



## **MUSQUEAM NEWSLETTER**

**Friday January 08, 2016**

**Tel: 604-263-3261, Toll Free: 1-866-282-3261,**

**Fax: 604-263-424212...Safety Patrol: 604-968-8058**

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## **MUSQUEAM 101 –**

**Wednesday January 13, 2016**

**stem? (what?) Musqueam 101 January 13, 2016**

### ***Vanishing Point***

This feature documentary tells the story of 2 Inuit communities of the circumpolar north—one on Canada's Baffin Island, the other in Northwest Greenland—that are linked by a migration led by an intrepid shaman. Navarana, an Inughuit elder and descendant of the shaman, draws inspiration and hope from the ties that still bind the 2 communities to face the consequences of rapid social and environmental change and the different choices each community has made.

This film was directed by Steven Smith and Julia Szucs and is entirely in first person voice, narrated by Navarana in her language with English subtitles. The film is 82 minutes long.

### **ni? ʔəncə? (where?)**

Musqueam Administration Offices

### **təmtem? (when?)**

Wednesday, January 13. Dinner will be served at 6:00 p.m. The presentation will start at 7:00 p.m.

**PLEASE JOIN US!**

### **SMOKE SHOP HOURS**

**Monday—Friday**

**10:00am—6:45 pm**

Please note the Shop is closed during lunch hour.

**12:00 Noon– 1:00 PM**

Must bring your valid /current Status Card and be 19 years or older.



**MUSQUEAM INDIAN BAND**

6735 Salish Drive  
Vancouver, B.C. V6N 4C4  
Telephone: 604 263-3261  
Fax: 604 263-4212

**JOB POSTING****FISHERIES MANAGER  
Permanent Full-time**

The Fisheries Manager is responsible for the management, coordination and operational direction of the Musqueam Indian Band's Fisheries Department, including duties required by the AFS contract. As the Manager, the incumbent reports to the Divisional Lead, Intergovernmental Affairs on departmental issues related to the management of the fisheries department and staff. As well, the Manager advises the Musqueam Fisheries Commission on strategic issues related to the various fisheries and habitat management. The Manager represents the Musqueam Fisheries Commission at meetings and discussions with other governments and their agencies; with community boards; with the fishing industry; and with the media.

The Manager will oversee the budget and administrative operational matters of the Fisheries Department and reports to the Musqueam Fisheries Commission. The incumbent is responsible for the development of an annual departmental budget for Fisheries, administering expenditures, and providing financial status reports to the Fisheries Commission, as well as fulfilling reporting requirements for contract agreements. The Manager ensures that the Fisheries Department administrative practices are consistent with the Musqueam Indian Band administrative policies.

**Duties:**

As a member of Musqueam Indian Band's Management Team:

- Provide overall direct and operational management to fisheries staff and ensure the daily operations within the Fisheries Department is accountable, runs smoothly and efficiently.
- Be proactive in representing Fisheries internally and externally on matters that relate to area of responsibility and enhancement of the environment.
- Maintain and manage all Fisheries Department budgets, administration, reporting, purchasing, insurance, inventory and records.
- Provide advice and technical information to the Commission to assist in the development of programs and/or policies required to address various fisheries issues.
- Develop and implement operational work plans related to the goals and objectives of the Musqueam Indian Band and the Fisheries Commission. Report to the Commission the status of the Department towards the assigned goals.
- Manage work direction of Musqueam Fisheries Departmental staff and independent consultants/contractors. Ensure that departmental administrative activities comply with administrative policies.
- Prepare and manage the Fisheries Department budget. Ensure that departmental expenditures comply with the approved budget.
- Develop and maintain effective working relationships with colleagues and outside governments, agencies, boards, industry, and media.
- Organize and facilitate community consultations and workshops
- Manage environmental specialists and/or technicians responsible for conducting technical work including environmental impact assessments, environmental effects monitoring, habitat assessment, habitat compensation and restoration planning

- Oversee the management of the “Salish Seas LP” (PICFI) assets inventory and carry out business plan direction. Maintain a positive relationships with existing Commercial Fishing Enterprise partners (\$150,000 Annual Budget, ~\$175,000 net revenue)
- Determine the need for consultants/contractors, initiate hiring/selection, and monitor the work of consultant and contractors
- Oversee environmental enhancement initiatives within Musqueam reserve lands and watersheds (Collaboration projects – Government to Government restoration focus 2014-2019 - \$700,000 annual budget), in collaboration with the Musqueam Capital Corporation, the operational Management of the First Nation Fisheries Legacy Fund (FNFLF)
- Develop and implement Musqueam Fisheries policies
- Performs other duties as required.

**Job Knowledge:**

- Skill and knowledge usually attained by a combination of relevant experience, education and knowledge in the area of Fisheries Aboriginal Rights, Habitat/Wildlife Management and/or Business Administration and/or an equivalent combination of skill, knowledge, and experience.
- Experience reporting to an elected Board or Commission would be preferred.
- Knowledge and experience of similar program delivery in the context of Musqueam or First Nations culture and history.
- Knowledge of Provincial and Federal Environmental Legislation and environmental impact assessments.
- Knowledge of the Pacific Integrated Commercial Fishing Initiative (PICFI)
- Strong understanding of the Integrated Fisheries Management Plan (IFMP)
- Knowledge of DFO policy.
- Development and operational business planning (Commercial Fishing focus)
- Ability to plan, organize and deliver an efficient and effective Fisheries Program.
- Ability to develop, and operate within annual departmental budgets.
- Ability to develop and deliver reports as required by contracts.
- Ability to use tact and good judgment in dealing with sensitive and complex issues.
- Ability to maintain confidentiality.
- Ability to drive and provide a licensed vehicle for work purposes.

Salary range: \$51,000 - \$63,700

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

Please apply by submitting a cover letter and resume to HR, Musqueam Indian Band.

e-mail [jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)

6735 Salish Drive, Vancouver, BC, V6N 4C4,

**The closing date for applications is**

**January 22, 2016**

*\* We thank all applicants for their interest; however only those selected to interview will be contacted.*



## MUSQUEAM INDIAN BAND

6735 SALISH DRIVE  
VANCOUVER, B.C.  
CANADA V6N 4C4  
TELEPHONE: 604 263-3261  
FAX: 604 263-4212

### Communications Protocol Officer

#### **Position Summary:**

The Communications Protocol Officer is the central point of contact for all communications for the Musqueam Indian Band and reports to the Band Manager.

#### **Duties:**

- Develop Public Relations (PR) strategic plan for the Musqueam Indian Band
- Develop, implement and evaluate communications strategies and programs designed to inform Musqueam Indian Band members, employees and the general public of Musqueam Indian Band Initiatives
- Develop and maintain ongoing communications and information-sharing channels with business, government and other partners
- Develop and maintain media networks and associated PR networks
- Serve as the primary PR contact for media for the Musqueam Indian Band and the general public
- Identify and execute against a range of PR opportunities, including identification of media opportunities
- Develop a calendar of PR opportunities for Musqueam
- Maintain and develop contacts within the Musqueam Indian Band
- Initiate and maintain contact with local, regional and national media
- Arrange interviews and news conferences when required
- Arrange for the representatives of the Musqueam Indian Band to attend events as requested
- Develop briefing materials, speaking notes, and kits for Musqueam representatives
- Arrange agenda and travel for Chief and Council and Musqueam representatives including itineraries and advances for events
- Produce correspondence on behalf of Chief and Council and Musqueam Indian Band when needed
- Assist in the preparation of brochures, reports, corporate content for newsletters, press releases and other material
- Assist with the organization with invitation mail outs and attendance for and including, meetings, events and open houses
- Document control of fact sheets, newsletters, brochures, handouts, etc.
- Surveillance and assembly of news content related to Musqueam Indian Band and Aboriginal Affairs and Interests
- Develop and maintain media contact information and a data base of media, partners and other pertinent information
- Assist in the design of Website and maintain all website changes and updates
- Although a standard 35-hour workweek is prevalent, deadlines often rearrange set schedules. Conferences, speeches, meetings and community activities require individuals to be flexible in their time allotment

**Job Knowledge:**

The work requires the following knowledge, skill and/or abilities:

- Skill and knowledge attained by successful completion of a Post-Secondary degree or diploma or certificate in Communications, Public Relations or Journalism and two to four years' experience in the field role and or an equivalent combination of education and experience.
- Musqueam Indian Band First Nation Member an asset
- A candidate who conducts themselves in a highly professional manner, has a positive attitude, is reliable, proactive, creative and is a team player who works collaboratively with others and can be counted on to deliver on their responsibilities on time.
- Knowledge of internal and external communication strategies
- Excellent communication skills and interpersonal skills
- Excellent writing skills, grammatically exact and in a conversational style complimented with editing skills to develop reports, presentation and briefing materials
- Strong computer skills.
- Strong administrative and organizational skills.
- Strong attention to detail.
- Ability to use tact and good judgment
- Ability to maintain confidentiality
- Thrives in a fast paced deadline driven environment.
- Flexible to work variable hours.

**Working Conditions:**

- Work is performed in an office environment.
- Valid Driver's License.
- Successful Criminal Record Check.

**Applicants of Musqueam and/or Aboriginal ancestry are encouraged to apply.**

**Posting close date: January 14, 2016**

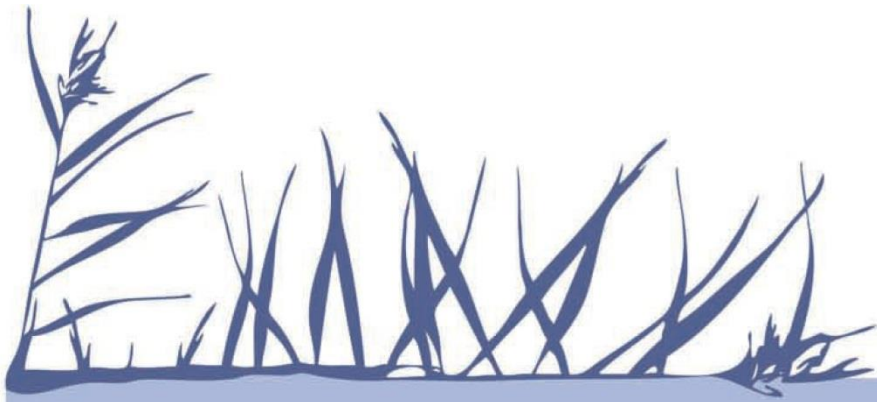
*Please apply by submitting a cover letter and resume to Musqueam Indian Band, Human Resources, 6735 Salish Drive, Vancouver, BC, V6N 4C4,*

*Fax: (604) 263-4212*

*e-mail: [jobs@musqueam.bc.ca](mailto:jobs@musqueam.bc.ca)*

*We thank all applicants for expressing interest in this position, however, only those short-listed will be contacted*





*xʷməθkʷəy̓əm*  
*Musqueam*

**LAND CODE**

**FIRST NATIONS LAND MANAGEMENT - MUSQUEAM LAND CODE**

***DRAFT Matrimonial Real Property Law Consultations***

**You're invited:**

**Launch Date:**

**Time:**

**Where:**

**Draft Agenda:**

**Band Member Consultation Meeting**

**Thursday, January 21, 2016**

**6:00 pm – 8:30 pm**

**Musqueam Community Centre**

- Review Interim Spousal Property Law Development;
- Matrimonial Real Property Goals;
- Facilitated/Guided Discussion.

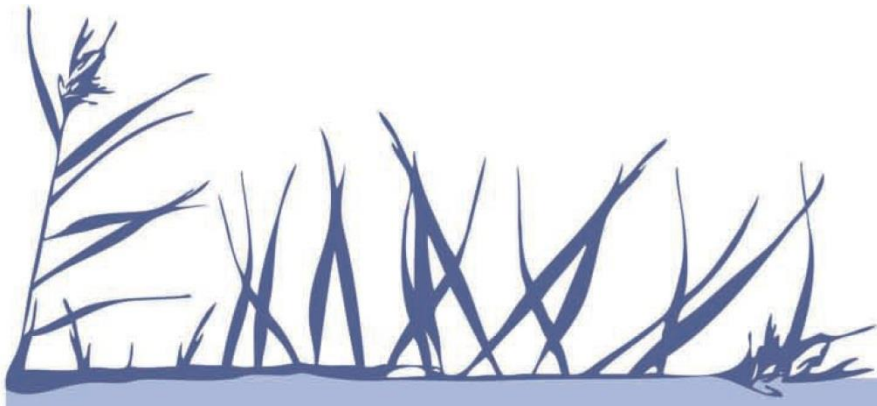
**All Band Members are invited to attend, & enjoy a meal.**

Please call Kim A. Guerin, Coordinator, Musqueam Land Code

Phone: 604-263-3261 or 1-866-282-3261

Date of Notice: Friday, December 17, 2015





Xʷməθkʷəy̓əm  
Musqueam

## LAND CODE

### **What does on-reserve matrimonial real property law mean to Musqueam?**

Resolution of this issue is long overdue. Government bodies at all levels have consistently recommended legislative action.

Provincial laws protect the matrimonial real property interests and rights of both spouses during a relationship, or in the event of separation, divorce or death. However, *on-reserve* matrimonial interests or rights include a couple's family home and other matrimonial interests or rights, where either spouses or common-law partners live together.

In 1986, the Supreme Court of Canada ruled that courts cannot apply provincial family laws on reserves governed by the *Indian Act*, if doing so would alter individual interests in matrimonial real property on reserves.

- Many of the legal protections relating to matrimonial interests or rights that are applicable off reserves are not available to individuals on reserves; and
- The *Indian Act* is silent on this issue.

Through the 2012 ratification of the Musqueam Land Code, Musqueam Band Members voted to manage our own land and resources.

This means we are now in a position to make our own law on matrimonial real property. We need your input on this important issue.

*If you have questions about Family Homes on Reserves and Matrimonial Interests Act at Musqueam, please call Kim A. Guerin, Coordinator, Musqueam Land Code  
Phone: 604-263-3261 or 1-866-282-3261.*



**NATIVE  
EDUCATION  
COLLEGE**  
YOUR JOURNEY HOME

**You are Invited to NEC's Open House**

Thursday February 4th, 2016

Join us on the community bus during the afternoon to Native Education College. There will be a Loonie-Toonie Auction, prizes, interactive program displays, and cultural performances and games. DOOR PRIZE: \$2000 NEC TUITION VOUCHER! All are welcome!



**Answer to last month's riddle:** An Anchor!

This week: See if you can guess the answer to this week's riddle:

What do you call a leader who is very good at measuring?

Just for fun! Some of the most popular book titles of 2015 were:

*Between the World and Me* by Ta-Nehisi Coates

*Go Set a Watchman* by Harper Lee

*The Girl on the Train* by Paula Hawkins

Most Popular Female Aboriginal Author titles:

*The Pemmican Eaters* by Marilyn Dumont

*Talking to the Diaspora* by Lee Maracle

*The Seven Teaching Stories* by Katherena Vermette

**-There are SO many more too!-**

Most popular Comic Book titles:

*Unflattering*

*The Unbeatable Squirrel Girl*



**Arts Integration Learning Lab**

Apply by January 18, 2016 to take part in this experiential learning series for artists interested in working with young people.

Tuition, materials, and lunch all covered. Please see the following page for more details and contact information.



# Community Role Models

This month:

## Shannon Campbell

Shannon is in her 2nd year at SFU doing a BA in Sociology and First Nations Studies. She is passionate about working with children and youth and would like to complete her Masters of Social Work one day.

Shannon has worked extremely hard in her studies and has been awarded with many deserved scholarships. For this school year, Shannon's dedication and tenacity earned her the following scholarships:

- Indspire Bursaries, Scholarships and Awards - Award made possible by AANDC
  - Youth Education Assistance Fund - Victoria Foundation
    - New Relationship Trust Foundation Scholarship
      - Minerva Award for Aboriginal Women (SFU)
        - Aboriginal Student Bursary (SFU)
  - Youth in Care Tuition Assistance Program (SFU)



WAY TO GO SHANNON!



## Employment and Training Department News

### COMPUTER LAB ANNOUNCEMENT!!!

Just wanted to inform everyone that the computer lab is not located downstairs, but is now located on the second floor of the community centre.

If any individuals would like to use the computer lab they can make an appointment with Lindsay Gibson. The computer lab is to be intended for use when working on homework, resumes, cover letters, housing searches, or anything employment and training related.

If you would like to book the computer lab for use please contact Lindsay Gibson at 604-269-3355 or email her at [employassist@musqueam.bc.ca](mailto:employassist@musqueam.bc.ca)



### HAS THE FOLLOWING POSITIONS AVAILABLE

#### Cage

- Cage Shift Manager (Contract)

#### Food Beverage

- Second Cook
- Porter (Casual)
- Dishwasher
- Bistro Server (Casual)
- Cocktail Server (Casual)
- Director of Food & Beverage

#### Guest Services

- ☐ Guest Services Representative (Casual)
- ☐ Guest Services Shift Manager (Contract)

#### Marketing

- ☐ Director of Marketing

#### Security

- Security Officer

#### Surveillance

- Surveillance Supervisor
- Surveillance Operator 2

#### Table Games

- Dealer Training Class
- Incoming Professional Dealer
- Table Games Trainer

#### To Apply:

- 1) Go to [www.edgewatercasino.ca](http://www.edgewatercasino.ca)
- 2) Click on "Careers" for casino positions
- 3) Click the "Click here to apply for Careers" button
- 4) Click job title
- 5) Click "Apply online"
- 6) Follow on screen directions.

# Employment and Training Department News



## FOOD & BEVERAGE SERVICE

[Club Concierge](#)

[Hospitality Supervisor](#)

[Quick Service Attendant](#)

[Server Assistant](#)

[Suite Runner](#)

## HOURLY EVENT

[Event Host](#)

[Event Housekeeping Supervisor](#)

[Event Security](#)

[Post Event Housekeeping](#)

[Post Event Housekeeping Crew Leader](#)

## FULL TIME

[Executive Assistant](#)

[Hourly Technology Event Coordinator](#)

[Senior Manager, Sales](#)

[Sous Chef \(Italian Cuisine\), Catering Services](#)

## SPORTS BAR @ AQUILINI CENTRE

[Executive Chef, Sports Bar, Aquilini Centre West](#)

## HOURLY HOSPITALITY

[In Seat Runner](#)

## HOURLY CULINARY

[Quick Service Cook](#)

## Powell Street Return-It Bottle Depot .

1856 Powell Street, Vancouver

Full time/ Weekend part time worker  
Must be able to work on weekend (Saturday, Sunday)  
VERY FAST PACED WORKING ENVIRONMENT  
General labor work, Heavy lifting occasionally  
Counting bottles and cans, handling different types of recyclable items including TV, electronics, cardboard paper and etc.  
Mandarin/Cantonese is asset  
Working hours: 9AM to 6PM  
3~5 days /week, Date will be discussed  
Very steady working schedule  
No experience required  
consistent working schedule & pay increase  
Compensation start at \$11/Hr

## Barrista

WICK'S Cafe, an upbeat, trendy coffee house in Marpole, is looking for an energetic, reliable, friendly and experienced barista to join our team. Other qualifications required include: clean and organized, perfect fluency in English and a positive attitude. Must have a passion for coffee, a great work ethic, and take pride in great customer service! Duties range from espresso beverage making and food service, to cashier/order processing, opening/closing, and cleaning.

\* Candidate must have experience and flexible hours of availability. Part Time / Full Time available. Weekday availability is a must.

\*\*\* Please write us an introductory email or cover letter with your resume attached including your hours of availability. \*\*\*

[www.wickscafe.com](http://www.wickscafe.com)

1300 West 73rd Avenue (at Hudson)  
2 blocks west of Oak, one block north of Marine Drive

For more information, a copy of the full posting or assistance applying for any opportunities listed please feel free to come by the office or contact Lindsay Gibson at (604)269-3355 or [employassist@musqueam.bc.ca](mailto:employassist@musqueam.bc.ca)

# Employment and Training Department News

## INTRODUCTION TO TRADES PROGRAM

In Partnership with NVIT Musqueam will be offering a **12 week introduction to the trades program**. Exact dates will be provided as soon as possible, but we are scheduling for Mid-February.

The program will include.....

### **Essential Skills and employment readiness**

This course supports students to develop and increase essential skills in reading text, applying numeracy applications, and using documents relevant to the curriculum in trades and mine training programs. This course will also help prepare students to acquire test-taking strategies relevant to their programs.

### **And introduction to trades courses, including**

Strategies for Success  
Bridging to Trades Essential Skills  
Bridging to Trades Electrical  
Bridging to Trades Employment Readiness  
Bridging to Trades Millwright  
Bridging to Trades Piping Trades  
Bridging to Trades Welding

**In order to register please contact Lindsay Gibson at (604)269-3355 as soon as possible in order to complete our application form and complete an Essential Skills assessment.**

### **LATTIMER GALLERY YVR – Job Posting**

Lattimer Gallery YVR is looking for an energetic outgoing reliable candidate

Compensation: **Entry level**

Employment type: **part-time**

This listing is for (1) part-time retail sales position at Lattimer Gallery's new location at Vancouver International Airport. We offer schedule flexibility, a friendly work setting, and on-site training. Hours will range from 16-24 hours per week.

- Retail experience
- Cash-handling experience
- An interest in Northwest Coast Native Art
- Ability to stand for extended periods of time

#### **Assets:**

- Secondary languages
- Post-secondary education
- Flexible schedule

Please send a resume and cover letter via email.



As the only retailer in the airport focused on Northwest Coast First Nations art and jewellery, Lattimer Gallery YVR takes great pride in representing Northwest Coast Native culture on an international level. Our airport location reflects Lattimer Gallery's current standards by including artist biographies with every item sold, participating in Aboriginal Tourism BC's Authentic Indigenous program, and promoting hand-made items over manufactured items.

For more information, a copy of the full posting or assistance applying for any opportunities listed please feel free to come by the office or contact Lindsay Gibson at (604)269-3355 or [employassist@musqueam.bc.ca](mailto:employassist@musqueam.bc.ca)



## Musqueam Health Dept. Newsletter—Jan.8, 2016



### MUSQUEAM PRIMARY CARE CLINIC



OUR **NURSE PRACITIONER** IS NOW AVAILABLE FOR YOU!

**For Primary Care** (she is able to become your main healthcare provider—like a family doctor),  
**Urgent Care** (episodic—something that you cant wait to see a family doctor for—like infections  
or most prescriptions,

**Walk in Care:** Drop in

Nurse Practitioner: Colleen Riley

Clinic days: Tuesday, Wednesday, Thursday

Location: Elder's Center

Appointments: 604-266-0043

**Clinic days & times: Tuesday, Wednesday, Thursday, from 9:00-5:00pm**

Walk in hours: Tuesday, Wednesday, Thursday: **1-3 pm**

*No need to call ahead; first come, first served ~*

**\*\* If Colleen Riley or Angela Remocker is your primary care provider you may also access Raven Song primary health  
care center, 2450 Ontario St., Vancouver (open 7 days per week): 604-872-7984 \*\***

### MUSQUEAM HOME CARE PROGRAM

**The MIB Home Care Program** is available to our community members to assist with hospital discharges, home care aide, and all medical equipment. Home care needs and equipment require a doctors note with your needs specified.

**Home Care Nurse: Romeo Cosio, RN**

**Office Ph: 604-263-6539.** *\*Please leave a message as Romeo may be on a home visit or with a client.*

Home Care Office Schedule: Mon, Wed, Thurs, Friday 8:30-5:30 Tuesdays- OFF

**Hospital Stays:** Please call the Home Care office for assistance with hospital discharges and any equipment prescribed by the doctor.

**Medical Equipment:** if you have equipment that is no longer needed please call Patricia Mathison to arrange pick up and return of that equipment.

**The Arjo Tub Program:** Hours are 7-10am Monday to Friday. You will need a doctor's order for the use of the Arjo tub, describing your condition, and how often you are advised to use the tub per week.

For an Arjo Tub appointment or cancellations: please call Patricia Mathison, Nurse Assistant: 604-269-3354

*\*Please cancel 24hours in advance.*



**Community Health Nursing Program**—Natalie Frandsen, RN, Patricia Mathison, Assistant

### Community Health Updates



#### Pre- and Post-natal Group

The pre- and post-natal group meet in the youth centre on Tuesdays from noon – 2PM. A light lunch is provided. If you want to speak to or meet with the Community Health Nurse (Natalie Frandsen) individually, please call her at: 604-269-3313 to make an appointment or drop in to see her Tuesdays – Fridays.

There is now a baby scale in the CHN office so please drop by with your baby and we can weigh him or her!

#### Upcoming Classes:

- **January 12:** Art class with Janice Carroll
- **January 19:** fun with food – guest speaker Gerry Klasten (Registered Dietician)
- **January 26:** Vancouver Coastal Dental program will be here for dental screening for children 0-4 years of age. The screening is from 0900-noon. We will provide our light lunch at noon (no class to follow)

#### **Breast Health Program**

Mobile Mammography: **February 1<sup>st</sup> from 1-4**

The Mobile Mammogram program will be back in Musqueam with brand new digital vans for screening! Eligible to BC residents, age 40 and up.

For more information about screening and the new digital mammography van:

<http://www.screeningbc.ca/Breast/GetMammogram/Mobile.htm>

#### **National Native Alcohol & Drug Awareness Program**

##### **Cyndi's Office Hours**

Mon, Tues, Thurs —> 9:30am-4:30

Weds —> 12:00pm-7:00pm

Fri —> 9:00am-4:00pm

Feel free to stop by or call me at :

604-269-3454 to make an appointment.



#### **Safe Drinking Water Monitor Program**

- Charlene Campbell-Wood

##### **Drinking water**

- Safe drinking water is everybody's business.
- Drinking water supplies are properly managed from the source water to the consumer's tap.
- It takes knowledge and coordination among multiple stakeholders, the governments, to individuals like you and me.


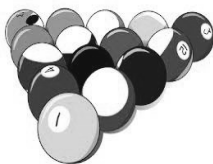



For more information go to [www.hc-sc.ca](http://www.hc-sc.ca).





## YOUTH CENTRE

Abigail Speck at the Youth Centre at 604-269-3465 Email: [youthcentre@musqueam.bc.ca](mailto:youthcentre@musqueam.bc.ca)

Monday January 11th	Tuesday January 12th	Wednesday January 13th	Thursday January 14th	Friday January 15th
Charades 	Pool Tournament 	D&A 	Just Dance Off 	Movies 
6:00—8:00	4:00—8:00	6:00—8:00	5:00—9:00	2:00—9:00

**The Youth Centre will be open from 2:00 pm—9:00pm Monday—Friday**

Children under 7 years old will be sent home; unless accompanied by a parent or guardian, who is at least 15 years old or older

**\*\*Please note that the Youth Centre will be open @9:00 AM when kids have professional days\*\***



### Chronic Disease Management Program—Merv Kelly

Are you needing assistance with health information about Diabetes, high blood pressure, etc., and how to help manage these. Do you want to workout but don't know what's best for you?

You may call me or drop by my office:

**Hours – Monday to Friday: 9:30 am to 3:00 pm / 5:00 pm to 6:30 pm**

Available to assist all ages and levels of fitness for all community members.

Merv Kelly, Chronic Disease Management Facilitator 604-263-3261 – Extension 3455 / [merv@musqueam.bc.ca](mailto:merv@musqueam.bc.ca)

## MUSQUEAM ELDERS

### Musqueam Ladies Group

We meet every Tuesday evenings.  
Time: 6:00 pm – 9:00 pm.  
Place: Musqueam Elders Ctr.



### Musqueam Elders Luncheon

When: Thursday January 14<sup>th</sup>, 2016  
Time: 12:00 Noon  
Place: Musqueam Elders Ctr.

Thank you, Brenda Campbell, Elders Coordinator,  
Phone: 604-263-6312

VANCOUVER COASTAL REGION  
Ckenny@bcaafc.com

## Fundamental Movement Skills Coaching Clinic

*National Coaching Certification Program*

**FREE! – Registration Required, Ages 16+  
Registration Deadline: Thursday, January 7**

**Saturday, January 9  
9 am – 4pm**

**Musqueam Community Centre**  
6777 Salish Drive, Vancouver

The Fundamental Movement Skills of: throwing, catching, jumping, striking, running, kicking, agility, balance and coordination, form the basis for future sport skill development and for the life-long enjoyment of physical activity. Learn how to OBSERVE and IMPROVE fundamental movement skills.

This one-day workshop is facilitated by a decorated university football coach. Coach Dino Geremia brings 20+ years of University Football Coaching experience, is a certified strength & conditioning specialist, and is a National Coaching Certification Program Master Learning Facilitator.

**Do not miss this free, one day opportunity!**

**Successful participants will receive a certificate and will be recognized by the BCRPA**

Please register online: <https://aboriginalsportbc.wufoo.eu/forms/van-coastal-fundamental-movement-skills/>

**Or contact:**  
**Cody Kenny, Regional Coordinator**  
Call ph.604.251.4844 ext. 308 C.778.834.2437  
E-mail Ckenny@bcaafc.com

 **National Coaching Certification Program**

 **BCAAFC**  
BC ASSOCIATION OF ABORIGINAL FRIENDSHIP CENTRES

 **MÉTIS BC**  
NATION

 **First Nations Health Authority**  
Health through wellness

**Aboriginal Sport, Recreation & Physical Activity Partners Council**

VANCOUVER COASTAL REGION  
ckenny@bcaafc.com

## NCCP Bball FUNdamentals Coaching Clinic

*Basketball BC*

**FREE! – Registration Required, Ages 16+  
Registration Deadline: Thursday, January 14**

**Saturday, January 16  
9 am – 4 pm**

**Musqueam Community Centre**  
6777 Salish Drive, Vancouver

This one-day training will develop coaching skills for anyone wanting to coach youth basketball and other sports, i.e. youth leaders, coaches, peer mentors, etc. After completion of this program, the coach will have NCCP Basketball FUNdamentals "Trained" status.


**Objectives of the course:**


- Designing an activity plan that enhances a child's healthy development
- Training in ethical decision making, modified games approach, LTAD, safety, age appropriate practice planning and skill development
- Building healthy relationships in all areas of programming for children
- Creating environments and spaces that foster healthy child development


**Successful participants will be "trained" after completion of the program**


Please register online: <https://aboriginalsportbc.wufoo.eu/forms/van-coastal-nccp-basketball-fundamentals-clinic/>

**Or contact:**  
**Cody Kenny, Regional Coordinator**  
Call ph.604.251.4844 ext. 308 C.778.834.2437  
E-mail Ckenny@bcaafc.com

 **National Coaching Certification Program**

 **BCAAFC**  
BC ASSOCIATION OF ABORIGINAL FRIENDSHIP CENTRES

 **MÉTIS BC**  
NATION

 **First Nations Health Authority**  
Health through wellness

**Aboriginal Sport, Recreation & Physical Activity Partners Council**

## Little Kickers @ Musqueam – Reminder

### PLEASE NOTE WE NEED MORE REGISTRATIONS TO RUN THE CLASSES! CONTACT COURTENAY TO REGISTER

For those who have signed up for little kickers

- Classes will run every Tuesday from **January 12<sup>th</sup>, 2016 – February 16<sup>th</sup>, 2016**
- Classes will be in the Musqueam Community Center on the gym floor
- 4:00 pm – 4:45 pm Little Kicks (1.5 – 2.5 years)
- 5:00 pm – 5:45 pm Mighty Kickers (ages 3.5 – 5 years)
- 6:00 pm – 6:55 pm Mega Kickers (ages 5-7 years)

## Gymnasium information

**Monday to Friday 8:30 am – 9:30 pm**  
**Saturday/Sunday 10:00am – 5:00 pm**

**Contact Information**  
Gym Phone: 604.269.3464

Desk Line: 604.269.3451  
Courtenay Gibson, Recreation Coordinator  
cgibson@musqueam.bc.ca/ 604.781.1470

Robyn Sparrow, Recreation Assistant  
rsparrow@musqueam.bc.

**Please help us make YOUR gym a better gym.**

Over the past year the use of small paper cups has increased at the gym approximately **10 x**. Our cost for paper cups each year is now very substantial.

**Please....**

- Bring an environmentally friendly **water bottle** to use.
- If you must use a cup please use only **ONE at a time**.
- Dispose of your own cup after you have used it.
- Consider using the water fountain for short sips of water and not a cup.

Please note that if there is enough interest we can order a large amount of water bottles and make them available for \$10.00 each. Thank you for your consideration and help



# ≡ Move, Groove and Learn some New Skills!

## Details:

- Open to youth aged 14 to 30
- Dance Workshops will emphasize creative movement and group/ensemble activities
- Every Friday from 4 to 6pm starting January 8th 2016
- Food provided
- 6 sessions in total
- Held at the 51st hall
- The workshop presents opportunities for physical awareness and creative play to encourage mindfulness and release through the art of dance

Space is  
limited

In partnership  
with  
MadeinBC—  
Dance on Tour



\$100 Honorarium  
provided upon completion

For more  
information and to register, please call:

604.263.3269

Or email:

[mhajash@musqueam.bc.ca](mailto:mhajash@musqueam.bc.ca)



Musqueam Indian Band

