

MUSQUEAM NEWSLETTER

Friday July 8, 2016

**Tel: 604-263-3261, Toll Free: 1-866-282-3261,
Fax: 604-263-4212...Safety Patrol: 604-968-8058**



COAST SALISH LIMOUSINE

This is a new business owned and operated by Cindy Sparrow and Laura McDiarmid. We are located on reserve at 6510 Salish Drive. We provide a positive, up beat service and our priority is the customer. If you are looking for a limousine company just around the corner—we'll look no further—we are here to suit your needs for weddings parties, birthday parties, concerts, prom, we even provide small tours and pick up and drop off to the airport.

We are available for hire and our contact number to call for rates and availability is 604-263-7163. We have 15 passenger Ford Transit Van—clean and fresh inside and out to meet your transportation needs.

Do not hesitate to call and book your ride!

Thank you,
Coast Salish Limousine ~~~
Cindy & Laura



Inside this issue:

Important Notice	2
MIB Job Postings	3-9
MIB Census	10
Come Paint	11
Update LDB Project	12
Education	13
Emp.&Trg.	14-16
Remaining News	17-41

FOR SALE !!!

2— FISH TOTES

BOTH IN GOOD
SHAPE

CONTACT MARK:

778-323-3251



*** Please be informed that you can view the MIB Newsletter and any Upcoming Meetings and/or Workshops etc. On the Musqueam website ~ www.musqueam.bc.ca ~ under the "Newsletter Section".... Thank you :)**

Musqueam Community Notice

Musqueam Fisheries Department

July 8th, 2016

Chinook Salmon Fishery Opening

Section 35.1

Dates & Times: **Saturday July 9th, 2016 0700h(7am) – 1700h(5pm)**
 Sunday July 10th, 2016 1300h(1pm) – 2300h(11pm)

8" Minimum Mesh Restriction with a 3 to 1 hang ratio

All net is subject to inspection by Musqueam AFOs for compliance

Species and Quantity

The Fishery is limited to a harvest of: **Chinook salmon**

All efforts and attempts shall be made to return all non-target species including sockeye, steelhead and sturgeon to the water alive.

Use of Fish

Fish caught under this licence are for food, social and ceremonial purposes. Without prejudice to future agreements, regulations, sale of fish caught under this licence is not permitted.

Gear

Drift Nets on condition that:

- (i) Nets do not exceed a maximum of 50 fathoms or 300 feet in length and a maximum depth of 60 meshes & **8" Minimum Mesh Restriction with a 3 to 1 hang ratio**
- (ii) Each Participant fishes only one net.
- (iii) Only one net is fished from any vessel.
- (iv) Each net is attended at all times by the Participant who is fishing the net.
- (v) No vessel fishing under the authority of this licence has on board, in a hung condition, any net that does not meet the conditions in (i) above.
- (vi) Spare nets on board a vessel actively fishing are kept in a stowed condition.

Set Nets on condition that:

- (i) Nets do not exceed a maximum of 10 fathoms or 60 feet and a maximum depth of 60 meshes & **8" Minimum Mesh Restriction with a 3 to 1 hang ratio**
- (ii) All Set Nets are identified by a floating buoy prominently displaying the Participant's designation number, and the Participant's designation number is the only numbers displayed on the buoy,
- (iii) All Set Nets fished from poles have buoys attached to the end of the net farthest from the beach by means of a tag line of sufficient length to allow the buoys to be on the surface of the water and clearly visible for inspection at all times.

All harvesters must have a valid Musqueam Fisheries Communal Fishing Card.

Musqueam Fisheries Department

Information line 604.269.3393

AFO Contact #s: 604-551-3044 / 778-997-5510

July 8, 2016

**Important Notice of potential road closure/ delays
For Musqueam Residents**

**Please be advised there may be some traffic delays on
the corner of Salish and Mali road on the following date:**



Jul 14, 2016 between 12:00pm and 3:00pm



The Employment and Training Department, in partnership with Trauma Tech and Squamish Trades Centre, will be conducting hands on training and testing as our Scaffolding Students will be working towards getting certified as a Traffic Control Person. This is a great opportunity for our community members and is a valuable course that will help lead to meaningful employment.

Your patience and understanding is greatly appreciated!

If you have any questions or concerns please feel free to call Terry Sparrow, Employment and Training Job Coach at 604-269-3367.



Chief and Council Seeking Band Members for Standing Committees

The Musqueam Chief and Council have created four Standing Committees Intergovernmental Affairs, Lands, Capital and Housing, Community Services and Finance and Administration to provide advice and recommendations to Chief & Council. Each committee is made up of 5 Councillor's, 1 Elder representative, 2 Community Members at large and applicable Program Administrators. Currently there are 2 vacant seats on 2 of the Committee's please see below:

Intergovernmental Affairs

Description: To provide policy recommendations and guidance related to: Government relationships – Federal and Provincial Partnerships and Authorities (e.g. FNHA) Liaison with other First Nations Bands, Constitutions, Treaty, Fisheries Conservation and Community Distribution and referrals.

Vacant:

- Community Member at large

Lands, Capital and Housing

Description: To provide policy recommendations and guidance related to Community planning, assets and infrastructure, Housing, Public Works, Capital Projects, Facilities, Me Land Code, Land Management and Land Use Planning.

Vacant:

- Community Member at large

Please submit your name and the Committee or Committees you would like to sit on; attention of the Band Secretary or by email to bandsecretary@musqueam.bc.ca . Appointments would start as of September 12th 2016 and end December 31st, 2016.





MUSQUEAM INDIAN BAND

6735 Salish Drive
Vancouver, B.C. V6N 4C4
Telephone: 604 263-3261
Fax: 604 263-4212

JOB POSTING **Safety & Security Female Support Worker**

Part-Time
Term Employment to March 31, 2017

2 nights a week – Saturday/Sunday
3 hour shifts – late evening

Position Summary:

The Safety and Security Female Support Worker, under the supervision and direction of the Security Patrol, provides support to the Security patrol when they are interacting with vulnerable women and youth during the late evening and early morning hours on the Reserve. The Female Support Worker will accompany Security Patrol members on regularly scheduled patrols or on a call-out basis, as determined by need. They will assist in the assessment of individuals encountered on the Reserve with regard to sobriety, vulnerability, health, mental or emotional status. The worker will assist the Patrol member to facilitate the best outcome within the available resources of the Community and the Emergency Services.

Duties:

- Works under the supervision and direction of the on-duty patrol member or Patrol Supervisors.
- Assists vulnerable members of the community who may be unable to care for themselves for a variety of reasons.
- Builds a relationship with, and, assists in the supervision of, minor children at large in the community.
- Liaise with emergency services personnel to determine the best outcome for those needing care
- Produce written statements and reports as required.
- Testify as a witness at legal proceedings when required.
- Works cooperatively with the Community members & Leaseholders.
- Develops and maintains effective working relationships with colleagues and outside agencies.
- Works late evening to early morning shifts
- Available for call-out on short notice
- Maintains accurate and complete notes of all incidents.
- Fills out a Critical Incident form when necessary and informs Security Manager

Knowledge and Abilities:

- Skill and knowledge attained by the successful completion of training or education in Foster Parenting, early childhood development, Social work or related fields, or equivalent experience.

- Practical exposure to Musqueam or First Nations culture and history.
- Ability to use tact and good judgment in dealing with sensitive and complex issues.
- Ability to maintain confidentiality.
- Ability to work closely with emergency services.
- Excellent communication skills.
- Ability and desire to keep accurate, detailed notes

Licenses

- Valid BC Driver's License
- Must obtain and maintain a clean criminal records clearance
- Valid First Aid certificate

Please email cover letter and resume to MIB Human Resources at jobs@musqueam.bc.ca and write **“Safety Female Support Worker”** on the subject line.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

This position will remain open until filled.

** We thank all applicants; however, only those short-listed will be contacted.*



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Job Posting

**COMMUNITY CENSUS RECORDERS
For the 2016 Musqueam Census**

**4 Summer Temporary Positions – July/August (8 Weeks)
(35 hours/week, with some flexibility)**

Position Summary:

Musqueam Chief and Council approved nəčəmat tə šxʷqʷeləwən ct (We are of one heart and mind) – Musqueam's Comprehensive Community Plan (CCP) in 2011. The Community Plan provides leadership, administration, and membership with direction and guidance on how the community develops. As part of the Monitoring and Evaluation phase of the planning cycle, Musqueam is conducting a community Census to track progress towards achieving the community's vision and goals outlined in the CCP.

Reporting to the Planning Assistant and Associate Director of the Treaty, Lands & Resources Department, the Community Census Recorders will engage with Musqueam community members to promote and record responses to the 2016 Musqueam Census. For student applicants, this position is partially funded by the Human Resource and Skills Development Canada – Canada Summer Jobs Program (HRSDC-CSJP). To meet HRSDC-CSJP funding requirements, the applicant must be between 15 and 30 years of age (at the start of employment), have been registered as a full-time student during the preceding academic year, and intend to return to school on a full-time basis in the next academic year. We are also accepting general applications; however, first consideration for these positions will be to student applicants.

Duties:

- Raise community awareness about the Musqueam Census and promote the Census at community events;
- Contact Musqueam members to participate in the Musqueam Census through door-to-door canvassing on-reserve, telephone calls, mail-outs, social media, and emails;
- Conduct Census surveys with on and off-reserve members (over the phone or in-person);
- Transcribe responses to survey questions and input data into survey software;
- Liaise and work collaboratively with other Community Census Recorders;
- Complete related administrative duties.

Qualifications

- Have completed at least 2 years of high school;
- For student applicants: have been registered as a full-time student during the preceding academic year and intend to return to school on a full-time basis in the next academic year.

Skills:

- Effective organizational skills;
- Good reading and writing skills;
- Enjoys working with a range of community members (youth, Elders, etc.) from different families;
- Effective interpersonal, communications, and listening skills;
- Ability to work both independently and within a team environment;
- Ability to prioritize and work effectively under pressure to meet deadlines;

- Ability to maintain accuracy and attention to detail;
- Ability to maintain confidentiality;
- Knowledge of Musqueam and/or experience working in a First Nations community is a very strong asset.

Working Conditions:

- Work is performed in the office and out in the community;
- Census Recorders will work in teams of two and record Census responses in community members' homes or alternative locations if necessary;
- Must be flexible to work with the schedules of community members (i.e., possibly in the evenings and on weekends);
- Work will be conducted in July and August; start date July 4th
- Criminal Record Check must be completed.

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Please e-mail a cover letter and resume to Musqueam Indian Band, HR at:

jobs@musqueam.bc.ca

Please write "*Community Census Recorders*" on the subject line.

Please apply by July 13th.

*We thank all applicants; however, only those short-listed will be contacted



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JOB POSTING

Musqueam Indian Band & UBC

**Student Film Production Assistant – Summer Mentorship Placement
June to September 2016**

Position Summary:

With guidance and mentorship from a film production team, the Student Production Assistant will be responsible for assisting with a range of filming, interview, and research tasks while receiving mentorship and skills training along the way. This is a great opportunity for a student interested in developing their skills in filmmaking and creating educational resources.

Where Are We in the World? is a film series that features sites around the Lower Mainland shaped by often ignored histories of struggle and agency. The focus of this initiative is to provide a strong foundation to answer the question of “where” the University of British Columbia is located.

The first two films explore Vancouver’s Chinatown and the Komagata Maru Incident of 1914. This summer, two new films will be created with a focus on Musqueam Legal Histories and Musqueam-UBC relations.

Staff and advisors from UBC Aboriginal Initiatives, Centre for Teaching, Learning and Technology, First Nations House of Learning, and St. John’s College will partner with Musqueam Treaty, Lands, and Resources Department, and Musqueam Language and Culture Department to oversee and advise the development of these films.

This is a part-time position from early June to the end of September.

Duties:

- Assist the director and producer with a variety of tasks, including equipment operation and interview set-up;
- Assist with coordinating and conducting interviews;
- Research supplementary materials in the Musqueam Archives and at UBC;
- Work with the project team to host events at Musqueam;
- Perform other related tasks as required.

Qualifications:

- To qualify applicants must be of Musqueam ancestry and be attending or eligible for post-secondary school as an undergraduate student;
- Have an interest in documentary filmmaking;

- Be willing to learn new skills;
- Willingness to learn interviewing skills;
- Have a flexible summer schedule;
- Ability to work as part of a team;
- Good time-management skills;
- Good organizational skills;
- Ability to communicate effectively in the workplace and community;
- Commitment to maintaining confidentiality.

Please apply by submitting a cover letter and resume to Sarah Ling at sarah.ling@ubc.ca.
Or Musqueam Administration Office reception desk, attention Vanessa Campbell

This position will remain open until filled

** We thank all applicants; however, only those short-listed will be contacted.*



2016 Musqueam Community Census

*Have a say about your community...
and win prizes!*

In the coming months, we will be bringing the 2016 Musqueam Census questionnaire to the community.

Anonymous responses will help our Council and Administration understand your needs and visions.

Ways to complete the Census:

1. Door-to-door surveys on-reserve
2. Through mail if off-reserve
3. Online
4. Census-taking parties

Check the community newsletter each week or contact Jessica Carson at jcarson@musqueam.bc.ca for the latest information.

Celebratory dinner and launch in July!



*A Comprehensive
Community Planning
Initiative*



Come Get Your Paint on!

Workshop Details:

- July 14th from 5 to 7pm
- Everything Free!
- At the Youth centre
- All ages welcome

**Free Pizza,
Chips & Fruit**



Musqueam Longhouse Art Project

*For more information please call
Meghan at:*

604.671.1258

Or email:

mhajash@musqueam.bc.ca

See you there!



Musqueam Indian Band

MUSQUEAM NEWSLETTER

UPDATE ON LDB PROJECT

THE PARTNERSHIP AND PROJECT

In 2014 the Musqueam Community, at a General Band Meeting, approved the formation of a partnership consisting of the Musqueam Nation, the Squamish Nation, the Tsleil-Waututh Nation, and the Aquilini Investment Group. The partnership was formed to acquire and develop the property that is currently the Liquor Distribution Branch (LDB) on Broadway in Vancouver.

The Partnership will develop the property at LDB for the mutual benefit of all partners. In order to implement this vision, a member from each partnering Nation was hired by Aquilini in March 2016 to act as the Development Coordinator for their First Nation.

Tara Felix was hired as the Development Coordinator for Musqueam and will be working alongside the Musqueam Chief and Council and Musqueam Capital Corporation. The main objective in this position will be to keep our Community informed as the Project progresses through its various stages.

THE LDB UPDATE

Tara will be holding information sessions in the upcoming year to ensure that the Community is informed about the project as it progresses.



This property at 3200 E. Broadway is approximately 36,000 m². We hope to create a mixed-use area that will add value to the neighbourhood in terms of employment and housing while providing sustainable profit for the partnership.

The Team:

Development Coordinators

Tara Felix – Musqueam

Shamantsut, (Mandy Nahanee) – Squamish

Heidi Martin – Tsleil-Waututh

tara.felix@aquilini.com

amanda@aquilini.com

heidi.martin@aquilini.com

604-362-6047

604-561-6566

604-360-4135

Aboriginal Relations Advisor

Johnna Sparrow

johnna.sparrow@aquilini.com

Vice-President, Development

Jake McEwan

jake.mcewan@aquilini.com

Musqueam Education Notice Friday July 8, 2016



Answer to last weeks riddle: A secret

This week: What belongs to you but is used more by others?

Attention Recent High School Graduates



If you plan on going to a post-secondary institution in September please make sure that you have:

- Come in for a meeting with the Education Department
- Completed the MIB Education forms
- Sent in a copy of your acceptance letter

If you have any questions or would like to make an appointment please contact April (learning facilitator)

Scholarships and Bursaries

The First Citizens Fund student bursary program is now open. For eligible students the level of assistance will be \$700 per semester. Funding is distributed to students on a first come, first serve basis. Deadlines: **Fall Semester 2016- Due Aug 31st 2016; Winter Semester 2017- Due Dec 31st 2016; Summer Semester 2017- Due Apr 30 2017**

Applications can be found at: <http://www.bcaafc.com/programs/firstcitizensfund/31-studentbursary>



If you need any assistance you can contact April (Learning Facilitator)

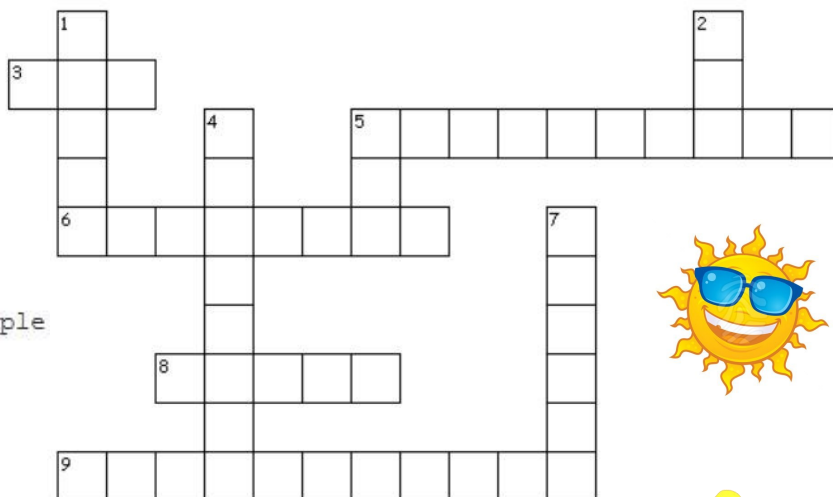
SUMMERTIME CROSSWORD

Across

3. A body of water with a beach
5. Beach goer's creation
6. A water sport
8. Treasure in a desert
9. The wormlike larva of a butterfly

Down

1. A gardener's worst enemy
2. Use this to fish for crabs
4. Favourite drink of young salespeople
5. Morning riser
7. Time to burn



ANSWERS:
Across
3. sea
5. sandcastle
6. swimming
Down
1. weeds
2. net
4. lemonade
5. sun
7. summer
8. water
9. caterpillar

Education Department:

Faye Mitchell, Education Coordinator,
April Campbell, Learning Facilitator

Delphine Campbell, Education Assistant,

Ph. # 604 - 263 - 3261 Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

Employment and Training Department News

MUSQUEAM'S HEALTH CARE AID PROGRAM FUNDING HAS BEEN APPROVED



The Musqueam Employment & Training department is planning to deliver a Health Care Aide Program in partnership with Langara College. See program summary below.

Program proposed:

a. Training Participants will receive:

The Health Care Aide for the Musqueam Indian Band Certificate Program will follow the Core Competencies Profile for Care Aides and the Health Care Assistant (HCA) Provincial Curriculum, 2008 (Health Care Assistant Program: Provincial Curriculum Guide, 2008, Province of British Columbia) Traditions of Musqueam healing will be threaded throughout the curriculum.

The program will include 475 hours of course theory and laboratory, as well as 270 hours of applied practice experiences, for a total of 745 HCA program hours. Graduates will be eligible to be included in the BC Care Aide Registry listing and recognized as Care Aides throughout the province.

b. Details on how and where services and training will be delivered:

Theory content will be delivered in a class room on the Musqueam land at 6735 Salish Drive, Vancouver, B.C. V6N 4C4. Laboratory components will be delivered in the Langara Nursing Laboratory at 100 West 49th Street in Vancouver. The Nursing Laboratory provides a state of the art nursing laboratory with 22 basic mannequins and 5 specialty mannequins. Clinical Practice will be provided in a public or private health care facility.

If our proposal is approved by the Ministry of Jobs, Tourism and Skills Training, we plan to recruit 12 participants for this program. If you are interested, please register by completing an application form with the Musqueam Employment & Training department at your earliest convenience. If our application is successful, we will need enough lead time to prepare the students for this program.

Start Date: September 2016.

Pre Reqs: Essential Skills Program Set to start before the end of July 2016.

Registration Deadline: July 15, 2016 at 4:00pm – Please register as soon as possible.

Registration: Contact Lindsay Gibson at 604-269-3355 or Terry Sparrow at 604-269-3367

Employment and Training Department News

Looking to Start School Soon? **Is the program you are interested** **in under a year in length?**

If you are interested in getting your trades certificate, working towards a red seal, or would like to take a program that is one year or less. Come see us in Employment and Training!!

We have some funding available this year and would like to invite you down to submit your application.

When you come in to meet with us it is helpful to bring the following information...

- Summary of the courses or program you are interested in.
- Your resume if we do not already have it on file.
- Cost of course and start dates.
- ID that we can photocopy

Please contact Lindsay Gibson or Terry Jordan at 604-263-3261 as soon as possible in order to ensure funding.

Office Administration Employment **Training Program**

The Office Administration Employment Training Program prepares students for employment opportunities with government, industry, and Aboriginal organizations. Students become proficient at creating business documents using MS Word, Excel and Outlook; gain confidence in public speaking through delivering PowerPoint presentations; learn basic bookkeeping and QuickBooks; develop interpersonal relations skills and the essential skills to become adept at managing the roles and responsibilities of the office professional. They will compose and format business documents; organize information, tasks, files and meetings; and learn to become the office go to person for information, organization and planning. Students will also gain skills in networking, interviewing and working with employers in a four-week practicum.

The Musqueam Employment and Training Department plans to deliver an Office Administration Program at the Musqueam Community Centre in early January. If you are interested in taking this program, please register with Lindsay Gibson 604-269-3355.

Intro to Craftworker **(September 19 to December 9 2016)**

A Construction Craft Worker (Labourer) works mostly on construction sites in residential, institutional, commercial, and industrial settings, including pipelines, utilities, hydroelectric dams, roadways, bridges, tunnels, shipyards, mining and railways. Construction Craft Worker (Labourer) tasks include site preparation and cleanup, setting up and removing excess equipment, and assisting on concrete, masonry, steel, wood and pre-cast erection projects. They handle materials and equipment and perform demolition, excavation and compaction activities. They may also perform site safety and security checks.

This program will take place at Musqueam and be approximately 12 weeks long.

Employment and Training Department News

Alternatives to Craigslist

www.raisinfeeds.com

Job postings are centered on the food and beverage industry.

www.eluta.ca

Provides direct links to original job posting

www.charityvillage.com

Non Profit Job Opportunities

www.unya.bc.ca/about-us/employment-volunteering

www.accessfutures.com/jobs

Opportunities posted by ACCESS

www.indeed.com

www.aboriginalcareers.ca

www.kijiji.ca

Reminder: if you want to work at a specific larger company, you can go directly to their website and look for the Employment/Career/Jobs sections. When you go to their sites you are usually brought to specific job postings or given the option to fill out an online application. See below for a few examples.

Michaels Canada

Canucks

Subway

McDonalds

Moxie's

Scotia Bank

Royal Bank

Urban Native Youth Association

“DON'T PICK A JOB WITH GREAT VACATION TIME. PICK A CAREER THAT DOESN'T NEED ESCAPING FROM”



“YOUR SMILE IS YOUR LOGO, YOUR PERSONALITY IS YOUR BUSINESS CARD, HOW YOU LEAVE OTHERS FEELING AFTER HAVING AN EXPERIENCE WITH YOU BECOMES YOUR TRADEMARK!”



Community Health Nursing Program –Natalie Frandsen, RN, -Patricia Mathison, Assistant

READY FOR KINDERGARTEN?!

Is your child's immunizations up to date for school? Vaccines are a healthy choice for your child.

They provide immunity and prevent disease. Two vaccines are provided free for kindergarten age children starting at age 4:

1. The DTaP-IPV vaccine to protect against diphtheria, tetanus, pertussis (whooping cough) and polio
2. The MMRV vaccine to protect against measles, mumps, rubella and varicella (chickenpox)

You can find the complete BC Childhood immunization schedule at www.immunizebc.ca

Please bring your preschool and kindergarten aged kids and get them up to date on their immunizations.

There will be an important Kindergarten Readiness immunization clinic held in the Musqueam Community Centre on **July 11 from 5-7 p.m.**

You are Invited!



Bring your 1-3 year old for a free dental check up, fluoride varnish application and toothbrush.

We will be at the Musqueam Community Centre on:

Tuesday, July 12th, 2016 from

9:15AM to 12:00PM

Sign-in sheet at Health Dept.

The public health nurse will also be there to answer any questions you may have.

Prenatal Group Update:

Pre- and Post-natal Group held on Tuesdays is postponed until further notice. The Healthy Mom/Healthy Baby program will continue.

If you are pregnant you may sign up by calling Patricia at

604-263-3261



Musqueam Health Dept. Newsletter—July 8, 2016

NNADAP National Native Alcohol and Drug Awareness Program—Cyndi Bell, D&A Counsellor



Coffee Time with Cyndi: Wednesdays 5:00-6:00 pm in the Community Centre Café

Come join me for a chat over coffee! Everyone is welcome!! If you are around the Community Centre while your kids are at Bridge through Sport or MYP, feel free to visit me to just say “hi” or to get some info about substance abuse and support for yourself or your loved ones.

Did you know.....An individual who has had a problem with any substance is at a higher risk for developing a gambling problem. 30% of people being treated for substance disorders have a co-occurring diagnosis of compulsive gambling.

NNADAP Office hours:

Mon, Tues, Thurs —>10:00am-5:00pm

Wednesday —> **12:00pm -7:00pm**

Friday —> **9:00am- 4:00pm**

I am available for 1:1 counselling, treatment referrals, outpatient resources, information and support with respect to drug and alcohol use and abuse.

Feel free to stop by or call to make an appointment:

604-269-3454



Chronic Disease Management Program—Merv Kelly

Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these? Or do you want to workout but don't know what's best for you? You may call me or drop by my office:

Hours – Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm

Available to assist all ages and levels of fitness for all community members.



Merv Kelly, Chronic Disease Management Facilitator

Phone: 604-263-3261 Extension 3455

Email: merv@musqueam.bc.ca

Green Zebra Markets @ Musqueam

Offers Farmers' Market Quality organic produce at or below Grocery Store Prices.



Thursdays 3:00-6:00pm at the Musqueam Community Centre.

Fresh, in season, Local Fruits & Vegetables & More!

**Volunteers are needed, if you would like to volunteer a few minutes of your time to help set up the market Contact Merv Kelly at the band office.*



Musqueam Health Dept. Newsletter—July 8, 2016

Musqueam Primary Care Clinic

Clinic Location: Musqueam Elder's Centre.

Nurse Practitioner: Angela Remocker, NP

Clinic Days: Tuesday, Wednesday, Thursdays 9:30-4:00 **see calendar below.

For Appointments: Phone 604-266- 0043

Please call during business hours only, and leave a message as NP may be with a patient.

Home visits are scheduled for the mornings.

PLEASE NOTE: We will be getting a locum filling in for our GP soon!

****FOR EMERGENCIES CALL 911**

THE NURSE PRACITIONER IS AVAILABLE TO BOOK APPOINTMENTS ON CLINIC DAYS: TUES.-THURS. FROM 9:30-11:30 / 3:00-4:00 PLEASE CALL ON CLINIC DAYS: ANGELA REMOCKER (604)266-0043					July 2016 MIB Primary Care Clinic	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 No Clinic	6 Nurse Practitioner Walk in hours 1-3	7 Nurse Practitioner Walk in hours 1-3	8	9
10	11	12 Nurse Practitioner Walk in hours 1-3	13 Nurse Practitioner Walk in hours 1-3	14 Nurse Practitioner Walk in hours 1-3	15	16
17	18	19 Nurse Practitioner Walk in hours 1-3	20 Nurse Practitioner Walk in hours 1-3	21 Walk in hours 1-3		23
24	25	26 Walk in hours 1-3	27 Nurse Practitioner Walk in hours 1-3	28 Nurse Practitioner Walk in hours 1-3		30
31						

Need help? Have concerns?

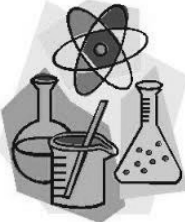



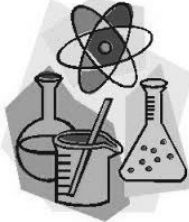


We're here to help.



YOUTH CENTRE

Abigail Speck at the Youth Centre at 604-269-3465 Email: youthcentre@musqueam.bc.ca

Monday July 11th	Tuesday July 12th	Wednesday July 13th	Thursday July 14th	Friday July 15th
Science Camp 	Science Camp 	Science Camp 	Science Camp 	Science Camp 
9:00—4:00	9:00—4:00	9:00—4:00	9:00—4:00	9:00—4:00

****The Youth Centre will be open from 9:00 am—9:00pm Monday—Friday for Summer Hours****

REMINDER: Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years old or older

Musqueam Elders Centre—Brenda Campbell



Please Note: No Ladies' Night on July 12, 2016.

Our Next Elders Luncheon

Date: Thursday July 21, 2016

Time : 12:00 Noon

Location: Elders Centre.

Please call Brenda for more information. Ph: 604 263 – 6312.

Thank you, Brenda Campbell, Musqueam Elders coordinator



Musqueam Health Dept. Newsletter—July 8, 2016

Home & Community Care Program—*Romeo Cosio, HCN*

Home Care Program is available to our community members to assist with hospital discharges, home care aide, and all medical equipment. Home care needs and equipment require a doctors note with your needs specified.

Home Care Office Schedule:

Mon, Wed, Thurs, Friday 8:30-5:30 Tuesdays- OFF. Home Care Office Ph: 604-263-6539.

***Please leave a message as Romeo may be on a home visit or with a client.**

The Arjo Tub Program: Is available at the Elder's Centre between 7-10am Monday to Friday. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.

For assistance with Arjo tub appointments or Home Care service scheduling changes or cancellations Please call Patricia Mathison, Nurse Assistant at 604-269-3354 **Please cancel 24hours in advance.*

Safe Drinking Water Monitor Program —*Charlene Campbell-Wood*

CAN WATER HELP ME LIVE LONGER?

There are lots of secondary reasons just why this is, but according to **Dr. Jeffrey Griffiths of Tuft University School of Medicine**, much of the credit for longer life spans can be attributed to clean water. Just what health effects are caused by clean drinking water?

Have a quick look at the list below to see:

1. Reduces daytime fatigue
2. Improves memory
3. Nourishes skin
4. Essential for digestion, nutrient absorption and chemical reactions
5. Helps remove toxins from your body
6. Aids circulation

7. Regulates your body's cooling system
8. May prevent kidney stones and urinary tract infections
9. Improves muscle tone
10. Helps lubricate joints

So the answer is yes, drinking clean water can help you live longer. On a very basic level, your body cannot store up its own supply of water. It needs fresh intake of valuable water to hydrate cells and remove toxins through your liver and later kidneys. Without this vital replenishing of water, your body dehydrates, slows down and your blood literally 'thickens' as your body releases histamines in an effort to store water up in cells. This has a negative health affect as you are likely to experience headaches and lethargy among other generally negative health effects.



Reminder To Rental Units

The Musqueam Housing Department would like to remind our Tenants that Rent is due on the first of each month. If an emergency arises and you are unable to make your rental payment in a timely manner, please call Kerri Timothy at **604-269-3381** to discuss a payment plan.

The Musqueam Housing Department would like to inform the community of the Policy on the grounds around the dwellings, sidewalks, walkways, driveways and lawns.

Musqueam Indian Band Housing Policy, May 2006 states that all occupants of homes in Musqueam are responsible for:

- *“Maintaining the grounds surrounding the premises in a neat and tidy condition, and are not to remove or damage any trees or shrubs on Band Land.”*

It also states in the Musqueam Indian Band Housing Rental Agreement, Sec. 7.1 (b):

- *“The Tenant shall be responsible for maintaining the grounds in a safe and clean condition.”*

Please ensure the maintenance of your lawn and dwelling surroundings.

Summer Recreation Program

We will be hosting a registration table Friday July 8th, 2016 at the Community Centre starting at 9:00 am. Please come meet the workers, fill out registration forms and we would be glad to answer any questions you may have.

We have brought on a great group of summer students to organize the program!
Please help us welcome this dynamic and enthusiastic group.

5 & 6 Year Old Program

Santana Palmer-Thomas (Coordinator)
Matthew Speck
Norma Joe
Taylor Paul



7-12 Year Old Program

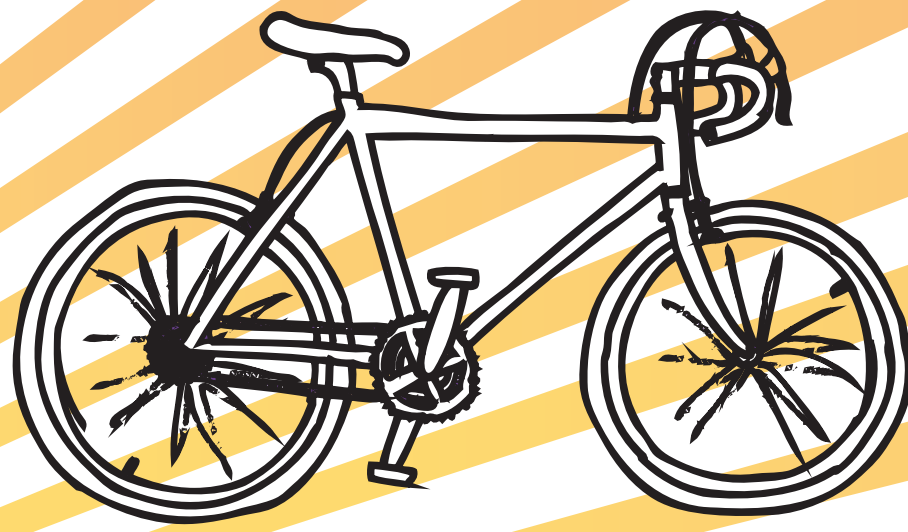
Noah Crawford (Coordinator)
Kelly Louis
Nikki Point
Andrew Speck
Nicolas Sparrow
Devine Fraser
Chandelle Fraser

You may also drop off your children for a fun day of programming at the gym including arts, crafts and games. Lunch will be provided to those attending on Friday July 8th, 2016.

We have many exciting components to the Recreation Program this summer including:

- 3 days per week of **literacy programming** – provided in partnership with Frontier College and MIB Education Department and Summer Students
- **Geering Up Science and Engineering Camp** July 11th – 15th, 2016. This camp is all about making science and engineering hands on and engaging
- **Hope and Health Whitecaps Soccer Camp** July 20th, 2016 – This event will be MC'd by Karl Valentine and youth will not only participate in many exciting activities they will also have the opportunity to meet Whitecaps staff, players, and meet Spike the Whitecaps mascot
- **VPD Basketball Camp July 27th and 28th, 2016** – VPD staff will run a 2 day basketball camp for youth aged 6-18 years old.

If you have any questions or concerns please contact Courtenay Gibson, Recreation Coordinator cgibson@musqueam.bc.ca or 604-269-3451/604-781-1470



Musqueam Bike Co-op

SUMMER SCHEDULE

JULY

10th - Bike Repair Clinic, 11am - 4pm

17th - Bike Repair Clinic, 11am - 4pm

24th - Fun Ride, 1:30pm - 3:30pm

AUG

7th - Bike Repair Clinic, 11am - 4pm

14th - Bike Repair Clinic, 11am - 4pm

21th - Fun Ride, 1:30pm - 3:30pm

BIKE REPAIR CLINIC

- >> outside of the community centre
- >> by-donation bike repairs
- >> free used parts
- >> new parts for sale at cost
- >> learn by helping us fix bikes

FUN RIDES

- >> meet at the community centre
- >> children under 13 years must have a permission form signed by a parent or guardian
- >> get a permission form at a BRC, the ride or e-mail communications@bikecoop.ca

IN
PARTNERSHIP
WITH:



AMS **bike
co-op**





What's on at the Gallery

Summer 2016

[Programs](#)

[Current Exhibitions](#)

[Gallery Members](#)

[Gallery Shop](#)

[Community Partner News](#)

Programs

My (Re)conciliation is ... a public art dialogue

Until Monday, August 1, 2016

To encourage creative conversations around reconciliation, the Bill Reid Gallery of Northwest Coast Art is presenting a 30-metre public art mural on Georgia Street at Burrard.

The chalkboard style mural designed by local Haida artists Robi Geary and Corey Bulpitt, will invite passersby to write or draw their responses to the phrase **My (Re)conciliation is ...** Individual responses will shape an engaging public dialogue.

Exhibition Partners:

BC Arts Council, Christ Church Cathedral, Simon Fraser University, the City of Vancouver and Face the World Foundation.

#myreconciliationis

First Friday of the Month - Admission by Donation

Friday, August 5th 2:00 to 5:00pm

We are pleased to offer admission by donation to Gallery visitors, the first Friday of the month, from 2:00 to 5:00pm

My (Re)conciliation is...
a public art dialogue

June 20 to August 1, 2016

Kidsworld Day at the Gallery

Thursday, August 11th 2016

Show your [Kidsworld](#) membership card and receive free admission. Offer only available for individuals with a Kidsworld membership and a parent or guardian. All Kidsworld members wishing to visit the gallery must be accompanied by a parent or guardian (18 years of age or older). Additional adults pay standard admission rates.



Manga Doodling in the Gallery

Saturday, August 20, 2016 - 1:00 to 4:00pm

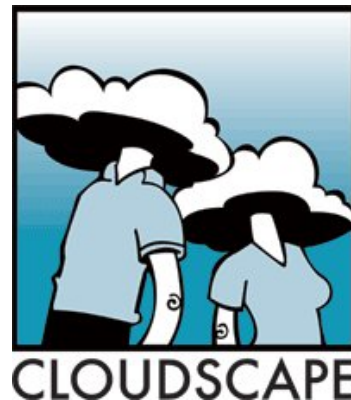
Learn to draw your own manga in a fun workshop led by [Cloudspace Comics](#). Suitable for ages 9 to 14

Join us in the Gallery and create your own comic. Working in collaboration with [Cloudscape Comics](#), the Bill Reid Gallery is offering a workshop that will teach the basic skills needed to create your own comic.

Tickets: \$30 plus tax (includes supplies).

Some bursaries available.

Contact Sam at education@billreidgallery.ca or call 604.682.3455 ext. 229.



Summer Hours

Until Sunday, October 2, 2016

Open daily from 10:00am to 5:00pm

Current Exhibitions

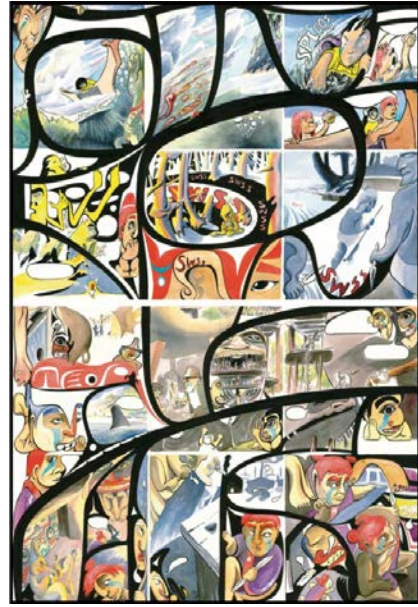
The Seriousness of Play

Michael Nicoll Yahgulanaas

Haida Manga is a contemporary art form that offers a playful way of viewing and engaging with social issues as it seeks participation, dialogue, reflection and action. Influenced by both the tradition of Haida iconography and contemporary Asian visual culture, [Michael Nicoll Yahgulanaas](#) has created an artistic practice celebrated for its vitality and originality by an international audience engaged in issues of ethnicity, identity and relationships.

This exhibition features works in multiple forms - **on now through October 2, 2016.**

Exhibition Partners:



Detail: RED by Michael Nicoll Yahgulanaas 2008.

Exclusive Offer to Gallery Members

Exclusive Offer to Members of the Gallery from the Royal BC Museum



Current Members of Bill Reid Gallery receive 20% discount on daily admission rates at the Royal British Columbia Museum in Victoria, BC. *(excludes family admission rates)*

Membership Information

Become a Member of the Bill Reid Gallery

Members of the Bill Reid Gallery enjoy the following benefits:

- Free, unlimited admission for one year
- Exclusive access to exhibition preview events
- 10% off selected items in the Gallery Shop *(with additional offers throughout the year)*
- One complimentary guest pass per year
- Free or discounted rates on lectures and other public programs

Members of the Gallery Categories:

Student (with ID): \$30

Senior (65+): \$40

Adult: \$50

Dual: \$60

Family: \$70 (Family includes 2 adults & children 13-17 living in the same household)

Two year memberships are also available. Prices include applicable taxes.

Vancity Member Perks

Vancity members show their Vancity Member Card® or enviro™ Visa card to receive 2 for 1 entry. [Click here for more information.](#)

News from our Community Partners

Current Exhibitions at the SFU Galleries

Unsettled Sites: Marian Penner Bancroft, Wanda Nanibush, Tania Willard

Until July 29, 2016

SFU Gallery, Burnaby, AQ 3004, 8888 University Drive

Marianne Nicolson: Oh, How I Long For Home

Until April 29, 2017

Teck Gallery, 515 West Hastings Street, Vancouver

The Fraud that Goes Under the Name of Love

Until August 1, 2016

Audain Gallery, SFU Woodward

[Click here for more info](#)

Current Exhibition at the Haida Gwaii Museum

Reflections - Celebrating 15 years of the Gwaii Trust Art Program

Until September 3, 2016

Haida Gwaii Museum at Kay Llnagaay, #2 Second Beach Road, Skidegate

[Click here for more info](#)



LAWN MOWING AND YARD CLEAN UP

Justin Curlybear ☺ is available to cut your lawn and clean up around your home...

Lawn Cutting~~prices will vary with the size of your yard.....

Weed-eating can be done...

Clean up around the outside of your home can be done!!!

If you need these jobs done!!! Call Justin ~ he'll do it and with great respect!

778-835-4364





The Vancouver Folk Festival has offered a 10'x10' vending booth (free of charge) to a Musqueam artist to display and sell their goods throughout the weekend. All products sold in the Artisan Market must be handmade by the Artisan. Included with the vending space will be a parking pass for the weekend. The Artisan Market will provide a table and 2 chairs, however a tent (if needed) will be the responsibility of the artist.

If interested in acquiring this free vending space, please submit your name via email to protocol@musqueam.bc.ca by July 12th.

For Sale

18 foot Sangster fishing boat

Includes boat, motor & trailer

1994 Spartan Trailer
-no rust, all lights work

1998 115 Evinrude Ocean Pro
-recently had new spark plugs, new lower unit oil, carbs cleaned & new cables

Gear included; three running tanks, two Scotsman's, gaff, 40 fathom net, bilge pump, etc..

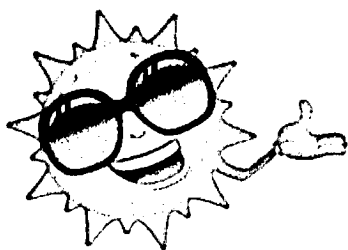
Still needs work to be perfect
(top of hatch, some lights, some sanding & fibre glassing)

\$4500 FIRM

No offers, no time wasters

Contact Luke 604.355.0357





Social Development Department

JULY 8, 2016

Please note:

Cheque Issue Day for August 1, 2016 will be on

Monday August 1, 2016

From: 8:30am—4:30pm

Please provide all required paper work to the “Social Dev. Dept.” so we can process payments for you accordingly. Without your “completed paperwork” (renewal slips, job search forms, hydro, gas & phone bills) we cannot process payment for you!

Please **COMPLETE** your paperwork, **PRINT** , **SIGN YOUR NAME & DATE**, etc.

Cut off date is the 20th of each month.

Please provide all necessary paperwork at your earliest convenience, so we can serve you better!

If you are **employable**—you are expected to pick up your own cheque. If you are a “**person with disability**” or a “**person with persistent multiple barriers**” and you will not be picking up your own cheque, please provide a note or a phone call as to whom will be picking up your cheque.

We will not see any clients on or two days prior to cheque issue day! **SORRY!** No cheque processing on “cheque issue day” - *if your paperwork is late, so is your cheque!*

Thank you for your cooperation,

From The Social Development Dept.



CHILDREN OUT OF THE PARENTAL HOME MONTHLY RENEWAL DECLARATION

PRIVACY OF INFORMATION STATEMENT

Provision of information requested on this document is voluntary and is being collected for the purposes of determining eligibility for Children Out of the Parental Home Income Assistance. The information will be stored in a secure location by your First Nation Administering Authority, who will ensure the confidentiality of the information contained in this document in accordance with standards set out in the Social Development Policy and Procedures Manual of the Department of Indian Affairs and Northern Development (B.C. Region) and will be maintained pursuant to the *Privacy Act* and described in the personal information bank INA-PPU-240. The accuracy of the information in this document may be checked by comparing it against information held by any federal or provincial department or agency or any private agency.

OFFICE USE ONLY

Administering Authority (AA) and Number: _____	Name of Worker: _____	Date Declaration Reviewed: _____
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Child

Last Name	First Name	Middle Name
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1. Is the child still in need of Children Out of the Parental Home (COPH) Assistance?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Are there any changes in the composition (make-up) of persons age 18 or older living in the relative's home?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s): _____		
3. Are there any changes in the amount of financial contribution to the COPH Assistance child?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s) to the amount: _____		
4. Are there other changes concerning the COPH Assistance child or the information provided by the relative?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s): _____		
5. COMPLETE THIS SECTION ONLY IF THE RELATIVE'S ADDRESS HAS CHANGED		
New Address	Telephone ()	
Mailing Address (if different)		

DECLARATION

I declare that the information that I have provided on behalf of _____ is true and complete.

(Child's Name)

I give my permission for this information to be verified and consent to a report being obtained from any reporting agency (for example, but not limited to, Canada Revenue Agency, the BC Ministry of Children and Family Development or the BC Ministry of Housing and Social Development) for that purpose.

Relative's Signature _____

Relative's Name (Print) _____

Date Signed _____



Indian and Northern
Affairs Canada

Affaires Indiennes
et du Nord Canada

SOCIAL ASSISTANCE MONTHLY RENEWAL DECLARATION

PRIVACY ACT STATEMENT

Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision.
The information will be stored in personal information bank INA/P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued Social Assistance, please complete this form and return to your local administering Authority at least 2 weeks before the next cheque issue.

1. Are you still in need of Social Assistance?

☐ Yes

☐ No

2 Has your marital / employment situation changed?

☐ Yes

☐ No

If yes, explain change _____

3. List any changes in your living situation (e.g. address, rent, etc.). Submit new receipts.

Continued on reverse
901-28 (6-88)

Canada

4. Have you had any earned or unearned income this month?

☐ Yes ☐ No

If yes, complete ↓

Earnings	\$
Family Allowance	\$
Maintenance	\$
Unemployment Insurance	\$
Other (specify)	\$
	\$
TOTAL ↓	\$

5. Has there been any change in your assets?

☐ Yes ☐ No

If yes, complete ↓

Bank Account	
Property	
Other (specify)	
TOTAL ↓	

6. Is there any change in your number of dependents or their school status?

☐ Yes

☐ No

If Yes, explain the change(s) _____

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified and I consent to a report being obtained from any reporting agency for that purpose.

Band Name

Family no.

Signature of applicant

Date

Musqueam Indian Band

Active Job Search Statement

List dates, names and phone numbers of employers seen and results of job interviews. If needed use the back of this sheet. When completed, sign the declaration at the bottom of this form.

Please return no later than the 20th of every month

Date contact made with employer	Business name and address	Person contacted	Phone number	Type of work sought	Results of your request for a job

If you have taken no action to find employment, Indicate why:

☐ Found work ☐ Sick or Incapable (Need a Dr's note) ☐ Other (explain) _____

☐ Pregnancy ☐ Attending a course of instruction - Where? _____

Declaration:

I Declare that: All employers listed on this form and on any attached sheets of paper have been contacted. The information I have given on this form is true.

I understand that confirmation of my contacts may be obtained from employers whose names I have shown

Signature of Claimant:	Printed name of Claimant	Date:



July 8, 2016

Attention: **ALL SOCIAL ASSISTANCE CLIENTS**
RE: CHILD TAX BENEFIT SUMMARY

It is that time of year again! ☺

Monday August 1, 2016 will be the next issue day for income and guardian financial assistance.

For those **income assistance clients with children** you will need to bring Social Development Department your **"Child Tax Benefit"** summary form before your cheque will be released on **Monday August 1, 2016**. This summary form will be mailed to you with your **July 2016 Child Tax Benefit**, policy and procedures state that we need a copy of this for your file.

Please bring in immediately, your cooperation is greatly appreciated.

Thank you,

From the Social Dev. Dept.

PLEASE NOTE!

Leanne and Michele will not be in from July 11 – 15, 2016.

We apologize for any inconvenience.

Please see Corrina for emergencies.