting here on August 5, 2016** – who will be here every Friday, hereafter.

Please continue to read the notice each week for more detailed information.

MIB Health Dept. Newsletter—July 29, 2016

NNADAP National Native Alcohol and Drug Awareness Program—Cyndi Bell, D&A Counsellor

Please note: Cyndi Bell our NNADAP worker will be away from the office from July 29—August 2. Cyndi will be back in the office on August 3. Please see below contact list for your reference.

NNADAP Contact list

Access Central (detox, Daytox)	1 866 658 1221
BC Nurses Line	811
Suicide/Crisis Hotline	604-872-3311
BC 211 (referral service)	211
The Alcohol & Drug Information and Referral Service	604-660-9382

Safe Drinking Water Monitor Program

- Charlene Campbell-Wood

Boil water advisories are by far the most common type of advisory. They are issued when the micro-biological quality of drinking water is suspected or confirmed to be compromised, meaning disease-causing micro-organisms, such as bacteria, viruses or parasites, could be in the drinking water. "Do not consume" and "Do not use" advisories are typically used when a chemical contaminant is suspected or confirmed in a drinking water supply. Both of these types of advisories are rare, representing approximately 2% of all drinking water advisories in Canada annually.

This excerpt was taken from the Health Canada Canadian Drinking Water Guidelines; Drinking water advisories. If you would like more information www.hc-sg Drinking Water Guidelines.

Chronic Disease Management Program

—Merv Kelly

Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these. Do you want to workout but don't know what's best for you?

You may call me or drop by my office: Hours –

Monday to Friday: 9:30am—3:00 pm / 5:00—6:30pm

Available to assist all ages and levels of fitness for all community members.



Merv Kelly,

Chronic Disease Management Facilitator

Ph: 604-263-3261 – Extension 3455

Email: merv@musqueam.bc.ca

MIB Health Dept. Newsletter—July 29, 2016

Musqueam Elders—Brenda Campbell, Elders Coordinator

MUSQUEAM ELDERS LUNCHEON:

When: Thursday August 11, 2016

Time: 12:00 Noon

Location: Musqueam Elders Centre



Musqueam Ladies Group:

When: Every **Wednesday** Evenings

Time: 6:00 – 9 : 00 pm

Location: Musqueam Elders Centre

Home & Community Care Program—*Romeo Cosio, HCN*

Home Care Program is available to our community members to assist with hospital discharges, home care aide, and all medical equipment. Home care needs and equipment require a doctors note with your needs specified.

Home Care Office Schedule:

Mon, Wed, Thurs, Friday 8:30-5:30 Tuesdays- OFF.

Home Care Office Ph: 604-263-6539.

***Please leave a message as Romeo may be on a home visit or with a client.**



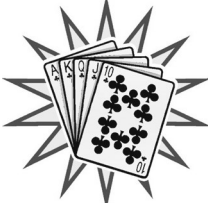
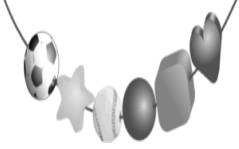

The Arjo Tub Program: Is available at the Elder's Centre between 7-10am Monday to Friday. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.

For assistance with Arjo tub appointments or Home Care service scheduling changes or cancellations Please call Patricia Mathison, Nurse Assistant at 604-269-3354

**Please cancel 24hours in advance.*

Youth Centre

Abigail Speck at the Youth Centre at 604-269-3465 Email: youthcentre@musqueam.bc.ca

Monday August 1st	Tuesday August 2nd	Wednesday August 3rd	Thursday August 4th	Friday August 5th
Arts & Crafts  4:00—7:00	Board Games  4:00—8:00	Cards  5:00—8:00	Bracelet Making  4:00—7:00	Movie Night  4:00—9:00

****The Youth Centre will be open from 9:00 am—9:00pm Monday—Friday for Summer Hours****

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years old or older

~ NOTICE TO ALL BAND MEMBERS ~

The individual listed below has made an application for membership with the Musqueam Indian Band and the application has been accepted for circulation to the Musqueam Membership by Chief & Council as recommended by the Membership Registrar:

NAME OF APPLICANT	CURRENT BAND	MUSQUEAM DESCENT
Sandra Lynn Young (nee Fox)	Affiliated with Musqueam - declared entitled under the new amendment to the Indian Act; Bill C-3: Gender Equity/Mclvor Case	Mother: Doris Anne Mearns Grandmother: Thelma Grace Mearns

*In accordance with the Membership Rules the membership application will be posted in the Band Office for not less than three (3) months. If you should have any questions or concerns regarding the membership application please feel free to contact me at the Musqueam Band Office.

Jocelyn Campbell-Axson, Indian Registration Administrator
Membership Registrar
Tel: 604-263-3261

POSTED JULY 8, 2016

Do you have an Extended Relative you want honoured for their work in Musqueam families?

IT'S EASY!

**We are taking nominations for small Honouring ceremonies.
You will hand in a one-page description of why you feel this person should be
honoured. Or you can call me, and we can write one together.
You will attend with your nominee at the ceremony to celebrate together.**

HONOURING EACH OTHER



- ♦ *Honouring Musqueam Relatives (August 5)* - nominations by July 29th **

**CORRINA SPARROW, Musqueam Social Development
for details or help to nominate a loved one:**

E: socialdev@musqueam.bc.ca / T: 604-269-3319

HONOURING EACH OTHER

Nomination Form

Circle who you are nominating for:

Fathers

Extended Relatives (aunty, uncle, grandparent)

Name of person being nominated:

Person nominating:

Your contact info:

DESCRIPTION (use more pages if needed):

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, leaving small margins at the top and bottom. There are no vertical margin lines, text, or other markings on the page.

◆ **Honouring Musqueam Relatives (August 5)**

- nominations by July 29th **

Contact CORRINA SPARROW, Musqueam Social Development to submit a nomination:

E: socialdev@musqueam.bc.ca / T: 604-269-3319

Drumming Up Courage

CHAMPIONS WANTED



YOU ARE A CHAMPION!

You are a Musqueam community member, interested in learning how to keep our neighbourhoods safe, how to support survivors of violence, and how to prevent violence in the future.

Training is free. Dinner provided.

ALL ADULTS (over 19 years) WELCOME TO ATTEND

Join the fight to end violence in Musqueam.

Six session class starts August

We will call you when dates are confirmed –To Register:

CORRINA SPARROW, MIB Social Development

E: socialdev@musqueam.bc.ca / T: 604-269-3319



x^wəy̓θət



MEDIA RELEASE

Awakening the Spirit: Revitalization of Canoeing in Musqueam

For the first time in 30 years, a red Cedar log is being carved into a journey canoe on the Musqueam Indian Band reserve, located at the mouth of the Fraser River.

The project entitled “Awakening the Spirit: Revitalization of Canoeing in Musqueam” (ATS) is an Indigenous partnered endeavor between Musqueam Indian Band and the University of British Columbia (UBC). It is funded by the Musqueam Indian Band, and a Social Sciences and Humanities Research Council of Canada (SSHRC) Insight Grant. The proposal for this project ranked in the top 5 across the country, as an Indigenous community research and wellness endeavor. The project liaison for Musqueam is Corrina Sparrow (Musqueam/Pentlatch), who works as the Social Development Director for the Band. The UBC partners consist of Shelly Johnson (Saulteaux/Ojibway) from the School of Social Work, Andrea Lyall (Kwakwakwakw) from Forestry Sciences, and Jo-Ann Archibald (Sto:lo/Xaxli’p) from the Faculty of Education.

Canoeing has a rich history in the Musqueam community, and this multi-year, intergenerational canoe revitalization project has helped bolster culturally significant programming for Musqueam community members of all ages. It has been applied to pass down ancient canoe carving knowledge, traditional canoe stories and language, from master carvers and Musqueam elders to the next generations.

The 40 foot log used to carve the canoe, which is 350 years old, was found in Ladysmith, BC floating in the backyard of one of the master carvers on the project. The log was nicknamed the “Old Woman Log” to represent the circle of Indigenous women who cultivated the project into reality. Presently, master carvers Dicki Louis (Musqueam), and Elmer Sampson (Chemainus) are working almost every day to bring alive the new Musqueam canoe. As each piece of wood falls away onto Musqueam ground the log begins to resemble a canoe more and more, and the spirit of canoe culture at Musqueam community awakens once again.

The new Musqueam canoe will push off into the Fraser River off the shores of Musqueam on August 6th, 2016. Ceremonies begin 11am in the Musqueam Cultural Pavilion (4000 Musqueam Avenue, Vancouver).

Contacts:

Musqueam Band, Corrina Sparrow – 604-269-3319; socialdev@musqueam.bc.ca

Musqueam Band, Chief Wayne Sparrow – 604-652-2599; chief.wsparrow@musqueam.bc.ca

UBC School of Social Work, Dr. Shelly Johnson – 604-822-9647; shelly.johnson@ubc.ca



Thank you to all who participated in the first round of ***Drumming Up Courage—Honouring One Another*** Cedar hat weaving.

This program is to help teach community members the art of traditional Cedar hat making, with master weaver, Holly Campbell.

As they learn this time honoured tradition together, participants also engage in safe, confidential talking circles, to explore traditional family roles, and ways we can work together to end violence in our community.

Honouring One Another is an opportunity to lift each other up, and to celebrate family and our culture in Musqueam.

The next session—scheduled to begin late August—is for Musqueam women to honour Musqueam men in their families.



This next class is now full.

To get on a waitlist, please contact
CORRINA SPARROW in office.

The next available session will be for men only.

COMING SOON

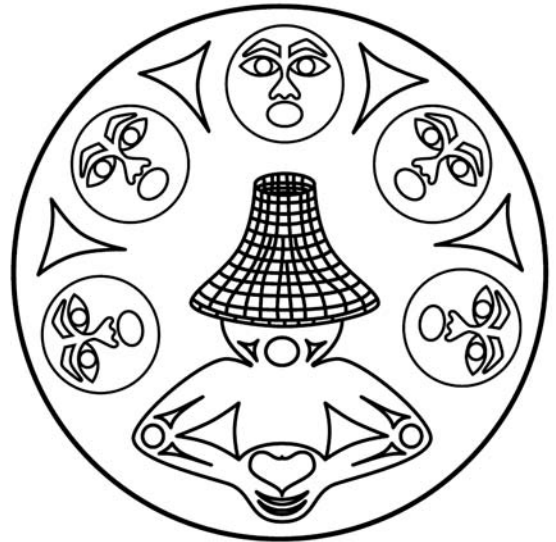
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Men Against Violence Coalition

All Ages Welcome

Call Corrina for details:

604-269-3319



DRUMMING UP COURAGE

Musqueam have a float in the
Vancouver LGBTQ Pride Parade
July 31st, 2016 for the first time EVER!!

Come out and show your support for Musqueam, and all
our LGBTQ and Two-Spirit community members and
relatives. O siem




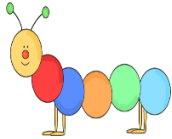
Contact Corrina Sparrow if you want to snag a last minute
spot on the float, and DANCE WITH MUSQUEAM!

604-269-3319 / socialdev@musqueam.bc.ca



Summer Recreation Program

Week of August 1st – August 5th 2016

Monday August 1 st , 2016	Tuesday August 2 nd , 2016	Wednesday August 3 rd , 2016	Thursday August 4 th , 2016	Friday August 5 th 2016
<p style="text-align: center;">No programming* BC day</p>  <p style="text-align: center;">Enjoy your long weekend! ☺</p>	<p style="text-align: center;">Space Day Space themed games and activities</p>  <p style="text-align: center;">Please bring a lunch</p>	<p style="text-align: center;">Science World Leave @ 9:30 Return @ 3:30 <u>Please ensure to bring a lunch or lunch money</u></p> 	<p style="text-align: center;">Bug Day Bug themed activities and a nature walk to look at bugs.</p>  <p style="text-align: center;">Please bring a lunch</p>	<p style="text-align: center;">Musqueam Cup Soccer 9:00 am- 12:00 pm</p> <p style="text-align: center;">Board Games 1:00 pm- 4:00 pm</p> <p style="text-align: center;">Please note that lunch will be provided</p>

*GYM WILL ALSO BE CLOSED DUE TO HOLIDAY

Please note that 5-6 year old are to be dropped off no earlier than 9:00 and picked up no later than 4:00.

Thank you,

Musqueam Recreation Staff

All children must have a completed permission slip to participate in the programs. If you have any questions or concerns please contact the Courtney Gibson, Recreation Coordinator at cgibson@musqueam.bc.ca or (604) 269- 3451/ 9604) 269-3464