MUSQUEAM NEWSLETTER

Thursday June 16, 2016

Tel: 604-263-3261, Toll Free: 1-866-282-3261, Fax: 604-263-4212...Safety Patrol: 604-968-8058

MUSQUEAM SMOKE-SHOP

SORRY FOR THE INCONVIENANCE

THE SMOKE-SHOP WILL BE **CLOSED** FOR

NATIONAL ABOIRIGNAL DAY ~ JUNE 21, 2016

WILL RE-OPEN JUNE 22, 2016 REGULAR
TIME
9:00 AM—5:45 PM

THANK YOU.



Inside this issue:					
N.A.D. INVITE	2-3				
MIB JOBS	4-7				
REQUEST FOR INFO	8				
EDUCATION	9-10				
EMP. &TRG.	11-12				
HEALTH	13-17				
MIB BIKE CO-OP	18				
Remaining News	19-25				

ST. MICHAELS' CHURCH
ON CROWN STREET,
PLEASE COME JOIN US
EVERY SUNDAY FOR
MASS
@ 12:45 PM.



^{*} Please be informed that you can view the MIB Newsletter and any Upcoming Meetings's and/or Workshops etc.

On the Musqueam website ~ <u>www.musqueam.bc.ca</u> under the <u>"Newsletter Section"....</u> Thank you :)

x^wmə0k^wəyəm

xixexətalə ct

We invite you all to join us as Musqueam proudly celebrates

National Aboriginal Day

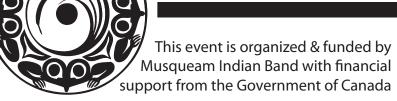
yənəx^wəta:t sqəqa? ?ə k^wOə šx^wqawəltəl ct Traveling Along with Our Crew Mates

stem	National Aboriginal Day	What
təmtem	Tuesday, June 21, 2016 11:00AM to 3:00PM (lunch served between Noon and 2:00PM)	When
ni? ?əncə	In and around Musqueam's Community Centre and Cultural Centre Lunch will be served in the Community Centre (6777 Salish Drive)	Where

Musqueam proudly celebrates our people, culture, and achievements during this year's National Aboriginal Day celebrations. Our theme, **Traveling Along with Our Crew Mates**, inspires us to get active and involved in moving our community forward. Join us this year to learn about our canoeing history and future, take part in the Elder's photo project, and explore what brings us together as a community. Come see Musqueam's in-progress cedar canoe, play slahel, be a part of our healthy community, and enjoy some good food.

Please note that all persons participating in Aboriginal Day activities, including the play areas, do so at their own risk.

For more information, visit us at www.musqueam.bc.ca or call Wanona Scott at 604.263.3261







x^wmə0k^wəyəm

National Aboriginal Day

LAST CALL FOR VENDORS

This year's National Aboriginal Day will be held on Tuesday, June 21, 2016. We wish to invite all vendors and artists who wish to display their products or merchandise to book a table for the event. All vendors please contact Lindsay Gibson (Employment and Training Assistant). You can leave a message for her at (604) 269-3355 or contact her by E-mail at employassist@musqueam.bc.ca. *Please note:* this year's celebration will be held outdoors (rain or shine). The tables will be set up along Salish Drive and around the corner along Musqueam Avenue by the Community Centre. Please provide your own shelter, tent, or umbrellas for protection from the sun or rain. Lunch will be served in the Community Centre. The deadline to request a table is Friday, June 17 at 12:00pm.

HONOURING OUR ELDERS & EMPLOYEES

This year, we will be honouring Musqueam Elders born in the years 1947 and 1948, as well as employees who have worked for the band for 8 to 10 years. We would like to invite the following Elders and Employees to attend the ceremony, which will take place during this year's Musqueam Aboriginal Day celebration. The ceremony will take place between 11:00 am and 12:00 pm on Tuesday, June 21, 2016 in the Musqueam Community Centre (6777 Salish Drive). Please contact Wanona Scott by phone at 604.263.3261, or by E-mail at wscott@musqueam.bc.ca, for more information.

ELDERS

Born 1947 and 1948

Beverly Ann Campbell Joseph Stewart Campbell Walter Dunstan Campbell Marguerite Esther Charles Wendy Diane Grant Hugh Leonard Haldane Bonni Dorothy Ethel Hanuse Myrtle Cecilia McKay Frances Margaret Point Linda Sarah Point Mervin Leslie Point

Lawrence Francis Rice Susan Mary Roberts Cheryl Christine Sim Leona Marie Sparrow Freda Wallace

EMPLOYEES

8 - 13 Years of Service

Jill Campbell Karen R. Campbell Jocelyn Campbell-Axson Courtenay Gibson Neil Grant

June Kim Anurag Nandan Noreen Point Norman Point Candice Sparkes Robyn Sparrow Dianne Sparrow Lorna Stewart Helen Wu

For more information, visit us at www.musqueam.bc.ca or call Wanona Scott at 604.263.3261



This event is organized and funded by Musqueam Indian Band with financial support from the Government of Canada

Canadä



MUSQUEAM INDIAN BAND

6735 Salish Drive Vancouver, B.C. V6N 4C4 Telephone: 604 263-3261

Fax: 604 263-4212

JOB POSTING Musqueam Indian Band Payroll Administrator Regular Full-time

Position Summary:

Reporting to the Finance & Administration Manager, the Payroll Administrator is responsible for processing the Band's payroll, including reconciling the payroll sub-ledger to the general ledger, remitting taxes and government reporting, preparing monthly, quarterly and year end payroll statements.

Duties:

- Process payroll for 120-180 personnel. Entries will be required two days of every pay period
- Prepare year-end audit files and schedules for audited financial statements
- Preparation of monthly reports including: pension reports, general ledger reports and any other printouts required for staff and financial control purposes
- Tracking of all vacation, staff holiday pay and ATO (Alternative Time Off)
- Answer payroll enquiries from staff and managers regarding leaves, including: sick leave, cultural and vacation leave
- Process and manage Records of Employment
- Prepare government reports, WCB, taxes, T4 and others as required and ensure to adherence to federal, province or MIB policy and procedures
- Administrating employee benefits including pension, health, dental and life insurance and prepare worksheet for GL entries and reconciliations
- Monthly/quarterly benefit plan reconciliations
- Preparation of payroll related government reporting
- Filing and records retention and other clerical duties as required
- Develops and maintains effective working relationships with colleagues, administrators and outside agencies
- · Performs other duties as required

Job Knowledge:

The work requires the following knowledge, skill and/or abilities:

- 2 years payroll experience, with basic accounting knowledge
- A Payroll Compliance Practitioner (PCP) designation or equivalent work experience required; a Certified Payroll Manager (CPM) designation is an asset
- Strong MS Office skills
- Effective time management and problem solving skills
- Ability to work independently and within a team

- Knowledge and experience of similar program delivery in the context of Musqueam or First Nations culture and history is an asset
- Ability to use good tact and judgment in dealing with staff and outside agencies
- Ability to use requisite accounting software like ACCPAC and/or other payroll system software
- Ensures that all transactions conducted in the course of work are accurate and adhere to legislative requirements, Band policy and standard financial practices
- Ability to maintain confidentiality
- Ability to drive and provide a licensed vehicle for work purposes

Relationships:

- Finance Manager
- Finance Team
- Outside agencies
- CAO/Band Manager

Working Conditions:

- Work is performed in an office environment
- Successful Criminal Record Check

Please email a cover letter and resume to: jobs@musqueam.bc.ca and write "Payroll Administrator" on the subject line

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

This position will remain open until filled

* We thank all those who apply, however, only those short-listed will be contacted.

MUSQUEAM INDIAN BAND 6735 SALISH DRIVE VANCOUVER, B.C. CANADA V6N 4C4 TELEPHONE: 604 263-3261 FAX: 604 263-4212

Facilities Assistant

Full-time (Leave of Absence Term Position)

Musqueam Indian Band is seeking a Facilities Assistant to work as a front-line representative for Musqueam Facilities during events. Creating a welcoming connection for visitors to the community, the Facilities Assistant must be aware of community resources and customer related services.

Reporting to the Facilities Manager, the Facilities Assistant coordinates events and programs, generates Facility reports and answers inquiries, as well as a wide variety of other tasks. By liaising with internal and external users of Facilities spaces, the Facilities Assistant ensures that the highest standards are maintained while acting within budgetary and policy requirements.

This position is a full-time term position covering a leave of absence.

Duties:

- Complete all administrative functions to support Facilities Manager
- Ensure contract and/or Facilities policies are maintained and followed
- · Generate quotes, proposals, reservations agreements ensuring compliance with rate structures
- Carry out pre and post event site audits relating to all aspects of the event
- Ensure compliance with event licensing and liability insurance, general insurance coverage and in-house responsibilities and requirements for insurance compliance
- Purchasing arrange for the purchase of relevant goods/services (including administrative and event supplies)
- Maintain regular contact with Suppliers creating an open and professional relationship in terms of quality, service and price
- When dealing with Suppliers ensure procedures are followed regarding credit checks, purchasing, and specific vendor contracting processes
- Provide on-site event support to ensuring maximum efficiency and service excellence; work schedule may vary due to event scheduling
- Assist with pre and post event set up, tear down, and cleaning
- Ensure the safety, security and comfort of guests, staff, and volunteers
- Assist with orientation/training of event crew and volunteers
- Receive event and other deliveries
- Respond to maintenance and facilities equipment needs in a timely manner
- Provide excellent customer service to internal/external customers
- Demonstrate excellent customer service and respect for customs when dealing with cross cultural guests
- Demonstrate sensitivity toward all ages and abilities, able to respect unique requirements, including vision and hearing impairments, mobility concerns, language and protocol
- Assist with Facility and meeting space tours
- Increase event revenue by up-selling service packages and reservations add-ons
- Responsible for reviewing social media tools, trends and applications for ways that maximize our reach
- Execution of social media plan as discussed with Facilities Manager

- Identify and monitor opportunities that may be of interest to Musqueam
- Assist with exhibits for community events and trade shows

Job Knowledge:

- Skill and knowledge is usually attained by a diploma in Administration, Tourism, Hospitality, Marketing and/or a combination of education and minimum 2 years' experience in a related field
- Possess an understanding of Musqueam community, culture, and resources
- Proficient with MS Office Products (Excel, Power Point, Word), Outlook; and Drupal or similar webpage software
- Familiarity with Adobe Design Suite (Photoshop, Illustrator, InDesign) would be an asset
- Experience using CRM systems
- Ability to multitask and problem solve under pressure
- Able to work flexible hours as needed for events
- Proven experience working both independently and collaboratively within a team
- Excellent interpersonal, oral and written communication
- Good organizational and time management skills with the ability to take initiative when needed
- Solid demonstrated experience providing excellent customer service
- Strong financial acumen dealing with data capture and analysis, processing invoices and receipts for cash, credit card, and debit payments
- Comfortable giving presentations to a variety of audiences
- Be discreet and confidential with the ability to handle sensitive situations with diplomacy
- Be positive, enthusiastic, flexible, innovative, approachable, confident, and professional

Certificates:

- Food Safe
- Serving It Right
- First Aid
- WHMIS
- Successful Criminal Records Check

Working Conditions:

- Fast-paced environment
- Work done in multiple locations, including:
 - o office environment
 - o event venues
 - o in the community
 - o offsite with external clients
- Ability to lift up to 25 lbs. required
- Sometimes noisy working environment during event

Please email cover letter and resume to Musqueam Indian Band, HR at jobs@musqueam.bc.ca

Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.

Deadline for this posting is June 30, 2016 and will remain open until filled.

We thank all applicants; however, only those short-listed will be contacted.





Job Posting

Position title: Research Intern **Position type** Full-time, Term

Position term: July 1 – September 30, 2016

Location: Vancouver, BC **Salary range:** \$18/hour

Application Deadline: June 15, 2016 **Position start date:** July 1st, 2016

Summary: Firelight is a dynamic, socially responsible business providing community-based research and consulting services across Canada. We have a growing team of approximately 30 professionals, and offices in Victoria, Vancouver, Edmonton and Haida Gwaii. Our competitive advantage is high quality work that strategically serves our clients' interests.

We are seeking an enthusiastic, passionate and skilled Research Intern who will undertake a variety of assignments and projects to support Firelight's research and operations. As an important member of our team, you will possess excellent communication and organizational skills and a good understanding of research. Reporting to the Mentor and others as assigned, the Intern will work effectively both independently and as part of a team.

This is an exciting opportunity for anyone who is interested in pursuing a career as a researcher, and enjoys working in a fast paced environment.

Job duties include:

- Assist with event planning and logistics
- Assist with internal and external communications
- Assist with research and drafting of reports
- Possible Field work (may require travel to northern and remote communities)
- Information, data and document management
- A variety of office-related assignments and tasks
- Tracking and documenting own hours and expenses

Qualifications and skills required:

- University degree in a relevant field
- Event planning experience required



- Excellent oral and written communication skills
- Organized, attention to detail and good understanding of research
- Works well independently and as part of a team
- Ability to work within a fast-paced, dynamic environment
- Fluent in social media, and office and standard productivity software
- Experience with Aboriginal communities and their issues within Canada would be considered an asset.

To apply: Please e-mail a cover letter and resume / curriculum vitae citing "Internship" in the subject line to Binita Sondagar at hr@thefirelightgroup.com. We thank all applicants for their interest; however, only those individuals selected for an interview will be contacted.

Indigenous people are encouraged to apply. Your application must confirm that you are able to legally work full-time in Canada, starting immediately.

Request for Information: Rental of Food Truck

Salish Seas Fisheries Limited Partnership—a fisheries company owned by the Musqueam, Tla'amin and Tsleil-Waututh Nations—is determining whether to purchase a new state-of-the-art food truck to be rented out to Nation members. We would like to explore possibilities with Nation members in order to make a decision on whether to make this investment or not.

If interested in discussing renting a food truck, please outline:

- What you would like to sell (i.e. food, and what kind of food, or fresh fish or both) and where you would sell it
- Whether you could utilize any of our seafood (i.e. prawns, crab, salmon, herring, black cod or halibut) in your offerings
- Suggested rental terms (i.e. \$ amount; term by month or year)
- Equipment you would need in a food truck
- Your experience in the catering, restaurant or fish sales industries as well as business or entrepreneurial experience

Please submit information by June 29, 2016 to: bryan@inlailawatash.ca. Please note that material submitted is for information purposes only. This is not a formal RFP process.

Bryan Gallagher Business Development Manager 778.836.9942 bryan@inlailawatash.ca



Musqueam Education Notice Friday June 17, 2016



Answer to last weeks riddle: Silence

This week: What has a foot but no legs?



Attention Recent High School Graduates!



If you plan on going to a post-secondary institution in September please make sure that you have:

- Come in for a meeting with the Education Department
- Completed the MIB Education forms
- Sent in a copy of your acceptance letter

If you have any questions or would like to make an appointment please contact April (learning facilitator)

Scholarships and Bursaries

Applications are currently available for the NIB Trust Fund: Continuing Our Journey, Individual applications are being accepted until June 24th, 2016 at 5:00pm EST. Funds will be dispersed to successful individual applicants by way of: Scholarship, Bursary, or Award. All First Nations and Metis over the age of 18 with a valid SIN are eligible to apply, preference will be given to former students of residential schools.

Applications can be found at: http://www.nibtrust.ca

The First Citizens Fund student bursary program is now open. For eligible students the level of assistance will be \$700 per semester. Funding is distributed to students on a first come, first serve basis. Deadlines: Fall Semester 2016- Due Aug 31st 2016; Winter Semester 2017 – Due Dec 31st 2016; Summer Semester 2017 – Due Apr 30 2017

Applications can be found at: http://www.bcaafc.com/programs/firstcitizensfund/31-studentbursary

If you need any assistance you can contact April (Learning Facilitator)



Education Department:

Faye Mitchell, Education Coordinator, **April Campbell, Learning Facilitator**

Delphine Campbell, Education Assistant,

Ph. # 604 - 263 - 3261 Fax # 604 - 263-

Toll free: 1-866-282-3261







TO BE CONTINUED.

COMIC BOOK CLUB

The Comic Book Club has ended for the summer. Thank you to all that participated, we had a great year!

Comic Book Club will start again in September.



Congratulations to our 2016 Graduates!

Thank you to everyone for supporting the Graduation Celebration and helping us honour the 2016 graduating class. Special thank you to: the chef and dinner crew, setup/cleanup crew, decorating crew, florist, and to all those that helped make the event a success.

Preschool Graduates

Pearl James Tyler Hall Ethan George **Douglas Sparrow** Zachariah Sparkes Wyatt Mulvey Alyssa Grant

Trevor Grafton-Fraser

Sakaraia Ulu Takaya Point Alaina Sparrow

Jacob Hall



Elementary Graduates

Tyrell Awasis Matthew Billy Darnell Campbell

Karina Charles

Rae-Lynn Cortez Dan

Matthew James

Maggie Louis

Jeremiah Nelson-Sinclair

Johnny Point John Sparrow

Kaiden Wilson-Sparrow

Demetrius Kenoras-Paul

Timber-Rose Louis

Andrew M. Point

Shayla Brown

Henry Louis

Christopher Hensel

Dylan Wilson

Kaleigh Goetzinger

Hailey Becker

High School Graduates

Dominic Marra Tia Campbell Gabriel Grant Shelley Sparrow

Santana Palmer-Thomas

Kaitlyn Phillips Shayna Gesic

Brandon Ager Foster

Sarah Lawrence

Mia Leon

Employment & Training

June Sparrow Richard Grant Lindsay McLean Jamie Haldane Keanu Leech Cassandra Louis

Dylan Wydeness Charles

Shane Burzynshi Richard Keitlah Janice Paul

Casmire Charlie

Leah Charlie

Benjamin Campbell

Sacheen Point

Addie Rivera-Sanchez

Deanna Point

Drew Charles

Markus Point

Kim Point

Crystal Stogan

Jordan Gallie

Cassandra Louis

Caleb Pennier

Post-Secondary Graduates

Andrew Phillips

Kurt Morris

Crystal Point

Sandra Peters

Alessio Marra

Jordan Wilson

Lawrence Guerin

Kaitlyn Hensel

Michael Paul

Kelsey Sparrow





Language & Culture

Suzanne Guerin

Richard (Bud) James







Employment and Training Department News

Looking to Start School Soon? Is the program you are interested in under a year in length?

If you are interested in getting your trades certificate, working towards a red seal, or would like to take a program that is one year or less. Come see us in Employment and Training!!

We have some funding available this year and would like to invite you down to submit your application.

When you come in to meet with us it is helpful to bring the following information...

- Summary of the courses or program you are interested in.
- Your resume if we do not already have it on file.
- · Cost of course and start dates.
- ID that we can photocopy

Please contact Lindsay Gibson or Terry Jordan at 604-263-3261 as soon as possible in order to ensure funding.

Office Administration Employment <u>Training Program</u>

The Office Administration Employment Training Program prepares students for employment opportunities with government, industry, and Aboriginal organizations.

Students become proficient at creating business documents using MS Word, Excel and Outlook; gain confidence in public speaking through delivering PowerPoint presentations; learn basic bookkeeping and QuickBooks; develop interpersonal relations skills and the essential skills to become adept at managing the roles and responsibilities of the office professional. They will compose and format business documents; organize information, tasks, files and meetings; and learn to become the office go to person for information, organization and planning. Students will also gain skills in networking, interviewing and working with employers in a four-week practicum.

The Musqueam Employment and Training Department plans to deliver an Office Administration Program at the Musqueam Community Centre in early January. If you are interested in taking this program, please register with Lindsay Gibson 604-269-3355.

Employment and Training Department News

OPEN POSITIONS:



Food Beverage

- Jr. Sous Chef (1)
- Food & Beverage Shift Manager (1)
- Bistro Cashier (Casual) (5)
- Cocktail Server (Casual) (5)
- Line Cook (1)
- Porter (Casual) (5)
- Director of Food & Beverage (1)

Guest Services

Guest Services Representative (Casual) (2)

Human Resources

• Talent Acquisition Specialist (Contract) (1)

Marketing

Promotions Clerk (Casual) (1)

Player Development

• Casino Host (2)

Security

• Security Officer (1)

Slots

• Slot Host (1)

Surveillance

- Surveillance Supervisor (1)
- Surveillance Operator 1 (2)
- Surveillance Operator 2 (2)

Table Games

- Incoming Professional Dealer (10)
- Dealer Supervisor II (Trainer)
- Dealer Training Class July

To Apply:

Go to www.edgewatercasino.ca

Click on "Careers" for casino positions Click the "Click here to apply for Careers" button Click job title

- 5) Click "Apply online"
- 6) Follow on screen directions.

FIELDWORKERS - CASUAL/ON-CALL Seyem' Qwantlen Business Group

Seyem' Qwantlen Business Group (SQBG) is currently searching for reliable, safety-minded Casual/On-call Fieldworkers to carry out a range of laboring duties related to:

- Archaeological monitoring
- Environmental monitoring
- General labor

The successful candidates will work in a variety of locations throughout the Kwantlen First Nation traditional territory, reporting to the on-site Project Supervisor. **Qualifications:**

- Have a valid driver's license and Reliable transportation required - variety of work site locations
- Have an operational mobile phone Can operate hand and power tools safely and efficiently

Typical working days are casual/on-call shifts Monday to Friday with the occasional request for weekend work on a need to basis due to delays in schedules and client permits. The fieldworker must be willing to be available for shift coverages and communicate with dispatch on changes of schedules.

Wage: \$15.00 to \$17.00 per hour depending on experience and qualifications

Apply with ALL of the following information please:

- Name of job you are applying for
- Your full name and contact information including cell phone and email address
- List of any valid safety and training certifications
- Current job and your availability
- Related work experience
- Method of transportation to and from job sites

A cover letter or introductory email is recommended in addition to your resume.

We welcome and fairly consider all qualified applicants. Preference may be given to qualified applicants of Aboriginal ancestry pursuant to Section 42(3) of the BC Human Rights Code. If wish to have this voluntary information considered as part of your application, please indicate this in your cover letter.

We thank you for your interest in this position. Only those who are shortlisted will be contacted.

Apply with current resume and cover letter to:

info@seyemqwantlen.ca

Contact Lindsay Gibson for full job posting. As this not a full posting.





Community Health Nursing Program - Natalie Frandsen, RN, - Patricia Mathison, Assistant

You are Invited!



Bring your 1-3 year old for a <u>free</u> dental check up, fluoride varnish application and toothbrush.

We will be at the Musqueam Community Centre on:

Tuesday, July 12th, 2016 from

9:15AM to 12:00PM

Sign-in sheet at Health Dept.

Our public health nurse will also be there to answer any questions you may have.





Vancouver Coastal Health

Community Health Updates



Pre- and Post-natal Group—Postponed

Kindergarten Readiness:

The health department will be hosting a kindergarten readiness event in partnership with the public health nurses from Pacific Spirit early July. Date TBA.





Chronic Disease Management Program—Merv Kelly

Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these. Do you want to workout but don't know what's best for you?

You may call me or drop by my office:

Hours – Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm

Available to assist all ages and levels of fitness for all community members.

Merv Kelly, Chronic Disease Management Facilitator

604-263-3261 - Extension 3455 / merv@musqueam.bc.ca

National Native Alcohol and Drug Awareness Program - Cyndi Bell

Coffee Time with Cyndi - Wednesdays 5:00-6:00 pm in the Community Centre Café

Come join me for a chat over coffee! Everyone is welcome!! If you are around the Community Centre while your kids are at Bridge through Sport or MYP, feel free to visit me to just say "Hi" or to get some info about substance abuse and support for yourself or your loved ones.

Did you know... Alcohol kills one person every 10 seconds worldwide

Cyndi Bell's office hours:

Mon, Tues, Thurs -> 10:00am-5:00pm

Wednesday -> 12:00pm-7:00pm /5-6 pm Coffee time w/ Cyndi in the café

Friday —> 9:00am- 4:00pm

I am available for 1:1 counselling, treatment referrals, outpatient resources, information and support with respect to drug and alcohol use and abuse. Feel free to stop by or call to make an appointment: 604-269-3454

Musqueam Elders Centre—Brenda Campbell

Elder's Luncheon: Thursday June 28, 2019—12:00 Noon at the Musqueam Elder's Centre



Ladies' Night: Moved to **WEDNESDAY** evenings 6:00-9:00pm, at the Musqueam Elders Centre.

For those Musqueam Elder's who are interested in attending the upcoming BC Elder's Gathering in July please call Brenda for more information. Ph: 604 263 – 6312.





Musqueam Primary Care Clinic

PLEASE NOTE: Our new GENERAL PRACTIONER Judy Kwan, GP, is now on Maternity leave until further notice. We will be getting a locum in her place while she is on Maternity leave, In the mean time our NP Angela Remocker is here Tuesdays—Thursdays please see her schedule below.

Clinic with Nurse Practitioner: Angela Remocker, NP

Clinic Days: Tuesday-Thursdays 9:30-4:00 **see calendar below.

Appointments: Call 604 266 0043 during business hours only. Leave a message as NP may be with a pa-

tient)

Clinic Location: Musqueam Elder's Centre. Home visits are scheduled for the mornings.

NURSE PRACITIC	ONER IS AVAILAB CLINIC DAYS FR LA REMOCKER (6	SLE TO BOOK OM 9:30-11:30/ 3:0	00-4:00		June	2016
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Junes	money	TOESCAY	Nurse Practitioner Walk in hours 1-3	No Clinic 2	3	Jaurosy
5	6	No Clinic 7	8 Morning Apts avail. No Walk in Clinic	9 Nurse Practitioner Walk in hours 1-3	10	
12	13	Nurse Practitioner Walk in hours 1-3	Nurse Practitioner Walk in hours 1-3	Nurse Practitioner Walk in hours 1-3	17	2
19	20	Nurse Practitioner Walk in hours 1-3	Nurse Practitioner Walk in hours 1-3	Nurse Practitioner Walk in hours 1-3	24	2
26	27	No Clinic Office Closed	Nurse Practitioner Walk in hours 1-3	No Clinic Office		





Home & Community Care Program—Romeo Cosio, RN

The Musqueam Home & Community Care Program is available to our community members to assist with hospital discharges, home care aides, and all medical equipment. Home care assistance and all medical equipment require a doctors note with your needs specified.

Home Care Office Ph: 604-263-6539. *Please leave a message as Romeo may be on a home visit or with a client.

Home Care Office Schedule: Mon, Wed, Thurs, Friday 8:30-5:30 >> Tuesdays - OFF.

The Arjo Tub Program: Is available at the Elder's Centre between 7-10am Monday to Friday. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.

Please call Patricia Mathison, Nurse Assistant for assistance in scheduling your Arjo tub appointments &/or

Home Care service scheduling changes or cancellations at 604-269-3354 *Cancellations: Please call at least **24 hours in** advance. Thank you.

Musqueam Indian Band Health Department In cooperation with the Seabird Mobile Diabetes Team "Living Well Together"

Seabird Mobile Diabetes Clinic

Date: June 23/24, 2016

Musqueam Community Center

Appointments Available

For more information you may contact Patricia Mathison, Nurse Assistant (604) 269-3354

Please ensure that you attend your appointment with the following:

- ⇒ That you are fasting at least 6 hours prior to your appointment (drink water only)
- ⇒ A list of the correct names of your eye doctor and family physician.
- ⇒ Bring your blood sugar log book.
- ⇒ Light snack
- ⇒ Care Card
- ⇒ Medications
- ⇒ Sunglasses and eye glasses
- ⇒ A second driver if you are driving to your appointment (because you cannot drive after your eyes have been dilated for -2 hours).

Appointments will be approximately one hour.







YOUTH CENTRE

Abigail Speck at the Youth Centre at 604-269-3465 Email: youthcentre@musqueam.bc.ca

Monday June 20th	Tuesday Wednesday Thursday June 21st June 22nd June 23rd		Friday June 24th	
Arts & Crafts	Aboriginal Day!	Games Night	D&A	Movies
	Youth Centre Closed.		DRUGS ARE NOT COOL! JUST SMILL NO!	
4:00—7:00		5:00—8:00	4:00—9:00	2:00 9:00

The Youth Centre will be open from 2:00 pm—9:00pm Monday—Friday

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years old or older

Please note that the Youth Centre will be open @9:00 AM when kids have professional days

Safe Drinking Water Monitor Program - - Charlene Campbell-Wood

Protecting Children from Lead in Drinking Water at Child Day Care Facilities Lead can be harmful to human health, even in very small amounts. Lead is most serious for pregnant women and young children because infants and children absorb lead more easily than adults and are more susceptible to its harmful effects, such as effects on behaviour and intelligence. The public's exposure to lead has decreased over the years as major sources of lead have been eliminated and we have no reported cases of children being adversely affected by lead in drinking water in the Vancouver Coastal Health (VCH) region. Nonetheless, it is important for child day care providers to keep lead exposure as low as possible, particularly for children and pregnant staff.

For more information:

Excerpt taken from a letter from the

Office of the Chief Medical Health

Vancouver Coastal Health, April 2016

800, 601 West Broadway Vancouver, BC V5Z 4C2

Tel: 604.675.3900 Toll free 1.855.675.3900

Fax: 604.731.2756 April 21, 2016





kids games & prizes!

> FREE MBC memberships

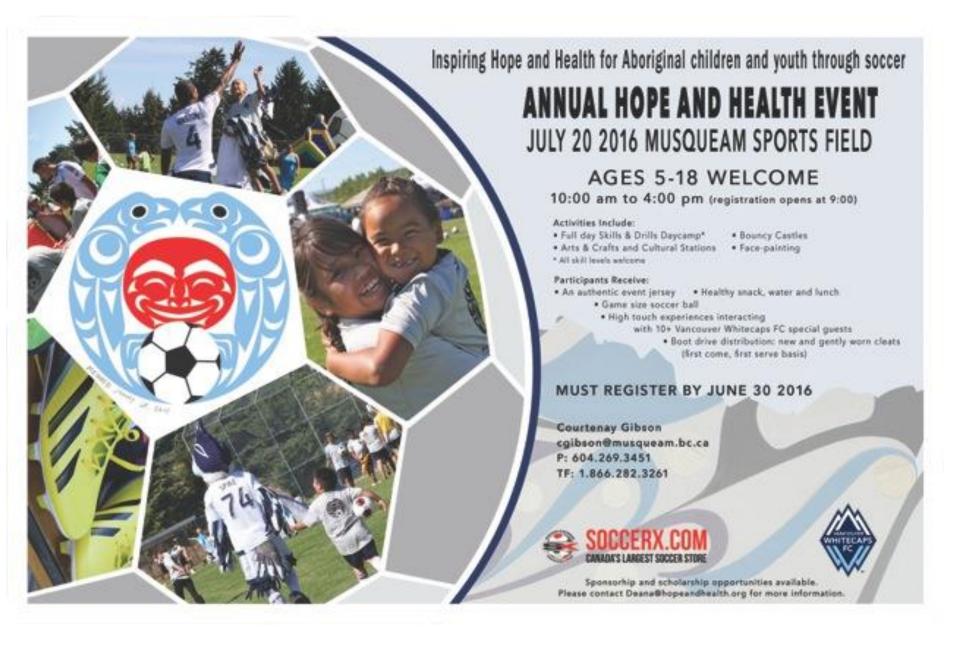
in partnership with:





Join the Musqueam Bike Coop Group on Facebook to get updates.

x^wməθk^wəẏəm Recreation Notice



x^wməθk^wəẏəm Recreation Notice

June 15th, 2016

Little Kickers

We will be hosting Little
Kickers again in July.
Please note PRE REGISTRATION
AND REGULAR ATTENDANCE are a requirement of participation in this program.

Please contact Courtenay Gibson, Recreation Coordinator if you are interested. We will not start this program until we have enough students registered.

18 Months – 2.5 yrs (4:00 pm) 3.5 – 5 yrs (5:00 pm) 5-7 yrs. (6:00 pm)





CONFIDENCE - COORDINATION - CONTROL -CAMARADERIA

Little Kickers - What to expect!

Here is a little insight to help you and your child get the most out of their

Junior Kicker classes!

Little Kicks (1.5 - 2.5 yrs)

- · Our main goals for this age group:
 - To have FUNI
 - To develop overall gross motor skills
 * Specifically kicking the ball vs throwing it
 - Socially how to listen and follow direction; develop attention span; positive interaction with peers

Approved Soccer Training for kids

· Helpful notes:

- · Only one caregiver may participate in the class itself at a time.
- Both parents are welcome to attend classes, however we find that children are better focused when only one caregiver
 is present.
- It may take several weeks for your child to participate in the class at all! We anticipate sporadic participation from
 this age group. It is a structured class and their ability to listen and follow direction for 45 minutes comes with their
 own development and time.
 - ★ They may need to observe a few weeks from the sidelines and ease in by playing one or two games a week. This is totally normal and to be expected.
- We anticipate very erratic participation from this age group. It is a structured class and their ability to listen and follow direction for 45 minutes comes with time and development.
- If your child is crying and/or having a difficult time try to take them out of the room or off the field to change
 their environment. Once they have settled down, encourage them to rejoin the class.!

Junior Kickers (2.5 - 3.5 yrs)

- What we are looking for to move into Junior Kickers:
 - OIs your child ready to participate in the class independently (without your support)?
 - ©Have their listening skills improved and can they follow direction?
 - @Has their attention span increased?
 - Are they kicking more then throwing the ball?
 - OHave they begun to dribble and are they able to stop/squash the ball?
 - ©Can they differentiate between little kicks and big kicks?



June 15th, 2016

Gentle & Trauma Informed Hatha Yoga

Dates: June 16 to July 14 2016

Time: Thursdays 6:30 pm to 7:30 pm

Location: Yoga Studio, Musqueam Community Centre

6735 Salish Drive, Vancouver, BC

This class will be a gentle, Hatha yoga class to help decrease stress, improve balance, concentration, brain function and so much more. Join us to recharge and regenerate.

All levels welcome. Live happy.

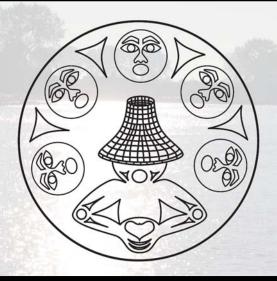
Teacher Info: Denise has practiced yoga for over 15 years. She teaches Hatha, Yin and Gentle, Trauma Informed Yoga. She has certificates from Langara College: Yoga Teacher (250 hrs) and Yoga for Trauma, Resilience and Emotional Well-being.

Guest Teachers from Langara Community College will provide specialized classes such as Yoga for Pain Management and Vinyasa Flow.

For more information call Courtenay Gibson at the Recreation Office at 604.781.1470.

4 Sessions
4 types of Yoga





MUSQUEAM SAFETY OPEN HOUSE

Courage & Respect To End Violence in Musqueam Community

Tuesday, June 28th, 5:30pm—7:30pm

Community Centre

- Lots of Information on Community Safety programs
 - Door prizes
 - Free Dinner
 - Slahal Game in Café

An event for Musqueam Community, by Musqueam Community!

ALL WELCOME





CHAMPIONS WANTED



YOU ARE A CHAMPION!

You are a Musqueam community member, interested in learning how to keep our neighbourhoods safe, how to support survivors of violence, and how to prevent violence in the future.

Training is free. Dinner provided.

ALL ADULTS (over 19 years) WELCOME TO ATTEND

Join the fight to end violence in Musqueam.
Six session class starts July.

Please call or visit to register today:

CORRINA SPARROW, MIB Social Development

E: socialdev@musqueam.bc.ca / T: 604-269-3319

Do you know a Father/Extended Relative you want honoured for their work in Musqueam families?

IT'S EASY!

We are taking nominations for small Honouring ceremonies.

You will hand in a one-page description of why you feel this person should be honoured. Or you can call me, and we can write one together.

You will attend with your nominee at the ceremony to celebrate together.

HONOURING EACH OTHER



- Honouring Musqueam Fathers (June 24)
 - Honouring Musqueam Relatives (July 29)
- nominations by June 20th**
- nominations by July 25th **

CORRINA SPARROW, Musqueam Social Development for details or help to nominate a loved one:

E: socialdev@musqueam.bc.ca / T: 604-269-3319

HONOURING EACH OTHER

Nomination Form

Circle who you are nominating for:	Fathers	Extended Relatives (aunty, uncle, grandparent)
Name of person being nominated:		
Person nominating:		
Your contact info:		
DESCRIPTION (use more pages if needed	d):	
		
- 		

♦ Honouring Musqueam Fathers (June 24)

- nominations by June 20th**

♦ Honouring Musqueam Relatives (July 29)

- nominations by July 25th **

Contact CORRINA SPARROW, Musqueam Social Development to submit a nomination:

E: socialdev@musqueam.bc.ca / T: 604-269-3319



Social Development Department JUNE 15, 2016

Please note:



Cheque Issue Day forJuly2016 will be on Thursday June 30, 2016

From: 8:30am—4:30pm

Friday July 1, 2016 office will be closed! It's Canada Day!

Please provide all required paper work to the "Social Dev. Dept." so we can process payments for you accordingly. Without your "completed paperwork" (renewal slips, job search forms, hydro, gas & phone bills) we cannot process payment for you!

Please complete your paperwork, PRINT, SIGN YOUR NAME DATE, etc.

Cut off date is the 20th of each month.

Please provide all necessary paperwork at your earliest convenience, so we can serve you better!

If you are **employable**—you are expected to pick up your own cheque. If you are a **"person with disability"** or a **"person with persistent multiple barriers"** and you will not be picking up your own cheque, please provide a note or a phone call as to whom will be picking up your cheque.

We will not see any clients on or two days prior to cheque issue day! **SORRY!** No cheque processing on "cheque issue day" - *if your paperwork is late, so is your cheque*.

Thank you for your cooperation,

From The Social Development Dept.



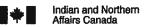
et du Nord Canada

CHILDREN OUT OF THE PARENTAL HOME MONTHLY RENEWAL DECLARATION

PRIVACY OF INFORMATION STATEMENT

Provision of information requested on this document is voluntary and is being collected for the purposes of determining eligibility for Children Out of the Parental Home Income Assistance. The information will be stored in a secure location by your First Nation Administering Authority, who will ensure the confidentiality of the information contained in this document in accordance with standards set out in the Social Development Policy and Procedures Manual of the Department of Indian Affairs and Northern Development (B.C. Region) and will be maintained pursuant to the *Privacy Act* and described in the personal information bank INA-PPU-240. The accuracy of the information in this document may be checked by comparing it against information held by any federal or provincial department or agency or any private agency.

OFFICE USE ONLY					
Administering Authority (AA) and Number:		Name of Worker:	Date Declaration Reviewed:		
	_				
Child					
Last Name	First Nar	ne	Middle Name		
1. Is the child still in need of Children Out of the Pa	arental Ho	ome (COPH) Assistance?	Yes	☐ No	
Are there any changes in the composition (mak living in the relative's home?	e-up) of p	ersons age18 or older	Yes	☐ No	
If yes, explain change(s):					
				·	
Are there any changes in the amount of financial	ial contrib	ution to the COPH Assistance	e child? Yes	☐ No	
If yes, explain change(s) to the amount:					
Are there other changes concerning the COPH by the relative?	l Assistan	ce child or the information pro	ovided Yes	No	
If yes, explain change(s):					
5. COMPLETE THIS SECTION ONLY IF THE RE	ELATIVE'S	S ADDRESS HAS CHANGED)		
New Address			Telephone ()	
Mailing Address (if different)					
DECLARATION					
I declare that the information that I have provided		is true and complete.			
I give my permission for this information to be verified and consent to a report being obtained from any reporting agency (for example, but not limited to, Canada Revenue Agency, the BC Ministry of Children and Family Development or the BC Ministry of Housing and Social Development) for that purpose.					
Relative's Signature	ture Relative's Name (Print)				



Affaires indiennes et du Nord Canada

SOCIAL ASSISTANCE MONTHLY RENEWAL DECLARATION

PRIVACY ACT STATEMENT

Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision. The information will be stored in personal information bank INA/.P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued the next cheque issue.	Social Assistance, please o	complete t	this form and return to your local a	dministering Authorit	y at least 2 weeks before
1. Are you stil	I in need of Social Assist	tance?	Yes	No	
2 Has your ma	arital / employment situa	ition char	nged? Yes	No	
If yes, expla	in change				
3.List any cha	nges in your living situat	tion (e.g.	address, rent, etc.). Submit ne	w receipts.	Mat 200 PPS - ANNA ANNA ANNA ANNA ANNA ANNA ANNA A
Continued on 901-28 (6-88)	reverse				Canad ä
					Canada
 Have you had any ea income this month? If yes, complete ▶ 	med or unearned Earnings	Yes	No 5. Has there been any of lf yes, complete	change in your asset Bank Account	s? Yes No
ii yoo, oompioto v	Family Allowance	\$	in yes, complete v	Property	
	Maintenance	\$	· · · · · · · · · · · · · · · · · · ·	Other (specify)	
	Unemployment Insurance	1		ошог (оросшу)	
	Other (specify)	\$		TOTAL	
	*	\$		101712	
	TOTAL	\$			
Is there any change in if Yes, explain the chair	your number of dependen	ts or their	school status? Yes	No	
I declare that this is a to	rue statement concerning n erified and I consent to a re	my monthly	ly income, assets, marital, employr g obtained from any reporting ager	ment, and family state	us. I give permission for
Band Name	Family no.	Si	ignature of applicant		Date

Musqueam Indian Band Active Job Search Statement

List dates, names and phone numbers of employers seen and results of job interviews. If needed use the back of this sheet. When completed, sign the declaration at the bottom of this form.

Please return no later than the 20th of every month

Date contact made with employer	Business name and address	Person contacted	Phone number	Type of work sought	Results of your request for a job	
	-					
	ē.					
If you have ta	aken no action to find	l employment, Indi	cate why:			
☐ Found work		capable (Need a Dr's		er (explain)		
☐ Pregnancy ☐ Attending a course of instruction - Where?						
Declaration:						
I Declare that: All employers listed on this form and on any attached sheets of paper have been contacted. The information I have given on this form is true.						
Signature of Claimant: Printed name of Claimant Date:						